

William Budesheim, Editor  
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Columnists

- Rob Errera
- Catherine Felegi
- William Lango
- Freeholder Hank Lyon
- Bill Madden
- Elaine Peacock
- Don Pruden

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# Riverdale

## News & Events

### Remember Our Veterans



**Monday, May 27 - 10:00 AM**

**Memorial Day Parade - Grand Marshall Fred DiAngelis  
Ceremony in Honor of Those Who Made the Ultimate Sacrifice  
Dedication of the new World Trade Center Artifact Memorial**

### BREAKFAST WITH THE EASTER BUNNY



# Riverdale Seniors

The first meeting of the month was held on April 1. The meeting was conducted by **1st Vice President Dorothy Bowersox**, in the absence of **President Loretta Lippens**, who is still recuperating from hip surgery. Roll call was taken with 48 members present. **Chaplain Grace Chiesa** filled in and read the minutes of the previous meeting, in the absence of **Secretary Jean McMichael**. Chaplain Grace then did a nice little reading. **Treasurer Laura LaRosa** gave the Treasurer's report. In the absence of **2nd Vice President Irene Moehring**, Grace filled in for her. There were eleven birthday people and a rousing *Happy Birthday* song was given them. Dorothy read a special little birthday greeting for them.



**Lorraine Moody** gave the date of our Christmas party. (We believe in planning ahead.) **Trip Chairperson Barbara Stillwagon** reported on upcoming trips, which are to Mt. Airy Lodge, Hunterdon Hills Playhouse and the Grand Chalet. **Warren Sheps** gave his report, in conjunction with the Police Chief Advisory Committee. **Mary Gambino** read a cute joke about "car keys". Refreshments were served and enjoyed. It's still a little chilly, but Spring is here - I THINK!!!

The second meeting of the month was held on April 15. We were so happy to have **President Loretta Lippens** back, sitting with the group, after her hip surgery. **Chaplain Grace Chiesa** gave a lovely reading. **Secretary Jean McMichael** gave the secretary's report. **2nd Vice President Irene Moehring** gave her report and assigned cakes for the next meeting. **Gerry Mahler** reported for the Library. She said over \$5,000 was made on the book sale.

**Trip Chairperson Barbara Stillwagon** reported the next trip is to Hunterdon Hills Playhouse to see "Wake Up Darling", followed by "La Neve". This trip is drivable by car. Then will come "Nook" at Sight and Sound Theater in the Lancaster area.

Dorothy reported that **John Moody** had a slight stroke. Our thoughts and prayers are with you, John.

Our speaker was **Riverdale School Superintendent Betty Ann Wyks** who spoke on what goes on in the school, the programs and equipment used, also what is planned for the future. Following the meeting, refreshments were served.

**If you are a Senior, come and join us. We meet the 1st and 3rd Monday of every month at 10:30 am.**

*Submitted by Marion Davis*

# Riverdale Families!

Would you like your child to:

- ◆ Participate in a FUN, active sport during the summer?
- ◆ Learn how to swim better with Qualified coaches
- ◆ If so, Come and Join the **Pequannock Piranhas Swim Team!**

When saying the name of our team, *Piranhas*, these words usually come to mind: **Dedication, Enthusiasm & Good Sportsmanship**. Without these qualities our team wouldn't be where we are each summer.

Important Dates:

- ◆ **Registration:** Now at the Pequannock Parks & Recreation Dept
- ◆ **Swimsuit Try-On:** May 20, 6pm - 9pm at the Senior House in Pompton Plains.
- ◆ **Parents Meeting:** Monday, May 20, 7pm (Mandatory for new swimmers) at the Senior House.
- ◆ **After School Practices:** June 10, 12, 13, 17 & 19 (Regular practice starts June 24)
  - 7-10 year olds: 3:30 - 4:15
  - 11 years old and older: 4:30 - 5:30
- ◆ **Cost to Join Swim Team:** \$95 per child plus a PV Park Membership
- ◆ **Practice Schedule:** Practices and home meets will take place at PV Park in Pompton Plains.
- ◆ **Who Can Join?:** Riverdale residents are invited.
- ◆ **Information:** Call Ilona Oosterwyk at 973-462-0227 or email at [PequannockPiranhas@gmail.com](mailto:PequannockPiranhas@gmail.com).



Visit us on the

**Borough of Riverdale Facebook Page**

<http://www.facebook.com/RiverdaleNewJersey>



# Gardeners Wanted

We are considering the development of a Community Garden on the grounds of the **Glenburn** property at 211 Paterson Hamburg Turnpike.



If you are a Riverdale resident who might want to participate in this project, please join us for a meeting at Glenburn on **Wednesday, May 15 at 7:00 PM** or call **Ruth Pasquariello at 973-616-0733**.

# Morris County Monthly

By Freeholder  
**HANK LYON**



Last month I started writing a column to share noteworthy news about Morris County Government. The first topic was Morris County’s budget which, for the first time in fifteen years, did not increase property taxes. It’s an accomplishment of which all of the Freeholders are proud, and one that I’m happy we were able to achieve in my first year on the Board. Today’s column will focus on the services your tax dollars support.

The Freeholder Board funds a myriad of public safety services. Public safety represents approximately 25% of the budget. We work closely with Sheriff Edward Rochford and fund most of his activities. Sheriff Rochford’s department operates the County Jail, provides Court House security, maintains a bomb squad and K9 unit, and is involved in other law enforcement activities. We also work closely with Acting Prosecutor Frederic Knapp and, again, fund the majority of the Prosecutor’s activities. Generally speaking, if someone commits a significant crime in Morris County, the Morris County Prosecutors office will prosecute the accused. The County also has a

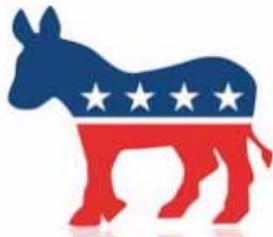
Department of Law and Public Safety that oversees the Medical Examiner, Weights and Measures, the Office of Emergency Management, law enforcement dispatch, and other functions.

I am the liaison to the Department of Human Services which receives approximately the same percentage of the County budget as public safety. Many of the activities in this department are mandated by the State of New Jersey. For instance, the Office of Temporary Assistance administers many of the social service programs offered by the Federal and State governments. State Statute requires counties to perform this function. The County operates the Morris View Healthcare Center for senior citizens. The County provides over 500k meals annually through our Meals on Wheels program to senior citizens. Meals on Wheels is split into both our home delivered program and our fifteen nutrition sites spread throughout the county. The closest location to Riverdale is in Butler. Seniors, feel free to check it out! More information can be at [Morrishumanservices.org](http://Morrishumanservices.org) or by calling 800-564-4656.

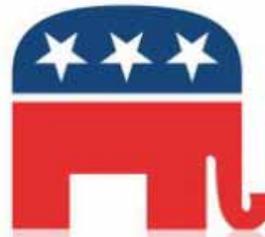
The County provides significant resources to the Morris County School of Technology and to the County College of Morris. Did you know that over 50% of the nurses that work in Morris County graduated from the County College’s Nursing Program? We maintain a vast Park System that provides beauty and recreation to all County Residents. Have you been to a County park recently? I’m planning a picnic with some friends at Silas Condict Park in Kinnelon in a few weeks. The County owns and maintains hundreds of miles of County roads. Our Public Works Department maintains the roads and bridges and provides engineering services to the County. We fund and operate the County Library and the Department of Planning and Development. The scopes of our operations are broad and the Freeholder Board is diligent in managing our resources efficiently.

I hope this column gave you a better understanding of what programs your county taxes support. Check back next month to get some more tidbits on Morris County Government!

**The Riverdale Democratic Committee** meets on the **third Monday of every month at 6:30 PM** in the Riverdale Public Library, 93 Newark Pompton Turnpike, in the conference room. Local issues will be discussed along with strategies to keep Riverdale as one of the best small towns in New Jersey. We always welcome concerned residents and fellow Democrats to our meetings. Please visit our website at [www.riverdaledemocrats.com](http://www.riverdaledemocrats.com).



**The Riverdale Republican Club** meets the **fourth Tuesday of every month at 7:30 PM** at Glenburn, 211 Hamburg Turnpike. Usually we have guest speakers from the Freeholder Board or Legislators at which time we are kept informed. We put forth our plan showing how Riverdale became one of the best small towns in New Jersey and how we plan to keep it that way. All are welcome - Republicans, Democrats and Independents.



To see the photos of many of the events taking place around town, go the Borough’s Website at [www.RiverdaleNJ.gov](http://www.RiverdaleNJ.gov) and click on Mayor’s Photo Albums on the left hand side of the home page. There are nearly 120 albums on line. Also, every issue of the Riverdale News and Events are online going back to the initial issue in October 2005. On the homepage’s left column click on “Newsletter, Etc.”.

# PEACE OUT GIRL SCOUTS!



REGISTRATION: If you are interested in signing your daughter up for Girl Scouts, please email Paulette Brauch at [letunal@hotmail.com](mailto:letunal@hotmail.com) for information about registration.

Come to the Riverdale Community Center on May 21 or 22 from 7-9pm or the Pompton Reformed Church on June 15 from 9am-noon. Girl Scouts is open for girls in Kindergarten through 12th grade. Look for our ad in this month's newsletter for more information.

Cookie sales are over and we are wrapping up our year but still staying very, very busy! Junior Troop 1029 is working on their Bronze Award project by collecting food donations for St. Mary's food pantry. If you have any non-perishable food that you could donate, please drop them off on the front porch of 25 Watervliet Ave. in Pompton Lakes by May 5.

Senior Troop 285 ran another "pig" race. These adorable, mechanical pigs oink and wiggle their way down the track dressed in themed costumes chosen by each participating troop (who also dress in the theme). The Senior girls wrangle the miniature pigs in races by GS

level (daisy, brownie, junior, etc.) and then they race one more time for an overall winner. It is the cutest thing you ever saw!

Brownie Troop 94284 had a fun after noon at Monster Golf and got to go to a dance class in early April and at the end of the month, both Brownie Troops 94283 and 94812 slept overnight at Liberty Science Center. They explored the entire building and then danced the night away.

After taking a cooking class in mid-April, Junior Troop 1105 did a terrific job reviving the Butterfly Garden at the Riverdale School in preparation for spring. On a beautiful but chilly Sunday morning, they spent several hours pulling weeds, turning over the soil and beautifying the entire area. Take a close look when you pass this month to check out their hard work.

Cadette Troop 70323 had a huge rummage sale to help raise money for their trip to Europe in 2014. Thank you to everyone who contributed items for sale and to everyone who stopped by and supported us.

Look for the Girl Scouts in the Memorial Day parade! Wait until you see our fun float this year!!!

*Peace out, Girl Scout!*

## Apple Loins of Pork

*By Linda Vogel, Riverdale Library*



### Ingredients:

- Loin of Pork 4 to 5 lbs.
- 1/2 cup of water
- 2 Onions sliced
- 1 Cup of Cider or Apple Juice
- 1 Cup of Chicken Stock
- 6 Apples cored, peeled and sliced.

**Preparation:** Brown onions in a pot on stove with olive oil and add pork. Brown pork on all sides. Add to slow cooker and the rest of the ingredients except for 3 of the apples till the last hour. Cook 3 to 4 hours till pork is cooked. When done put roast on serving dish and put apples around the roast.

## The Latest at the Riverdale Library

What's new at the Riverdale Public Library? Riverdale residents can now check out E-readers, like kindles, Nooks and Sony Readers. Each E-reader device have E-book bestsellers already downloaded. You are borrowing the device and the two (2) E-book bestsellers or more on each device. You will sign a contract for each unit that is borrowed. Please stop by the library and start reading an E-book right away!



## Don't Forget the Food Pantry

As always the Riverdale Food Pantry is always in need of donations. Please be generous so our friends and neighbors will not go without. Please call for a list of the most urgent needs. Thank you. 973-835-4060 x6



**We Now Know Kellogg's Fruit Loops are 100% GMO, but did you also know that ALL 4 Food Dyes in the cereal are BANNED in other countries because they were found to be UNSAFE?**

**ADHD & Asthma      ADHD & Cancer**

**Ingredients:** Sugar, corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), wheat flour, whole grain oat flour, organic fiber, soluble corn fiber, contains 2% or less of partially hydrogenated vegetable oil (coconut, soybean and/or cottonseed), salt, red 40, natural flavor, blue 2, turmeric color, yellow 6, annatto color, blue 1, BHT for freshness.

**Cancer & Allergic reactions      ADHD & Cancer**

# Movie Trivia: *Casablanca* ♦ Studio publicity in 1941 claimed that Ronald Reagan and Ann Sheridan were scheduled to appear in this film, and Dennis Morgan is mentioned as



the third lead. This was never the case, however, and the false story was planted, either by a studio publicist or a press agent for the three other actors, to keep their names in the press. Meanwhile George Raft was angling for the part with Jack L. Warner, but Hal B. Wallis had been assigned to search for what would be Humphrey Bogart's next starring role. He wrote to Warner that he had found the next movie for Bogart and the role was perfect for him. Nobody else was ever considered for the part.

♦ Michèle Morgan asked for \$55,000, but Hal B. Wallis refused to pay it when he could get Ingrid Bergman for \$25,000.

♦ After shooting, Max Steiner spoke against using “As Time Goes By” as the song identifying Rick and Ilsa, saying he would rather compose an original song in order to qualify for royalties. However, Hal B. Wallis replied that since the filming had ended, Ingrid Bergman had cut her hair very short for *For Whom the Bell Tolls* which was shooting at a distant locale and she therefore could not re-shoot already-completed scenes that had used “As Time Goes By”.

♦ Producer Hal B. Wallis nearly made the character Sam a female. Hazel Scott, Lena Horne, and Ella Fitzgerald were considered for the role.

♦ Paul Henreid was loaned to Warners for the role of Victor Lazlo by Selznick International Pictures against his will. He was concerned that playing a secondary character would ruin his career as a romantic lead.

♦ Dooley Wilson (Sam) was a professional drummer who faked playing the piano. As the music was recorded at the same time as the film, the piano playing was actually a recording of a performance by Elliot Carpenter who was playing behind a curtain but who was positioned such that Dooley could watch, and copy, his hand movements.

♦ “Rick's Café Américain” was modeled after Hotel El Minzah in Tangiers.

♦ Because the film was made during WWII they were not allowed to film at an airport after dark for security reasons. Instead they used a sound stage with a small cardboard cutout airplane and forced perspective. To give the illusion that the plane was full-sized, they used little people to portray the crew preparing the plane for take-off. Years later the same technique was used in the film *Alien*, with director Ridley Scott's son and some of his friends in scaled down spacesuits.

♦ Director Michael Curtiz' Hungarian accent often caused confusion on the set. He asked a prop man for a “poodle” to appear in one scene. The prop man searched high and low for a poodle while the entire crew waited. He found one and presented it to Curtiz, who screamed “A poodle! A poodle of water!”

♦ The scene of Maj. Strasser's arrival was filmed at Metropolitan Airport, now known as Van Nuys Airport, just outside of Los Angeles.

♦ In the German version, the immortal line “Here's lookin' at you, kid”, became, “Ich seh' Dir in die Augen, Kleines” which translates as “I look in your eyes, honey”.

♦ Many of the actors who played the Nazis were in fact German Jews who had escaped from Nazi Germany.

♦ Rick never says “Play it again, Sam.” He says: “You played it for her, you can play it for me. If she can take it, I can take it so Play it!”. Ilsa says “Play it, Sam. Play 'As Time Goes By”.

♦ The movie's line “Here's looking at you, kid” was voted as the #5 movie quote by the American Film Institute .

♦ “Here's looking at you, kid” was improvised by Humphrey Bogart in the Parisian scenes and worked so well that it was used later on again in the film. He originally used the same line in *Midnight*.

♦ In 2007, the American Film Institute ranked this as the #3 Greatest Movie of All Time.

♦ The movie's line “Here's looking at you, kid.” was voted as the #1 of “The 100 Greatest Movie Lines” by Premiere in 2007

♦ The movie's line “I stick my neck out for nobody.” was voted as the #42 of “The 100 Greatest Movie Lines” by Premiere in 2007.

♦ The movie's line “Of all the gin joints in all the towns in all the world, she walks into mine.” was voted as the #67 movie quote by the American Film Institute (out of 100).

♦ The movie's line “We'll always have Paris.” was voted as the #43 movie quote by the American Film Institute (out of 100).

♦ “As Time Goes By” was written by lifelong bachelor Herman Hupfeld and debuted in 1931's Broadway show “Everybody's Welcome”, sung by Frances Williams, It had been a personal favorite of playwright and high school teacher Murray Burnett who, seven years later, visited Vienna just after the Nazis had entered. Later, after visiting a café in south France where a black pianist had entertained a mixed crowd of Nazis, French and refugees, Burnett was inspired to write the melodrama “Everybody Comes to Rick's”, which was optioned for production by Martin Gabel and Carly Wharton, and later, Warners. After the film's release, “As Time Goes By” stayed on radio's “Hit Parade” for 21 weeks.

♦ The song “As Time Goes By” from the film is number 2 on the American Film Institute's (AFI) 100 Years... 100 Songs list.

♦ It was claimed when the movie was in release that Jack Benny can be seen briefly in it.

♦ The difference in height between Humphrey Bogart and Ingrid Bergman changes throughout the film. This is because Bergman was actually a few inches taller than Bogart, though to create the illusion that it was vice versa, Michael Curtiz had Bogart stand on boxes and sit on pillows in some shots, or had Bergman slouch down (as evident when she sits on the couch in the “franc for your thoughts” scene).

♦ Dooley Wilson was, in fact, the only member of the cast to have ever actually visited the city of Casablanca.

♦ Voted #2 film of all time by the American Film Institute.

♦ The film cost approximately \$950,000, some \$100,000 over budget.

♦ The opening street bazaar scenes were filmed on the same studio backlot built and used for *The Desert Song* a few months previously.

♦ Sam's piano sold for more than \$600,000 at a New York auction in December 2012.

♦ The movie's line “Louis, I think this is the beginning of a beautiful friendship.” was voted as the #20 movie quote by the American Film Institute.

**SEWING CLASSES**

Wednesdays  
 \$10/Per Student (Includes ALL Supplies)  
**MUST SIGN-UP IN ADVANCE TO KNOW  
 OUR CLASS SIZE FOR SUPPLIES**  
 Phone (973) 706-6471 Leave Message or  
 E-Mail [jcarelli@riverdaleborough.com](mailto:jcarelli@riverdaleborough.com)  
 4:00pm - 5:30pm

May 1

Fashion Illustration

May 8

RECYCLE Tee Shirts - Make Head Bands,  
 Tank & Skirt!

May 18

Make American Girl Doll Clothes

May 22

Make Bean Bags/Hacky Sacs & Learn a Toss  
 Game

May 29

Learn Embroidery and Decorate a Tee Shirt

June 5

Learn to Quilt

**PLRYO  
 FALL 2013  
 FOOTBALL & CHEER  
REGISTRATION**

Wednesday, May 15  
 6:00pm - 8:00pm  
 Riverdale Community Center

Or  
 Wednesday, June 12  
 6:00pm - 8:00pm  
 Carlough Field  
 . [www.plryo.com](http://www.plryo.com)



**LAST FRIDAY NIGHT FROLICS**

**for the School Year!**  
**3RD, 4TH & 5TH GRADE STUDENTS**

Friday - June 7, 6:30pm - 8:00pm  
 \$5/Admission-Student  
 Includes snacks, refreshments, music, games &  
 prizes!

*Come & Celebrate the end of the school year with  
 OUTDOOR WIPEOUT COURSE. Prepare to get  
 messy as you slip & slide your way through  
 MESSY OBSTACLES! You may want to wear a  
 Bathing Suit for this one ... and don't forget your  
 Towel! Plus, Listen to your favorite music and  
 Win Prizes!*



**JUMP n' JIVE**



*Class includes movement to music &  
 active group games!*

EVERY TUESDAY, 4:00pm (30 min)  
 Suggested for ages 4 - 10  
 \$6/Student (Ea Add'tl Sibling \$4)  
 Payment due at class/Cash or Check

**CARDIO BOXING**



*Interval training with basic boxing  
 drills using Focus Mitts & Active Games.*

EVERY THURSDAY, 4:00pm (1 Hour)  
 Suggested for ages 8-14  
 \$48/Student for 8 Week Class (for Boys & Girls)  
 Payment due at class/Cash or Check

**TOTS MUSIC**

Mondays, 10:00am or  
 Fridays, 9:30am (1 Hour)  
 \$9/Child (\$7 - 2nd Child)

**FIT KIDS**

Monday's  
 Begins:  
 July 8 - Aug 19  
 6pm - 7pm  
 \$55 for 7 Weeks  
 (Will prorate to  
 accommodate for  
 Family Vacations!)

Sign-Up:  
[busybodiesRfit@gmail.com](mailto:busybodiesRfit@gmail.com)

*Outdoor Class with  
 45-min cardio  
 workout followed  
 by a 15-min session  
 on healthy eating &*

**SUMMER SKILLS N' DRILLS**

Begins - July 9 & 11 thru Aug 6 & 8  
 Instructor - Jen  
 Tuesday 6:00-7:00 ages 4-7 & Thursday 6:00-7:00 ages 8-11  
 \$6/Student (Pay-as-You-Go)

***This Program offers fun & creative active group games and drills to  
 improve coordination & speed. Great activity to add to your Summer Fun!***

Sign-Up in Advance (*appreciated*): [homerunone@optonline.net](mailto:homerunone@optonline.net) or  
 (973) 706-6471 Leave Message

# EXERCISE...EXERCISE...EXERCISE!!!

COMMUNITY CENTER EVENTS

**Mondays**  
Zumba Toning, 7:30pm \$6/Class

**Tuesdays**  
Rise & Shine Workout, 5:30am, \$6/Class  
Zumba Gold 10:00am \$6/Class  
Zumba 7:30pm \$6/Class

**Thursdays**  
Rise & Shine Workout, 5:30am, \$6/Class  
Zumba, 7:00pm \$6/Class

**Saturdays**  
KettleBell Fitness, 9:00am \$7/Class

**SENIORS WALKING CLUB**

Join us for a FUN & SOCIAL Morning with Light Stretching & a Neighborhood Walk.  
*Everyone is Welcome!*

Tuesday's  
9:00am

**Free Program**

Receive a Free T-Shirt, Giveaways  
Wear Sneakers & Comfortable Clothing

**JOIN the Senior Citizen Club . We meet on the 1st and 3rd Monday of each month 10:30 - 12:00**



## Adult Activities

**BOB ROSS TECHNIQUE  
OIL PAINTING**



Thursday, May 9 - 6:00pm  
Scene - Lake Sunrise  
&  
Thursday, Jun 13 - 6:00pm  
Scene - Mountains painted on wood  
\$35/Per Person (Incl's all supply)

Payment due at Class (Cash or Check)  
**MUST SIGN UP IN ADVANCE**  
Call: (973) 706-6471 Community Center or  
E-Mail: [jcarelli@riverdaleborough.com](mailto:jcarelli@riverdaleborough.com)

**BUGGY BOOTCAMP**

Thursday's / Begins June 6 (4 Weeks)  
9:30am  
\$10/Class (\$15 Drop-In's)

SIGN-UP : Phone (973) 706-6471 Leave Message or  
E-Mail [jcarelli@riverdaleborough.com](mailto:jcarelli@riverdaleborough.com)  
Try out this NEW Stroller Fitness Class.  
Bring the little ones, enjoy the outdoors while getting a great workout!



**RIVERDALE FOOD PANTRY**

Items ALWAYS Needed.  
Drop-off @ Borough Hall (Front Offices)  
Questions: Contact Riverdale Borough Hall  
(973) 835-4060, Select 6

**YOGA AT GLENBURN ESTATE HOUSE**  
Thursdays, 7:30pm

Bring Yoga Mat & Refreshment  
\$8/Class  
Walk-In's Always Welcome

**Glenburn Events**

211 Hamburg Turnpike, Riverdale

**TOP OF THE LINE  
DOG TRAINING**

Mondays, 6:00pm  
The *Glenburn Estate BARN*  
\$155/7 Week Program

1st Class - Pet Owner Workshop  
6 Weeks - Pet & Owner Basic Training  
Taught by - Norma Overlock



**GLENBURN AFTERNOON TEA**

Sunday, May 5  
Seatings - Noon or 3:00pm  
\$30/Per Person

Catered by High SocieTea House of Wayne

For More Details to Make a Reservation,  
refer to Page 17  
*Sponsored by Riverdale Land Conservancy*




## May In The Garden

by Riverdale Resident and Columnist

**Bill Lango**



May's full moon is often referred to as the Flower Moon, The Hare Moon or the Corn Planting moon. But to me, since April showers bring May flowers, I like to think of May's full moon as the Flower Moon. And rightly so. When May's bright moonlight reflects off of God's colorful canvas of abundant spring flowers, there's no better choice of names for May's full moon than Flower Moon.

Plants and shrubs that for too long laid dormant during our unusually long winter and cool early spring finally have awakened and now reward us with a dazzling array of colors and scents. Flowers are abundant everywhere.

May's weather is fickle too, with crazy swings in temperatures. It's not until around the middle of May when the danger of a hard frost is over. And it is not uncommon to find a few days in May with high temperatures soaring into the nineties.

I like it best when I can venture out into my garden in the evening and be comfortable wearing a light jacket, or even my bathrobe (only when it's dark outside).

But enough of reflecting. May is a serious month for us gardeners. May is like the foundation of a house. Build a strong foundation and your house will be sound. Likewise, garden work done in May will reward us through autumn.

By the time May rolls around, my garden's soil has become much lighter and easier to work with. Much of its vernal soginess has evaporated, inspiring me to turn over and thoroughly mix in compost into my flower beds and around the base of our fig trees.

When May's warm temperatures stares you in the face, don't panic. Don't attempt to do all your gardening chores in one day. Instead, devote a half-hour or so daily, or every other day and you'll be surprised on how much you'll accomplish without growing tired or overwhelmed.

We have much to do in May. Here's a "to-do-list" of tips and suggestions I use in my garden. They work for me and may go a long way to make your garden the envy of the neighborhood.

The first item on our to-do-list is to treat ourselves to at least one new plant! Do it soon before the best selection of plants are scooped up.

- ◆ Gently prune and coax into shape your early flowering spring shrubs when that have finished blooming. Prune off any errant or sucker stems.
- ◆ Remove the wilting seed-heads & flowers, from Azaleas and Rhododendrons.

- ◆ Prune Lilacs after blooming.
- ◆ Plant summer flowering blubs, Dahlias, Gladiolas, Begonias, and Cannas. Choose short flowering Dahlias and Cannas that don't require staking for smaller gardens.
- ◆ Allow your Tulip & Daffodils to die back naturally. Don't remove the dead foliage until fall.
- ◆ Daffodils can be safely divided and transplanted after they finish booming.
- ◆ Snip-off wilted rose flowers after blooming and keep your rose beds clean neat and tidy of any fallen leaves.
- ◆ Fill in bare spots on your lawn. Dead grass and brown Doggie pee spots can be loosened up and covered with a light topping of topsoil or peat moss then reseeded with Fescue or Perennial Ryegrass (both of these grasses show some resistance to dog urine).
- ◆ Trim indoor house plants.
- ◆ Check and repot root-bound houseplants.
- ◆ Keep one bag of mulch out of sight and use the mulch when necessary to dress up your flower beds.
- ◆ Pull weeds by hand using a weeding tool, even a dull kitchen knife dedicated to weeding will suffice.

Try spraying weeds with white vinegar, instead of a chemical weed killer. Stubborn weeds may require two applications, but it works and it's good for the environment too!

According to my notes entered in last year's gardening calendar, May was a great month for starting my *Piquillio Pepper* plants. Instead of starting my seedlings downstairs or on my deck, where they were subjected to occasional cold and wet conditions, I placed my seedling trays upstairs, where it's warmer, near a bright yet not direct sunlit window, and success! I'll later move them into hanging baskets off our deck.

Saved seeds from last year's pumpkins have begun to germinate and will soon be moved to six inch pots where they'll sit while I wait patiently until the middle of the month when they can be safely placed in sunny areas on our property. I found that some smaller variety's vines can be coaxed to grow up on a chain-link fence and are sturdy enough to support pumpkins hanging three feet off the ground, and out of the reach of hungry woodchucks.

For me, what is so enjoyable about pumpkins is that once their vines take off they seem to just grow and grow.

If all goes well I hope to harvest a few home grown pumpkins this September.

Get outside and get dirty in your garden. Remember, gardening is fun and great exercise too!



Not sure where to hang a mirror or picture? Trace around it on a paper grocery bag, cut out the shape, and affix the shape to the wall with masking tape. When you've decided on the right spot—but before you remove the cutout—mark on the wall where the nail should go.

The *Riverdale News and Events* is published on the first day of each month. We are interested in all the good news that is happening around town and in your families. We welcome all such announcements, including birthdays, anniversaries, graduations, and any other special occasions you may want to share with your neighbors. The deadline for all insertions is the 3rd Wednesday of each month, which may be extended in certain circumstances. Please email your copy and photos to [mayer@riverdalenj.gov](mailto:mayer@riverdalenj.gov) and [riverdalemayor@gmail.com](mailto:riverdalemayor@gmail.com). Photos should be in JPEG or TIFF formats and at least 1MB in size.

## Donations Needed!



Now that the warmer weather is here, the Auxiliary of the Riverdale Fire Department is requesting the donation of Gatorade or Powerade to supplement our supply of water. These drinks are used at fire and emergency incident scenes to keep our firefighters hydrated. Hydration is very important for firefighters. Proper hydration reduces the threat of heat cramps, heat exhaustion, and heat stroke.

You can drop off your donation of Gatorade or Powerade at the Riverdale Fire Department, 56 Post Lane, on Monday evenings between the hours of 7pm and 9pm or you can just leave it outside the front door and we will get it.. During normal business hours you may bring it to the front office of the Municipal Building, indicating that the donations are for the Fire Department.



*The Auxiliary of the Riverdale Fire Department*

**Before you cut down a tree, first call Linda Roetman at the Borough Hall - 973-835-4060 x6**



Under state law **NO PARKING:**

- ◆ Within an intersection
- ◆ On a crosswalk
- ◆ In front of a driveway
- ◆ On a sidewalk
- ◆ Within 50 feet of a stop sign
- ◆ Within 25 feet of an intersection
- ◆ Within 10 feet of a fire hydrant

## No Parking Rules



## CLEAN UP AFTER YOUR DOG

Borough Code Chapter 173A: No person owning, harboring, keeping or in charge of any dog shall cause, suffer or allow such dog to soil, defile, defecate on or commit any nuisance on any common thoroughfare, sidewalk, passageway, bypath, play area, park or any place where people congregate or walk or upon any public property whatsoever or upon any private property without the permission of the owner of said property.

The person who owns, harbors, keeps or is in charge of such dog shall immediately remove all feces deposited by such dog by any sanitary method.

## Local Animals in Need of Forever Homes



Meet *Shadow!* Shadow is a 3 year old pit bull mix who is super sweet and loves people and children of all ages. She must be the only pet in the house and is housebroken, leash trained and extremely smart.



Meet *Alley & Pricilla!* Alley is an adorable, kind-hearted mature cat who came to the shelter with her sister, Pricilla, when their owner passed away. They would love to be placed in a forever home together and are both sweet, affectionate cats. Alley enjoys basking in the sun all



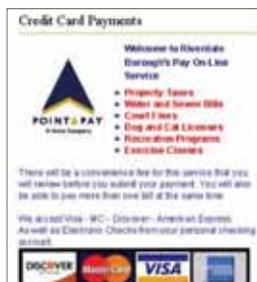
day, and Pricilla wants nothing more than to be held and snuggled.

Visit the Pequannock Animal Shelter on Washington Street in Pompton Plains on Mondays, Saturdays and Sundays (10AM - 2PM) or Tuesdays and Wednesdays (5:30 - 8:30PM). Call 973-835-3980 or email pwp64@yahoo.com for more information.

*Each month we will be featuring a dog and a cat looking for a good home. Please contact Mike's Feed Farm for information 973-839-7747*



The Borough of Riverdale is again able to accept computer monitors and televisions as part of our recycling program. Drop off your computers, monitors and televisions at the Municipal Building. (Projection TVs not accepted.)



### Borough of Riverdale now accepting Credit Card Payments for:

- ◆ Property Taxes
- ◆ Water and Sewer Bills
- ◆ Dog & Cat Licenses
- ◆ Recreation Programs
- ◆ Exercise Classes
- ◆ Community Center
- ◆ Glenburn Estate

A small convenience fee applies. Go to our website [www.RiverdaleNJ.gov](http://www.RiverdaleNJ.gov) to make your online payments. Credit cards may be used in person, too!

## Kit Kat's Krafts

### Feature – A simple paper mache bowl

By Catherine Felegi

*A monthly feature dealing with crafts*

Very few people have not had experience with paper mache. The simple mixture of flour, water and newspaper is a lovely gooey mess to indulge in.

But in the hands of a skilled crafter, this project can turn from a blob of gunk into a charming piece of art. Websites like [ultimatepapermache.com](http://ultimatepapermache.com) dedicate themselves to the art of paper mache and to showing readers how to create everything from ballerinas to ravens that look like they will fly off of your kitchen table.

A paper mache bowl is an easy project that crafters of all ages can enjoy. It is simple enough where children as young as five can get involved, yet can be intricate enough where teenagers will have a blast painting their designs.

For this project, you will need:

- One balloon
- One newspaper. Cut at minimum one section into strips about one inch wide. You will use the rest to line your work area
- Equal parts water and flour. For the bowl pictured, I used about six cups flour and six cups water
- A container such as a flower pot or a soup container
- A plastic party cup
- Tape
- Scissors
- Straight pin
- Polyurethane



Line your work station with some newspaper, as this is a very messy project. Blow up the balloon to the size that you would like your bowl

to be. Place the balloon tied-end down and secure it to your container using the tape. This will keep the balloon stable as you work.

Mix your flour and water together in a bowl, getting it to a paste-like consistency. Dip your strips of newspaper into the glue mixture and layer it onto your balloon, wiping off excess glue with your hands. Do not worry about creating a rim for your bowl yet. This will be done later in the process. After you are done with your first layer, allow it to dry. If you do not, the bowl does have the potential to later mold.

After you are done with your first layer, put a second one on. Layer your newspaper strips into a criss-cross pattern, which will increase the strength of the bowl when it dries.

Take your party cup and cut off the bottom portion. This will act as your base for your bowl so that it can stand on its own. Add a third layer of paper mache to your bowl, gluing the plastic cup with the open side facing towards the balloon on at the same time. This is done simply by layering paper mache over the plastic cup to secure it in place. Be sure that the bottom of the cup remains smooth to ensure your bowl stands on its own.

Add one more layer onto your piece, thus securing everything, and allow to dry. I would recommend allowing the piece to dry overnight, just to be sure.

You are now ready to pop the balloon. Take your bowl and remove it from the container. With the straight pin, carefully poke a few holes into the neck of the balloon. This will allow it to slowly deflate, rather than pop at once and thus risk ruining your bowl. Cut any excess paper off of the rim until the bowl is as deep as you want it.

You will notice that the inside of the bowl is rough due to the balloon pulling at the sides. For this, take your flour mixture and paste it inside, using it to smooth out your bowl. Allow this to dry thoroughly.

Finally, feel free to paint your bowl however you wish. Put a layer of polyurethane to seal your bowl. Feel free to put anything in it from wrapped candies to potpourri! However, avoid any open candies, fruit, or other edible items that would directly touch the bowl, as this could damage the bowl.

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(as featured in March 2013 issue of NJ Monthly Magazine)

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And/or I'll find just the right house for you!

Call/Text me 973-493-1477 today and tell me **how I can help you!**

- ♦ Lengthen the life of cut flowers by placing them in a solution of 1 quart warm water, 2 tablespoons vinegar and 1 teaspoon sugar.
- ♦ To “antique” new hinges or hardware vinegar and let sit for 24 hours. Repeat until you achieve desired effect.
- ♦ Reduce the odor of skunk from your dog by rinsing its coat with undiluted vinegar. Be sure to keep vinegar out of the dog's eyes during this process.
- ♦ To strip glued-on wallpaper, first pull off everything you can. Next, spray undiluted vinegar onto stripped areas until they are very damp but not running. Let sit for 5 minutes, then find an edge and pull away. Wipe remaining residue off wall using vinegar on a cloth or a sponge. Heating the vinegar first may speed up this process and remove the most stubborn strips.

## Announcements



**Katie Cocilovo** celebrated her 19th birthday on April 7. Happy Birthday, Katie! Love,



Mom. Katie was also named to the Dean's List at the College of New Jersey. She is a Health & Exercise Science Major. Congratulations, Katie!

Happy Birthday to **Seamus Hamilton** who turned 2 on March 31. We love you. Love, Dad, and Reilly.



Happy 5th Birthday **Peyton O'Reilly** on May 14th! We love you so much! Love, Mommy, Daddy and Hailey



Happy 9th Birthday **Matthew Soto**, on May 9th. We love you lots!!!! Dad, Mom, Tyler, Joseph, & Ryan!

Happy 9th Birthday, **Matthew Budesheim**, on May 18. Love Mom, Dad, Kevin, Nicholas, Juliana, Grandparents, Aunt, Uncles & Cousins.



Happy May Police Birthdays to **Ptl. Gary Kiel** (13th).

## Kids Like Lists

You can make packing lists for kids when you are going on a trip, or have them help you make shopping and to-do lists. Kids love to cross things off and you're teaching them how to organize their thoughts. Lists can also be helpful for reducing your need to nag when there are several tasks that need to be done. Of course, the best lists of all are birthday and holiday wish lists!

## A New Monthly Feature: **Naturally Riverdale**

by award-winning photographer and Riverdale resident, **Don Pruden**

At Riverdale's historic property, Glenburn, there is a willow garden cultivated and planted by the Pequannock River Coalition. The garden is planted with four 30 foot rows of willow trees and one row of Red osier dogwood.

During the late 15th and early 16th centuries legend has it that a religious philosopher got into a heated argument with his fellow philosophers. As things did not go his way he stalked off from the gathering and in his frustration in not getting his idea across, he thrust his walking stick into the ground. Then after a few weeks people noted that the walking stick had started to sprout leaves! It grew roots and became a tree. People exclaimed, "It's a miracle!!!"

We here at Glenburn we have miracles happening also, (not just the fact that Glenburn did NOT become just another strip mall.) Cuttings from the garden's willows and the red osier dogwood shrubs planted along river and stream banks will sprout leaves, grow roots and become twenty foot high shrubs. These shrubs shade the river water and keep them cool. Cool water has more oxygen and this helps the native trout survive our summers.

Last season about half a dozen willows and some of the dogwoods were cut right to the soil and those cuttings were used to restore some of the storm damaged places along the Pequannock River and its surroundings.

To my surprise, those plants that had been cut to the ground started showing a few inches of new growth from the root stock left in the ground, then more growth and today three to four feet of new branches have formed! That was miraculous to behold!



The **Wieliczka Salt Mine**, which is located just outside Krakow, Poland, has been operational since the Middle Ages. A major cultural attraction, the mine is the setting for concerts, conferences, and weddings. The mine's nine levels of tunnels contain sculptures, murals, lakes, a restaurant, and a health clinic. In 1978 it was named a World Heritage site.

- ◆ Help a **poison ivy** rash clear up more quickly by soaking irritated skin in very warm salt water.
- ◆ Add 1/2 cup of salt to the wash cycle to prevent **colored fabrics** from running.
- ◆ Control odors in **sneakers** or any shoes that are starting to smell by sprinkling the insides with a little salt. Let sit overnight, then shake out. The salt will help control moisture, which contributes to odors.

## Help Us Keep Our Taxes Down! Recycling saves tax dollars.

Our garbage bill is based on the weight of the garbage collected in Riverdale. The less recycling materials that find their way into the general garbage collection the lower the cost of garbage removal. **The first Friday of the month is for Metal Appliances and Scrap Metal. These are usually heavy and save the most in disposal costs.**



# LOVE YOUR PETS

A new monthly column submitted by Mike's Feed Farm

## Chiropractic Care for Animals

### An introduction into the world of animal chiropractic.

Prepared by Dr. Marc Sommer, DC, CAC, DAAPM, AVCA Certified Animal Chiropractor, on behalf of Mike's Feed Farm in Riverdale

Animal chiropractic, as an organized profession, first entered the scene in the late 1980's. The American Veterinary Chiropractic Association was formed to train and certify Doctors of Chiropractic and Veterinarians, in this new specialty to both professions.

The most often asked question I get is, "How do I know if my beloved animal companion, be it a dog, cat, rabbit, horse, needs chiropractic treatment?" There are several clues that are pretty accurate at tipping us off. Any change in how your furry friend is using their body is usually clear message. We can start with an abnormal gait. The most obvious is limping, favoring or non weight bearing on one of its limbs. A sudden hesitancy to climb or descend stairs, or jump onto or off of their favorite piece of furniture is another clue. Sometimes we notice an inability to hold a squatting position or lift a leg when relieving themselves or difficulty standing from a sitting or lying position. All of these should peak our awareness. Loss of appetite, lethargy or panting could indicate distress.

The next most common question I am asked is, "What kinds of conditions does an animal chiropractor treat?" My answer is simple. The same conditions we treat people for, we also treat animals for.



Misalignment of the bones of the spine, various arthritic conditions, spinal disc problems, muscle spasms, ligament problems, back and joint pain, and sprains and strains.

On the patient's first visit, a thorough review of any information provided by the primary care veterinarian should be undertaken. Particular attention should focus on x-rays, blood tests and medications. We are looking for misalignment and disc space integrity on the x-ray, whether the patient has been tested for Lyme Disease, and what conditions are being treated based on medications prescribed. Good health care is a team approach. Chiropractic treatment is not a replacement for good medical care. It is integrated into the full picture of health care.

The treatment approach I try to utilize focuses on a triad of: bio-mechanical restoration through chiropractic adjustments; proper nutrition; and, exercise as a form of physical therapy. It has been my experience that animals respond even faster than people to chiropractic care. I believe this is because animal spines are horizontal, while ours are vertical. Our spines are supported by two legs, while animal spines are supported by four, thus allowing for a greater distribution of stress loads.

Factors affecting the response are the patient's breed, age, chronicity of the problem and overall state of health. Other factors include the kind of work the patient does. For dogs this can range from agility, obedience and show, to loving couch potato. For horses this can range from barrel racers and dressage to pleasure riders. As with people, animals also are entitled to their own unique variances.

## Safety Tips from Fire Chief Dan Sturm

**Lightning Safety** Thunder and lightning storms happen all the time. But did you know that lightning strikes and lightning fires occur most often in the summer? Know what to do to keep you and your family safe when it does strike!

- ◆ **If you can hear** thunder, you are within striking distance of lightning. Look for shelter inside a home, large building, or a hard-topped vehicle right away. Do not go under tall trees for shelter. There is no place outside that is safe during a thunderstorm. Wait at least 30 minutes after the last thunder before leaving your shelter.
- ◆ **Stay away** from windows and doors.
- ◆ **If you are in** or on open water, go to land and seek shelter immediately.
- ◆ **If you feel** your hair stand on end, that means lightning is about to strike, squat low to the ground on the balls of your feet. Place your hands over your ears and your head between your knees. Make yourself the smallest target possible and minimize your contact with the ground. Do not lie flat on the ground. This is a last resort when a building or hard-topped vehicle is not around.
- ◆ **If a person is struck** by lightning, call **9-1-1** and get medical care immediately. Lightning strike victims carry no electrical charge; attend to them immediately. Check their breathing, heartbeat, and pulse. CPR may be needed.
- ◆ **Unplug** appliances and other electrical items, like computers, and turn off air conditioners. If you are unable to unplug them, turn them off. **Stay off** corded phones, computers, and other electrical equipment that put you in direct contact with electricity or plumbing. **Avoid washing** your hands, bathing, doing laundry or washing dishes.

**Clothes Dryer Safety** Doing laundry is most likely part of your every day routine. But did you know how important taking care of your clothes dryer is to the safety of your home? With a few simple safety tips you can help prevent a clothes dryer fire.

- ◆ Have your dryer installed and serviced by a professional.
- ◆ Do not use the dryer without a lint filter.
- ◆ Make sure you clean the lint filter before or after each load of laundry. Remove the lint that has collected around the drum.
- ◆ Rigid or flexible metal venting material should be used to sustain proper air flow and drying time.
- ◆ Make sure the air exhaust vent pipe is not restricted and the outdoor vent flap will open when the dryer is operating. Once a year, or more often if you notice that it is taking longer than normal for your clothes to dry, clean lint out of the vent pipe or have a dryer lint removal service do it for you.
- ◆ Keep dryers in good working order. Gas dryers should be inspected by a professional to make sure that the gas line and connection are intact and free of leaks.
- ◆ Make sure the right plug and outlet are used and that the machine is connected properly.
- ◆ Follow the manufacturer's instructions and don't overload your dryer.
- ◆ Turn the dryer off if you leave home.

Dryers should be properly **grounded**. Check the **outdoor vent** flap to make sure it is not covered by snow. Keep the area around your dryer **clear** of things that can burn, like boxes, pizza boxes, cleaning supplies and clothing, etc. Clothes that have come in contact with **flammable substances**, like gasoline, paint thinner, or similar solvents should be laid outside to dry, then can be washed and dried.



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# Multiple sclerosis Natural cures..

Get plenty of rest  
Exercise  
Yoga  
tai chi  
meditation  
deep breathing  
Hypnosis  
Green juice

Wheatgrass  
Chlorella  
spirulina  
fresh organic fruits  
and vegetables  
sunflower oils  
Flaxseed oil  
Evening Primrose  
Oil



rawforbeauty.com

# Avoid:



Alcohol  
Chocolate  
dairy products  
eggs  
commercially prepared  
and fast foods  
hydrogenated oils  
margarine  
milk  
red meats  
commercial salt  
sugar



Healthy Eating Rule #27:  
The longer the shelf-life,  
the shorter yours...

## Baking Soda Tips

- ◆ Remove crayon marks on walls with a damp sponge dipping in baking soda.
- ◆ Sprinkle baking soda directly onto stainless-steel surfaces, and clean with a damp sponge.
- ◆ Shampoo your carpet with 1 cup baking soda mixed with 1 gallon warm water. Scrub by hand with a brush, or use this mixture in a carpet-cleaning machine.
- ◆ A fresh stain of oily or greasy food on a cloth chair can be absorbed with equal parts baking soda and salt. Sprinkle, rub lightly, leave on for a few hours, then vacuum.

## With Summer on the way remember the Health Benefits of Cantaloupes

- ◆ Good source of vitamin A
- ◆ Lowers risk of metabolic syndrome
- ◆ Anti-inflammatory
- ◆ Promotes lung health
- ◆ Prevents cardiovascular disease
- ◆ Rich in potassium
- ◆ Helps prevent stress
- ◆ Strengthens immune system
- ◆ Cantaloupe extract, oxykinin, is rich in superoxide dismutase, SOD
- ◆ Protects against oxidative stress-induced cell death
- ◆ Low in calories
- ◆ Good source of fiber
- ◆ Supports healthy vision
- ◆ Rich in manganese
- ◆ Rich in B-complex vitamins
- ◆ Maintain healthy mucous membranes and skin
- ◆ High in vitamin C
- ◆ Anti-coagulant
- ◆ Lowers risk of cataracts

- ◆ Reduces water retention
- ◆ Helps menstruation issues.

### Cantaloupe Salad

1 Large cantaloupe peeled  
3 Tablespoons orange juice  
3 Tablespoons honey  
1 Cup halved red seedless grapes  
3 Kiwifruit peeled, quartered, sliced  
Leaf lettuce  
Flaked coconut

Cut six rings, about 1/2 inch wide, from the center section of the cantaloupe. Remove seeds and set rings aside. Cube the remaining cantaloupe. In a bowl, combine orange juice & honey. Add grapes, kiwi and cubed cantaloupe: stir gently to coat. Place cantaloupe rings on lettuce, top with fruit & sprinkle with coconut. Yield: 6 servings.

# Verbal SAT Prep

Welcome to SAT Prep!



## Summer Course at the Riverdale Community Center

- ◆ 4 week summer course.
- ◆ Meet twice a week for one hour each session - 8 total sessions.
- ◆ Focus on critical reading, grammar and essay writing.
- ◆ Instructor is a Certified High School English teacher and experienced private SAT tutor.
- ◆ Small group setting.
- ◆ Cost: \$495

Instructor will use a variety of teaching strategies, including Power Point presentations, practice tests, worksheets, and paired-practice, in order to reach all types of learners, as well as provide ample industrialized instruction.

In addition to content knowledge, students will learn time management skills and test-taking strategies. Students will also be able to apply skills learned to classroom, college.

**Call now to reserve your spot!**  
**973-997-6533**

Compare to similar programs at big name test prep companies at \$900 or more.

Sessions at Riverdale Community Center  
57 Loy Avenue, Riverdale



# Riverdale Woman's Club

The Riverdale Woman's Club will hold their annual installation dinner on May 15, 2013 at the Prime 15 Steakhouse in Ringwood. At the dinner **Dolores Farrelly** will be installed for a second term as President, **Nancy Bird** will be installed as Vice President and **Joan Zulauf** will be installed as Treasurer.

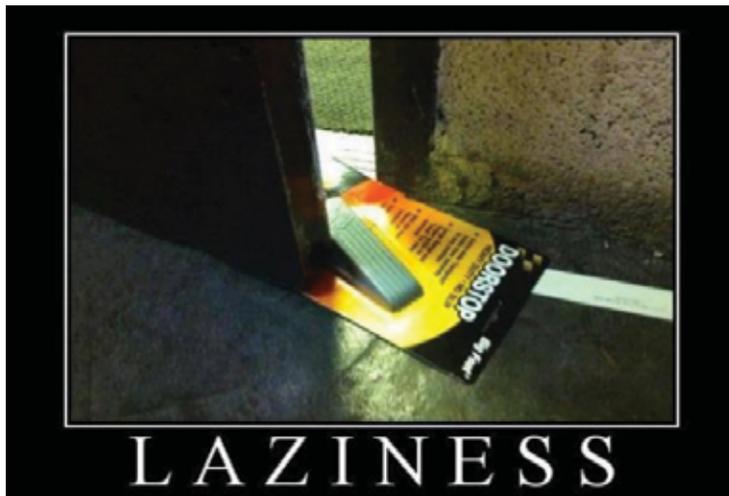
Ten Riverdale Woman's Club members attended the Ramapo District Spring Conference on April 16, 2013 at the Indian Trials Country Club. Linda Babeuf, New Jersey State Federation of Women's Clubs President, was the keynote speaker and delivered a speech titled "The Federation You May Not Know". Federation members were amazed to hear all that club women had accomplished throughout the years.

The Riverdale Woman's Club received the Best Reported Work in the District for their work on the Special State Project- Family Promise (also known as Interfaith) a program for homeless families. Congratulations!

**For membership information call Jean at 973-835-3269**

The reason rubbing alcohol burns when applied to cuts is because exposed VR1 nerve cells in the cut, which normally detect burning hot temperatures, have their pain threshold lowered by alcohol - so much that your own body temperature causes the burning sensation.

The Planet Neptune was the first planet to get its existence predicted by mathematical calculations before it was actually seen by a telescope.



## History of Riverdale

*A Monthly Serial — Part IV*

Moving down the Newark Pompton Turnpike is the Walker property. This house sits back about 200 feet from the road. It is still occupied by the same family since it was built early in the century. It was intended to be a carriage house, then a garage when automobiles came on the scene. A retirement home was intended to be built closer to the road by Mr. and Mrs. Pearson, but Mr. Pearson died and his wife would not leave the city. It was then used as a summer camp for the family. Subsequently the original building was expanded by additions. An ice house was built and a standard tennis court was built upon which Davis Cup winners, Johnnie Van Ryn and Wilmer Alison who won the Wimbledon doubles in 1929 and 1930, practiced on this court.

The property at 82 Newark Pompton Turnpike, which is now an office condo, goes back to 1710 and was a lovely old Dutch Colonial style house until it was transformed recently into a business property.

Across the NPT, where a number of businesses and homes now stand, was owned by a Mr. Beam, who later sold it to the Erie Railroad. Local farmers would rent the land to grow corn crops. Many builders and developers offered to purchase the property in the 1940s and 1950s, but the railroad refused to sell. In the late 50s,

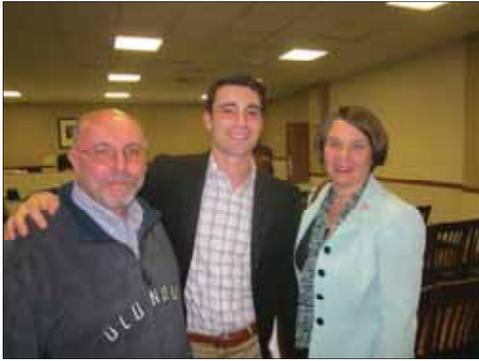
however, the Erie Railroad sold to the Susquehanna Railroad. The property extended from, but not including, the present Armory to the Texaco property. The railroad sold the land to a holding company who then sold parcels where the present businesses and houses are built including the Municipal Building.

There is an interesting story about the parcel of land which is now Cottage Place. There was an Inn there in 1868 called Matthews Hotel, later it became The Astor House. It was purchased by Mr. & Mrs. Lines. Early in the 20th century the state found it necessary to widen the road and to straighten the dangerous bend in the road right at the Lines house. Miss Lines, daughter of the widowed Mrs. Lines, refused to give up any of the property. The State, by eminent domain, cut off about a third of the house and of course, paid Mrs. Lines and replaced the cut-off part with siding. For many years carnivals and circuses would encamp adjacent to the "half-house".

Going south to the junction of Rt. 23 and NPT where the two office buildings now stand, was the Evans property. The Evans family owned a large tract of land, part of which was purchased by the State to build Route 23, which was built in 1935 with Works Progress Administration (WPA) funds during the Great Depression.

*To be continued next month.*

# Riverdale Visitors



Resident Mick Reilly welcomed Freeholder candidates Stephen DeHart and Barbara Eames at a recent Council Meeting.



Club President Will Felegi, Council candidate Stephen Revis, Freeholder & County Clerk Candidate Anne Grossi and Councilman Garrett Astarita discussed issues at a recent Republican club meeting at Glenburn.



Pequannock Republican Club President Betty Schmidt and Freeholder Doug Cabana exchange ideas at Glenburn.



Councilman Garrett Astarita, Freeholder Candidates Barbara Eames & Stephen DeHart, County Clerk Candidate Zbigniew Nowacki, Council Candidate Stephen Revis and Morris County Sheriff Ed Rochford recently gathered at Glenburn.



## Town-Wide Garage Sale Saturday, September 28 9:00 AM to 4:00 PM

The Auxiliary of the Riverdale Fire Department will be sponsoring a town-wide garage sale. Participating residents hold their sale at their own house and keep all proceeds. The Auxiliary will provide extensive advertising throughout the summer. To insure maximum shopper traffic, we will provide maps showing every participating household. Also, we will mark each participating home with easy to see balloons. All this for a nominal early registration fee of \$20 before July 30.



Registration forms are available on the Borough's website at [www.RiverdaleNJ.gov](http://www.RiverdaleNJ.gov). Or you may call Marge Norton at 973-934-1151. Support your Fire Department. Clean out the clutter! Pocket some cash!

## World Trade Center 9-11 Artifact



In time for the tenth anniversary of the September 11 attacks on the World Trade Center, the Borough of Riverdale was honored to have been entrusted with a structural part of one of the buildings.

We intend to have a fitting memorial to appropriately present this artifact to the public at our Memorial Day Ceremony. The Memorial will be on the front lawn of the Riverdale Library.

We are in need of donations to complete the Memorial. If anyone is interested we are in need of funds to cover the costs of:

- 2 Flag Poles @ \$600 each.**
- Appropriate Lighting - \$2000**
- Stonework for the Memorial - \$800**
- Railing - \$500**
- Bronze Plaque - \$1500**
- Pavers - \$2000**

**If you wish to contribute to this fitting memorial please contact the Borough Hall at 973-835-4060 or email [Mayor@RiverdaleNJ.gov](mailto:Mayor@RiverdaleNJ.gov)**



# Afternoon Tea At Glenburn

*Sunday May 5, 2013  
Seatings Noon & 3pm*

*\$30 per person includes:  
Choice of four teas -  
Selection of Finger Sandwiches,  
Scones and Sweets*

*by*



*Mother's Day Plant Sale  
by Glenwild Garden Center*



*Sponsored by the Riverdale Land Conservancy, Inc.  
A New Jersey non-profit corporation.*

*For More information - RiverdaleGlenburn@gmail.com*

*For Reservations – Mail this form with a check made payable to the Riverdale Land Conservancy  
To: Ruth Pasquariello RLC- 43 Hillside Ave. Riverdale NJ, 07457*

*Name \_\_\_\_\_ Phone \_\_\_\_\_ No. of Guests \_\_\_\_\_ @ \$30*

*e-mail \_\_\_\_\_*

*Please circle Seating Preference – Noon – 3pm*

*Amount Enclosed \$ \_\_\_\_\_*

# The Riverdale Rant

By Rob Errera

## Hungry Bears Drop By For A Backyard Picnic

Riverdale is centrally located and has easy highway access, but the borough still has a rural feel. You don't have to look any further than the local wildlife!

I took our dogs out one night recently, and our Chihuahua started barking, staring at a spot near the garbage cans. I couldn't see anything...until I saw a dim patch of tan fur.

Bears! I grabbed our two dogs and dashed back inside.

This wasn't our first bearly visit. They've knocked our garbage cans around before. But this was the first time we'd actually seen a bear in action. I got my flashlight and shined it out the window.

There was a bear roughly the size of a Rottweiler climbing over our fence. Momma was already in our back yard, standing next to an overturned garbage can. She was huge, 600 pounds at least. She looked at my flashlight beam, but wasn't the least intimidated. She calmly went back to eating our Chinese leftovers.

We'd never had bears *inside* our fence before (as far as we knew), and it was a bit unsettling. Momma was *big*.

"They must be starving," my wife noted.

"Should I chase them away?" I asked. It seemed a little late to be banging pots and pans. Plus, I had a feeling these bears wouldn't scare easily (not as easily as I did, at least). "Should I call the police?"

My wife looked at me like I should be wearing a pink muumuu and bunny slippers.

"Let them eat," she said.

For the next hour the bears had a leisurely picnic in our back yard. They tore open another bag and started in on my wife's ziti. Junior sprawled out on its belly, head inside our garbage can, while Big Momma stood a few feet away.



Eventually I looked out and saw that Junior was gone. Momma was still there, but after a few minutes she stood, put her paws against the trunk of a tree, and started climbing up. I could only imagine the strength it took to haul her big butt up that tree. It was an amazing sight, breathtakingly beautiful and pee-your-pants scary all at once.

An hour later I decided to take our dogs back out.

"Should I, like...bring a baseball bat?" I asked my wife.

"Don't be scared," she said. "Our Chihuahua will protect you."

She's funny, my wife.

Hope she keeps her sense of humor when she's cleaning up the yard tomorrow.



*Riverdale resident Rob Errera is an award-winning syndicated columnist, and the author of Autism Dad: Adventures In Raising An Autistic Son. He blogs at [robrerrera.com](http://robrerrera.com) and Twitter/Tweets @haikubob.*

## Charitable Giving - Beware!

New Jersey residents generously donate their time and money to thousands of deserving charitable organizations.

The majority of charities are reputable and do their best to use your contribution for worthwhile charitable activities. Some, however, are unscrupulous organizations posing as charities. These "fake charities" use various fundraising approaches including door-to-door solicitation, canisters, direct mail, radio and television pleas, telemarketing and the Internet.

When you decide to contribute, beware of:

- ◆ High pressure phone calls urging you to donate immediately.
- ◆ Phone calls that tell you that you have won a large amount of money or other valuable prizes from a "charity."
- ◆ Callers who say that a messenger or delivery service will come to your home to pick up your contribution.
- ◆ Solicitors who claim you gave in the past, when you have no recollection of the past contribution.

Things you should know:

- ◆ **Know Your Charity.** Never give to a charity you know nothing about. Ask for literature and read it. Ask questions. Honest charities encourage you to do so.
- ◆ **Don't Be Fooled by a Convincing Name.** A dishonest charity will often have an impressive name or one that closely resembles the name of a respected, legitimate concern.
- ◆ **Demand Identification.** Always ask to see identification for both the solicitor and the charity. Be suspicious of anyone who can't respond satisfactorily. All solicitors must disclose whether they are a volunteer or a paid solicitor. If they do not tell you, you may report the

organization to the Charities Registration Section of the NJ Div. of Consumer Affairs at 973-504-6215.

- ◆ **Beware of Telephone Solicitations.** Refuse to commit yourself on the first call. If the charity sounds worthwhile, ask to be sent written information.
- ◆ **Don't Fall for the Tearjerker.** Don't give simply because of a pathetic "sob story." The hard luck tale is a favorite of fraudulent operators.
- ◆ **Don't Succumb to Pressure.** Don't let yourself be pressured into giving, and don't feel you have to contribute on the spot. No legitimate organization will expect you to contribute immediately, even if you have given in the past.
- ◆ **Check Out Mail Solicitations.** Mail solicitations are often accompanied by a trinket or other item which you are told you can keep if you contribute. Federal law says that unless you asked for the item, you may keep it without making a contribution.
- ◆ **Ask About Professional Fund-Raisers.** Charities sometimes hire professional fund-raisers. These fund-raisers keep as much as 90% of the money raised as fees and expenses. Ask the solicitor if a professional fund-raiser is being used and, if so, what percentage of the total amount contributed will actually go to the charity which is asking for your help.

Additional Tips:

- ◆ **Don't give your credit card number** to strangers over the phone!
- ◆ Don't respond to letters that say you have pledged money, unless you are 100% certain you did. Keep track of your donations.
- ◆ Don't pay attention to harassing letters. Authentic charities might send you a polite reminder, but will not pester you or report you to a credit rating agency. Even if you agree to donate over the phone, you are not legally obligated to make the donation if you are uncomfortable with the pledge.
- ◆ **Don't give cash. Write a check and make it out to the charity.**

*Prepared by the NJ Division of Consumer Affairs*



# RIVERDALE Public Library

93 Newark Pompton Turnpike • Riverdale, New Jersey 07457  
Phone: 973-835-5044 • Fax: 973-835-2175  
www.riverdalelibrary.org

Registration is required for all programs.

Call 973-835-5044 or e-mail [riverdalelibrary@nac.net](mailto:riverdalelibrary@nac.net) for adult programs and [riverdalelibrarykids@nac.net](mailto:riverdalelibrarykids@nac.net) for children's programs. You can also register online at [www.riverdalelibrary.org](http://www.riverdalelibrary.org)!

## INFANT & PRE-SCHOOL PROGRAMS

*Spring programs run from the week of March 25 through the week of May 14.*

**Baby Time** — Up to 2 yrs w/ caregiver. Mon, 11:00–11:30 am

**Totally Twos** — 2 yr olds w/ caregiver. Mon, 10:15–10:45 am

**Story Time** — Ages 3-5 Tues, 10:15–11:00 am or 1:30–2:15 pm.

## CHILDREN'S PROGRAMS

**Puppy Pals** — Dogs certified by Creature Comforts Pet Therapy come to the library to “listen” to children read. Bring your beginning reader, reluctant reader, or dog-lover for a session with a friendly listener. Children can read privately to a dog or participate in a group session. For children grades K-5. **Wed., May 8 from 4:00-5:00 p.m.**

**Mother's Day Card Workshop** — Kids in grades K-5 can make a beautiful Mother's Day card for their mom, grandma, or aunt on **Thurs., May 9, 4:00-5:00 p.m.**

**Lego Lab** — Kids in grades K-5 bring your Lego skills and imagination, we'll supply the Lego's and a fun story! **Wed., May 22, 4:00-5:00 p.m.**

**Breakfast Book Club** — Kids and parents in grades 2-5 enjoy a potluck breakfast, talk about the book of the month, and make a fun craft. **May 18 from 10:15-11:00 a.m.** Pick up your free copy at the circulation desk.

## TEEN PROGRAMS

**Teen Movie Night** — Join us for popcorn and a movie on **May 1, 5:30-7:45 p.m.** May's movie is “Katy Perry: Part of Me.”

**Teen Advisory Board** — Hang out with friends, help plan programs and choose library materials while possibly earning community service hours on **Thurs., May 2, 5:00-6:00 p.m.**

**Teen Book Discussion Group** — Join us on **Wed., May 15, 6:00-7:00 p.m.** for pizza as we discuss *Delirium*. Pick up your copy at the circulation desk!

**Teen Crocheting** — Come learn basic patterns and techniques on **Wed., May 22, 6:00-7:00 p.m.** Yarn and hooks are provided for you.

## HOURS

Monday	10-8	Thursday	10-8
Tuesday	10-5	Friday	10-5
Wednesday	10-8	Saturday	10-4

## ADULT PROGRAMS

**The Garden State in Bloom** — Join Walter Choroszewski on **Sat., May 4, 11:00 a.m.-noon** as he showcases New Jersey's beautiful public gardens through his photography and an informative lecture.

**Motivational Author Mike Tully** — Join us on **Wed., May 8, 6:30 p.m.** as Mr. Tully talks about his new book, “The Improvement Factor: How Winners Turn Practice Into Success.”

**Family Movie Matinee: Wreck-It Ralph** — Join us on **Sat., May 11, 2:00 p.m.** for the story of Wreck-It Ralph, a video game character who no longer wishes to be the bad guy. Watch as Ralph wreaks havoc as he sneaks into another video game, hoping to become the good guy. Rated PG. Refreshments will be served.

## COMPUTER PROGRAMS

**Microsoft Excel** — Join Therese McClachrie on **Wed., May 1, 6:00-7:30 p.m.** as you learn how to create a simple worksheet. Input data, create simple formulas and use basic formatting techniques. We will also discuss tips on viewing your worksheet and how to print a presentable report. *Prerequisite: Participants should be comfortable with using a computer, keyboard and mouse, and be familiar with Microsoft Windows.*

**E-mail Basics** — Join Therese McClachrie on **Fri., May 17, 11:00 a.m.-12:30 p.m.** to learn how to create an e-mail account, send and receive messages, and open, add and download attachments like photos.. If you have an e-mail account already, please bring your username and password to class. If you don't have one, you'll create a Gmail account for yourself! *Prerequisite: Participants should be comfortable using a keyboard and mouse.*

**Microsoft Excel Part II** — Join us on **Wed., May 29, 6:00-7:00 p.m.** to learn how to sort data, work with multiple worksheets, freeze windows and hide data, and create a chart or graph from your data.

**Microsoft PowerPoint** — Join Therese McClachrie on **Sat., June 22, 11:00 a.m.-12:30 p.m.** as you design a slideshow presentation with text, clip art, and animation. Learn about formatting, available design options, presentation views, and how to run your slideshow.

## MONTHLY

**Photography Club** — Meeting on Mon., May 20, from 6:30-7:45 pm. All Photographers welcome! Learn! Share!

**Job Hunters Workshop** — Meeting on Fri., May 10, from 3:00-4:00 pm. Learn about networking, resume writing and job hunting skills.

**Gypsy Knitters** — Thursdays, 4:00-8:00 pm. For experienced knitters. Bring a project and join in!

**Adult Book Discussion Group** — Join us on Mon., May 20, from 6:30-8:00 p.m. to discuss *Catching Fire* by Suzanne Collins..

# RIVERDALE



## Library

## Seniors



Library Board President Dave Gourley and Director Carol Heinz accept a check from Riverdale Women's Press Club member Anne Stellingwerf. Board Trustee Geraldine Mahler looks on.



The Tuesday morning Senior Walking Club started the weekly program now that the warm weather is back. Come join them for an hour of pleasant, healthy walking exercise on Tuesday mornings from 9 - 10.



The Friends of the Riverdale Public Library held another successful Book Sale. Last year the Friends donated:

- \$2,230 towards Children's and Teen Programming
- \$450 for the Summer Reading Club
- \$984 Toward Special Collections, \$1,225 Children's databases
- \$400 Motion Picture License, \$1,435 Toward Special Collections



## Shade Trees



Home Depot donated six trees to the Riverdale Shade Tree Commission. Store Manager Stanley LaBrady, Shade Tree Commissioner Linda Roetman, homeowner where one of the trees was placed Sam and Toma Dedio and Home Depot Rep Jeff Romaine. Thank you, Home Depot.

# DAILY NEWS

## Riverdale School



Superintendent Dr. Betty Ann Wyks with Board President Shawn Dougherty present outgoing Trustee Stephen Revis plaques in recognition of his nearly 30 years of service.



Amanda Gosson and Hailey Enrique show their project on "The Future of Airbags"



Michael Kheyfets was sworn in as the newest member of the Riverdale Board of Education. With Mike are his wife, Luci and their son, Michael.



Congratulations to Riverdale Resident Kimberly Tambuscio.

### Riverdale School Science Fair



Emily Clinton with her "House of the Future"



Brandon Miller explains his project: "The Future of Skyscrapers"



The new Director Pam Sylvestri and Assistant Director Cynthia Carey were sworn in for their new responsibilities. Looking on is Fire Chief and OEM Coordinator Dan Sturm.

CERT

# TEAS

## Their Health Benefits and Uses.



Tea has been a favorite beverage worldwide for hundreds of years.....tea can treat a variety of ailments, and with this invaluable guide you can put the secrets of tea to work for you!

Taken from **20,000 Secrets of Tea: The Most Effective Ways to Benefit from Nature's Healing Herbs** by Victoria Zak

### BILBERRY *The Shrub With Something Special*

A native of Europe and Asia, bilberry is a small shrub with angular branches and colorful leaves that change from light red to yellow to vivid red as they season. It blooms with round, waxy flowers and round, black, flat-topped berries. When the berries are ripe, they have a downy gray covering that makes them appear blue.

**Dysentery/Diarrhea.** This tea is the four-star remedy for diarrhea and dysentery because it has something special - a pigment that inhibits bacterial growth, especially microorganisms in the intestinal tract which bring on the dysentery and diarrhea. Don't forget to pack bilberry tea bags when you travel! You can drink it on your vacation for intestinal health insurance.

**Night Blindness. Computer Eyes, Eyestrain.** If you can't adapt to darkness while driving, bilberry is the tea you need. Take it routinely to strengthen your vision, defeat eyestrain, and reduce sensitivity to changes in light. It's the herb that the Royal Air Force pilots used in World War II to fly night missions.

**Non-Insulin-Dependent Diabetes.** Research shows that bilberry leaves can increase insulin production and lower blood sugar levels. A tea from the leaves can be beneficial for people with non-insulin-dependent diabetes, when it is used as a routine tea.

**Throat Inflammations, Mouth Ulcers.** Bilberry teas makes an excellent gargle for inflamed throats and mouth sores, to sooth and heal.

**Caution.** Avoid bilberry if you take insulin for diabetes.

**Values:** Antiseptic, Astringent, Diuretic, Lowers Blood Sugar, Prevents Vomiting, Urinary Tract Antiseptic.

### Get-Me-on-My-Feet-Again Tea.

Using two bags of bilberry for each glass, you can drink bilberry iced tea three times a day for chronic diarrhea or dysentery. When you are back on your feet, which should be quickly, take one glass a day until you feel like yourself again.

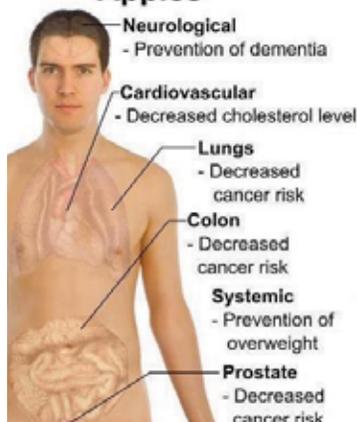
## HEALTH BENEFITS OF DRINKING LEMON WATER

Lemon is a natural energizer; it hydrates and oxygenates the body so it feels revitalized and refreshed!

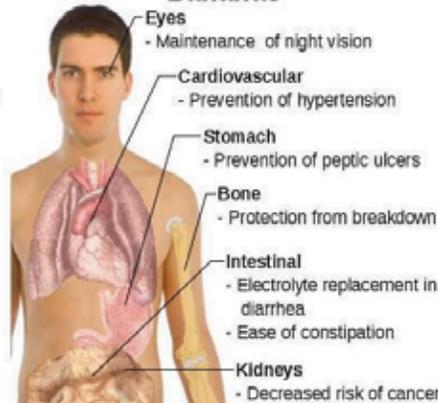
- Boosts your immune system
- Balances pH
- Flush out unwanted materials
- Decrease wrinkles and blemishes
- Relieve tooth pain
- Relieves respiratory problems
- Cures Throat Infections
- Excellent for Weight Loss
- Reduces Fever
- Blood purifier



### Health benefits of Apples



### Health benefits of Bananas



Bury a banana peel 1" down at the base of a rose bush. The potassium will feed the plant and help it fight of diseases.

**Exercise: Keep It Short.** Forget sweating it out in the gym for hours at a time. Researchers at Oregon State University found that short bursts of exercise - such as raking leaves or mowing the lawn - are just as effective as a workout at the gym. Even exercising in small increments, such as walking around the room while talking on the phone, can add up to the 30 minutes a day experts recommend for good health.



"This is a more natural way to exercise, just to walk more and move around a bit more," said researcher Brad Cardinal, who found that 43 percent of study subjects who participated in "short bursts" of exercise met federal guidelines for exercise.

**Quiz.** A man taking a walk in the country on turning around saw a friend of his walking 400 yards behind in his direction. They each walked 200 yards in a direct line, with their faces towards each other, and you would suppose that they must have met. Yet they found after their 200 yards' walk that they were still 400 yards apart. Can you explain? Answer on Page 26.

**Fit After 50 Fact.** Researchers have found that natural chemicals in green tea and red wine can disrupt a key process that leads to the development of Alzheimer's disease. EGCG, found in green tea, and resveratrol, found in red wine, are both potent antioxidants. In Alzheimer's, amyloid protein in the brain forms into clumps and fastens onto nerves in brain cells, causing them to die. Scientists at Britain's University of Leeds found that by treating the proteins with extracts of resveratrol from red wine and EGCG from green tea, the amyloid clumping function was disrupted and they were prevented from harming nerve cells.



**Men's Colds Are Worse.** Men have been accused of being wimps when they get sick - now science has found evidence they really do suffer more than women. British neuroscientist Amanda Ellison found that an area of the brain that senses temperature, known as the preoptic nucleus, is bigger in men than in women. When the body raises its temperature to fight viruses, men have more temperature receptors than women and feel symptoms more intensely.

# By and Large

A New Monthly Column written by Riverdale Resident Elaine Peacock.

## The Tie That Reached Across the Generations

It is nearly midnight it has taken him this long to get up the courage to move closer, actually its taken 20 years to get him to get him to this point. Most of the tourists are gone now; it's just him and a few others quietly moving along the path. As he draws closer, the moonlight reflects off the black panels. He stops before panel 214 and his fingers slowly trace the outline of the name – Peter F. Daily, Jr. Corporal U.S. Army. “Hi Pete, what’s shaken?” he whispers. “It’s me Hoops – remember? Sorry.

Old buddy it’s taken me so long to come see ya!” “Hey do you know who I ran into today at the Memorial Day Services? Crazy Zeke you remember him – he could always make us laugh even when things were really rough. Man he is all gray now – but he is still the same old Zeke.” Hoops voice trails off, his chin drops to his chest and he leans on the wall as the tears stream down his cheeks. He cries more than he has in a very long time letting go of all the pain he has held in for so long. Hoops raises his head and wiping his eyes with the back of his hand he looks around, hoping no one has heard or seen him. He had wanted to say so much to Pete. He had rehearsed this conversation over and over in his head – now he didn’t know what else to say.



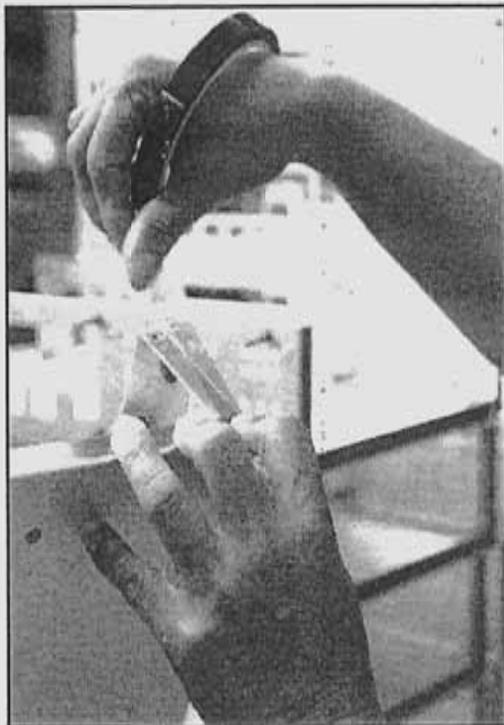
Hoops’ thoughts are interrupted by the whirl of a motorized wheelchair. Out of the corner of his eye he sees an elderly veteran making his way down the path. As he draws nearer the elderly man stops in front of panel 214. “Visiting a buddy?” he asks. “I’m visiting my son!” Sitting up straight in his wheelchair, the elderly veteran sticks out his hand, “Peter F. Daily, Sr. Corporal US Army aide to General George Patton at your service sir.” Hoops reached out and took the man’s hand “I’m Hoops, Pete was my best friend in Nam – it’s a pleasure to meet you sir!” “Hoops yes, yes Pete wrote us about you and Zeke and all the others so often – felt like we knew you.

After Pete was killed I wanted so much to talk to some of his buddies, but I couldn’t seem to find anyone. I’ve come here every Memorial Day since then hoping that someone might show up – someone I could talk to about Pete.” “It’s getting

harder and harder for me to make the trip – but I was determined to come again this year.”

Hoops sat down next to Pete’s Dad and put his arm around him. They remembered together, not only Pete, but all their comrades, as they swapped stories throughout the night. As the sun rose on a new day the faint sound of taps could be heard on the morning breeze.

## MADE HERE—MADE RIGHT



EVS Metal is a world class metal contract manufacturer specializing in the precision fabrication of card-cages, enclosures and weldments - large and small- as well as close-tolerance machining, finishing, and assembly solutions.

With four facilities in North America, we serve a diverse customer base, including the electronics, telecommunications, medical instrumentation, pro-audio, power distribution and conditioning, alternative energy, and semi-conductor industries as well as the military.

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**EVS METAL**  
Precision Metal Solutions

New Jersey: 1 Kanner Court  
Riverdale, NJ 07457  
(973)839-4432

Texas: 400 Heatherwilde Blvd.  
Pflugerville, TX 78660  
(512)989-3000

New Hampshire: 50 Optical Ave.  
Keene, NH 03431  
(603) 352-1667

Pennsylvania: 1941 Paradise Tra  
E. Stroudsburg, PA 18301  
(570) 476-1800



- ◆ To date, Walt Disney World has only been closed down three times - in 1999 when Hurricane Floyd hit Florida, in 2001 after the terrorist attack on the U.S. and in 2002 due to a power outage.
- ◆ The reason Mickey only has four fingers isn't because he's a mouse but it's due to the fact illustrators thought he would look weird with five. Financially, it's said to have saved Walt Disney Studios millions since the character was created.
- ◆ At the turn of the decade, Disney had been nominated for more than 200 Oscar Awards. Out of that number, they've received more than 50 actual awards with the number continuing to grow as the years go on.
- ◆ With its recent development and expansion, Walt Disney World now encompasses a space that's twice as large as Manhattan. The resorts and attractions cover almost 47 miles of ground, leaving a lot for landscapers and employees to attend to.

## Superintendent Betty Ann Wyks



Riverdale's National Junior Honor Society recently volunteered at the Friends of the Library Book Sale at the Community Center. Under the direction of Ms. Shackil and Ms. Soucy, the students helped to sort and stack

the inventory for resale. Students enjoyed participating in this service project. NJHS Members in the photo above include: **Michael Magyar, Amanda Gosson, Emily Clinton, Amanda Edwards, Christine Holl, Hallie Mansoor, Sean Bastian, and Brandon Miller.**

**Anthony DeMartinis** shares the book he wrote for Writer's Workshop. Students in Ms. Shoblock's Kindergarten class were asked to create either a fiction or nonfiction book on any topic they found to be interesting. The students participated in peer editing, where they revised and added to their peer's books. After the books were published, they were added to the classroom library for other students to check out and read. The students enjoyed becoming authors and illustrators. Anthony's book was about a pirate alligator who sailed the ocean in search of alphabet letters!



The photos below show Riverdale School's display of student work at the Rockaway Townsquare Mall. "Our Pride is Showing" is a week long exhibition highlighting the outstanding work of the Morris County Public Schools. Riverdale teachers did a wonderful job displaying the work of our students!



To promote school spirit, a Faculty vs. 8<sup>th</sup> Grade Volleyball Game took place, in front of an audience of our 6<sup>th</sup> and 7<sup>th</sup> grade students. While the score was not disclosed, it is safe to say that the faculty needs to practice for next year.



On April 16<sup>th</sup>, Riverdale School hosted a successful "Literacy Night" for parents and students. Sponsored with the support of the Riverdale BOE, Riverdale PTA, and NCLB, parents and students enjoyed a night dedicated to reading and writing. The evening began with pizza in the cafeteria, and was followed by several workshop choices. Prizes were raffled off in each workshop. Winning families were very excited to use their amazon gift cards to download or purchase books!

Student achievement was celebrated at a recent Board of Education Meeting. Pictured are the following scholars:



Front Row – **Noelle Vacca, Marisa Messina, Matthew Majerscak, Julia Jablonski, Benjamin Hentz, and Veronica Bastian.**

Second Row- **Dr. Wyks, Superintendent, Dhruv Patel, Kristian Neuschwanter, Kevin Jablonski, Sean Bastian, Alekya Gadiraju and John Tanis.**



The annual Riverdale School Science Fair, encompassing the work of budding scientists from the 3<sup>rd</sup> through eighth grade, turned out to be a wonderful celebration of inquiry and discovery. Under the direction of Mr. Pricone, "scientists" researched and shared their findings with attendees. The students also participated in the annual "Martha Cup" challenge, where they built their own battery operated "team" cars to compete in the categories of speed, strength, and power. **Emily Clinton and Adrian Bernal** are with their projects in the photos above. The historic *Martha Cup* is also on display with the various cars that competed.

### School Budget Passes, Board Members Take Oath of Office

The Board of Elections has certified the results from the Annual School Election in which voters endorsed the district's proposed budget for the 2013-2014 school year by a three to one margin. The associated school tax impact for the average assessed homeowner is a *reduction* of approximately \$170. Two board members were elected for three year terms as trustees - Shawn Dougherty (incumbent) and Michael Kheyfets (write in). Steve Revis, who had served for almost three decades on the board of education, did not seek another term.

The approved budget enables the district to continue all existing programs and reflects an increase in the tuition rate for our students attending Pompton Lakes High School. In addition, a new Math program is expected to be adopted for our eighth grade students.

The Board of Education and administration appreciate the continued support of our community as it continues to meet the needs of our children in a fiscally conservative manner.

We remain grateful to the municipality for the continued shared services afforded to our school. The district also participates in pooled insurance and energy consortiums in order to contain costs in those areas.

# Influential Women

**Joan of Arc** (January 6, 1412 – May 30, 1431) Joan was born in 1412 to a prosperous farmer and is best remembered as the Maid of Orleans who was burned at the stake after her heroic involvement in the Hundred Years War. She began her rise as a teenager when she heard voices telling her to save France from the English. She traveled to Chinon and begged Charles VII to allow her to ride with his army to the siege of Orleans. Because of her visions, she led the French army into several battles as a way of boosting the morale of the troops. After a failed attack on Paris she was captured by the Burgundians and sold to the English who tried her for witchcraft and heresy. She was defiantly burnt at the stake on the 30<sup>th</sup> of May at the marketplace in Rouen, and her ashes were thrown into the Seine. She was canonized in 1920 by Pope Benedict XV and is now France's second patron.



- ◆ Ease that throbbing headache. Cut a lime in half and rub it on your forehead.
- ◆ Cold milk helps speed the healing of a cold sore. Apply a milk-soaked cotton ball to the sore to ease the pain.
- ◆ If your hands smell like garlic, rub a cut lemon over them.
- ◆ Make your own ice pack. Freeze unpopped popcorn in a pint- or quart-size food storage zipper bag; apply to bumps and bruises. Refreeze as necessary.
- ◆ Flush out pepper or other eye irritants with a few drops of milk.
- ◆ When your mouth is on fire from spicy foods, water only makes it worse. Instead, drink milk. It dilutes the oils that cause the spiciness.
- ◆ Soak your fingernails in lemon juice for 10 minutes, then rinse with warm water, strengthening and brightening them.

## Did You Know?

- ◆ After Custer's Last Stand, Sioux Indian leader Chief Sitting Bull became an entertainer and toured the country with Buffalo Bill's Wild West Show.
- ◆ A telephone signal travels 100,000 miles a second.
- ◆ The Fisherman's Information Bureau in Chicago registers the catches of large and record-sized fish. The organization is known by its initial.
- ◆ If Superman is faster than a speeding bullet, he travels at better than 4,000 feet per second - the speed of a bullet from a .22 rifle.
- ◆ Cats can't taste sweet things.
- ◆ The Bank of America was originally called the Bank of Italy.
- ◆ "E" is the most commonly used letter in the English language, but not in Ernest Vincent Wright's book. The author wrote a 50,000 word novel, *Gadsby*, without using the letter at all.
- ◆ A newborn panda is smaller than a mouse.



Since 1958

# Homemade Ice Cream

## Our Menu

Homemade Hard Ice Cream  
Soft Ice Cream  
Nonfat Frozen Yogurt  
No Fat -No Sugar Ice Cream  
Homemade Italian Ice

Novelty Desserts  
**Custom Designed Ice Cream Cakes- Our Specialty!**  
Wholesale & Catering  
**ALL menu items are ALWAYS  
made fresh on the premises!**

## Money Saving Coupon

**Save \$2.00**  
off any 8" or Larger  
Ice Cream Cake

One coupon per cake order.  
Not valid with other offers.

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**Riverdale Photography Club**



Meets on the 4th Monday each month at the Library from 6:45 to 7:45 PM  
[www.RiverdalePhotoClub.weebly.com](http://www.RiverdalePhotoClub.weebly.com)  
Club open to all, residents and non-residents.

Answer to Question on Page 22. The second man, on seeing his friend turn and walk towards him, walked backwards 200 yards. It was an eccentric thing to do, but he did it, and it is the only answer to the puzzle. They could thus have their faces towards each other and be going in a direct line.

**JUNE** edition of Riverdale News & Events will be published on or about Saturday, June 1. Copy, photos, articles, announcements are due Friday, May 24.



### Green Spring Cleaning Recipe for the Grout

- ◆ 7 cups water
- ◆ 1/2 cup baking soda
- ◆ 1/3 cup lemon juice
- ◆ 1/4 cup vinegar

Throw in a spray bottle and spray your floor, let it sit for a minute or two...then scrub.



## Save the Date - June 4, 2013 6-9 PM

Introducing A GLASS OF ART at The Riverdale Art Center (The RAC)

Wonderfully creative art and BYOB evenings with guest artist/teachers coming this June

Join us for our  
**LAUNCH PARTY**  
featuring our teachers'  
artwork and a fabulous  
wine tasting



(Exit 53 off Rt 287, left onto Hamburg Turnpike, approx. 1 mile down on left). Must be 21 or older.

**RIVERDALE ART CENTER** 5 Mathews Ave., Riverdale, NJ 07457 [www.riverdaleartcenter.org](http://www.riverdaleartcenter.org)

- ◆ The Hawaiian alphabet has 12 letters
- ◆ Tennessee is bordered by 8 states: Alabama, Arkansas, Georgia, Kentucky, Mississippi, Missouri, North Carolina & Virginia-more than any other state in US
- ◆ Dreamt is the only English word that ends in "mt".
- ◆ M&M's chocolate stands for the initials for its inventors, Mars and Murrie.
- ◆ Macadamia nuts are toxic to dogs.
- ◆ In every episode of Seinfeld there is a reference to Superman.



## It's time to register for 2013-2014 Girl Scout year!!

**Tues, May 21<sup>st</sup> and Wed, May 22<sup>nd</sup> 7pm-9pm**

**Riverdale Community Center, 57 Loy Ave, Riverdale**

**Sat, June 15th 9am-12pm**

**Pompton Lakes Reformed. Church, 59 Hamburg Tpk, Pompton Lakes**

**\*\* Are you a NEW enrollee to the Girl Scout Organization? This registration is for you!  
Come in to register OR just to learn more of what GIRL SCOUTS is all about.**

**\*\* Are you ALREADY a Girl Scout? Your Troop Leader will be registering existing members  
See your troop leader for further information!**

For more information, please contact:

**Paulette Brauch at (973) 390-5066 or [letuna1@hotmail.com](mailto:letuna1@hotmail.com)**





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It's that time of year again! The **Girl Scouts** will be holding a **Plant Pie Fundraiser** again this year. For those of you who have never bought Plant Pies from us, I must tell you, they are beautiful and so easy to use. The grower uses a specially formulated soil, so the flowers are incredibly hardy. (Even when I forget to water them.)



Plant Pies were designed to be a quick and easy way for you to plant a beautiful combo which transfers to your planter fast and easy. The only thing you need to add is water! (Check out the link for a quick video.) [www.youtube.com/watch?v=CFE1Ow2iHC4](http://www.youtube.com/watch?v=CFE1Ow2iHC4)



*Photo of a Plant Pie being planted in the ground.*

We get such a great deal on these plants, that we are able to sell them for the *same price or less* than the local garden centers sell them for!

**Prices**  
**Plant Pies \$20**  
**Shade Pies \$20**  
**Hanging Baskets \$30**

Please let me know if you are interested in purchasing your spring/summer flowers from us. Remember, the profits from this fundraiser will be used to help fund our trip to Europe.

**Call Dawn at 973-981-9895**

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**You will not want to miss:**

# **The Annual Fishing Derby**

- ◆ Saturday, May 11
- ◆ Five to Seven year olds: 7 AM \* 8 years old and up: 8 AM
- ◆ At the Ole Fishing Hole by Independence Park at the end of Riverview Terrace

**Prizes \* Trophies \* Hot Dogs and Hamburgers**

Sponsored by the Riverdale PBA and Pistol Team.



# **Grace Peine Memorial Scholarship**

The Auxiliary of the Riverdale Fire Department is once again offering the Grace Peine Memorial Scholarship of \$1,000 to a high school senior from Riverdale who will be continuing to an institution of higher learning. Applications are available from your high school Guidance Department or on the Riverdale Borough website - [www.RiverdaleNJ.gov](http://www.RiverdaleNJ.gov). Deadline for applications must be received no later than May 17 at Auxiliary RVFD, 56 Post Lane, Riverdale. The scholarship will be awarded at the Memorial Day Ceremony.

**Riverdale Land Conservancy**

# **FARMERS MARKET**

**EVERY TUESDAY Starting June 11th  
2:30 – 7pm**



**Glenburn Estate  
211 Hamburg Turnpike, Riverdale**



# **Join Us at the 7th Annual Memorial Day Parade and Ceremony**

Parade starts at 10:00 AM, Monday, May 27. The Ceremony begins immediately after the Parade on the front lawn of the Municipal Building, 91 Newark Pompton Turnpike.



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## Natural Health

The belief that the body is fully capable of ridding itself of any and all disease. Practitioners and followers of Alternative health apply this belief by increasing the health of the body. *And God said, Behold I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat.* Genesis 1:29

**THYME** In ancient Greece, if a person was told that he smelled of Thyme it was considered a great compliment. To the Greeks, Thyme was a symbol of bravery. The generic title, thymus, was from the Greek word, thymos, which meant “strength” and referred to it “invigorating” odor.

The early Greeks learned to use Thyme for nervous conditions. They found it to be a good tissue cleanser and a help to heal wounds. (In addition, the anti-spasmodic use was discovered which was found to help in cases of an asthma attack and other respiratory problems.) It was found to be helpful in quieting stomach cramps and gastrointestinal complaints and it even helped with whooping cough.

Thymol, the oil of Thyme, is a powerful germicide with a pleasant odor. It is used as a pharmaceutical product in gargles, mouthwashes and in toothpaste. Its best known use is in Listerine, the world famous antiseptic compound.

Additional uses of Thyme are for uterine and bowel problems, it being helpful in gastro-intestinal disorders as it relaxes spasms and inhibits flatulence, it has a soothing sedative effect on nerves, thyme’s disinfectant and germicidal effects are greatest in diseases of the upper respiratory passages. Externally, use with a hot fomentation pad on abscesses, boils and other swellings.

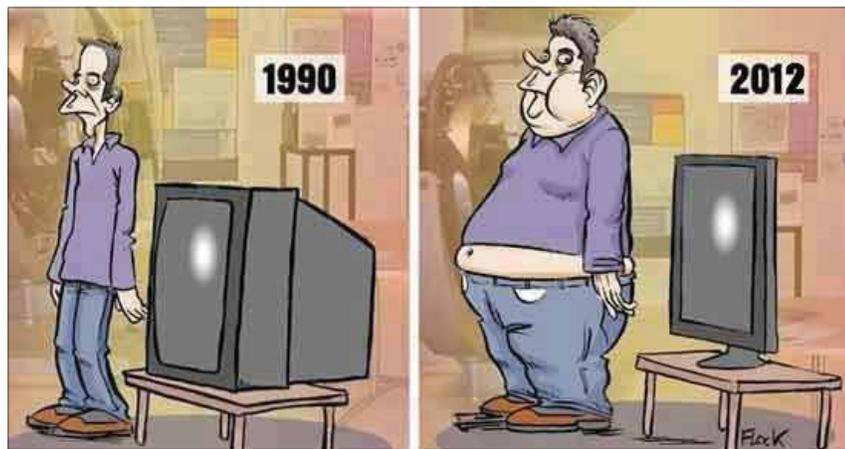
- ◆ Thyme reportedly helps to dissolve and removed tumors, while relieving spasms and encouraging menstruation.
- ◆ Thyme is also said to be a general tonic with antiseptic qualities that promote healing. Thyme is also used to fight infection. The oil is occasionally used as a deodorant in the sick room or to control the odor of foul discharges.
- ◆ Thyme reportedly controls fungal infections, such as athlete’s foot as well as skin parasites such as scabies, crabs and lice.
- ◆ Some research has given that Thyme may be effective in the elimination of free radicals.
- ◆ Thyme has been reported to remove mucous from the head, lungs and respiratory passages.
- ◆ Thyme tea has been used as a remedy for shortness of breath.

*Taken from The Little Herb Encyclopedia by Jack Ritchason, N.D.*

*The most High hath created medicines out of the earth, and a wise man will not abhor them.... The virtue of these things is come to the knowledge of men, and the most High hath given knowledge to men, that he may be honored in his wonders. By these he shall cure and shall allay their pains, and of these the apothecary shall make sweet confections, and shall make up ointments of health, and of his works there shall be no end. (Eccles 38:5-7).*



The mosquito is responsible for more human deaths every year than any other animal.



## PicTips

*A new monthly feature presented by Bill Madden, President of Riverdale Photography Club*

**Rule of Thirds.** The idea is to mentally split the screen area in your viewfinder into a tic-tac-toe grid. Some viewfinders even have an actual feature that allows you to do this. This gives you an imaginary 3x3 grid. Most casual snapshots place the subject dead-center in the picture. If, instead, you place your subject along one of the tic-tac-toe lines you will often find that this lends a little bit more interest to your pictures. Just the conscious thought of placing your subject a little off-center makes you think a bit more about how your subject is relating to other items in the view and makes for a more interesting composition.

This month’s tip is a simple rule for composing interesting pictures. It’s not very original since it’s been around for at least 400 years and was a rule that classical painters used centuries ago: it’s called the

There are MANY variations of this rule and it is certainly not ironclad. Sometimes it’s a Rule of Fourths or even Fifths. Sometimes you place the subject so it fills one of the ‘thirds’ around the edges and does not sit along the imaginary gridlines. Another variation involving people as subjects: place them off-center looking into the picture. Experiment to see what works best for you. Remember, it’s digital so keep shooting till it’s just right!



# CONSUMER CONFIDENCE REPORT

## CONSUMER CONFIDENCE REPORT

Riverdale Water Department

PWSID# NJ1433001

Reporting Period - January 1, 2012 to December 31, 2012

The Riverdale Water Department is located at the DPW Building on Dalton Drive, and the administrative offices are located in the Borough Hall at 91 Newark Pompton Turnpike. Questions concerning this report should be directed to Mr. Steve Schotanus, Water Operator, at (973) 835-6077. The Borough Council holds regular public meetings every first and third Monday of the month at 7:30 P.M., at the Borough Hall. Included in this report are details about where your water comes from, what it contains, and how it compares to Environmental Protection Agency (EPA) and State standards. As always, we are committed to providing you with the highest quality drinking water and service. Please do not hesitate to contact us at any time.

**Some people may be more vulnerable to contaminants in drinking water than the general population.** Immuno-compromised persons such as persons with cancer undergoing chemo-therapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline 1-(800) 426-4791.

**Water for the Riverdale system** is derived from a production well located on Dalton Drive. The Borough also purchases water from the Passaic Valley Water Commission (PVWC). Approximately 75% of the total water used by the homes and businesses in Riverdale is derived from the Borough's well. A copy of the Consumer Confidence Report from PVWC is appended to this report.

**Source Water Assessments:** The New Jersey Department of Environmental Protection (NJDEP) has completed and issued the Source Water Assessment Report and Summary for the Riverdale water system, which is available at [www.state.nj.us/dep/swap](http://www.state.nj.us/dep/swap) or by contacting NJDEP's Bureau of Safe Drinking Water at (609) 292-5550. Riverdale monitors its water sources for

regulated contaminants in accordance with NJDEP requirements. **Drinking water, including bottled water,** may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the EPA's Safe Drinking Water Hotline 1-(800) 426-4791.

**The sources of drinking water** (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

**Contaminants that may be present in source water before we treat it include:**

**Microbial contaminants,** such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wild life.

**Inorganic contaminants,** such as salts and metals, which can be naturally occurring or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining or farming.

**Pesticides and herbicides,** which may come from a variety of sources such as agriculture and residential uses.

**Radioactive contaminants,** which are naturally occurring.

**Organic chemical contaminants,** including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and also come from gas station, urban stormwater runoff, and septic systems.

**In order to ensure that tap water is safe to drink,** EPA prescribes regulations which limit the amount of certain contaminants in water provided by public water systems. We treat our water according to EPA's regulations. Food and Drug Administrations (FDA) establish limits of contaminants in bottled water, which must provide the same protection for public health.

## WATER QUALITY DATA

The table below lists all the drinking water contaminants that we detected during the 2012 calendar year. The presence of these contaminants in the water does not necessarily indicate that the water poses a health risk. Unless otherwise noted, the data presented in this table is from testing performed between January 1, 2012 and December 31, 2012. The State of New Jersey requires us to monitor for certain contaminants less than once per year because the concentrations of these contaminants are not expected to vary significantly from year to year. Therefore, some of the data, though representative of the water quality, is more than one year old.

### Terms & abbreviations used below:

**Maximum Contaminant Level (MCL):** the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

**Maximum Contaminant Level Goal (MCLG):** the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLG's allow for a margin of safety.

**Maximum Residual Disinfectant Level (MRDL):** the highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

**Maximum Residual Disinfectant Goal (MRDLG):** the level of a drinking water disinfectant, below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contamination

**Recommended Upper Limit (RUL):** recommended maximum concentration of secondary contaminants. These reflect aesthetic qualities such as odor, taste or appearance. RUL's are recommendations, not mandates.

**Primary Contaminants:** substances that are health-related. Water suppliers must meet all primary drinking water standards.

**Secondary Contaminant:** substances that do not have an impact on health. Secondary contaminants affect aesthetic qualities such as odor, taste or appearance. Secondary standards are recommendations, not mandates.

**Action Level (AL):** the concentration of a contaminant which, when exceeded, triggers treatment or other requirements which a water system must follow.

**Treatment Technique (TT):** a required process intended to reduce the level of a contaminant.

**n/a:** not applicable; **nd:** not detectable at testing limit; **ppb** parts per billion or micrograms per liter; **ppm:** parts per million or milligrams per liter; **pcfl/l:** picococci per liter (a measure of radiation).

Contaminant	MCL	MCLG	Riverdale Water	Range of Detections	Sample Date	Violation Y or N	Typical Source of Contaminant
<b>Microbiological Contaminants</b>							
Total Coliform Bacteria	1	0	0	0	2012	N	Naturally present in the environment
Fecal coliform and E. coli	0	0	0	0	2012	N	Human and animal fecal waste
<b>Secondary Contaminants</b>							
ABS/L.A.S. (ppb)	500	500	0	nd	08-15-09	N	Synthetic detergents
Aluminum (ppb)	200	200	15.6	15.6	06-05-12	N	Naturally occurring element
Chloride (ppm)	250	250	44.7	44.7	08-05-12	N	Erosion from natural deposits; Discharge of human and animal wastes; Discharge from industry
Color (Color Units)	10	10	2	2	08-15-09	N	Physical characteristic
Corrosivity	+/-1.0	-	0.16	0.16	08-05-12	N	Physical characteristic
Hardness (ppm)	250	250	154	154	06-05-12	N	Naturally occurring minerals
Iron (ppb)	300	300	0	nd	08-05-12	N	Naturally occurring element
Manganese (ppb)	50	50	56	56	08-05-12	Y	Naturally occurring element
Odor (Threshold Number)	3	3	4	4	08-05-12	N	Physical characteristic
pH (Standard Units)	6.5 - 8.5	6.5 - 8.5	8.02	8.02	08-05-12	N	Physical characteristic
Silver (ppb)	100	100	0	nd	06-05-12	N	Naturally occurring element
Total Dissolved Solids (ppm)	500	500	220	220	08-05-12	N	Erosion of natural mineral deposits
Zinc (ppb)	5000	5000	6.07	6.07	08-05-12	N	Naturally occurring element
<b>Lead and Copper</b>							
Lead (ppb)	AL=15	15	0.0	0 - 1.48	08-13-12	N	Corrosion of household plumbing systems; Erosion of natural deposits
Copper (ppm)	AL=1.3	1.3	0.036	.009 - .092	08-13-12	N	Corrosion of household plumbing systems; Erosion of natural deposits; Leaching from wood preservatives

**WATER QUALITY DATA**

Contaminants (units)	MCL	MCLG	Riverdale Water	Range of Detections	Sample Date	Violation Y or N	Typical Source of Contaminant
<b>Inorganic Contaminants</b>							
Antimony (ppb)	6	6	0	nd	06-05-12	N	Discharge from petroleum refineries; fire retardants; ceramics; electronics; solder
Arsenic (ppb)	5	0	1.79	1.79	06-05-12	N	Erosion from natural deposits; Runoff from orchards; Runoff from glass and electronics production wastes
Barium (ppm)	2	2	0.047	0.047	06-05-12	N	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits
Beryllium (ppb)	4	4	0	nd	06-05-12	N	Discharge of metal refineries and coal-burning factories; Discharge from electrical, aerospace, and defense
Cadmium (ppb)	5	5	0	nd	06-05-12	N	Corrosion of galvanized pipes; Erosion of natural deposits; Discharge from metal refineries; Runoff from waste batteries and paints
Chromium (ppb)	100	100	0.93	0.93	06-05-12	N	Discharge from steel and pulp mills; Erosion of natural deposits
Cyanide (ppb)	200	200	0	nd	06-05-12	N	Discharge from steel/metal factories; Discharge from plastic and fertilizer factories
Fluoride (ppm)	4.0	4	0.063	0.063	06-05-12	N	Erosion from natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factories
Mercury (ppb)	2	2	0	nd	06-05-12	N	Discharge from steel/metal factories; Discharge from plastic and fertilizer factories
Nickel (ppb)	100	100	0.83	0.83	06-05-12	N	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Nitrate (ppm)	10	10	0	nd	03-07-12	N	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Selenium (ppb)	50	50	0.6	0.6	06-05-12	N	Discharge from petroleum and metal refineries; Erosion of natural deposits; Discharge from mines
Sodium (ppm)	RUL 50	RUL 50	21	21	06-05-12	N	Discharge from petroleum and metal refineries; Erosion of natural deposits; Discharge from mines
Sulfate (ppm)	RUL 250	RUL 250	65	65	06-15-09	N	Discharge from petroleum and metal refineries; Erosion of natural deposits; Discharge from mines
Thallium (ppb)	2	0.5	0	nd	06-05-12	N	Leaching from ore-processing sites; Discharge from electronics, glass, and drug factories
<b>Regulated Disinfectants</b>							
THM Total Trihalomethanes (ppb)	80	-	42	7 - 79	2012	N	By-product of drinking water disinfection
HAAs Haloacetic Acids (ppb)	60	-	18	0 - 37	2012	N	By-product of drinking water disinfection
Chlorine (ppm)	Levels Detected - Average & Highest	MRLD					
2012	0.47	0.56			4.0 ppm		MRLDG 4.0 ppm

**WATER QUALITY DATA**

Contaminants (units)	MCL	MCLG	Riverdale Water	Range of Detections	Sample Date	Violation Y or N	Typical Source of Contaminant
<b>Unregulated Contaminants</b>							
Dibromodichloromethane (ppb)	-	-	2.06	1.91-2.42	2012		NO MCL's AT THIS TIME
Bromoform (ppb)	-	-	0.98	0.0-1.79	2012		
Chloroform (ppb)	-	-	6.01	1.28-15.24	2012		
Bromodichloromethane (ppb)	-	-	2.63	1.48-4.92	2012		
<b>Radioactive Contaminants</b>							
Total Alpha (pCi/l)	15	0	2.60	2.60	11-16-09	N	Erosion of natural deposits
Radium 226/228 (pCi/l)	5	0	0.41	0.41	11-16-09	N	Erosion of natural deposits
Uranium (ppb)	30	0	2	2	11-16-09	N	Erosion of natural deposits

**Water Standards Information**

**Is your drinking water in compliance with all regulations?** The Borough of Riverdale is proud of the fact that our water complies with all drinking water standards for chemical and organic contaminants as set by the State of New Jersey and the U.S. EPA.

**Regarding the manganese test results,** the average manganese level of 56 ppb in 2012 exceeds the State's maximum goal of 50 ppb. Manganese is a naturally occurring element in most well waters. The recommended upper limit for manganese is based on staining of laundry, and toxicity is not expected from levels which would be encountered in drinking water.

**Regarding New Standards for Arsenic.** Riverdale's water meets the EPA's standard of 5 parts per billion for arsenic.

**Regarding Asbestos, Nitrite and Synthetic Organic Compounds.** As permitted under the Safe Drinking Water Act, the State of New Jersey has issued waivers to the Borough of Riverdale for testing of asbestos, nitrite and synthetic organic compounds. These waivers were given after careful review of prior negative testing, and consideration of factors which indicate low susceptibility to these types of contaminants.

**Special Considerations Regarding Children, Pregnant Women, Nursing Mothers, and Others**

Children may receive a slightly higher amount of a contaminant present in the water than do adults, on a body weight basis, because they may drink a greater amount of water per pound of body weight than do adults. For this reason, reproductive or developmental effects are used for calculating a drinking water standard if these effects occur at lower levels than other health effects of concern. If there is insufficient toxicity information for a chemical (for example, lack of data on reproduction or developmental effects), an extra uncertainty factor may be incorporated into the calculation of the drinking water standard, thus making the standard more stringent, to account for additional uncertainties regarding these effects. In the cases of lead and nitrate, effects on infants and children are the health endpoints upon which the standards are based.

**Nitrate:** Nitrate in drinking water at levels above 10 ppm is a health risk for infants of less than six months of age. High nitrate levels in drinking water can cause blue baby syndrome. Nitrate levels may rise quickly for short periods of time because of rainfall or agricultural activity. If you are caring for an infant, you should ask advise from your health care provider.

**Lead:** If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Riverdale is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water is available from the Safe Drinking Water Hotline or at <http://www.epa.gov/safewater/lead>.

Table 1. Water Quality Results - Table of Detected Contaminants - 2012

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline (800-426-4791).

PRIMARY CONTAMINANTS	Compliance Achieved	MCLG	MCL	PLANT EFFLUENT SAMPLE RESULTS		TYPICAL SOURCE
				NJDWSC Waquoque WTP PWS ID NJ1613001	Highest Result and Range of Results	
TURBIDITY (NTU)	Yes	NA	TT = 1	0.27 (0.07 Average)		Soil runoff.
Total Organic Carbon (%)	Yes	NA	TT = percentage of samples <1.3 NTU (with 95% required)	100%		
Total Organic Carbon (%)	Yes	NA	TT = % removal	40% (35% required) (Range 32 - 46%)		Naturally present in the environment.
<b>INORGANIC CONTAMINANTS</b>						
Barium (ppm)	Yes	2	2	0.063		Erosion of natural deposits.
<b>PRIMARY CONTAMINANTS</b>						
<b>MICROBIOLOGICAL CONTAMINANTS</b>						
Total Coliform Bacteria (%)	Compliance Achieved	MCLG	MCL	DISTRIBUTION SYSTEM SAMPLE RESULTS		TYPICAL SOURCE
	Yes	0	5% of monthly samples are positive	Highest Monthly Result		Naturally present in the environment.
<b>DISINFECTION BY-PRODUCTS - STAGE 1</b>						
Halocetic Acids (HAA5) (ppb)	NA*	NA	60	INSERT APPLICABLE DATA		By-product of drinking water disinfection.
Total Trihalomethanes (TTHM) (ppb) - Stage 1	NA*	NA	80	INSERT APPLICABLE DATA		By-product of drinking water disinfection.
<b>DISINFECTION BY-PRODUCTS - STAGE 2</b>						
Halocetic Acids (HAA6) (ppb) - Stage 2	NA*	NA	NA*	INSERT APPLICABLE DATA		By-product of drinking water disinfection.
Total Trihalomethanes (TTHM) (ppb) - Stage 2	NA*	NA	NA*	INSERT APPLICABLE DATA		By-product of drinking water disinfection.
*Stage 2 HAA6 and TTHM compliance is based on the locational running annual average (LRAA) calculated at each monitoring location. The LRAA for Stage 2 HAA6s and TTHMs is not included in this report since the Stage 2 quarterly monitoring began in May of 2012 so there were only three quarters of results for 2012 and the LRAA calculation is based on four completed quarters of results.						
Some people who drink water containing trihalomethanes in excess of the MCL over many years may experience problems with their liver, kidneys or central nervous systems and may have an increased risk of getting cancer.						
<b>DISINFECTANTS</b>						
Chlorine (ppm)		MCLG	MROL	Highest RAA and Range of Results		Water additive used to control microbes.
		4	4	INSERT APPLICABLE DATA		
LEAD AND COPPER		MCLG	Action Level	90th Percentile		Corrosion of household plumbing systems.
Copper (ppm)		1.3	1.3	INSERT APPLICABLE DATA		Corrosion of household plumbing systems.
Lead (ppb)		0	15	INSERT APPLICABLE DATA		Corrosion of household plumbing systems.

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. (INSERT SYSTEM NAME) is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline at 800-426-4791 or at <http://www.epa.gov/leadwater/lead>.

**SOURCE WATER ASSESSMENT**

The New Jersey Department of Environmental Protection (NJDEP) has prepared Source Water Assessment reports and summaries for all public water systems. The Source Water Assessment, and related questions, for North Jersey District Water Supply Commission (PWS ID 1613001) can be obtained by logging onto NJDEP's source water assessment web site at <http://www.state.nj.us/deps/wap> or by contacting NJDEP's Bureau of Safe Drinking Water at 609-292-5550. If a system is rated highly susceptible for a contamination category, it does not mean a customer is - or will be - consuming contaminated water. The rating reflects the potential for contamination of source water, not the existence of contamination. Public water systems are required to monitor for regulated contaminants and to install treatment if any contaminants are detected at frequencies and concentrations above allowable levels. The source water assessments performed on the intakes for each system lists the following susceptibility ratings as indicated in Table 2. Contaminants that may be present in source water include:

Table 2. Intake Susceptibility Ratings

Intakes	Pathogens	Nutrients	Pesticides	Volatiles Organic Compounds	Inorganic Contaminants	Radionuclides	Radon	Disinfection Byproduct Precursors
NJDWSC 5 Surface Water	5-High	5-High	2-Medium, 3-Low	5-Medium	5-High	5-Low	5-Low	5-High

**ADDITIONAL TREATMENT PLANT MONITORING RESULTS**

Table 3. Secondary Parameters - Plant Effluent

Contaminant	N.J. Recommended Upper Limit (RUL)	NJWSC-Waquoque WTP PWSID NJ1613001	
		Range of Results	RUL Achieved
A.B.S./L.A.S., ppm	0.5	ND	Yes
Alkalinity, ppm	NA	23.4	NA
Aluminum, ppm	200	70	Yes
Chloride, ppm	250	28.2	Yes
Color, CU	10	3	Yes
Corrosivity	Non-Corrosive	Non-Corrosive	Yes
Hardness (as CaCO <sub>3</sub> ), ppm	250	38.7	Yes
Hardness (as CaCO <sub>3</sub> ), grains/gallon	14.6	2.32	Yes
Iron, ppb	300	228	Yes
Manganese, ppb	50	2.3	Yes
Odor, TON	3	1	Yes
pH	6.5 to 8.5	8.16	Yes
Sodium, ppm	50	16.8	Yes
Sulfate, ppm	250	6.2	Yes
Total Dissolved Solids, ppm	500	137	Yes
Zinc, ppb	5,000	6	Yes

**DEFINITIONS OF TERMS AND ACRONYMS**

- AL:** Action Level; the concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.
- CU:** Color unit.
- CDC:** Centers for Disease Control
- Disinfection By-product Precursors:** A common source is naturally occurring organic matter in surface water. Disinfection by-products are formed when the disinfectants (usually chlorine) used to kill pathogens react with dissolved organic material (DBP precursors) present in surface water.
- Inorganic Contaminants:** Contaminants such as salts and metals, which can be naturally-occurring or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining or farming. These contaminants may be present in source water.
- LRAA:** Locational running annual average.
- MCL:** Maximum Contaminant Level; the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
- MCLG:** Maximum Contaminant Level Goal; the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.
- Microbial Contaminants/Pathogens:** Disease-causing organisms such as bacteria, protozoa, and viruses, which may come from sewage treatment plants, septic systems, agricultural livestock operations and wildlife. Common sources are animal and human fecal wastes. These contaminants may be present in source water.
- MFL:** Million Fibers per liter.
- MROL:** Maximum Residual Disinfectant Level; the highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

# Fire Hydrant Flushing Week of May 6 - 10

Twice every year, the Borough of Riverdale Water Department flushes the water mains by opening hydrants. This is an essential part of our system maintenance program, which helps us to continue to provide you with high-quality water service.



We flush our water mains, because it helps to clean out any build up of mineral deposits and sediment inside the pipes. These harmless deposits can occur when water service demands are reduced during the winter months. As part of the process, flushing also allows us to use our hydrants to make sure they are operational and to check fire flows in our system.

**How Are the Water Mains Flushed?** Flushing involves systematically opening fire hydrants in specific areas to create increased water flows. When the DPW is in your area, you may notice a drop in water pressure and/or discolored water service.

**What Should You Do If You Experience Discolored Water Service in Your Home or Business?** Discolored water service may occur, because the sediment in water mains get stirred up when the fire hydrants are used and when the flow of water in the mains is changed. This is fairly normal during flushing. If this happens, it is not harmful. Simply let your water run until it is clear.

## What Can You Do to Prepare for Flushing?

- ◆ Draw water for cooking ahead of time.
- ◆ Store a large bottle of water in the refrigerator for drinking.
- ◆ Check for discolored water before using the washing machine or dishwasher.

**Note:** If your laundry becomes stained, DO NOT USE BLEACH AND DO NOT PUT YOUR LAUNDRY IN THE DRYER. Rewash clothes immediately using more detergent or a heavy duty detergent and add a rust remover. Most rust removers can also be used on stained fixtures.

## 2012 Water Quality Data - Passaic Valley Water Commission

**MRLDLC:** Maximum Residual Disinfectant Level Goal; the level of a drinking water disinfectant below which there is no known or expected risk to health. MRLDLC's do not reflect the benefits of the use of disinfectants to control microbial contamination.

**MA:** Not applicable

**ND:** Not detected

**NDJWSC:** North Jersey District Water Supply Commission

**NTU:** Nephelometric Turbidity Unit

**Nutrients:** Compounds, minerals and elements that aid growth, that are both naturally occurring and man-made. Examples include nitrogen and phosphorus.

**Organic Contaminants/Volatile Organic Compounds:** Compounds, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, stormwater runoff, and septic systems. Man-made chemicals used as solvents, degreasers, and gasoline components. Examples include benzene, methyl tertiary butyl ether (MTBE), and vinyl chloride. These compounds may be present in source water.

**Pesticides (Herbicides, Insecticides, Fungicides, Rodenticides):** Man-made chemicals used to control pests, weeds and fungus, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses and may be present in source water. Common sources include land application and manufacturing centers of pesticides. Examples include herbicides such as atrazine, and insecticides such as chlordane.

**pCi/L:** picocuries per liter (a measure of radioactivity)

**ppb:** parts per billion (approximately equal to micrograms per liter)

**ppm:** parts per million (approximately equal to milligrams per liter)

**PWS ID:** Public Water System Identification

**PWVC:** Passaic Valley Water Commission

**RAA:** Running annual average.

**Radioactive Contaminants/Radionuclides:** Radioactive substances that are both naturally occurring and man-made and may be present in source water; result of oil and gas production and mining activities. Examples include radium and uranium.

**Radon:** Colorless, odorless, cancer-causing gas that occurs naturally in the environment.

**RUL:** Recommended Upper Limit; the highest level of a constituent of drinking water that is recommended in order to protect aesthetic quality.

**RUL Achieved:** Yes entry indicates the state recommended upper limit was not exceeded. A no entry indicates the state recommended upper limit was exceeded.

**TON:** threshold odor number

**TT:** Treatment Technique; a required process intended to reduce the level of a contaminant in drinking water.

**Turbidity:** Turbidity is a measure of the cloudiness of the water. We monitor it because it is a good indicator of water quality. High turbidity can hinder the effectiveness of disinfectants.

**USEPA:** United States Environmental Protection Agency

**% Removal Ratio:** Actual percent removal divided by required percent removal, multiplied by 100.

## ADDITIONAL INFORMATIONAL RESOURCES

PWVC's website: [www.pwvc.com](http://www.pwvc.com)

USEPA Drinking Water website: [www.epa.gov/safewater](http://www.epa.gov/safewater)

NTDEP Water Supply website: [www.nj.gov/dep/watersupply](http://www.nj.gov/dep/watersupply)

American Water Works Association (AWWA) website: [www.awwa.org](http://www.awwa.org)

PWVC Customer Service Department: 973-340-4300

USEPA Safe Drinking Water Hotline: 800-426-4791

NTDEP Bureau of Safe Drinking Water: 609-292-5550

AWWA New Jersey Section website: [www.nj.wwa.org](http://www.nj.wwa.org)

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