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www.RiverdaleNJ.gov

The Latest Edition of

Riverdale News & Events

Published by the Riverdale Mayor and Council

This issue of *Riverdale News & Events* was paid for by **Riverdale Baptist Church.** Thank you for supporting them!

Riverdale Baptist Church

Come worship with us on
Christmas Sunday, December 23.
Service begins at 10:45.

6 Newbury Place - Riverdale
Next to Riverdale School

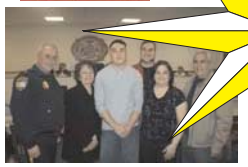
For unto you is born this day
in the city of David a Saviour,
which is Christ the Lord.
Luke 2:11

If you would like to sponsor an issue of this Newsletter, please contact Carol Talerico 973-835-4060

Riverdale News & Events

Vol. 3, No. 3 — *A Monthly published by the Riverdale Mayor and Council* — *December 2007*
www.RiverdaleNJ.gov

Chris Scilingo, Iraqi Vet, Home for Thanksgiving



Riverdale resident, Chris Scilingo, has been in the U.S. Marine Corps since graduating from Pompton Lakes High School in 2005. After receiving advanced combat training he went to Iraq where he spent more than six months in the Al Anbar province on a base called Al Asad.

Chris and his family were present when the Mayor and Council presented him with a certificate of appreciation. Other acknowledgments were sent by the 26th Legislative District and the Morris County Freeholders. The Riverdale Fire Department came out in force to honor Chris. **Chili's** invited Chris' and his entire family to a dinner at the restaurant. Thanks to all. *Go to www.RiverdaleNJ.gov for the complete Chris Scilingo Photo Album and story.*

Library Opens New Teen Room!

Riverdale Public Library is pleased to announce our brand new Teen Room on the 1st floor of the library. This quiet and cozy space is ideal for middle and high school students to relax with a good book, work on homework or surf the Net. The room features a variety of hardcover fiction, graphic novels, paperbacks and magazines, as well as 4 public computers with Internet access and Microsoft Office Suite.

Planning for the room began many months ago and it could not have been completed without the generous assistance from the Riverdale DPW and the Library's teen patrons. Thanks to all for making it happen! *Teen Room Coordinator Linda Vogel is shown with a couple of teens.*

Holiday Notes

Christmas Decorating Contest

Judges will be visiting all the neighborhoods looking for the most festively decorated house in Riverdale. Be ready during the week of December 10. All are eligible, no registration required.

Santa Claus is Coming to Town

Holiday Gathering on Saturday, December 15 from 7:00 to 9:00 PM at the Community Center.

Tree Lighting Ceremony

RBA Tree Lighting on the School Lawn on Thursday, December 6 at 6:30 PM.

For all of the LATEST Riverdale News visit our website www.RiverdaleNJ.gov

ANNOUNCEMENTS

Engagements, Weddings, Birthdays, Graduations, Births, Anniversaries, etc. Tell us about your family!

Daniella DiMarco will be 18 years old on December 20th. Happy Birthday. We love you, Ana, Andrea and Mom!

Happy Birthday (BIG 4-0) to my Best Friend, the Love of my Life and Best Mom ever! **Lori Pirolo** on December 23. Love you, Bill, Paigey and Belle!

December Police Department Birthdays are **Lieutenant John Peine** on 12/6 and **Dispatcher Joe Peters** on 12/16.

100 years ago Riverdale looked a lot different! A custom framed copy of the panoramic view of Riverdale circa 1907 (42" x 8.5") is available for $125. Please contact the Library at 973-835-5044. All proceeds support the Riverdale History Collection.

No Overnight Parking or When Roads are Snow Covered.

Beginning December 1 through March 31 NO PARKING on borough roads between the hours of 12:00 AM to 6:00 AM

Flu Shots still available. Please call the Borough Hall at 973-835-4060 to make arrangements. $15 fee.

School News by Dr. Betty Ann Wyks

Students at Riverdale School welcomed local community Veterans to a celebration in their honor on November 12. Grade levels throughout the school focused on the importance of the veterans' service in insuring our freedom as Americans and honored their accomplishments with poems, songs and tributes. The Veterans who attended shared stories about their experiences with the students. As a school we are proud to honor these individuals who have served our country so well.

Fall parent teacher conferences are being completed, coinciding with the end of the first marking period. We continue to urge our parents to maintain open lines of communication with our staff order for us to work together t ensure a quality education for our youngsters. The listing of those students achieving honor roll or Superintendent's List for the first marking period will be released shortly.

Please note that the school is in need of a Band/Chorus director for its extracurricular music program. Please contact Dr. Betty Ann Wyks at 973-839-1300 x7. The district welcomes Mrs. Vicki Reinhard as School Social Worker. She replaces Mrs. Becker who is on maternity leave through the end of the school year.

Kindergarten Thanksgiving Feast
Left photo:
James Kimberlin
Steven Cali
Right photo:
Veronica Bastian
Alyssa Lightner

Riverdale Business Association - RBA meets every 3rd Thursday, 7:00PM at Berta's Chateau, Wanaque. You may RSVP by calling 973-839-1716. www.rbanj.org

Recreation

June Carelli, Director 973-616-0288

Winter 2008 Children & Toddler Bowling
Starts: Sunday, January 6, 2:00 - 3:30 PM (10 weeks)
Holiday Bowl, Oakland.
Grades 1thru 8: $68 - Incl. 2 games, t-shirt and trophy.

Pre-School (ages 3-5): $38, incl. 2 games, t-shirt, trophy.
Registration deadline is December 7 (no exceptions).
To sign up please contact us before the deadline. Registration forms located in Borough Hall Lobby.
Grade School: Lori Clinton 973-616-4406
Toddlers: Anne Gould 973-248-9663

2008 Winter Exercise Program
"Interval Training" by Sandy. *Interval Training: A combo of aerobics and weights alternating in a specific time ratio like 3 minutes of aerobics followed by 1 minute of weights/toning.*
Starts: Tuesday, January 8 @ 7:30 PM for one hour
10 Week Session at the Riverdale Community Center
$5 per class. The entire $50 needed at registration.
Floor Mat & Hand Weights Needed. Call 973-706-6471.

Santa's Mailbox has arrived right here in Riverdale!
Write a letter to Santa and seal it in an envelope, address it and drop it in our special Santa's Mailbox.
Santa's Address (no postage necessary):
Santa Claus, North Pole.
On the night of our Holiday Gathering (Dec. 15) the mailbox will be brought to the Community Center and all your letters will be given to Santa so he can read them at the North Pole that very night!

HOLIDAY GATHERING
Saturday, December 15, 7:00 - 9:00 PM Community Ctr.
Come on time to see Santa arrive with treats for all the children!
Climb aboard the Fire Trucks and First Aid trucks.
Enjoy the desert table, filled with sweet treats.
Hot Chocolate provided by Riverdale Boy Scout Troop 73.
Listen to Christmas Caroling by the Girl Scouts.
Christmas Home Decoration Contest Winners to be announced!
Bring your family and friends to enjoy holiday cheer with all.

Win "2 One Visit Mt. Creek Ski Passes" + "2 Food Vouchers"
Enter at the Holiday Gathering for a chance to win. One winner.

HELP WANTED Looking to increase our Recreation Department for the 2008 Committee. Be part of the programs and events we create throughout the year. our Committee is a lot of fun. We always welcome new ideas! Please contact June Carelli at Rec. 973-706-6471 or at Home: 973-616-0288. Call her Now!

Copy deadline is the 4th Monday of each month. The publishing date will be the 1st Wednesday of the following month. Pictures, stories, weddings, births, scholastic, armed services, etc. are all welcome. We reserve the right to edit articles for space. Photos should be e-mailed or on disc in a JPEG format. Please send all information any time during the month to **mayor@riverdaleNJ.com**

FIRE DEPARTMENT

The fire department responded to 139 emergencies as of November 28th. There is a good chance that in 2007 we will surpass 144 emergencies which is the highest number of responses on record. Visit our website www.riverdalefd.net and click on "Incident Data" to see statistics on emergency responses, including a graph of Historical Incident Data back to the 1930's when the fire department responded to 20 emergencies per year. Thank you to all the residents for your support during our annual fund drive. Because the new method of soliciting donations via the mail there is a possibility the original letters were misplaced or mis-delivered, we will be sending out additional letters in the next few days so that you may have a chance to donate. Thank you for your patience during this transition.

Each year fires occurring during the holiday season injure 2,600 individuals and cause over $930 million in damage. Increased use of candles and improperly maintained live Christmas tress are the major causes. Visit our website www.riverdalefd.net and click on the "Holiday Fire Safety" link. It will take you to the U.S. Fire Administration web page "Season for Sharing in Fire Safety" where you can review several life saving tips. *The officers and members of the Riverdale Volunteer Fire Department wish you a happy and safe holiday season.*

Helpful Health Hints - An Alternative View

Coenzyme Q10 is an antioxidant that is structurally similar to vitamin E. It plays a crucial role in the generation of cellular energy, is a significant immunologic stimulant, increases circulation, has anti-aging effects, and is beneficial for the cardiovascular system. Coenzyme Q10 is found in highest concentrations in the heart, followed by the liver, kidney, spleen and pancreas. Within the mitochondria, the cells' energy-production centers, coenzyme Q10 helps to metabolize fats and carbohydrates. It also helps to maintain the flexibility of cell membranes.

In Japan, coenzyme Q10 has been approved for use in treating congestive heart failure. Various research reports suggest that coenzyme Q10 also may be beneficial in treating cancer, AIDS, muscular dystrophy, allergies, gastric ulcers, myopathy and diabetes.

Prescription for Natural Healing by James Balch, M.D.

Christmas Home Decorating Contest

Rec will be driving around the week of December 10 to select the 2007 winners. No registration required and all Riverdale residents eligible. 1st, 2nd, 3rd Place Winners announced at the Holiday Gathering on Saturday, December 15.

Library News

For more information, call (973) 835-5044 www. riverdalelibrary.org

CHILDREN'S PROGRAMS

Baby Time Infants - 2 years
Fridays, Dec. 7, 14, 21 @ 11 - 11:30 AM
Saturday, December 15 10:30 to 11:00 AM
It's baby time at the library. Designed especially for infants and active toddlers, it is a half hour of rhyme, song, movement, and shared reading.

Golden Stories Ages 2 - 5
Wednesdays, December 5, 12, 19
10:15-11:00 am **or** 1:30-2:15 pm
Saturday, December 15 11:15 am toNoon.
Join us for both new and classic pre-school stories.

Holiday Houses - Ages K - 5
Friday, December 7 - 3:00 to 4:30 PM
Join in the fun after school when we craft "gingerbread" with gobs of icing and loads of candy. Sweet! Registration is limited, so sign up now!

Family Program-Holiday Bedtime Stories - Thursday, Dec. 20; 7-7:45PM
Join us for wonderful stories of the season and cookies and milk. Younger patrons may want to wear pajamas and bring teddy.

TEEN PROGRAMS - Gingerbread Houses for Teens
Tuesday, December 4 @ 6:30 - 7:45 PM. *Help us craft houses to add to our annual Riverdale Public Library Gingerbread Village Display. Using candy and gobs of icing, you'll create a house of your own.* Grades 6,7,8.

ADULT PROGRAMS

Book Discussion Group Monday, December 17, 6:30 - 8:00 PM
Carlos Ruiz Zafon's Gothic romance, "The Shadow of the Wind" is a heart racing cliffhanger. Copies of the book in both print and audio are available at the library. All are welcome.

Library Exhibit Master photographer Theodore Carrozza's exhibit, *The Artist's Life Imagery*, features his most interesting and eclectic works. Carrozza believes "there is no delineation between me and my photography. I do not view image creation as a career, but rather an extension of my inner self."

Knitters Group - Second & Fourth Thursday of the Month @ 4:00 PM
Open to all beginner, intermediate and advanced knitters who wish to come our and "learn, teach, assist or just relax" with other knitters.

We Want to Know What You Think! Your opinion counts. Please let us know how we're doing and what we can do better by returning the library survey that was included in October's newsletter. Just drop it off at the library's book drop on the front steps. We have extra copies if you need one, or go to the homepage at www. RiverdaleNJ.gov to down load a copy. **We'll be accepting submissions until December 15.** Thank you.
For more information call: 973-835-5044 or www.riverdalelibrary.org

JOIN THE FRIENDS OF THE RIVERDALE PUBLIC LIBRARY!
Join the Friends at our next meeting on Thursday, January 17 at 7:00 PM at the Library. We are beginning to plan the **2008 Book Sale,** which is scheduled for March 19 - 23, 2008.

Did You Know?

- In twelve days of Christmas, there are 364 gifts.
- In the first week, the tree in your home will consume one gallon of water daily.
- There are no Christmas trees in Italy. Small wooden stands of pyramid shape are decorated with fruit.