

# Riverdale News & Events

Vol. 6 No. 11 *A Monthly published by the Riverdale Mayor and Council*

[www.RiverdaleNJ.gov](http://www.RiverdaleNJ.gov)

## Good Night, Irene

Hurricane Irene moves out of town Sunday night. Borough cleans up in the aftermath. Volunteers were available throughout Sunday and Monday. Want to thank the Police and Fire Departments, the OEM and volunteers who were stopping in and calling, offering their services to the community. Especially want to thank Rev. Timothy Flynn of the Riverdale Baptist Church and his congregants went door-to-door on Saturday with informational brochures for the residents in the flood areas. While such events are terrible and devastating, it does bring out the best in people.



Glenn Venza



John Hanlon



Brad Clinton, Officer Anthony Famularo, Chief Kevin Smith



Elaine Wetzel, Joan Garcia, Don Wetzel



Gustav Grotz & Dennis Kearney



Hamburg Tpk. by Appelt Park



The Recreation Committee has selected the Toner Residence at 69 Cottage Place as the Most Beautiful Yard winner for 2011. Congratulations to Brian and Sandy!

**Street Fair rescheduled to Sunday, September 25 from 10 am to 5 pm.**



**9/11 Ceremony  
Sunday, September 11  
7:00 pm Borough Hall**



**We are making available battery-operated luminaries to be placed in your front yard in honor of those who lost their lives during 9/11.**

**Contact the borough to purchase your 4 luminaries for \$5  
973-835-4060 x6**

**9/11 Ceremony**

**Sunday, September 11 at 7:00 PM Boro Hall**

## Announcements



Happy Birthday, **Christina Ilacqua**, on September 8. Love, Mom, Dad, Nick and Grandma.

Happy Birthday to **June Carelli** on August 21.

Love, Paul, Michael, Tommy, Samantha, Mom & Dad Carelli and Aunt Eleanor.

Ann and Steve Frast are proud to announce the wedding of their daughter, **Katie Frast** to **Allan Fix** on August 16. The wedding took place in Couer D'Elene, Idaho. Their vows were exchanged on the beautiful lake setting.

Happy Birthday, **Grandpa Ruppel** on September 8! We Love you!!! Ron, Marybeth, R.J., Kevin, Matthew & Kevin T.

Happy Birthday, **Dad/Ron** on September 15! We Love you, R.J., Kevin, Matthew and Kevin M.

Happy Birthday, **Ron!** I love you very much! Love, Marybeth xoxo

Happy 7th Birthday, **Reilly Desai**, on September 7. Love, Mom and Dad.

Congratulations to **Matt and Sylvana Budesheim** on their 8th Anniversary on August 2. They have three boys.

Congratulations to **Greg and Lisa Budesheim** on their 6th Anniversary on September 10. They have a boy and two girls.

Congratulations to **Adam and Tori Budesheim** on their 5th Anniversary on September 16. They have two daughters,

## Riverdale Seniors

**President Irene Moehring** opened and conducted the August meeting. **Chaplain Grace Chiesa** gave a lovely reading. **Marion Davis** led the group in singing "In the Good Old Summertime." There were 61 members in attendance. **Vice President Loretta Lippens** announced that there will be an "Ice Cream Social" at the next meeting. She gave a nice report on our town police department. She also announced that the summers concerts in the park were enjoyed by all. \* The birthday celebrants of the month were asked to stand and were given a rousing Happy Birthday song. \* Trip chairperson **Gerry Mahler** reminded everyone about the next upcoming trip. Get your payments in, so you don't miss out on the

fun. \* Following the meeting a program was presented by The Visiting Angels, followed by refreshments.

The second meeting of the month was held with 52 members in attendance. President Moehring conducted the meeting. She reminded us in advance that the first meeting in September will be held on Tuesday, instead of Monday, due to Labor Day. Looking ahead, we will have our November meeting on Monday, November 7, due to Thanksgiving, followed by lunch at Buffet 23. Money will be collected the day of the luncheon. \* Vice President Lippens read a thank you note from **Elaine Peacock** for cards, calls, care and concern for the recovery of her broken arm. She needs help in transportation to rehab. \* **Sunshine Lady Dorothy**

**Bowersox** asked for people to call her if they know of any shut-ins. Get your payments in for the next trip, which Hunterdon Hills. Gerry Mahler is waiting for you. **Lorraine Moody** will start collecting for the Christmas party, the end of October. Everything is all set for the party. \* Following



the meeting refreshments were served by Heart House MD, in the form of an Ice Cream Social. Enjoy the rest of your summer. We'll see you at the next meeting!

*Presented by Marion Davis*

The Borough of Riverdale is again able to accept **computer monitors and televisions** as part of our recycling program. Drop off your computers, monitors and televisions at the Municipal Building.



## Thank you, Girl Scout Troop 323



members, for the time and work spent labeling and organizing shelves in the Community storage room.

Chapter 147-28 of the Code of the Borough of Riverdale states "...no person shall construct, erect or maintain any device, structure, equipment or other thing in or within 10 feet of the edge of any street..." Basketball hoops are not permitted within 10 feet of Borough streets. Our street sweeper and other vehicles are obstructed by them, making them dangerous to drivers. Also it is unsafe to encourage children to play in the streets.



# RIVERDALE Public Library

93 Newark Pompton Turnpike • Riverdale, New Jersey 07457  
Phone: 973-835-5044 • Fax: 973-835-2175  
www.riverdalelibrary.org

Registration is required for all programs.  
Call 973-835-5044 or e-mail [riverdalelibrary@nac.net](mailto:riverdalelibrary@nac.net) for adult programs and [riverdalelibrarykids@nac.net](mailto:riverdalelibrarykids@nac.net) for children's programs. You can also register online at [www.riverdalelibrary.org](http://www.riverdalelibrary.org)!

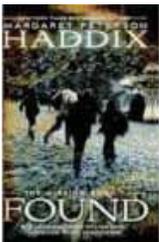
## INFANT & PRE-SCHOOL PROGRAMS

Fall infant and pre-school programs start the week of September 12 and run through the week of December 5.  
**Baby Time** — Up to 2 yrs w/ caregiver. Mon, 11:00–11:30 am  
**Totally Twos** — 2 yr olds w/ caregiver. Mon, 10:15–10:45 am  
**Story Time** — Ages 3-5. Tue, 10:15–11:00 am or 1:30–2:15 pm

## CHILDREN'S PROGRAMS

**Puppy Pals Reading Club** — Trained dogs will be at the library to listen to children entering grades K – 5 read. Join us on Wednesday, September 14 (2nd Wednesday of each month) from 4:00 – 5:00 pm  
**Game Day** — Children in grades K – 5 can hang out with their friends and play board games on Thursday, September 22 from 4:00 - 5:00 pm  
**Lego® Lab** — Children in grades K – 5 listen to a story and build creations out of Legos on Wednesday, September 28 (4<sup>th</sup> Wednesday of each month) from 4:00 – 5:00 pm

## TEEN PROGRAMS Grades 6 and up



**Teen Advisory Board (TAB)** — Thursday, September 1 (1<sup>st</sup> Thursday of the month) from 5:00 – 6:00 pm, Hang out with friends and tell us how you want your library to be.  
**Teen Book Discussion Group** — Join us Wednesday, September 21 from 6:00 – 7:00 pm for pizza as we discuss *Found* by Margaret Peterson Haddix.

## MOVIES AT THE LIBRARY

Join us for coffee, donuts, and exciting new releases!

**Everything Must Go (R)**  
Fri, Sept. 16  
3:00 pm



**Phineas and Ferb the Movie: Across the 2<sup>nd</sup> Dimension (PG)**  
Wed, Sept. 28  
6:30 pm

## LADY SINGS SINATRA

**Francine Evans and Joel Zelnik** perform Sinatra's timeless classics,  
Thurs, Sept 15, 7:00 pm.



## HOURS

Monday 10-8 Thursday 10-8  
Tuesday 10-5 Friday 10-5  
Wednesday 10-8 Saturday 10-4

## AUTHOR TALKS!

Monday, September 19, 2011  
7:00 PM



Come meet Mary Ryzuk, renowned director, actress, singer, and author. She will be talking about her latest true crime book, *"The Fires Within: The Summer of '88"*



Thursday, September 29, 2011  
6:30 PM



Kevin Woyce is back by popular demand to present his new book, *"New Jersey State Parks: History & Facts"*



## ADULT BOOK DISCUSSION

Join us for a discussion the last Monday of every month from 6:30 – 8:00 pm. Everyone is always welcome! Even if you haven't had a chance to finish the book, the discussion is great!

September 26 — *Purgatory* by Dante

## FREE COMPUTER CLASSES @ THE LIBRARY



Computer classes are back at the library. Our classes are small for maximum attention, and they are filling up quickly! Call 973-835-5044 for more information and to register today! All classes run for one and a half hours.

**Introduction to the Computer**– Fri, Sept 23, 11:00 am  
**Microsoft Word I** – Tue, Sept 27, 3:00 pm

## JOB HUNTERS WORKSHOP

Starting **September 9**, the library will be holding informational, interactive, and instructional workshops to help **YOU** join the workforce of today. Join us, the second Friday of every month from **3:00-4:00 pm**.



## IT'S NATIONAL LIBRARY CARD MONTH!

Your library card is not only **FREE**, it is your key to a plethora of possibilities.

- Books
- Workshops
- Movies
- Children's Programs
- Magazines
- And So Much More!



## MONTHLY

**Photography Club** — September 26th  
7:00-8:00 p.m. All Photographers welcome! Learn! Share!

**Gypsy Knitters** — Every Thursday, 4:00-8:00 p.m.  
For experienced knitters. Bring a project and join in!

## COMMUNITY CENTER PROGRAMS

June Carelli (jcarelli@riverdaleborough.com) 973-706-6471  
Call or email to Register for Activities or for more Information

### ADULT ACTIVITIES

#### Bob Ross Wet-on-Wet Oil Painting Class

Thursday, Sept. 22 @ 5:30 PM *please arrive no later than 6 PM*

Length of class based on amount of time needed for you to complete your painting. Instructor will stay with you until you are fully completed.

\$35 per Class due night of class. Cost includes instruction, paint, brushes, canvas, easel, etc. **Must Sign up in Advance.** Call or email now. Class size maximum at 10 students.



Instructor:  
Robert DiBenedetto

Welcome to the joy of painting! All you need is the desire to make beautiful things happen on canvas. With the fantastic Bob Ross Wet-on-Wet Technique and out class instruction, everyone goes home with a beautiful oil painting. What you never dreamed possible will flow from your brush!

**Quilting, Sewing & Crochet** New starting this Fall. Call or E-mail to confirm your attendance. \$10 per person due the day of the class & ALL supplies included.

**Hand Quilting** Wednesday, Sept. 14 @ 9:00 - 11:00 AM  
Each person will receive squares for completion of a 9" patch, to be continued to any size quilt.

**Hand Sewing** Wednesday, Sept. 21 @ 9:00 - 11:00 AM  
Hand sewing for garment construction. Each participant will hand sew a pair of pants for an 18" doll.

**Crochet** Wednesday, Sept. 28 @ 9:00 - 11:00 AM  
Learn the basis of crochet.

**Senior Art Class** Thursdays, beginning October 6 10:00 AM - 12:00 PM. Free Class. Instructor Pam Bagot  
*Class will include working from still-life, photographs and independent ideas that will be introduced to drawing fundamentals and techniques including elements of line, composition, proportion, perspective, volume, light and shadow, value and texture.*

### CHILDREN ACTIVITIES

**Kids Fencing** Classes begin Wednesday, Sept. 21 6:00 - 7:00 PM \$78 for 6 week program, including all supplies, National Fencing Alliance, LLC, Instruction & NFA Club Fencing Equipment. Students are introduced to Saber, Boys & Girls Learn Fencing Footwork, Drills and Boutings. Recommended for 3rd through 8th graders.

**Tot's Music** Fridays, beginning Sept. 23 NEW TIME: 10:00 AM. \$9.00 per child. Instructor Miss Ildiko  
*Weekly Tots Music Classes are 50 - 60 minutes and include a fun selection of songs, nursery rhymes, instrumental jam sessions, finger plays & movement activities. The combination and types of activities support children's developing competence in tonality and rhythm. In addition, activities evolve from the child's world and include vocal play, animal sounds, rhythm play, language play, and a good bit of genuine, silly fun!*

**123 Tumble Bus is coming to Riverdale!** Friday's beginning Sept. 23, 11:00 AM. FREE introductory class to introduce your child and you to this great activity! Sessions *Beginning* Fridays, Sept. 30 are 30 minutes. \$11 per child payable on day of class. **Must sign up in advance to determine class size.** Instruction by [www.123Tumblebus.com](http://www.123Tumblebus.com) (Owner: Robin Meola)  
*123 Tumblebus is a full sized bus converted into a safe and fun gymnasium. This mobile mini-gym is heated and air conditioned, fully padded and filled with state of the art equipment specifically designed for students ages 2 - 10 years old. The 123 Tumblebus has bars, beams, vault, ropes, rings, trampoline, a rock-wall climber and more!*

**Child I.D. Night** Friday beginning Sept. 23, 5 - 7 PM  
**FREE Bring the whole family over for Child ID Cards!** Fingerprinting & Photos for Child Identification Cards received the same night. *New York Life's Child I.D.'s are created using EZ Child I.D. System, the nation's most comprehensive digital fingerprinting child identification system. Created with the help from the Nation CHIP Foundation and Law Enforcement Officials, this ensures that the digital fingerprints meet industry standards by capturing all vital information required by the Amber Alert System. In only 3 to 5 minutes, a card is printed for each parent or guardian free of charge. The cards feature a child's photo, fingerprints, contact information and other pertinent information needed by the police in case of an emergency.*

### Summer Exercise Schedule

**Tuesdays  
Zumba**

Instructor: Mindy  
7:30 PM \$6.00 per Class

**Thursdays  
Zumba**

Instructor: Mindy  
6:00 PM \$6.00 per Class

**Wednesdays  
Kettlebell Workout**

Instructor: Cindy  
7:30 PM \$6.00 per Class

**Yoga**

Instructor: Kathy  
7:30 PM \$6.00 per Class



**Saturdays  
Kettlebell Workout**  
Instructor: Cindy  
9:00 AM \$6.00 per Class

**Le Marche Region Blends Old and New** *submitted by Carolyn Masone*



The Marche region or (Le Marche) is located in central Italy, its eastern coastline bathed in the Adriatic Sea. Moving inland from the beaches, rolling hills play host to half-hidden castles and hamlets surrounding by winding roads that open to endless vistas. It's no wonder that, according to a recent study, residents of Le Marche enjoy a longer life expectancy than anywhere else in Italy. It is less touristed than neighboring Tuscany and Umbria and is celebrated for its high quality of life.

Le Marche is interested in attracting tourists, however. The New York Times recently named Le Marche *The New Tuscany*.

The city of Pesaro boasts beautiful beachfront and a fishing port along with its cultural offerings. It's the birthplace of the great composer Rossini and hosts the annual Rossini Opera Festival in August. The Palazzo Ducale, a recently restored 15th century Renaissance palace, is a jewel hosting public art exhibition space. Not far from the Palazzo, the Cattedrale contains mosaics from the 6th and 4th centuries.

The city of Urbino is a treasure of art and architecture. Here you will find the Galleria Nazionale delle Marche, housing artworks by Raphael (who was born here) and

Piero della Francesca. For architecture, the towers and turrets of Urbino's many places, as well as their intricate interiors, are stunningly preserved.

Le Marche has a rich musical history beside from being Rossini's birthplace. The region gave the world opera luminaries like Renata Tibaldi, Beniamino Gigli and Franco Corelli. Although the Rossini Opera Festival is an international stand-out, Le Marche celebrates other types of entertainment as well. From blues and jazz to klezmer, classical to modern dance productions, symphonic concerts, plays and even a comedy festival, the arts have a home in Le Marche.



And speaking of art, the province of Pesaro and Urbino is home to ancient, hand-crafted traditions. Ceramics flourish in Pesaro, Urbania and Vado. Terracotta figures are made in Fratterosa and Pesaro is famous for handmade pipes. Hand-woven carpets can be found at Piobbico and Novilara, and the working of wrought iron is a generations-old practice in Cagli. Stone cutters and stone masons of Sant'Ippolito continue to create detailed figures and motifs, while goldsmiths fashion beauty in Fano.

To see a wonderful Italian commercial for the Le Marche region starring Dustin Hoffman, go to Youtube.com and search "Marche, le scoprirai all'infinito". To learn more about this intriguing region, visit [www.le-marche.com](http://www.le-marche.com).

**The Incredible Riverdale  
Farmer's Market**

*Now in its 4th Amazing Season!*

**Tuesdays**

**2:30 - 7:00 PM**



**The Glenburn  
Estate parking lot  
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the benefit of the  
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Conservancy.

**Don't Forget -  
Your Help is Still Needed**

**The Food Pantry, after the latest storm,  
is in need of all food and supplies.**

**The Armed Forces Pantry is also in  
great need of supplies as well as  
donations for the postage (\$13 per box).**

**To request confidential Pantry Assistance  
or to help in this worthy cause, please call  
Linda Roetman at the Municipal Building**

**973-835-4060 x6**

# STRESS

**Stress Causes: High Blood Pressure, Heart Disease, Inflammation, Arthritis, Ulcers, and a multitude of other diseases.**

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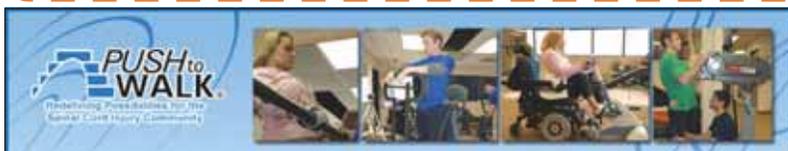
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With this coupon you will only pay \$20.11 for your initial visit: includes chiropractic exam, computerized scans, and any necessary x-rays. (Regularly \$125 to \$468)

## Did You Know?

- In 1885 the Home Insurance Company of Chicago was the tallest building in the world. The skyscraper was nine stories tall.
- The only letter not used in the spelling of any of the 50 states in the U.S. is "Q".
- Alaska's coastline is longer than that of all the U.S. coastal states combined.
- The first chewing gum was brought to the U.S. by Mexican commander Santa Anna when he visited New York in 1859.
- The working title of Joseph Heller's 1961 novel *Catch-22* was *Catch-18*.
- There are no penguins at the North Pole. They can only be found south of the equator.
- There are 570 miles of shoreline in New York City.



### 4th Annual Gold Outing - September 26

On Monday, September 26, Push to Walk's 4th Annual Gold Outing will take place at 1:00 PM at the Crystal Springs Gold Resort in Hamburg.

Last year's outing raised \$38,000 and Push to Walk hopes to match that this year. The cost is \$225 per golfer (or \$100 per person for just dinner), which includes 18 holes of golf and dinner.

Additionally, there will be prizes for hole in one, the longest drive, closest to pin, straightest drive, and more! There will also be a 50/50 going on as well as silent and live auctions. Registration is on a first come, first serve basis and there is limited availability. To register for this event, please visit [www.pushtowalk.org](http://www.pushtowalk.org).



90 Hamburg Turnpike  
 Riverdale, NJ 07457

**973-839-7747**

Fax 973-839-4269

[mike@mikesfeedfarm.com](mailto:mike@mikesfeedfarm.com)

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# HAPPY 60TH ANNIVERSARY, RIVERDALE BAPTIST CHURCH!

SEPTEMBER 18, 1951-2011

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Sunday School	Sundays 9:30 AM
Bible Study for Ladies	Sundays 9:30 AM
Bible Study for Men	Sundays 9:30 AM
JR Church - For children of all ages	Sundays 10:45 AM
Morning Worship	Sundays 10:45 AM
Evening Worship	Sundays 6:00 PM
Youth Worship Service	Sundays 6:00 PM
Adult Bible Study	Tuesdays 7:00PM
Prayer Meeting	Thursdays 7:00PM
Kids Club	Thursdays 7:00PM

Nursery is provided during every service.



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# CREATORS WORKSHOP

## Academy of fine art & gallery

Fine art instruction for children & adults

Classes begin Sept. 6th

**Children & adult classes in:**  
**Painting, Drawing**  
**& Cartooning**



You're cordially invited to our

### GRAND OPENING RECEPTION

Saturday, Oct. 1st, 2 pm-7 pm

Ribbon cutting ceremony 2 pm  
 Historical painting dedication ceremony: 2:15 pm

Artist Mike Malzone has created a painting depicting the french troops & General Rochambeau's historic march through Pompton to Yorktown in 1781. The painting will hang in the town hall.



Visit us online at:  
**Creatorsworkshop.com**  
 593 Newark Pompton Tpk.  
 Pompton Plains, NJ 07444  
 Call us at: 973-720-0001

## Health Department News *Fall 2011*

- ✓ **Zostavax Vaccine:** Now available through the Health Department. Recommended for persons age 60 and older to prevent shingles. \$200 per vaccine.
- ✓ **Adult Vision Screening:** Wednesday, September 7 3:00 - 5:00 PM at the Senior Center. \$10 per screening. Appointment required.
- ✓ **SMAC Blood Test:** A convenient method to get baseline formula regarding your health. Monday, October 24 from 7:00 AM to 10:00 AM, Fireman's Hall, Bloomingdale. \$20 per test. Appointment required.
- ✓ **Child Health Conference:** Immunizations and wellness physicals are available to uninsured/under insured children. Clinics are scheduled bi-monthly. \$10 per visit. Appointments are required.



*For further information or to make appointments regarding the above programs or other services offered by the Health Department, please call 973-835-5700 x127*

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## Heavy Backpacks Are Unhealthy



If your child's backpack feels like a ton of bricks, that could be problem. Backpacks that are too heavy or that are worn incorrectly can actually cause muscle and joint problems and may lead to back and neck pain. A good rule to follow is to not let your child carry more than 20% of their body weight. For example, if a child weighs 70 pounds then their maximum backpack weight should be 14 pounds.

### What to Shop For

When shopping for a backpack, look for one with 2 wide shoulder straps. Extra strap and back padding can also help. A backpack that rolls can save your back when a heavy load must be transported.

### How to Wear It

When wearing a backpack always use both shoulder straps. Wear it close to your body and tighten both straps snugly. Try to keep items organized and remove unnecessary items promptly. Remember to use proper lifting techniques for heavy loads.

Make sure your child has time to drop off books at their locker during the day. If you notice your child must carry heavy loads on a daily basis you may want to talk to the school about ways to reduce what needs to be taken home. Some schools offer a second set of books for home use.

If your child complains of back or neck pain or any numbness or tingling in their arms or hands have them evaluated by a healthcare professional.



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1 Car Garage  
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Wanaque Reserve  
55+ Community  
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Storage & car garage  
Westbrook 2119 sq ft  
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RIVERDALE  
3 Bedrooms, 2.2 Baths  
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PRICE REDUCED!  
NEW SEPTIC!  
\$394,900

PRICE REDUCED

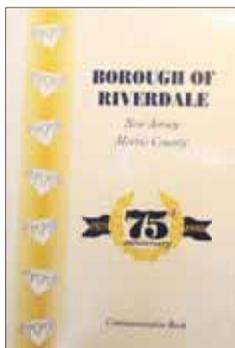


RIVERDALE  
Back on Market  
3 Bedroom, 2 Baths  
Raised Ranch  
PRICE REDUCED  
\$325,000



**MIRRORS.** Rubbing alcohol will wipe away that dull hair spray haze from a mirror. \* Bathroom mirrors won't steam up if you run an inch of cold water in the bathtub before you add the hot water. \* For a quick swipe, to make the bathroom sparkle, dab a little rubbing alcohol or even vinegar on a facial tissue, wipe the mirror, and it will sparkle and shine. **TEMPERATURE DANGER ZONE.** Bacteria grow and toxins are produced when food is not cooled and refrigerated properly. The USDA tells us to keep hot foods hot (above 165 degrees) and cold foods cold (below 40). The danger zone for food is between 40 and 140 degrees, the temperature range in which bacteria grow rapidly. Food that has been kept in the temperature danger zone for more than two or three hours may not be safe to eat. This includes food that is kept in the oven at danger zone temperatures. Either serve food after cooking or refrigerate it promptly. Letting foods cool down to room temperature before refrigerating them is no longer recommended. If you place the hot food on the coldest shelf of your refrigerator, it will cool down quickly. Give the dish some air space to help it cool down faster. **SEAFOOD** Many people like to soak thawed fish in milk for several hours before cooking, because milk tends to take away any "fishy" taste (or "gamey" taste from game) that may have developed. Blot the milk from the fish and prepare as planned. Taken from *All-New hints from Heloise A Household Guide for the 90's*, Heloise, Perigee Books 1989.

FR I E N D S



## Riverdale 75th Anniversary Books

Available for purchase at the Riverdale Library

\$1

All proceeds go to The Friends of the Riverdale Library

Published during our anniversary year, 1998, this Commemorative Book is filled with many old photos from years gone by, along with the early history of our great community.

# RIVERDALE

## Shared Services



Kinnelon DPW (left) brought down their equipment to help our Senior Utility Worker Rob Nichols cut back the vegetation along Hamburg Turnpike. Thank you, Kinnelon!



New curbs, sidewalks and repaving on Mead, Arlington & Haycock. Paid through a DOT grant of \$400,000.

## Art Show

Opening Reception for the new Art Show at the Library, featuring the works of Henry Zajac.



## Riverdale Softball



Riverdale Rec 2011 Softball Team. Yankees we are not, the Bad News Bears more plausible, but either way, another fun year of Rec Softball is coming to an end. We will play our last game the morning of the September 25th Town Street Fair. Looking forward to another season of laughs and fun with new and old friends. Hope to see everyone and more members next year!



Run, Forest, Run!



# DAILY NEWS



Riverdale Fire Chief Dan Sturm is being presented with a check from Pequanock Valley Rotary Past President Paul Darmofalski to be used for a Smart Pad. On hand to make the presentation are Rotary President Joyce Stager, Treasurer David Baker.

## Wedding Bells



On August 21 PO 2nd Class Ryan Cleary married his high school sweetheart Dana D'Amico of Pompton Lakes. The wedding was held at *Il Tulipano* in Cedar Grove. The couple will be residing in Hampton, Virginia, where Ryan is stationed on the carrier *USS Theodore Roosevelt*.



Shed placed at the Glenburn Estate for the DPW to store its lawn mower and other landscaping equipment. Shed was donated by to the town by William Budesheim.

## The RAC

## Farmers' Market



Brick oven personal pizza every Tuesday at the Farmers' Market located at the Glenburn Estate.



Ritika Gandhi demonstrates the art of silk screening at the Riverdale Art Center, 2 Newark Pompton Turnpike.



# Riverdale

## PHOTOGRAPHY CLUB



Questions? Contact the  
Club Coordinator, Cassi Claire  
[cassiclaire@mail.com](mailto:cassiclaire@mail.com)

- Photos will be on display in the Riverdale Library gallery during the month of November
- Photos must be submitted by October 25, 2011
- After the contest, photos must be picked up November 1st - 5th
- Photos will be judged by the viewing public
- First, second and third place ribbons will be awarded
- Photos can be from the following categories: people, nature, landscape, animals, travel, macro or abstract
- Only three (3) entries per person
- Each entry must have a completed entry form (forms can be picked up at the library)
- All photos must be at least 8" x 10" in size
- All photos must be matted and framed
- No vulgar, offensive or nude photos allowed
- Photos must be the submitter's original work
- All entrants must have a library card
- Entrants do not need to be a member of the photo club, but are encouraged to join!

93 Newark Pompton Turnpike | Riverdale, NJ 07457 | 973-835-5044 | [www.riverdalephotoclub.weebly.org](http://www.riverdalephotoclub.weebly.org)

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Those who subscribed to McUrgent were kept informed of all the street closings during the latest disaster, Hurricane Irene. **Text on your cell phone 40404 then type: "Follow mcurgent". Repeat and type "Follow Riverdale oem".**

**MCURGENT** Riverdale has joined with Morris County in developing a shared emergency information network that will be used by the county and the borough to quickly disseminate information to the public in the event of an emergency. The network is called MCUrgent, which will get the word out through Twitter and Facebook and Text Messaging on your cell phone. While Facebook requires an account, Twitter is a social network that provides free access. For those who prefer text messages, Twitter's new "Fast Follow" sends tweets directly to a phone without requiring a subscription. Check out the borough's website, [www.RiverdaleNJ.gov](http://www.RiverdaleNJ.gov) and on Facebook at Riverdale NJ Government.

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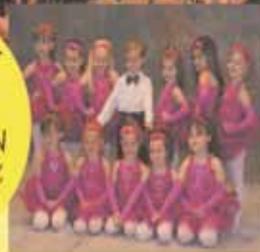
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574 Newark Pompton Tpke, Pompton Plains



**Office of Emergency Management Called into Action**  
*Submitted by Joan Garcia, OEM Public Information*

The weekend of August 26th proved to be a challenge to the Office of Emergency Management. Led by Coordinator and Mayor William Budesheim, the OEM quickly established a coordinated response team and developed a plan of action to ensure the safety of Borough residents.

An Emergency Hot Line was set up in Borough Hall, and an Evacuation Shelter was opened in the Community Center. All residents in flood-prone areas received a personal visit from volunteers from the Riverdale Baptist Church who provided a pamphlet with instructions on reaching help as needed.

The Police and Fire Departments responded to rescue calls throughout the Borough from early on Saturday, and the Fire Department began providing water pump out on Monday. The Community Emergency Response Team (CERT) assisted with traffic control and assistance to motorists who were diverted from water-covered roads.

*Anyone interested in assisting with OEM or CERT please email Mayor@RiverdaleNJ.gov or call 973-835-4060 x6.*

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<p><b>\$2.00 OFF</b>                  Any Large or Extra Large Pizza  <small>With This Coupon. Cannot Be Combined With Any Other Offer. Expires 9-30-11</small></p>	<p><b>Family Special \$20.00</b>                  1 Large Cheese Pizza, 1 Entree, 1 Large Salad, 1 Liter Soda                  (\$2.00 Extra for Shrimp or Veal Entree)  <small>With This Coupon. Cannot Be Combined With Any Other Offer. Expires 9-30-11</small></p>
<p><b>Buy 1 Large Cheese Pizza, Get 2nd Pizza at HALF PRICE</b>  <small>With This Coupon. Cannot Be Combined With Any Other Offer. Expires 9-30-11</small></p>	<p><b>Large Pizza &amp; any Chicken dinner Combo \$17.95</b>  <small>With This Coupon. Cannot Be Combined With Any Other Offer. Expires 9-30-11</small></p>

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2010 Event

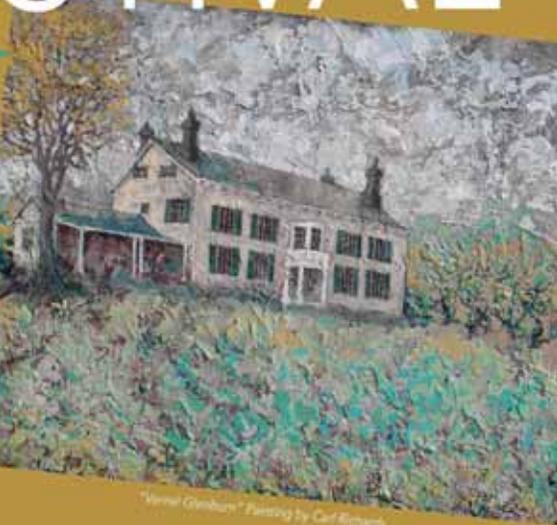
SECOND ANNUAL

# THE ART OF FOOD FESTIVAL

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Tuesday, September 13<sup>th</sup>  
7 to 9:30 PM

<p><b>The Glenburn Estate</b></p> <p>211 Hamburg Turnpike Riverdale, NJ 07457 (off Exit 53 from Rt. 287)</p>	<p><b>\$75 Donation</b></p> <p>For tickets, call The RAC at 973-513-9250 or email info@riverdaleartcenter.org</p>	 <p>To support the <b>RIVERDALE ART CENTER</b> A 501(c)(3) nonprofit</p>
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## Riverdale 8th Grade Fundraiser

Please support the Riverdale 8th Grade Washington Trip Fundraiser for the Class of 2013!

Purchase a handmade ornament for \$19.95 or all five in the series for \$99.75!

1. Riverdale School
2. Riverdale Community Center *see left*
3. Riverdale Firehouse
4. Riverdale Public Library
5. Glenburn Estate - *the 2011 edition*

To Order  
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Order by 10/31/2011



## Wisdom of our Fathers



*Words of Wisdom given us by our Founding Fathers. Words our government should follow today. Enjoy. Ponder.*

“Democracies have been found incompatible with personal security or the rights of property; and have in general been as short in their lives as they have been violent in their death.” *James Madison*

"To preserve independence...we must not let our rulers load us with perpetual debt. We must make our election between economy and Liberty, or profusion and servitude....The fore horse of this frightful team is public debt. Taxation follow that, and in its turn wretchedness and oppression." *Thomas Jefferson*

“The Constitution is not an instrument for the government to restrain the people, it is an instrument for the people to restrain the government.” *Patrick Henry*

“Americans have the right and advantage of being armed, unlike the citizens of other countries whose governments are afraid to trust their people with arms.” *Samuel Adams*

“A generous parent would have said, ‘if there be trouble, let it be in my day, that my child may have peace.’” *Thomas Paine*

### Why We Say...

**Saved by the Bell** - When our ancestors realized that they were burying a great deal of people before their time had actually come, they came up with a solution. They tied a string onto the “dead” person’s hand, buried them, and tied the other end of the string to a bell and then tied it to a nearby tree branch. If the person revived enough to ring the bell, their survivors would rush out and dig them up...Hence “saved by the bell.”

**Mind your own Beeswax** - This came from the days when smallpox was a regular disfigurement. Fine ladies would fill in the pocks with beeswax. However, when the weather was very warm the wax might melt. But it was not the thing to do for one lady to tell another that her makeup needed attention. Hence the sharp rebuke to “mind your own beeswax!”

**Beat Around the Bush** - Game birds were scared out of their hiding places under bushes and then killed.

**Support  
Riverdale**



**Bring Your  
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CARECYCLE is a respected family owned company that has been in the recycled clothing business for over 40 years. We are fully insured, and our pledge of pride guarantees your satisfaction with our programs.

Textile and clothing recycling provides numerous environmental and economic benefits for our planet. Not only does it prevent post-consumer textile waste from entering the waste stream (the total flow of solid waste from homes, businesses, institutions, and manufacturing plants that are recycled, burned, or disposed of in landfills, or segments thereof such as the “residential waste stream” or the “recyclable waste stream” ), recycling efforts do not create any new hazardous waste or harmful by-products. Clothing recycling is one of the most efficient recycling industries. Nearly 100% of used textiles are recyclable.



*The collection containers are next to the Municipal Building.*

We accept clean, gently worn clothing, used clean clothing, including shoes and sneakers to support sustainable living and support the environment. We do not accept any household items.

**CARECYCLE is Proud to Have Raised Hundreds of Thousands of Dollars for Various Organizations!**



## Natural Health

The belief that the body is fully capable of ridding itself of any and all disease. Practitioners and followers of Alternative health apply this belief by increasing the health of the body. *And God said, Behold I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat.* Genesis 1:29

**BUTCHER'S BROOM** acts on the blood vessels by stimulating the release of norepinephrine, which then produces a vasoconstricting effect. The production of norepinephrine lengthens the time required to clot the blood and thus explains its use in preventing post-operative thrombosis. Butcher's Broom inhibits the formation of blood clots and will also help dispel them. It is also useful in pregnancy and for people who stand for lengthy periods of time.



20-30% of the people that go on the operating table in the US either die in the operating room or die in recovery afterwards. The major cause is thrombosis (blood clots). In Europe, where Butcher's Broom is used extensively, thrombosis in those operating rooms is a rare and unusual incident. It has been very beneficial for hemorrhoids also. People who have complained of heavy legs have found great benefits from taking Butcher's Broom

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- Butcher's Broom has been beneficial for improving peripheral circulation, while also lowering cholesterol.
- Butcher's Broom may be a wise choice when we consider the fact that circulatory problems are the #1 killer in the U.S.

*Taken from The Little Herb Encyclopedia by Jack Ritchason, N.D.*

*The most High hath created medicines out of the earth, and a wise man will not abhor them.... The virtue of these things is come to the knowledge of men, and the most High hath given knowledge to men, that he may be honored in his wonders. By these he shall cure and shall allay their pains, and of these the apothecary shall make sweet confections, and shall make up ointments of health, and of his works there shall be no end. (Ecclus 38:5-7).*

## Flu Clinics for All Residents 6 Months and Older

Riverdale Residents are invited to attend any of the clinics listed below

Kinnelon	Wed. October 5	4:30 - 7:30 PM	Kiel School
Bloomingtondale	Tues. October 11	4:00 - 7:00 PM	Fireman's Hall
<b>Riverdale</b>	<b>Mon. October 17</b>	<b>4:00 - 7:00 PM</b>	<b>Senior Center</b>
Florham Park	Tues. October 25	4:00 - 7:00 PM	Recreation Center
Pequannock	Wed. November 2	4:30 - 7:30 PM	High School Cafeteria

### \$15.00 Fee per Flu Shot

Vaccination is Free with Primary Medicare Part B ONLY (NO HMO Insurance)



## Riverdale Photography Club

Meets on the 4th Monday each month at the Library from 7:00 to 8:00 PM

Club will be hosting a photography contest in the Library's Gallery during the month of November. All entries are due by October 25.

Visit our new website: [www.RiverdalePhotoClub.weebly.com](http://www.RiverdalePhotoClub.weebly.com)

New director of the club is **Cassi Claire**, a professional photographer.

Visit her website [www.veritybrand.com](http://www.veritybrand.com)

Club open to all, residents and non-residents.



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## Welcome Back Breakfast

Our Annual Welcome Back Breakfast will be held on Saturday, October 8th at the Riverdale Community Center starting at 9:30 AM. This is the traditional kick-off to our club year as well as our Membership Breakfast. We welcome all women to join us for breakfast and to learn about the Riverdale Woman's Club and the good deeds we do for our community. The department chairmen will be on hand to describe the various projects we work on while having fun together.



Please call Kathy at 973-839-3109 if you are planning to attend the breakfast so that we may have an accurate count.

This year for the Day of Service on October 22, we will be joining the other clubs of the New Jersey State Federation of Women's Clubs collecting and delivering requested items to the 3 New Jersey Veterans Homes. It's a small way to thank them for what they did for us and our country.

For membership information, call Jean at 973-835-3269 or look for our table at the Riverdale Street Fair.

Hi. My name is Robert. I am 9 years old and a Webelos Scout. My Dad is in the Army and when he was deployed with his unit in Riverdale to go to Iraq, he liked getting things that reminded him of home. One of those things was popcorn from scouts. My goal is to continue this so that other soldiers can feel better when they are away from home, too. Can you help me reach my goal? Please visit my Trail's End website [www.trails-end.com/estore/scouts/email\\_referral.jsp?id=14602498](http://www.trails-end.com/estore/scouts/email_referral.jsp?id=14602498) and click on Military Donation to donate so that popcorn can be sent to the troops overseas. From your purchase, Trail's End will ship a variety of delicious popcorn treats all over the world to men and women serving our nation. Please help me to give soldiers a little bit of home when they are serving our country. Thank you for your support.



## Help Needed!



We have a senior resident in town who, for medical reasons, can only eat **Ensure**. That is his only means of nourishment. The Pequannock Rotary has been helping him out to the extent that it is able. If anyone is interested in helping our fellow resident, please drop off cans of **Ensure** at the Municipal Building and we will get them to him. Thank you for your generosity!

## Fundraiser for the Troops.

Mary Kay, Avon, At Home America, Tastefully Simple or anything that you make or sell that is in good taste. The cost is \$20 a table and a canned food donation or snacks would be appreciated. Please send an email to Pam at [helpouttroops@optonline.net](mailto:helpouttroops@optonline.net) first come, first serve. There will be no duplication of vendors. The date of the show is **Sunday, December 11** from 11:00 to 5:00 at the Community Center.



## School News *From the Desk of Dr. Betty Ann Wyks, Superintendent*

### A New School Year Begins!

As summer quickly draws to an end, the staff of Riverdale School enthusiastically prepares for the arrival of students on September 7. Our enrollment has grown over the summer months, and we are eager to welcome our class of 2020, along with our returning students and nearly a dozen new enrollees.

We have completed the revisions to our K-2 Math curriculum, to align to the most recent Core Curriculum Content standards, as well as the proposed national standards. The K-8 Science Curriculum has also been revised, the result of a five month collaborative initiative with local districts. We continue to seek opportunities to effectively incorporate technology into learning experiences for our students. One time funding from the Education Jobs Act will assist us in that initiative. Strengthening the home-school connection remains a district priority, as we each have a stake in the success of our youths.

Please consult our district website, [www.rpsnj.org](http://www.rpsnj.org), for current information regarding the school year, district policies, state mandates, school goals and classroom news. Of particular importance to parents, is the "backpack" located on the home page. If you click on the backpack, you will find the most recent notices sent home with students. *Let the school year begin!*

### NJ Districts Receive Notice of Additional State Aid

Early this summer, districts throughout the state received notification of the award of additional state aid funds, as part of a one-time state initiative. Riverdale's increased funding was in the amount of \$64,277, which was allocated by the state, via the special education funding line. This will result in approximately one third of these funds flowing through to Pompton Lakes, as part of our tuition agreement with them. The district hopes to use these funds for tax relief in the 2012-2013 or 2013-2014 school year.

### Harassment, Intimidation and Bullying Regulations

As of September 1, 2011, schools throughout the state will be subject to stringent regulations in the area of harassment, intimidation and bullying. District policies relating to this area have been revised and staff will receive ongoing training in accordance with state guidelines. Additionally, the first week of October has been designated as a "week of respect" throughout NJ schools. Our students will participate in activities designed to promote respect throughout our school and community.

### Sixth Grade Parents and Students Attend Orientation

Mr. Cortight, Principal, and Mrs. Vicki Reinhard, school social worker, met with sixth grade parents and students during the summer as part of their "transition to middle school". Scheduling, procedures, and organizational strategies were highlighted in preparation for the upcoming school year. The event, which was an outgrowth of a spring orientation facilitated by students, was well received and should "set the stage" for a great transitions!

### New School Sports Regulations Impact Facilities

All school coaches, athletic directors and school nurses are now required to complete "an interscholastic head injury safety program" prior to the start of the athletic season. In addition, the parents/guardians of any youngster who wishes to participate in school sports must acknowledge receipt of a fact sheet regarding concussions and head injuries. The corresponding legislation also requires that field/building use by outside groups and organized leagues must now certify that a properly trained individual will be present during their scheduled sporting events on school property. Please be mindful of this new requirement, when applying for field use. The intent is not to be too restrictive, it is to promote safety.

### Please Help Keep Our Students Safe

Your assistance in promoting a safe drop off/pick up situation for our students is an integral part of our school day. Please be reminded that buses drop off students behind the school, entering through Oak Street and proceeding behind the building, exiting out onto Newbury. Many families also travel this route to drop off their youngsters in the morning. School staff members are routinely present to facilitate the process. Additionally, our youngest (pre-K to K) students typically enter and exit the building through the Oak Street doors. Therefore, please exercise **extreme caution** when driving and/or parking during school arrival and departure times.

During the summer months, the administration met with the police and borough engineer to discuss the situation. As a result, a modification of the parking area outside the Oak St. entrance has taken place and new signage was put in place. Adherence to current parking restrictions will enable our children to arrive to and depart from school safely. Your anticipated cooperation is appreciated.

## Piano Instruction

Ruth Pasquariello

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Riverdale, NJ 07457

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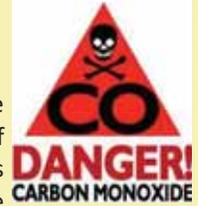
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5 Mathews Ave., Riverdale, NJ 07457

## A Word from the Fire Chief

### Are Your Carbon Monoxide Alarms Really Protecting You?



Effective April 7, 2003, the NJ State Department of Community Affairs adopted regulations that provide for the installation of carbon monoxide alarms in one and two-family homes. Under the requirements of the new regulation, CO alarms are required to be provided in the immediate vicinity of **all** sleeping rooms in homes. In addition, you should have at least one alarm on every level of your home, including the basement, and near or over any attached garage. The alarms may be battery-operated, hard wired or plug in type.

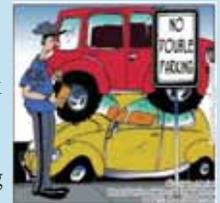
One thing you may not be aware of is that CO alarms have a limited lifespan. The lifespan varies by manufacturer, but is normally between 5 and 7 years. Because we are now 7 years after the passage of the CO regulation, the Riverdale Fire Department has seen a dramatic increase in calls for CO alarms sounding. The majority of the calls are due to expired CO alarms. Please take a minute to check the manufacture date of your alarm, and based on the manufacturer's lifespan, calculate the expiration date. Write that date on the detector with a marker. This will remind you when to replace the alarms. If any are expired replace them immediately. An expired CO alarm will not provide you with adequate protection for you and your family.

For more information about CO alarms and Smoke alarms, read the NJ Department of Community Affairs press release in this link: [www.nj.gov/dca/news/2011/approved/20110311.html](http://www.nj.gov/dca/news/2011/approved/20110311.html).

## A Word from the Police Chief

Chief Kevin Smith

School will be opening on Wednesday, September 7. As a reminder, there is a **No Parking Zone** on Oak Street across from the school as well as where indicated on the school side. Due to the danger that double parking creates for our students, we will be ticketing any cars parked in the NO Parking zones or **DOUBLE PARKED**. No Parking and Double Parking tickets carry a fine of \$54. Thank you for keeping our kids safe this school year!



The World Police & Fire Games are coming to New York City from August 26 through September 5. As many as 20,000 full time firefighters and law enforcement personnel from 70 different countries are expected to compete in 69 sports. This year we have one of our own competing in the Downhill Racing. Please join me in cheering **Patrolman Robert DiGiralamo** to the finish line. Good luck, Ptl. DiGiralamo. Bring home the Gold!



# SUMMER READING SUCCESS!

We had an amazing turnout for our summer reading this year with **118** children in grades K - 5 who read a total of **3,193** books! We also had a very successful Early Literacy program where parents and children read **2,065** books together! Teens also did an amazing job by reading **204** books this summer!

We also wanted to wish a special congrats to all of our top readers for the summer! You all did an amazing job!

To see the photos of many of the events taking place around town, go the Borough's Website at [www.RiverdaleNJ.gov](http://www.RiverdaleNJ.gov) and click on Mayor's Photo Albums on the left hand side of the home page. There are nearly 120 albums on line. Also, every issue of the Riverdale News and Events are online going back to the initial issue in October 2005. On the homepage's left column click on "Newsletter, Etc."

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*Sincerely,  
Dr.'s. Glenn & Christine Foss*

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