April 2011

Riverdale News & Events

Vol. 6 No. 7 *A Monthly published by the Riverdale Mayor and Council* www.RiverdaleNJ.gov

Record Breaking Book Sale

The line of eager buyers stretches through the parking lot waiting for the opening.

A young patron looks over his purchase while waiting for his dad.

Early returns show this year's 9th Annual Friends of the Library Book Sale is breaking all previous sales records. More photos on our website, www.RiverdaleNJ.gov

Mark Your Calendars!

Breakfast with Easter Bunny

&

Easter Egg Hunt

Saturday, April 23 at the Senior Community Center.
9:30 - 11:00 AM Breakfast
11:00 AM Easter Egg Hunt.

Complete Information on Page 11

Announcements

Happy 11th Birthday, **Joan,** on April 19. Love, Mom, Dad, Brittany, Frankie & Mark.

Happy Birthday, **Cindy Gancher**, on April 19. Love, Veronica, Matthew, Joanne & Jenny.

Happy 20th Birthday, **Chris Venza**, on April 28. Love, Dad.

Happy 16th Birthday, **RJ MIller**, on April 24! We love you! Love, Mom, Ron, Kevin, Matthew, Kevin T and the dogs!

Happy 21st Birthday, **Anthony Budesheim,** on April 19. Love from all the family.

RJ Miller, Congratulations on your Confirmation on April 29. You made it! We love you very much and are so proud of you! Love, Mom, Ron, Kevin, Matthew, Kevin T and the dogs!!

Happy Belated 15th Birthday to **Nicole Lotterman** on February 12!! Lots of love from Mom, Dad, Kaylee, Cody (woof!), Grandma Helen & the rest of the family!

Happy 8th Birthday to **Kaylee Lotterman** on April 23!! Lots of love from Mom, Dad, Nicole, Cody (woof!), Grandma Helen and the rest of the family!

Happy April Police Birthdays to **Disp. Jim Nolan** (7th), **Ptl. Rob DiGiralomo** (10th), **Sgt. Greg Bogert** (15th).

Riverdale Senior Citizens are Special

The first meeting of the month was held on Monday, March 7, with 52 members in attendance. **President Irene Moehring** welcomed everyone and conducted the meeting. **Chaplain Grace Chiesa** read an appropriate reading. * The cancer screening scheduled to be held at the Community Center was cancelled. President Moehring gave other locations where you can go for this. * Birthday celebrants were asked to stand and they received a Happy Birthday song. * Club member **Joe Shaw** suffered a stroke and is in Chilton Hospital. Sunshine person **Dorothy Bowersox** sent get well cards to **Joe Shaw** and **John Moody** and a sympathy card to **Marion Davis** on the death of her sister. * Trip committee person **Geraldine Mahler** was collecting for the upcoming Atlantic City trip. * Following the business meeting Dr. Betty Ann Wyks spoke to the group on the school budget… Refreshments were enjoyed by all, following the meeting.

The second meeting of the month was held on Monday, March 21. President Irene Moehring conducted the business meeting. Chaplain Grace Chiesa read an appropriate article, *Mother Nature*. Geraldine Mahler announced the town book fair to be held in the Community Center on March 25-27. Gerry is also taking payments for the upcoming Atlantic City trip. * Our St. Patrick's Day luncheon at the Regency had to be cancelled twice, due to flooding. It will hopefully be held in April. Following the meeting, refreshments were enjoyed by all. Please remember the Food Pantry. Your support is greatly needed!

Presented by Marion Davis

The Auxiliary of the Riverdale Fire Department will hold their annual **Spaghetti Dinner** on **Saturday, April 16** at the Firehouse on Post Lane
This all-you-can-eat dinner starts at 4:30 PM and
will continue until 7:00 PM. Take outs are available.

Tickets are $7.00 for Adults, $6.00 for Seniors, $5.00 for children.

Proceeds assist the Riverdale Fire Department and the Saint Barnabas Burn Foundation.

Call Jean Sheps (973-835-0137) or
Marian Budesheim (973-839-5445) for more information or tickets.

RIVERDALE Public Library

93 Newark Pompton Turnpike • Riverdale, New Jersey 07457
Phone: 973-835-5044 • Fax: 973-835-2175
www.riverdalelibrary.org

Registration is required for all programs.
Call 973-835-5044 or
e-mail riverdalelibrary@nac.net

Registration is required for all programs. Call 973-835-5044 or e-mail riverdalelibrarykids@nac.net . Now you can also register online at www.riverdalelibrary.org!

INFANT & PRE-SCHOOL PROGRAMS

Spring infant and pre-school programs will begin again the week of April 11th.

Baby Time — For infants up to 2 years old with a caregiver. On Mondays, 11:00–11:30 am

Totally Twos — For two-year-olds with a caregiver. On Mondays, 10:15–10:45 am

Story Time — For ages 3 through 5 Wednesdays, 10:15–11:00 am or 1:30–2:15 pm

CHILDREN'S PROGRAMS

Puppy Pals Reading Club — Trained dogs will be on hand to listen to children in grades K–5 read on April 12 (2nd Tuesday of each month) from 4:00–5:00 p.m.

Easter Egg Hunt and Craft — Children in grades K – 5 can celebrate Easter this year on Thursday, April 21 from 4:00–5:00 p.m. with an Easter Egg hunt and craft at the library!

Lego® Lab — Children in grades K–5 listen to a story and build creations out of Legos. April 26 (4th Tuesday of each month) from 4:00–5:00 p.m.

TEEN PROGRAMS Grades 6 and up

DIY T-Shirt Bags — On Tuesday, April 5 from 5:30–6:30 p.m. bring in an old t-Shirt and learn how to transform it into a cool new bag!

Teen Book Discussion Group — Join us Tuesday, April 19 from 6:00–7:00 p.m. for pizza as we discuss *If I Stay* by Gayle Forman.

CONTEST

CALLING ALL KIDS GRADES 4 AND UP!

Bookmark Contest!

Children in grades 4 – 5 and teens in grades 6 and up are challenged to design a bookmark for a chance to win a gift certificate to Borders and have your creation used as the official bookmark of the summer! Please see our website or Ms. Rosie for more details.

HOURS

Monday	10-8	Thursday	10-8
Tuesday	10-8	Friday	10-5
Wednesday	10-5	Saturday	10-4

ADULT BOOK DISCUSSION GROUP WITH THE AUTHOR: Roni Denholtz!!!

Join us for a discussion the last Monday of every month from 6:30 – 8:00 pm. Everyone is always welcome! Even if you haven't had a chance to finish the book, the discussion is great! This month we have a special treat, the author will be joining us to discuss the book!

April 25 — *Lights of Love* by Roni Denholtz

FRIDAY MOVIE MATINEE

Join us for a movie on a big screen, coffee and donuts.
Fri, Apr 8, at 2:30 pm
Life As We Know It— starring Katherine Heigl and Josh Duhamel (PG-13)

NUTRITION AND EXERCISE

Rachel Lender, Health Official for Riverdale, will present this informative program on Thurs, Apr 14, from 6:30–7:30 pm.

LEARN THE LIBRARY'S WEBSITE

Discover all the library's treasures especially when you have, and use, your library card. Learn how to keep updated on our programs, reserve books from any library in the country, and much more! Mon, Apr 18 from 6:30–7:30 pm.

LADY SINGS SINATRA

Francine Evans and **Joel Zelnik** perform Sinatra's timeless classics, Thurs, Apr 28, 6:45–7:45 pm.

SATURDAY FAMILY FILM

Megamind

Join us Sat, Apr 30, at 1:00 pm for this PG movie with high flying action, and nonstop laughs, all on a big screen!

FREE COMPUTER CLASSES @ THE LIBRARY

Computer classes are back at the library. Our classes are small for maximum attention, and they are filling up quickly! Call 973-835-5044 for more information and to register today! All classes run for one and a half hours.

Excel– Mon, Apr 4, 6:00 pm & Sat, May 7, 11:00 am
Email Basics– Wed, Apr 6, 11:00 am
Word I– Tues, Apr 12, 11:00 am & Tues, Apr 19, 3:00 pm
Introduction to the Computer– Fri, Apr 15, 11:00 am
Word II– Wed, Apr 27, 3:00 pm
Introduction to the Internet– Fri, Apr 29, 11:00 am

MONTHLY

Photography Club—Mon, Apr 25, 7:00-8:00 pm.
All Photographers welcome! Learn! Share!

Gypsy Knitters — Thursdays, 4:00-8:00 pm.
For experienced knitters. Bring a project and join in!

Helpful HINTS

GARAGE An unpainted garage door can swell and warp and then be hard to open. Let the door dry out when you have dry weather for a few days, and then paint all surfaces, including the edges, to seal the wood so that it won't absorb the moisture.

CLOSETS need to breathe too. To prevent musty odors in them, be sure they are well ventilated. Open the windows in the bedroom and open the closet doors a few hours each day. Always store your clothing out of direct sunlight and strong artificial light. Some of the brighter-colored fabrics and many silks can oxidize and fade. Taken from *All-New hints from Heloise A Household Guide for the 90's*, Heloise, Perigee Books 1989.

The Importance of Having a Library Card

The Riverdale Public Library wants to make sure that all children and adults in Riverdale have the smartest card of all - a library card. The Riverdale Library provides so much for children and adults with a library card, making a difference in everyone's life! Look what you get for free just by having a library card. You are provided technology with computer and Internet access, including a wireless connection. Books, movies and CD's can be requested through the MAIN Web catalog with a library card. Also, you can search subscription reference databases, even from home. One can download audio books and e-books from home or at the library. A library card can enable families to enjoy the many library programs, computer classes, informative lectures and story times for children of all ages.

The Smartest Card
Get it. Use it.
@your library

Libraries provide children and adults with the tools to become literate, and become information literate as well. There is a lot happening at **The Riverdale Public Library**, and the best part for both children and adults, in these tough economic times, is that it's all free with a **Library Card**. Do you live in Riverdale? Do you have a library card? If not, stop by the Riverdale Public Library now and sign up for one. **It's the Best Deal in Town!** 973-835-5044.

Coyotes in Riverdale

The coyote has firmly established itself in our area through its extensively adaptable nature. Coyotes adjust well to their surroundings and can survive on whatever food is available. They primarily hunt rodents and rabbits for food, but will take advantage of whatever is available, including garbage, pet food and domestic animals that are left unattended. They also consume carrion (decaying tissue).

Coyotes play an important role in the ecosystem, helping to keep rodent populations under control.

They closely resemble a small German shepherd with the exception of a long snout and bushy, black-tipped tail. The coyote has a habit of holding its tail in a horizontal position or lower while standing, walking and running.

They are tolerant of human activities and rapidly adapt to changes in their environment. By nature they are wary of humans. In suburban areas they have occasionally attacked small pets. Attacks on humans are extremely rare, as with any predatory animal they can occur. Conflicts between coyotes and humans are most likely to develop as adults forage for food for the pups in the spring and summer.

COYOTE PRECAUTIONS. The following guidelines can help reduce the likelihood of conflicts with coyotes:

- Feeding pet cats and/or feral cats outdoors can attract coyotes. The coyotes feed on the pet food and also prey upon the cats.
- Avoid attracting rodents and other coyote prey, put away bird feeders, pick up fallen fruit and cover compost piles.
- Provide secure enclosures for rabbits, poultry and other farm animals.
- Clear brush and dense weeds from property. Coyotes, as well as other predators, are attracted to areas where rodents are concentrated, like woodpiles.
- Bring pets in at night. Put garbage in tightly closed containers that cannot be tipped over.
- Remove sources of water, especially in dry conditions.
- Install motion-sensitive lighting around the house.
- Allowing coyotes access to human food and garbage is irresponsible and can lead to problems. They lose caution and fear.
- **If coyotes are present, make sure they know they are not welcome. Make loud noises, blast a canned air siren, throw rocks or spray them with a garden hose. If you observe coyotes in the daytime that show no fear of humans or if one attacks a person, immediately contact your local police and the Division of Fish and Wildlife at 908-735-8793. Outside of normal business hours call the DEP Hotline at 877-WARN-DEP.** *Info: Bloomingdale Animal Control Officer Lisa Perry.*

Riverdale School: *From the Desk of Dr. Betty Ann Wyks, Superintendent*

Annual School Drama Production scheduled for April 28. Community members are invited to attend our school's annual drama production. This year, students will be performing *Alice in Wonderland*. The performance starts at 7:00 pm on April 28. Dress rehearsal will take place on April 26 at 1:15 pm. It is sure to be an enjoyable event! Please also mark your calendars for our Spring Concert on June 7.

Budget. District officials are faced with many critical decision as the budget process continues. Our budget, which is predominantly funded via taxpayer dollars (96% in this current year), was formulated with the intent of maintaining all programs and services and to remain within the budget cap.

The public hearing took place on March 23 and will be presented to the PTA on April 14 at 7:30 PM. Check the website for more info. www.rpsnj.org.

The school election vote is on Wednesday, April 27 between the hours of 2 PM and 9 PM at the Senior Community Center.

On the ballot will be one question, which reflects the general fund for school operations. If approved, this budget would maintain all existing programs and services and would result in a school tax impact of approximately $7 (inclusive of the building project debt payment from 8 years ago) for a home assessed at $350,000. Two candidates are running for the board member vacancies. Absentee ballots must be received by the County Board of Elections no later than April 20; request forms are available in school office.

Third Grade Bloggers! Please take a visit to our website (www.rpsnj.org). **Miss Shackil's** third graders are particularly excited about their blogging and invite you to read, and perhaps even respond to, their poetry blogs. On website go to **Staff**, the, **Third Grade, Ms. Schackil, Poetry Blogs**.

The Diamond Awaits. Practices for softball and baseball are underway. The season officially begins for the Rams on April 12 when we are scheduled to play Boonton. **Let's go Rams!**

Science Fair. Students in grades 6 through 8 (and some eager fifth graders) proudly displayed their projects at our annual Science Fair, held this year on March 31. Those of you who were able to attend had the opportunity to visit with some of our budding young scientists who explained their work. The theme of this year's science fair was **The Human Body.**

Upcoming Important Dates

- April 4 - 8 — Spring Break. School Closed
- April 13 — Board of Education Meeting
- April 14 — Report Cards. Parent Seminar: Making Learning Fun (K-2) 6:30 PM
- April 15 - 20 — Terra Nova testing Grade 2
- April 20 — Grade 4 Class Trip. Special Ed. Parent Advisory Group, 2:45 PM NJ ASK parent session Grades 3 - 5, 6:45 PM
- April 22 — School Closed - Good Friday
- April 26, 27 — Kindergarten screening
- April 27 — Grade 1 trip
- April 28 — Grade 2 trip

When the Moon Hits Your Eye Like a Bigga Pizza Pie...

Morning preschool parent, **Anthony Rentas**, visited with **Mrs. Zemaitis'** students to create personal pizzas as part of their study of the letter "p" and careers. Each "mini chef" dressed the part and learned the process, each making a **p**ersonal **p**ie to bring home.

Pequannock River Coalition Planting Event

More than 50 members of the Pequannock River Coalition donated their Saturday morning on March 26 to planting native vegetation in Appelt Park. Last year the Coalition spent a number of Saturdays removing the Japanese Knotweed from the grounds of Appelt Park. The knotweed was forcing out native vegetation and offered no benefit to wildlife. This Saturday the members planted spicebush, elderberry and serviceberry, all of which will benefit local wildlife and prevent the knotweed from returning. Riverdale is so fortunate to have such a group of dedicated people watching out for the health of our river. The Coalition is a non-profit corporation depending on donations from concerned residents. Any help you can give them may be sent to:

Pequannock River Coalition, Post Office Box 392, Newfoundland, NJ 07435◆973-492-3212◆www.PequannockRiver.org

Riverdale Woman's Club

The New Jersey State Federation of Women's Clubs held its 103rd Public Issues Day on March 21 at the Crowne Plaza Hotel in Monroe, New Jersey. For over 100 years, the New Jersey Federation of Women's Clubs of GFWC (NJSFWC) has sponsored a Public Issues Day. Over the years, members have been briefed on a variety of legislative concerns impacting women and their families.

The theme of this year's day was "Honoring Women in the Military". Speakers included Colonel Anne Hamilton who spoke on Women in the Military, Senator Stephen Oroho, Tracy Tucker from the USO and Carlene Garner, General Federation of Women's Clubs International President.

Two hundred and eleven women from around the state watched as 37 women who have served in all branches of the military were honored for their service. The honoree's service ranged from World War II to present day active duty.

The Riverdale Women's Club was proud to have a club member, **Jenny Walenta**, among the honorees. We would like to share her tribute as printed in the day's program: *Jenny (Pate) Walenta, Naval Air Traffic Controller - Member of the Riverdale Women's Club. Jenny enlisted in the Navy as an Airman from 1990-1992 and was an Air Traffic Controller. She attended boot camp in Orlanda, Florida, then went to school in Millington, Tennessee, and was later stationed at Glenview Naval Air Station in Glenview, Illinois. Jenny is the Recording Secretary of the Riverdale Women's Club. She is unable to attend Public Issues Day because she is pregnant with twins due in April.* We are so proud of Jenny!

Welcome to our newest member **Marisa Silberman**. Marisa was kind enough to jump right in and volunteer to take over the duties of the Recording Secretary while Jenny Walenta is on maternity leave. Thank you so much, Marisa.

The Riverdale Woman's Club invites all interested women to join us as we strive to contribute to our community. **For more information about the Riverdale Woman's Club or any of its projects, please contact the membership chairman at 973-835-3269. For more information on the NJSFWC visit the Federation Website at www.njsfwc.org. For more information on the GFWC visit the Website at www.gfwc.org.**

COMMUNITY CENTER PROGRAMS

Senior Community Center
57 Loy Avenue - 973-706-6471
JCarelli@riverdaleborough.com

Mind Reading Game Show with Flavian. Think of a phone number, a pet's name, a birthday or anything at all. Flavian will dazzle you with his ability to tell you what's on your mind! Audience participation that will be fun and amazing for everyone. **Friday, April 8th, 7:30 PM, $5.00 per person.** Please call or email for a reservation.

"New" Total Body Sculpt Classes begin **Thursday, March 10, 6:00 PM,** $6.00 per Class, Instructor Karen Vizueta. *Supplies: Small Bath Towel (not too fluffy & not a hand towel), a Mat and Sneakers.* This class will include cardio, balance, stability, flexibility and sculpting moves holding a towel and using your own body weight!

Senior Art Class **Thursdays, 10:00 AM every Thursday.** Instructor Pam, a certified art teacher. All are welcome, Just walk in! Most materials are provided, but a small supply list will be recommended for purchase based on the activity. Drawing and Painting among other creative projects!

Girls Softball Clinic Improve Hitting and Pitching Skills with this 4 week Instructional Clinic. Taught by a skilled, professional and Olympian Softball Player! Recommended for Grades 3 - 8 Girls. Instructor Danielle Walker, Rapid Fire Softball. Starts **Mondays in April, 6:00 PM**, $8.00 per student. Please call or email to sign-up.

Tot's Music Class **Fridays at 11 AM** in the Lower Level of Community Center. $8/class. Instructor Miss Indio. No sign-up required. All Riverdale tots welcome to take part in a comprehensive preschool music program.

Kid's Dessert Art Workshop **Tuesdays, Starting April 19, from 4:30 - 5:30 PM**, 2nd thru 6th Grade Students. Cost: $8.00 per Student + $10.00 Supplies Fee (*supplies will be provided for each student by the art teacher.*). Call or email to sign-up (*see above*). Dessert Sculptures! Cupcakes, Ice Cream Sundaes & more. A fun & hands-on 4 week Art Workshop that will send your children home with a beautiful sculpture of their favorite dessert. A great display piece for your kitchens or dining rooms!

2011 Summer Camp Counselor Positions
Applications are now being accepted. Applications available at the Riverdale Borough Hall and online at the Borough's website www.RiverdaleNJ.gov. **Must be 16 years old to apply.** Camp Dates: **June 27 - July 29**

Exercise Classes **Boot Camp Mondays & Wednesdays at 7:45 PM**, $6.00 per class. Instructor Cary Stone.
Zumba every **Tuesday at 10:00 AM and 7:30 PM**, $5.00 per class. Instructor Mindy Gansley.
Yoga every **Thursday at 7:30 PM**, $6.00 per class. Instructor Kathy DeJesus.

2011 Riverdale Summer Camp **Monday, June 27 thru Friday, July 29.**

NEW HOURS being reviewed. 9AM-3PM. Riverdale Community Center. Students must be entering Grades 1 thru 8. Excellent way for Riverdale kids to spend the first half of their summer! Day Trips, Sports, Crafts, Library, Fun Summer Activities and more. Summer Camp Packets available week of April 18 (*at Borough Hall Lobby & Community Center*).

NEW PAYMENT SCHEDULE: 1st of 3 payments: $100 due Wednesday, April 27, 7-8 PM.
Cash or check payable to Borough of Riverdale.

RECREATION PROGRAMS

Riverdale Recreation Adult Softball

Begin on or about week of **June13, Thursday Evenings** (the week night selected will be flexible and finalized by majority rules participation. Thurs. is now the preference.)
Co-ed at the Riverdale School Field. Please join our 2nd year of Softball!! The 2010 season was a lot of fun and we're ready to go for 2011. This is fun and non-competitive. We play against each other to simply enjoy playing the game. Call or email to add your name to the list. 973-706-6471 Rec. or email jcarelli@riverdaleborough.com

The Essence of Italy

Documentaries and Beauty Every September *submitted by Carolyn Masone*

The Aeolian Islands are a volcanic archipelago in the Tyrrhenian Sea just off the northern coast of Sicily. One of these islands, Salina, is the setting for an intriguing annual event: SalinaDocFest. From September 20-25, 2011, this international festival presents the best in narrative documentary filmmaking. The Art Director and creative force behind the Festival is Giovanna Taviani, a talented documentary filmmaker in her own right.

Like so many places, Salina's economy is tied to tourism which surges during the summer months and drops off drastically in the fall. According to Giovanna, "This is a shame, because September and the fall are so beautiful on the island. It's our harvest season and shouldn't be missed." This sentiment was echoed by Alberto Oliviero, who is the President of Salina Isola Verde, a tourism association focusing on the cultural and natural beauty of the island. Oliviero encouraged Giovanna to create a cultural event that would bring tourists to the island on the off-season. And so SalinaDocFest was born.

Giovanna Taviani is intelligent and warm with a distinct point of view. She is the daughter and niece of the enormously successful Italian directors and screenwriters, Paolo & Vittorio Taviani, known among their devoted fans as I Fratelli Taviani (The Taviani Brothers). Their narrative films tell stories wrapped in fable-like elements where the laws of Nature don't always apply.

Giovanna, in contrast, is building her career with documentaries, specifically, narrative documentaries. This type of film blends both genres; real people, rather than actors, tell a true story while archival footage, reminiscence and perhaps clips of past films are added to bring depth to the story. When I asked her why she chose this type of filmmaking she explained, "The more personal reason is that I needed to create my own distinct style, and not just copy that of the Taviani Brothers. But at the same time, I am my father's daughter and I love to tell stories.

The other reason is I believe that as human beings, we really need to return to reality. We are saturated with false stories. What we call Reality TV is not reality at all. It is a world of controlled images and events pretending to be reality. Real stories are not being told. With documentaries, we can get inside what is really happening." Giovanna says we are living in a constructed environment and we don't even know it. She believes in the power of the narrative documentary to break through our collective fantasy into reality.

Just as the Taviani Brothers influenced Giovanna's love of film, Giovanna's techniques and ideas have now inspired them to make their first narrative documentary. Their subject is an Italian prison where the inmates perform productions of Shakespeare. The Taviani Brothers give Giovanna full credit for their newfound fascination with the genre, but stopped short at allowing her to be involved in their filmmaking process. Says Giovanna, "I told them that I would love to help them with this project, but they said, 'No, we'll do it ourselves.' So I have to wait and see what they will create."

SalinaDoc Fest will run from September 20-25, 2011. You can fly into Palermo, Sicily and take a ferry to nearby Salina. All of the Aoelian Islands participate in the Festival with their own events and celebrations. Learn more about the breathtaking island of Salina at salinaisolaverde.it.

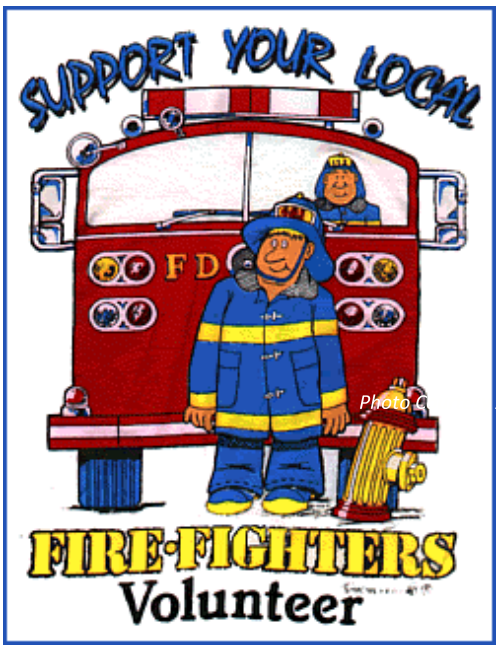
Food Pantry: *Needs Your Support!*

The Pantry inventory is very low and your support is needed in order to continue helping our Riverdale neighbors who are experiencing difficulties. Donations may be brought to the Municipal Building or to the Community Center. Items needed include: Cereal, pancake mix and syrup, canned corn, peas, pork 'n beans, boxed rice and potatoes, soups, coffee, tea, mayonnaise, jelly, pasta, pasta sauce, mac 'n cheese, tuna fish, canned meats. Paper, Cleaning Products and Laundry and Dish Detergents are always needed.

To request confidential Pantry assistance or to help out, call Linda Roetman at the Municipal Building (973) 835-4060 x6.

Did You Know?

- Most elephants weigh less than the tongue of the blue whale.
- Celery has negative calories! It takes more calories to eat a piece of celery than the celery has in it to begin with.
- The word "pixel" is a contraction of either "picture cell" or "picture element".
- A dragonfly has a lifespan of 24 hours.
- The first product to have a bar code was Wrigley's gum.
- A "jiffy" is an actual unit of time for 1/100th of a second.
- Only two states have record highs no greater than 100 degrees - Alaska and Hawaii.
- In most advertisements, including newspapers, the time displayed on a watch is 10:10.
- Maine is the toothpick capital of the world.



Curly's

RIVERDALE, NJ

Established 1958 by the Meier Family

Homemade Hard Ice Cream

Soft Ice Cream

Soft Frozen Yogurt

No Fat-No Sugar Ice Cream

Full Menu of Take-Home Desserts

Custom Designed Ice Cream Cakes - Our Specialty!

Wholesale & Catering

ALL menu items are ALWAYS made fresh on the premises!

Save $2.00 off Any Cake

One coupon per cake order. Not valid with other offers.

Expires 4/30/2011

30 Route 23 North, Riverdale 973-839-0198

Visit us on Facebook at www.facebook.com/curlys

Breakfast with the Easter Bunny

Make your Reservations - Now!

Saturday, April 23 from 9:30 - 11:00 AM
Community Center - Maximum Attendance 150
Adults $5.00 Children $3.00

Includes Continental Breakfast, Picture with Easter Bunny (compliments of CVS), Balloon Clown and more…

Must call in advance to make a reservation.

Call Recreation Office 973-706-6471. Leave detailed message and your call will be returned to confirm your reservation; or email at RiverdaleBunnyBreakfast@gmail.com

Easter Egg Hunt to follow the Breakfast on April 23 at 11:00 am.
Community Center back yard. Ages 2 years old through 5th Grade Students.
Bring your own Basket to Collect Eggs.
Details to follow in next month's newsletter.

Camp Vacamas Open House April 23

Camp Vacamas will be hosting *An Open House for Summer Camp* on Saturday, April 23 from 2pm until 5pm at 256 Macopin Road, West Milford. The day's schedule will offer potential residential and ay campers and their families a chance to sample camp activities, tour the facilities and meet camp staff. The program promises to be a fun day for all family members.

Vacamas Programs for Youth will be offering both a sleep-away camp and a day camp at our West Milford site this summer. The Open House on April 23 will be an opportunity for families to learn more about both programs.

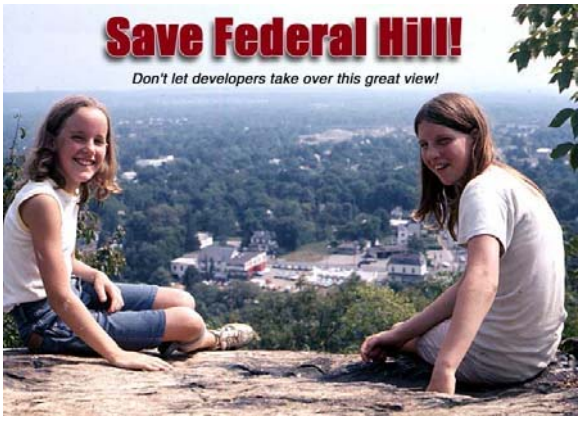
In its 87th year, Camp Vacamas' residential summer program will provide exciting and challenging age-specific adventures for campers ages 7 - 17. We will offer three, 19-day sleep-away sessions beginning June 28. Daily programming includes swimming lessons, hiking, backpacking, challenge course, canoeing, mountain biking, rock climbing, sports, arts and crafts, drama, woodshop, computers, boating, overnight camping trips, dance, cooking classes, campfires and much more! We offer competitive tuition rates with financial, need-based assistance available.

The Vacamas Day Camp will be available for children entering grades K-8. Regular hours will be 9am to 4:30pm, with early care and after-care options available. Vacamas offers flexible and versatile scheduling with options of 3-day or 5-day weeks. Camp tuition is moderately priced and competitive with other local providers. Sibling discounts are available. Daily camp activities will include instructional and recreational swim, boating, fishing, hiking, arts and crafts, drama and sports. Vacamas Day Camp will begin June 20 and will run for 8 weeks.

There is no obligation to register for camp during the Open House. The day is simply an opportunity for families to enjoy a fun activity and learn more about our facilities. However, registration will be available for anyone who is interested. For more information about the Vacamas Open House, please contact **Vacamas Registrar Rachel Velez at 973-838-0942 or via email at registrar@vacamas.org**.

The *Riverdale News and Events* is published on or about the first day of each month. We are interested in all the good news that is happening around town and in your families. We welcome all such announcements, including birthdays, anniversaries, graduations, and any other special occasions you may want to share with your neighbors. The deadline for all insertions is the 3rd Wednesday of each month, which may be extended in certain circumstances. Please email your copy and photos to **mayor@riverdalenj.gov** and **riverdalemayor@gmail.com**. Photos should be in JPEG or TIFF formats and preferably at least 1MB in size.

RIVERDALE



Robin Deal, left, and friend enjoy the view of Riverdale, N.J. from Federal Hill in the mid-'70s. ***(Photo by Cal Deal)***

DAILY NEWS

Judge John Paparazzo visited the fourth grades recently to engage in a lively discussion with students about the court system in NJ.

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"Ask Ana"

Welcome to my little corner of the *Riverdale News and Events*. The editor has always wanted to have a greater variety of features here, and I have always wanted to write an advice column. I would like to take this opportunity to welcome you to the "Ask Ana" advice column and tell a little about myself.

I am no sort of professional at this; however, I have come to realize that a lot of people that I know in day-to-day life, as well as in the cyber-world, seek and appreciate my advice. While this column is for entertainment purposes only, I promise to take your questions seriously. You may have the question that dozens of other people are afraid to ask; I will honor your situation with that in mind.

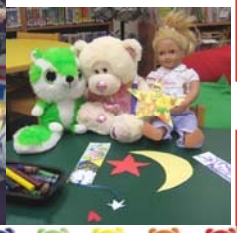
Please send your questions to AskAna011@gmail.com and I'll answer as many as I can. I look forward to hearing from you!

To see the photos of many of the events taking place around town, go the Borough's Website at www.RiverdaleNJ.gov and click on Mayor's Photo Albums on the leftt hand side of the home page. There are nearly 120 albums on line. Also, every issue of the Riverdale News and Events are online going back to the initial issue in October 2005. On the homepage's left column click on "Newsletter, Etc.".

MARCH LIBRARY HIGHLIGHTS

Preschool children celebrated Dr. Seuss's birthday by making Cat in the Hat hats during Storytime!

Twenty-one children enjoyed our Stuffed Animal Sleepover at the library where they played games, made bedtime bookmarks, and were amazed at the adventures their stuffed animals had later that night.



Children celebrated St. Patty's day this year by creating self-portrait leprechauns.

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Brownie GIRL SCOUTS

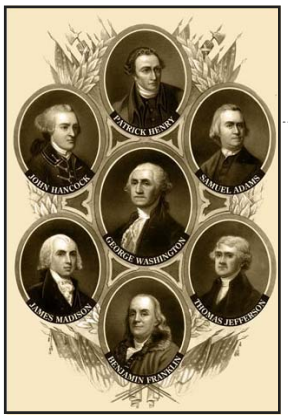
Brownie Troop #84 took a trip to Lake Rickabear in Kinnelon to learn about the maple sugaring process to make "Rickabear's Own" Maple Syrup on January 29.
L-R: **Kaylee, Mgan, Skye, Adrianna & Jacolyn.**

BROWNIE TROOP #84

Troop 84 took a trip to the Girl Scout Council in Paramus to understand what it feels like to grow up different by learning the story of "Zink the Zebra" on January 29. The girls are holding "Zink the Zebra" beanie and the patch they earned.
L-R: **Kaylee, Megan, Skye, Adrianna & Jacolyn**

Why We Say...

Let the Cat out of the Bag *(to divulge a secret)*. At medieval markets, unscrupulous traders would display a pig for sale. However, the pig was always given to the customer in a bag, with strict instructions not to open the bag until they were some way away. The trader would hand the customer a bag containing something that wriggled, and it was only later that the buyer would find he'd been conned when he opened the bag to reveal that it contained a cat, not a pig. Therefore, "letting the cat out of the bag" revealed the secret of the con trick.
Living Hand to Mouth *(to be poor, to have difficulty supporting oneself)*. During the Great Depression and other times of economic scarcity, people often did not know when or where the next meal was coming from. In such a case, when you get something in your hand that can be eaten, it goes into the mouth immediately: *hand to mouth*.
White Elephant *(costly with little benefit)*. From the Burmese belief that albino elephants are sacred. They can't be used for work and they must be lavished with the ultimate amount of care. Giving a gift of a white elephant would be done to someone considered an enemy. The idea being that you would eventually wipe out your enemy's wealth with the care of the sacred elephant.



Wisdom of our Fathers

Words of Wisdom given us by our Founding Fathers. Words our government should follow today. Enjoy. Ponder.

"Freedom is not a gift bestowed upon us by other men, but a right that belongs to us by the laws of God and nature." *Benjamin Franklin*

"The man who reads nothing at all is better educated than the man who reads nothing but newspapers." *Thomas Jefferson*

"Those people who will not be governed by God will be ruled by tyrants." *William Penn*

"Over grown military establishments are under any form of government inauspicious to liberty, and are to be regarded as particularly hostile to republican liberty." *George Washington*

"The Constitution vests the power of declaring war in Congress; therefore no offensive expedition of importance can be undertaken until after they shall have deliberated upon the subject and authorized such a measure. *George Washington*

Riverdale CERT Team Mobilized

On March 11 and throughout the following weekend, the flood conditions in Riverdale threatened homes and business facilities along the Pequannock River. CERT (Community Emergency Response Team) members prepared for potential evacuations and began notifying residents of road closers. Throughout the day, the team sent notifications and updates using recently initiated electronic and social media available through the Morris County *MCUrgent* system (*see below*). This communication tool uses Twitter and Facebook to deliver alerts and important messages in emergency situations.

CERT Deputy Coordinator Russ Hatzel, working with Mayor William Budesheim and CERT member Joan Garcia, outlined an evacuation plan that would provide resources for rescue and shelter if needed. Additional CERT team members were available throughout the emergency to assist residents.

The CERT team continues to recruit and train Riverdale residents to help manage emergencies within the Borough. For information please contact Coordinator Russ Hatzel, rwh077@msn.com or Mayor Budesheim, mayor@riverdalenj.gov.

MCURGENT **Riverdale has joined with Morris County in developing a shared emergency information network that will be used by the county and the borough to quickly disseminate information to the public in the event of an emergency. The network is called MCUrgent, which will get the word out through Twitter and Facebook and Text Messaging on your cell phone. While Facebook requires an account, Twitter is a social network that provides free access. For those who prefer text messages, Twitter's new "Fast Follow" sends tweets directly to a phone without requiring a subscription. Check out the borough's website, www.RiverdaleNJ.gov and on *Facebook* at Riverdale NJ Government.**

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CARECYCLE is a respected family owned company that has been in the recycled clothing business for over 40 years. We are fully insured, and our pledge of pride guarantees your satisfaction with our programs.

Textile and clothing recycling provides numerous environmental and economic benefits for our planet. Not only does it prevent post-consumer textile waste from entering the waste stream (the total flow of solid waste from homes, businesses, institutions, and manufacturing plants that are recycled, burned, or disposed of in landfills, or segments thereof such as the "residential waste stream" or the "recyclable waste stream"), recycling efforts do not create any new hazardous waste or harmful by-products. Clothing recycling is one of the most efficient recycling industries. Nearly 100% of used textiles are recyclable.

The collection containers are next to the Municipal Building.

We accept clean, gently worn clothing, used clean clothing, including shoes and sneakers to support sustainable living and support the environment. We do not accept any household items.

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Natural Health

The belief that the body is fully capable of ridding itself of any and all disease. Practitioners and followers of Alternative health apply this belief by increasing the health of the body. *And God said, Behold I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat.* Genesis 1:29

MULLEIN *(pronounced mullin)* During the Civil War, the Confederates turned to Mullein to treat respiratory problems when their conventional medical supplies ran out.

Mullein is used to relieve pain. It has numerous uses, but the main one is in the treatment of lung disease, coughs, consumption and hemorrhage of the respiratory organs. Mullein has narcotic properties that do not induce euphoria. It quiets inflamed and irritated nerves, relieves pain and is soothing to any inflammation.

It is helpful in chest ailments by clearing the lungs and relieving spasms. Mullein is also used to treat lymphatic congestion and as an anti-spasmodic and astringent herb, it is effective for a wide range of respiratory problems and swollen membrane conditions.

The oil of Mullein is used as an excellent remedy for ear infections.

- It is soothing to any inflammation and relieves pain.
- Mullein soothes inflamed tissues, and increases the flow of urine.
- It is very effective in relieving swollen joints.
- It has the effect of calming nerves; therefore, is effective in treating agitated or inflamed conditions of the nervous system which are caused by such things as coughs or spasms due to cramping.
- Excess mucus will be moved out of the body by doses of Mullein.
- It provides mucilaginous protection to mucous surfaces, inhibiting the absorption of allergens through mucous membranes.
- Mullein, a demulcent and a bacteriostatic has been used to treat tuberculosis for centuries.

Taken from The Little Herb Encyclopedia *by Jack Ritchason, N.D.*

The most High hath created medicines out of the earth, and a wise man will not abhor them. ... The virtue of these things is come to the knowledge of men, and the most High hath given knowledge to men, that he may be honored in his wonders. By these he shall cure and shall allay their pains, and of these the apothecary shall make sweet confections, and shall make up ointments of health, and of his works there shall be no end. (Ecclus 38:5-7).

Traditional Chinese Medicine

"The system of medicine (Chinese Herbology) is based on the most solid foundation of any system of medicine in the world. It is wholly based on natural laws. Man cannot pollute it; man cannot change it; man cannot improve upon it. Although it may be new in the Western world, one has to recognize that one-quarter of the world's population has been treated by this system for our four thousand years. If it was not valid, then it would have died thousands of years ago."

J.R. Worsley.

ASTRAGALUS (Huang chi) It is most known for its effective application where lung and spleen problems appear. Astragalus has been an effective part of treating digestion ailments, increasing appetite and is good for enhancing control of diarrhea. It strengthens energy and resistance to weakness, colds, flu and disease. Astragalus finds useful application to ease chemotherapy and radiation side effects and inhibits the spreading of tumors.

Scholarships

The Auxiliary of the Riverdale Fire Department is pleased once again to offer the **$1000 Grace Peine Memorial Scholarship** to a Riverdale resident who will be entering college in the fall of 2011. Applicants must be Riverdale residents who will graduate high school this current academic year and who will be attending college in the fall. Applications will be available at the borough hall and at www.RiverdaleNJ.gov after March 1, 2011 and must be received by the Auxiliary no later than April 29. The scholarship will be awarded at the town Memorial Day ceremony. Mail all applications to the Riverdale Fire Department, 56 Post Lane, Riverdale.

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Week 2: ***Quit Day.***
Week 3: ***Counseling, group support on the dangers of smoking, second hand smoking, the benefits of quitting and helpful tips for staying smoke-free.***
Week 4: ***Staying smoke-free & keeping a smoke-free household and Celebration!***

$75.00 Per Person

For questions and to reserve your space, please call Community Outreach at 973-831-5475.

Cal's Corner

By Cal Deal

Richard Nixon came to town in 1964. He was campaigning for Barry Goldwater, who was running for president. Nixon was the former vice president of the U.S. at the time, and in 1962 had lost the California governor's race. He came to Valley Spring Lake (does that still exist?) where they were holding the Senator Thomas J. Hillary Clambake, a big annual political event. I was about 13 at the time and walked up to the lake with my friend Jim Cucci. We stood along Route 23 at the entrance to the lake, where one police officer was stationed. At about 7 p.m. we saw some police motorcycles come around the bend, followed by a big, black limousine. As the limo turned I could see Nixon and his wife Pat in the back seat. There were only three of us standing out there along the highway, including the policeman, and Nixon waved to us. As he did so, the frame of the car got in the way, so he turned around in the back seat and waved to us again. I thought that was pretty nice of him. After the limousine disappeared from view, the policeman suggested that if we wanted to see Nixon up close, we might just sneak down through the woods ... which we did. I wound up in the crowd between Nixon and the stage, and as he came by, I shook his hand. We stayed and listened to the speech, about which I remember nothing, and that was it. That was the first political event I ever attended, and it was a very interesting experience for a kid. *From a 1998 interview.*

Taken from Cal's website: http://graphicwitness.com/federalhill/memories.html

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