# Riverdale News & Events

Borough of Riverdale, Post Office Box 6, Riverdale, NJ 07457

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**PAID**
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Permit No. 12

**Southern Gospel Quartet**
***Soul'd Out***
**at the Riverdale Baptist Church**
**for a Free Concert on**
**Sunday, December 7 at 6:00 PM.**
**All are invited to attend and enjoy.**
**For more info call 973-835-3275.**

Postal Patron Local
ECR WSS
Riverdale, NJ 07457

- NO Overnight Parking beginning Dec. 1 - March 31 from Midnight to 6 AM
- NO parking when snowing or streets are snow covered.
- NO throwing snow or leaves into the streets.
- Snow must be removed from sidewalks within 24 hours after snowfall ends.

**Borough Offices will be CLOSED on**
**Thursday & Friday December 25 & 26**
**Thursday & Friday January 1 & 2**

## Happy Holidays and Best Wishes for the New Year!

EVS METAL

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**If you would like to sponsor an issue of this Newsletter, please contact Carol Talerico at 973-835-4060.**

# Riverdale News & Events

*A Monthly published by the Riverdale Mayor and Council*

*Vol. 4, No. 3* **www.RiverdaleNJ.gov** *December 2008*

## Riverdale Senior Community Center
## Riverdale Youth Canteen

Dedicated on November 22, 2008

In addition to a number of residents in attendance were Morris County Freeholders Doug Cabana and Bill Chegwidden, Morris County School Superintendent Kathleen Serafino and former Riverdale School Superintendent Mario Cardinale. The dedication was hosted by the Mayor and Council along with the Riverdale Board of Education and Superintendent Dr. Betty Ann Wyks.

The building is now complete with the upstairs' Great Room being used for all types of events, borough and private. It is 2500 square feet and holds up to 200 people. This level was built to satisfy the ever-growing senior citizen club. They hold their meetings in the Great Room and have a smaller meeting room for daily activities.

The lower level is to be used primarily as a youth center, known as the Riverdale Youth Canteen, hosting programs for young people of all ages. The main room is as large as the upper level's. This room is also available for residential functions, doubling the availability for rental. The building both levels, is 10,000 square feet.

The Community Center was built with the cooperation of the Governing Body and the Board of Education. It is a testament to cooperation between the two boards.

Steve and Jean Revis. Steve was President of the Board of Education when the Center was built. Steve's leadership on the Board made the center a reality.

Mary Gambino was President of the Senior Citizens at the time of the opening in February 2007.

Former Supt. Mario Cardinale was on hand for the dedication. Without his initial support for the project it may never have come to pass.

**Riverdale Borough made of the best people on earth.**

Steve Pricone and his wife standing before the dedication plaque for his bocce court.

The Riverdale Council (above).

Board President Shawn Dougherty addresses the Board and the residents.

# Merry Christmas!

## Christmas Holiday Gathering

*Don't Miss It!*

Monday, December 8 at 7:00 PM

*Starting on the School's Front Lawn.*

Carols, a Visit from Santa,
Desserts and Hot Chocolate

*See inside for details.*

# Announcements

Happy Belated 20th Birthday, **Andrea DiMarco**, on Nov. 8. Love Mom, Ana & Daniella.

Happy 19th Birthday on Dec. 20 to **Daniella DiMarco.** Love Mom, Ana & Andrea.

Happy 50th Birthday, **Ray Maloney** on Dec. 5. We love you. Lorrie, Kaitlyn, Britt & Bella.

A Big Congratulations to **Samantha Poli** for being accepted to the National Junior Honor Society. We are so proud of you!!! Love Mon and Dad.

Happy Belated Birthday to **Sal Poli** back on October 20. Love Jackie, Samantha and Joey.

Happy 13th Birthday to **Samantha Poli** on Nov. 19. Love Mom, Dad and Joey.

Happy Birthday, **Sis Lang,** on December 10.

Happy 4th Birthday to **Christina Sheridan** on Dec. 28. Love Dad, Mom, Charles, Michael, Miranda and Santa.

Happy Birthday, **Adam Nadiroglu**, on Dec. 20. Love, Mom, Dad, AJ and Alex.

Happy Birthday, **Cathryn Alecci**, on Dec. 28. Love, AJ, Adam & Alex.

Happy Birthday **Kevin Thomas**, our favorite 12 year old on Nov. 22. All our love, Dad, Marybeth, Matthew, RJ & Kevin.

Happy Birthday, **Grandma & Grandpa Ruppel**, on Dec. 12. All our love, Ron, Marybeth and all the boys!

Happy 15th Birthday, **Michael Carelli,** on Dec. 22. Love you a lot, Mom, Dad, Tommy, Samantha, Grandma Plescia, Grandma & Grandpa Carelli, and Nauni.

Happy Birthday, **Brian Schofield,** on Dec. 11. Love Anne, Dave & Reilly.

Happy Police Birthday to Dispatcher **Joe Peters** on December 16th.

## Thank you!

On November 14 at 2:00 AM it was necessary for me to dial 911 because of pain in my left shoulder and chest. Within minutes, Patrolman Gary Kiel and Sgt. Kevin Smith were in my home. I am writing at this time to compliment our Police Department and First Aid Squad. Thank you for the excellent care given to me here at my home and on the way to the hospital. May God bless all of you always. *A thankful Riverdale Senior, Grace Chiesa.*

## Natural Health

### Coffee: Its Benefits

Did you know that drinking coffee is good for you? Research shows that the good outweighs the bad when used in moderation. Coffee is rich in antioxidants, like clorogenic and melanic acids, and recent medical research suggests that drinking it is associated with a reduced risk of a variety of illnesses and an improvement in overall body and mental performance. The following is a short list of coffee's health benefits.

- The caffeine content may relieve your headaches
- It is known to increase mental focus
- Reduces the risk of cirrhosis of the liver by 60-80%
- Reduces the risk of type 2 diabetes
- Extra protection against Parkinson's disease and Alzheimer's
- Reduces the rate of age-related cognitive decline, etc.

It is important to understand that while coffee has many health benefits it is not a substitute for an otherwise healthy diet and a natural health lifestyle. It simply means that it is a fantastic supplement and an enjoyable treat for many people. The bottom line is that you don't need to feel guilty about enjoying a hot cup of java every once in a while.

Taken from www.naturalhealthlifestyles.com/benefits-of-coffee.html

# Recreation

June Carelli, Director **973-706-6471**

## Holiday Gathering

Monday, December 8 @ 7:00 PM on the School Front Lawn

Start this festive evening by listening to the Riverdale School Choir sing holiday songs and watch the Christmas Tree light up before your eyes. *Next we walk to the Community Center to await the arrival of Santa Claus! Sit on Santa's lap and have your picture taken with Jolly Old Saint Nick!* Listen to Christmas Caroling by the Girl Scout Troop. *Enjoy the dessert table and hot chocolate!* Bring your family, neighbors and friends to share with you this very special holiday season.

*This event is brought to you by the Riverdale Business Association, the School and Recreation Department among many other town organizations who contribute to the success of the Christmas gathering.*

## Holiday Home Decorating Contest

No registration necessary, but please send in your vote for the best if you wish.

1st, 2nd and 3rd Place Winners to be announced this month.

Winners receive a lawn sign to display and picture in the January 2009 Newsletter.

## Santa's Mailbox

Write a letter to Santa, seal it in an envelope, address it to *Santa Claus, North Pole* (no postage necessary!) and drop it in our special Santa's Mailbox located in front of the Municipal Building.

On the night of the Holiday Gathering - December 8 - the mailbox will be brought to the Community Center for anyone who wants to deliver a letter that evening.

**Winter Children's Bowling** - Holiday Bowl, Oakland

Deadline to register: December 10.

Program Starts: Sunday, January 4 - March 8 Time: 2:00 - 3:30 PM

Cost: Grade School Children $69/child (includes 2 games, t-shirt & trophy)

Pre-school Children $39/child (includes 1 game, t-shirt & trophy)

Questions: Anne Gould 973-248-9663 or AnneMarie Nadiroglu 973-616-5225

## COMMUNITY CENTER PROGRAMS

**Yoga - Adults** by Instructor Kathy DeJesus

Mondays @ 6:30 PM and Wednesdays @ 7:00 PM

$7.00 per class. Bring your own yoga mat.

**Hips on Fire Exercise for Adults** by Instructor Livia Deak

Thursdays @ 7:30 PM - $7.00 per class

***New for Kids! Excellent Training for both BOYS & GIRLS!***

**Beginner Tap & Ballet Classes** - Fridays

4:00 - 5:00 pm. $7.00 per class Tap and Ballet classes for ages 4, 5 & 6.

*Children will receive excellent instruction for tap & ballet dance.*

**Children's Hip Hop Dance Class** - Wednesdays or Fridays

5:00 - 6:00 pm. $7.00/class - 2nd Grade Children & above.

*Learn Hip Hop Dancing, Cool Dance Moves & Funk Dance Routines.*

Both classes taught by *Miss Livia*, a licensed dance instructor

**Call to Register: 973-706-6471**

## Children's Music Program

*Come in for a fun-filled educational music class. A fun way to introduce kids to the world of music. They will learn song melodies, hand & Body movements by participation in games, playing instruments and much more..*

Mommy & Me (6 months to 18 mos.) Toddler (2 to 4 years old)

Fridays, @ 11:00 - 11:45 AM *** $7.00/class *** Register: 973-706-6471

**Copy deadline is the 4th Monday of each month. The publishing date will be the 1st Wednesday of the following month. Pictures, stories, weddings, births, scholastic, armed services, etc. are all welcome. We reserve the right to edit articles for space. Photos should be emailed in a JPEG format, actual photos can be scanned. Please send all information any time during the month to mayor@RiverdaleNJ.gov & RiverdaleMayor@gmail.com**

# Events Worthy of Note

**Riverdale School News - *Dr. Betty Ann Wyks***

We are proud to announce that science teacher, **Steve Pricone**, has been chosen as a recipient of a 2008 BASF Science Education grant in the amount of $5,000. Mr. Pricone plans to purchase equipment for the school's science lab which will assist him in working with students to explore plant stem cells.

Residents of Riverdale are invited to attend the holiday performance of the school band, chorus and brass ensemble on Tuesday, December 16. The concert will begin at 7:30 PM in the school gymnasium.

A special thanks goes out to the Pequannock Valley Rotary, whose generosity provided food to ensure that some of our students' families had a happy Thanksgiving.

If you a have a preschooler who will be 3 years of age on or before October 1, 2009 and would like information about the preschool program, please call 973-839-1300 x7 and leave your name, address and phone number with Mrs. Palek. We will provide you with information early in 2009.

Our staff and students are thankful for the continued support of the community and we wish them a happy and healthy holiday season.

## IMPORTANT NEWS!

Riverdale, under the instigation and direction of Mrs. Gloria Carelli, is starting a Food Bank. She pointed out to us the need of a number of our residents' need of assistance. These are some of the foods we will be accepting.

**Canned foods: Vegetables, fruits, meats, fish; *Bakery products* Individual snacks and juice items, *Canned meals*, Hot & Cold Cereals, *Sauces and gravies*, Condiments, *Pastas*, Packaged one-dish meals, *Packaged potatoes, rice, lentils, peas.*** Also needed are: Kitchen & Laundry Detergents; Paper products and napkins.

Frozen turkeys and canned hams will be accepted & distributed. Local supermarket gift cards in denominations of $25 or Less, will be accepted and distributed to Food Pantry clients for fresh dairy, produce, bread and meat. *Items with expired dates or expiration dates within one month may not be accepted.*

Anyone in need of assistance, please call Linda Roetman at 973-835-4060 x6. All calls are kept extremely confidential.

**Riverdale Business Association.** We are at a critical time in the life of the RBA. For over 20 years we have done great things for the town and students of Riverdale. If you have a business or do business in Riverdale and are interested in helping out, please contact Patrick McCarthy at pmccarthy@yourfreshair.com.

**Kids Stuff Discount Coupon Books.** Great way to start your Christmas shopping! Proceeds will benefit the 2009 Eight Grade graduating class trip to Washington, D.C. Books may be purchased by contacting Mary Wolbach 973-831-1383.

**NEW HOURS.** For the convenience of our residents some of our offices will be open for town business on Thursdays till 7:00 PM. You can meet with the Tax Collector, Court Administrator, Building and the Sewer & Water Billing Depts. Those offices will be closing on Friday afternoons at 1:00 PM. All other offices follow the regular hours.

Join the tradition. Our Fire Department, over 100 years old, has openings in all Companies: Engine, Ladder & Rescue. Training included. Call 973-831-1584 ext. 1

# Library News

*For more information, call 973-835-5044 or www.RiverdaleLibrary.org*

## CHILDREN'S PROGRAMS

**Baby Time** - Infants - 2 years

Mondays, December 1, 8 & 15 @ 11:15 - 11:45 am

*It's baby time at the library. Designed especially for infants and active toddlers, it is a half hour of rhyme, song, movement and shared reading.*

**Golden Stories** - Ages 2 - 5

Mondays, Dec. 1, 8, 15 @10:15-11:00am or 1:30-2:15pm

*There are falling leaves, pumpkins in the fields and a chill in the air. Gather with us at the library for stories of the season, rhyme, song and crafts.*

**Teen Gingerbread Houses** - Thursday, December 4 @ 6:30-7:00 for students in the 6, 7 & 8 Grades. Create a gingerbread display for the Library using gobs of icing and mounds of candy. Put your creative talents to work in gingerbread construction. We are recreating Riverdale, with so far a library, school and area churches. The display can be seen at the gallery throughout December. Call to register: 973-835-5044.

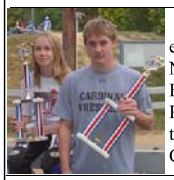
**Holiday Houses: K-5th Grade** Friday, Dec. 12 @ 4:00 - 4:45PM Build a holiday house with graham crackers, gobs of icing and loads of candy. Limited seating. Registration required: 973-835-5044.

## ADULT PROGRAMS

**Italy Through the Eyes of Love Exhibit** will feature Riverdale's own Carolyn Masone, who will display her fantastic photographs through mid-January. Her images create a visual chronicle of her appreciation and deep attachment to the alluring country.

**Italy Through the Eyes of Love Discussion** Tues., Dec.2 from 7-8 PM Carolyn will discuss her fascination with Italy and how this informs her photography. Whether you are an armchair traveler or a frequent flyer, you will find an interesting discussion of how love expresses itself through art.

**Book Discussion Group** - Monday, Dec. 29 @ 6:30 - 8:00 pm Will discuss *The Namesake* by Jhumpa Lahiri. Refreshments.



**Jack & Jennifer Pezzuti** earned *NJ State Championship* titles at the National Bicycle League BMX state race at Egg Harbor on October 18. Jennifer took First Place in the 12 year old Girls Class and Jack took First Place in the 16 year old Novice Class. Congratulations to both of you!

*Members of the Riverdale Senior Citizen Club are sending Christmas Cards & Greetings to National Guard soldiers deployed from the Riverdale Armory to Iraq.*

**IMPORTANT NOTICE!** Our Fire Department is concerned about their inability to get the fire trucks onto certain streets because of illegal parking. Under state law NO PARKING is permitted 1. Within an intersection 2. On a crosswalk 3. In front of a driveway 4. On a sidewalk 5. **Within 50' of a stop sign** 6. **Within 25' of an intersection** 7. Within 10' of a fire hydrant. Our Police Department will be enforcing these state laws to ensure that public safety is maintained, especially the accessibility of our fire trucks to the streets in our residential neighborhoods.

**Did You Know?**

- A giraffe has a 17 inch tongue.
- John F. Kennedy was the only U.S. president survived by both his parents. This past November 22 was the 45th Anniversary of his assassination.
- The cuffs on men's pants were originally made to hold cigar ashes.