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IMPORTANT DATE

FREE Summer Concerts in the Park Wednesdays, August 1,8, 15, 22 and Saturday Aug. 25 at Freedom Park. 7:30 PM.

The Latest Edition of

Riverdale News & Events

Published by the Riverdale Mayor and Council

This issue of *Riverdale News & Events* was paid for by **Route 23 Automall.** Thank you for supporting them!

If you would like to sponsor an issue of this Newsletter, please contact Carol Talerico 973-835-4060

Riverdale News & Events

Vol. 2, No. 11 — *A Monthly published by the Riverdale Mayor and Council* — *August 2007*

www.RiverdaleNJ.gov

Thousands Enjoy the start of the 2007 Summer Concerts in the Park

The Party Dolls started the Season with an enthusiastic audience.

Big Shot - a Billy Joel Tribute Band rocked the crowd at the second concert. Nearly 2000 people enjoyed the music that Billy Joel himself has said, "They had a hard time convincing me it wasn't me!"

Remaining Concert Schedule
Wednesdays - 7:30 PM

August 1 - The Infernos
August 8 - Robert Murdock Band *British Invasion*
August 15 - **The Shirelles**
August 22 - The Troublemakers

Saturday, August 25 - 7:30 PM
Fire Department 100th Anniversary Celebration
The Mahoney Brothers - *Beatles Tribute*
Fireworks following Concert-9:00 PM

Important Events This Month
Mark Your Calenders!

Fire Department's 100th Anniversary August 25, Saturday

Concerts each Wednesday

Street Fair - Sunday, Sept. 30

Summertime "Most Beautiful Yard" Contest

Open to all Residents - No registration required. The **Most Beautiful Yard Award** is in recognition of the hard work and pride exhibited by Riverdale residents. We are proud to have those who strive to beautify their homes and neighborhoods. The judging is based on three categories: 1. Maintenance 2. Landscaping 3. Overall general appearance. Judging will start in early August by the members of the Recreation Department. One winner will be selected and announced in August. The winner will have a photo of the winning yard in the Newsletter for next month, as well as receiving a Most Beautiful Yard sign to proudly display in their front yard! Info: 973-706-6471

Dr. Gary Stewart presented Proclamation

During the July 16 Council meeting Dr. Gary Stewart, Chiropractor, was presented with a proclamation which proclaimed "the 22nd of September, 2007 as *Kids Day America/International* in the Borough of Riverdale and urge that this day be dedicated to the efforts of Doctors of Chiropractic in helping educate all citizens on the importance of health, safety and environmental issues affecting our community." Many thanks to Dr. & Mrs. Stewart for all of their community service.

Paint the Town Teal Proclamation

September Proclaimed *Ovarian Cancer Awareness Month*

At the July 16 Council meeting September was proclaimed as Ovarian Cancer Awareness Month. On hand to receive the proclamation were Gail MacNeil and Lois Myers, founders of the Kaleidoscope of Hope Foundation. They raise funds for ovarian cancer research. There will be a Walkathon in Morristown on Sunday, Sept. 16. Information available at Boro Hall. Please show your support for this most worthy cause.

ANNOUNCEMENTS

Engagements, Weddings, Birthdays, Graduations, Births, Anniversaries, etc.
Tell us about your family!

Congratulations to **Laina Gagliardi** who won in two categories in the Piano Teachers Society of America Annual Spring Piano competitions. Laina was rewarded with the opportunity to play one of her winning pieces at PTSA's Annual Spring Piano Festival held at Weill Recital Hall at Carnegie Hall in NYC. This is her second win, the first was in 2005. Laina studies with Diane Battersby, also of Riverdale. Congratulations!

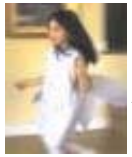
Happy 1st Birthday, **Alex Nadiroglu!** We Love You! Mom, Dad, AJ and Adam.

Happy Birthday, **June Carelli**, on August 21! Love Paul, Michael, Tommy and Samantha.

Jack William Budesheim was born to Greg and Lisa on July8, weighing in at 8lbs even. Grandparents are Marian & Bill, and Diane & Joe D'Imperio.

Remember A Year Ago?

On July 2, 2006 **Katie Mae Cifelli** was born on Route 23 in Riverdale across from the Home Depot. Her grandpa put up the joyful sign to remember her first birthday.



Happy 11th Birthday, **Sophia Spiridakis** on August 14! Love Mom & Mikey.

Marie & Bill Ford, Loy Avenue, will be celebrating their 59th Wedding Anniversary on August 12! Many Congratulations!

The **Big 2.** Happy Birthday, **Naomi** & **Alyssa Fox** on August 18. Lots of hugs and kisses to the both of you. We love you very much. Love Momma, Dadda, Mimi, Grandpa, Titi Karen, Nena, Abuelo and all the family and friends.

Happy 5th Birthday, **Madison Hanna**, on August 7. Love Daddy, Mommy, Morgan and Jingles.

Happy belated 16th Birthday to **Christopher Appel** on July 20!! Love Mom, Dad, Kevin & Craig.

Counselor Daniella DiMarco

Applause to every Summer Rec Counselor who worked with the children last month! Counselor **Daniella DiMarco** worked without pay to earn her hours in community service. This gives her a scholarship opportunity through the "Z Club" at Pompton Lakes High School. Job well done, Daniella!

Riverdale Business Association - RBA meets every 3rd Thursday, 7:00PM at Berta's Chateau, Wanaque. You may RSVP by calling 973-839-1716. www.rbanj.org

The Boro Nurse will be in the office on the third Thursday of every month, starting in August.

Recreation

June Carelli, Director 973-616-0288

Fall NYC Theater Trip

Mary Poppins - Sunday, November 4
Showtime: 6:30 PM Bus leaves: 4:30 PM
New Amsterdam Theater, NYC
Tickets $99 each [incl. show & bus trans.]
Sign-up NOW! **Deadline: Fri., August 10.**
Call Cindy Marotto 973-492-8568 or
973-706-6471 Rec. Office

Toddler Soccer Clinic - open to all Riverdale Toddlers and pre-schoolers. Ages 2 - 5 years old. Registration night: Thursday, August 9, 7-9 PM at Community Center. Cost: $40 (includes T-shirt, soccer ball and medal.) Late registration till 8/27. Begins: **Saturday, September 15** (6 weeks). 10:00 - 11:00 AM at the Riverdale School Field. Call Anne Gould 973-248-9663 annemgould@yahoo.com

Community Center Programs

Brought Back by Popular Demand!

Fall for Toning & Strengthening Exercise

Instructor Todd (Certified Personal Trainer & Nutritional Advisor) is returning for Fall 2007!
This is a high energy cardio & strengthening toning class. All are welcome, but be prepared to work hard!
Classes Begin: **Tuesday, October 2** (10 weeks)
Cost: **$5.00 per class** (pay in full at registration)
Location: Senior Community Center @ 7:00 - 8:00 PM.
Participants will need: Exercise sneakers, work-out apparel, dumbbells or hand weights, resistance bands and a mat.
Advance Sign-up Required at Community Center
973-706-6471. Classes fill up quickly. Register NOW!

Fitness is Fun - Thursday Night Aerobics

Great for beginners or those who have not exercised in a while, as well as those who exercise regularly.
Classes Begin: **Thursday, September 27** (10 weeks)
Cost: **$5.00 per class** (pay in full at registration)
Location: Community Center @ 7:00 - 8:00 PM
Instructor: Sandy (Certified Fitness Instructor)
Participants will need: Exercise sneakers, comfortable clothing, bath-size towel. Optional: mat, dumb bells or hand weights.
Advanced registration required at Community Center.
973-706-6471. Classes fill up quickly. Register NOW!

WANTED: Senior Community Center is looking for good quality recreational equipment. Will be used in the Center's lower-level for children/teens to use.
Such as: *Basketball Hoops (on wheels), Pool Table, Air Hockey Table, Pin Ball Machine, etc.*

Copy deadline is the 4th Monday of each month. The publishing date will be the 1st Wednesday of the following month. Pictures, stories, weddings, births, scholastic, armed services, etc. are all welcome. We reserve the right to edit articles for space. Photos should be e-mailed or on disc in a JPEG format. Please send all information any time during the month to **mayor@riverdaleNJ.com**

FIRE DEPARTMENT

One Hundred Years Later - Still Going *Strong*!

On **Saturday, August 25**, the Riverdale Fire Department will host its **100th Anniversary Celebration**. The day will start at 12 noon on the Riverdale School front lawn with a memorial service for **Joe Ezzo**, who died on August 25, 1982 while responding to a fire. The Borough will dedicate a lamp post in front of the school in his honor.

Beginning at 4 pm a traditional wetdown will be held at the firehouse on Post Lane. Purchase a $10 mug entitling you to food, refreshments and entertainment. Area fire departments will be on hand to help us celebrate.

At 7:30 pm the celebration moves to Freedom Park for the final night of the Summer Concert Series, performance by the Mahoney Brothers. Concluding the celebration will be a **fireworks display.** The final concert and fireworks are sponsored by **Target.**

All residents are urged to come out and show their support for our Fire Department on their monumental 100th Anniversary. We owe them, Riverdale's Bravest, our support. No better day than this!

The Riverdale Fire Department was awarded 2 grants to purchase equipment. One was from Prudential Financial in the amount of $5,000, the second was from the Department of Homeland Security for $39,778. This money will allow us replace 10 sets of turnout gear from 1994, and purchase an inflatable boat to be used for evacuations during a flood.

www.RiverdaleNJ.gov

The latest in all the news and photos about the wonderful people who make up our community. Legal information, tax maps, ordinances are all a part of our website. Riverdale School Graduation and Memorial Day Parade pictures are available to enjoy. Our Summer Concert Schedule is on-line. Subscribe to *Riverdale Happenings* at the bottom of each web page. We can then inform you of any changes or cancellations to the Summer Concerts by email. Try it, you'll be pleasantly surprised!

Riverdale Street Fair - Sept. 30 - Sunday

Anyone interested in setting up a booth at this year's street fair please contact the promoter directly at www.jcpromotions.info 201-998-1144 Cissy Gialanella

The **Riverdale CERT** teams had a drill on June 28 at the Community Center. The drill dealt with Emergency Medical Service. Also in attendance were the CERT teams from Kinnelon and Lincoln Park as well as the First Aid Squad. It is comforting to know that we have such well-trained, prepared first responders.

Library News

For more information, call (973) 835-5044 www. riverdalelibrary.org

Infant and Pre-School Story Times

Baby Time - Infants - 2 years
Monday, **Last Day:** August 6 - 11:00 to 11:30 a.m.
It's baby time at the library. Designed especially for infants and active toddlers, it is a half hour of rhyme, song, movement, and shared reading.

Sunny Stories - Ages 2 - 5
Wednesday, **Last Day:** August 8 - 10:30-11:15 am **or** 1:30-2:15 pm
Stories , songs and crafts included in this program

Stories Under the Stars for Families -Thurs., **Last Day:** Aug. 9 @ 7PM
Join us in the gazebo for stories, songs and stargazing.

Just For Us - Library programs for 4th and 5th Graders
Thursday 7:00 to 7:45 PM. * **Last Day:** August 2 - Clues in the Shadows.
Craft a shadow puppet theater. We'll entertain each other transforming our hands into a real zoo, and feasting on animal cracker shadow cookies.

Get a Clue @ the Library - Monday, 3:00 - 4:00 PM - K. thru 5th Grade.
Last Day: Aug. 6 - Mystery Scavenger Hunt. *Join us where your goal is to find as many items on your list as you can, all hidden in the Library!*

Weekly Raffles for Kids in the Summer Reading Program
Can you solve the code? Each week on our bulletin board we will have a message, written in code. Solve it correctly and we'll give you a ticket for the raffle of the week. What could you win? Prizes include a Clue Jr. board game, the latest Harry Potter and other cool stuff.

Summer Reading Club Ice Cream Party - Mon., August 13 @ 7 - 7:45 PM
Celebrate all the super reading you did this summer. Make a sundae, and join us for some fun activities.

Summer Ice Cream Sundaes for Teens entering 6th, 7th & 8th grades.
Tuesday, August 21 @ 6:30 - 7:30 PM *Scoops of ice cream and scoops on what are the latest and best books to enjoy before a busy school year.*

JOIN THE *FRIENDS OF THE RIVERDALE PUBLIC LIBRARY*!
Every year the Friends of the Riverdale Public Library support the annual summer programs for children and teens. Thanks to them we have special performances, great summer reading programs, activities and crafts. New members are welcome! Stop by the library for our next meeting on Thursday August 16 at 7:30 PM.

Helpful Health Hints - An Alternative View

Sunscreen is poison. Let's clear up the myth that you will get skin cancer if you don't wear it. Sunscreen use has not lowered the incidence of cancer. Anything you put on your skin has to be good enough to eat. You are eating whatever is put on your skin because it is an organ. We know progesterone cream and the nicotine patch works via the skin so why wouldn't sunscreen impact the body? Coconut oil is very smart to apply before sun exposure. I use it everyday as my moisturizer all year. Apply it during sun exposure and after. It is also excellent to eat in place of butter to scramble eggs or spread on Ezekiel bread. Internal and external protection will keep your skin healthy. What you eat becomes you! Coconut oil fights virus, fungus and supports your thyroid. If you need to lose some weight switch to coconut oil and use it liberally. *Rebecca Karchere, MS Nutritionist* *www.purenewtrition.com*

Did You Know?

- A newborn baby cannot shed tears.
- An eyelash lives about five months.
- When asked to name a color, three out of five people will say "red".