December 2010

Riverdale News & Events

Vol. 6 No. 3 *A Monthly published by the Riverdale Mayor and Council* www.RiverdaleNJ.gov

Merry Christmas

May Everyone have an enjoyable, memorable and safe Holiday Season.

Halloween House Decorating Contest Winners

Most Creative **Roosma Family** 20 Cedar St.
Most Scary **Zirpolo Family** 10 Morris Ave.
Most Festive **Helen Donnelly** 53 Riverview Ter
Congratulations to all the Winners and to everyone else for decorating their houses during this fun season.

PIE CONTEST

Winner! **Dawn Dube**
Apple Pie
Judges: Chief Tom Soules
Councilwoman Elaine Wetzel

PHOTOGRAPHY CONTEST

1st Place **Cassandra Cole**
2nd Place **Linda Anders**
3rd Place **Don Pruden**
Honorable Mention **Steve Frast**

ART SHOW

A reception with the artist was held recently at the Riverdale Library. The art of **Mike Rossi** was featured during his show entitled, *People, Places and Things.* Such shows are a part of the library's ongoing gallery programs showcasing art, photography, history, needlework and much more.

Announcements

Happy Anniversary on Dec. 12 to **Grandma and Grandpa Ruppel!!** We love you very much! Love, Ron, Marybeth, RJ, Kevin, Matthew and Kevin T.

Happy 12th Birthday, **Matthew Gancher**, on December 5! Love, Mom, Dad, Aunt Joanne, Veronica and Jenny!

Happy 17th Birthday to **Michael Carelli** on December 22. Love you lots, Mom, Dad, Tommy & Samantha, Grandma & Grandpa Carelli and Nauni.

Happy 8th Birthday to **Jacolyn Venezia**, who celebrated on November 6. Love, Mom, Dad and Max!

Happy 2nd Birthday to **Emma Budesheim** on December 3. Proud parents are Greg and Lisa, and her brother Jack. Grandparents are Bill and Marian; Joe and Diane D'Imperio.

Happy Birthday on December 11 to **Brian Schofield.** Love, Reilly

Sam Venezia took this picture of his daughter, Jacolyn, during Fright Night. She was dressed as a "junior" aspiring police officer. Here she poses with Riverdale Chief Tom Soules.

A very Happy 8th Birthday to our Princess, **Morgan O'Connell,** on November 25! We love you!!! Love, Mommy, Daddy & MacKenzie xoxox

Happy Birthday to **Dispatcher Joe Peters** on December 16.

The Riverdale PTA will be hosting its annual "Holiday Breakfast" on December 12 from 8 AM to 12 Noon in the school cafeteria. Children and Seniors are $2.50; Adults $3.50. Please come and celebrate the Holiday with us; we look forward to seeing you!

Riverdale Senior Citizens are Sharing and Thankful

The first meeting of November was held on November 1st. **President Irene Moehring** conducted the meeting. She thanked all those who brought food for the food banks, both our town's and the Armed Forces Food Bank. She asked us all to continue being so generous. She also reminded us that our property taxes were due. **Chaplain Grace Chiesa** gave an inspirational message. A rousing chorus of *God Bless America* was led by **Marion Davis**, and **Vice President Loretta Lippens** asked all the Veterans to stand, and they were given acknowledgement and thanked for their service to our country. She read a lovely poem called *A Tribute to Veterans*, written by **Elaine Peacock**, one of our members. November birthday celebrants were acknowledged and serenaded with a Happy Birthday song. The trip committee gave a tentative list of trips for next year. * A representative from the Montville Chelsea Nursing Home spoke briefly, then played some fun card games with us. They provided cookies and cider for all.

The second meeting was conducted by President Irene Moehring and Chaplain Grace Chiesa read a *Prayer for Thanksgiving*, written by member Elaine Peacock. The group was led by **Gordon Davis** in singing *America*. Fifty-nine members were present. Vice President Loretta Lippens read a humorous story, *The Turkey Flew Out of the Oven*. The seniors find laughter is good for the soul. * We had a program called *Stop the Pain* presented by Dr. Jan Kasprowcez from the NJ Spinal Care in Wayne. Following the meeting, he met and spoke with anyone who so desired. * Hope you all have Happy Thanksgiving and a blessed holiday to all!

Presented by Marion Davis.

Riverdale School: *From the Desk of Dr. Betty Ann Wyks, Superintendent*

Dr. Wyks, Superintendent, Mr. Keith Cortright, Principal and the staff of Riverdale School are proud to announce those students who attained *Superintendent's List*, *High Honors* and *Honors* during the first marking period.

Superintendent's List

GRADE 8

Lorian Gish, Claudia Jabolonski, Caroline King, Frank Magyar & Chelsea Phillip

GRADE 7

Mary Dougherty, Olivia Galletta, Andrew Holl, Cassidy Tibbetts, Dennis Schuck, Jr., Harlee York & Spencer Vogel

GRADE 6

Amanda Ekkers, Kevin Jablonski, Hallie Mansoor, Ayla Markowski & Kristian Neuschwanter

GRADE 5

Sean Bastian, Amanda Edwards, Trevor Bell, Michael Magyar, Page Pirolo & Ryan Thomson

High Honors

GRADE 7

Patrick Burg, Michael Guinta, Neelav Patel, Kaitlyn Sautner, Steven Papadopolous & Cruise Tuner

GRADE 6

Marissa Hester

GRADE 5

Thomas Dougherty, Kayla Stygar, Angelica Duong, Amanda Gosson, Brandon Miller, Mohammed Saleh

These students will be recognized for their achievement at the December 15 Board of Education meeting.

Please continue to be mindful of safety during drop off and pick up times at school. We have recently initiated some changes to the morning drop off procedures, which have resulted in some improvement. Parents and guardians can assist us in our efforts by releasing their youngsters from the *passenger side* of the car only, and adhering to parking regulations. District administration continues to monitor the situation in conjunction with our police department and traffic safety officers. Your continued cooperation will keep Riverdale's children safe.

Please join members of the school's Band and Chorus as they perform at the Riverdale Annual Tree Lighting on December 7.

We extend thanks to **Mrs. Delores Sarf**, who has recently "retired" from decades of serving as our piano accompanist during concerts. She has enriched the lives of our school community and will be dearly missed. If there is anyone in our community who is interested in accompanying our student performances on the piano, please feel free to contact Mr. Cortright or Dr. Wyks. A nominal stipend is available to a qualified and interested individual.

Riverdale residents are cordially invited to our free Winter Concert, which will be held on December 14 in the school gymnasium at 7:30 PM. For those community members who are interested in attending the dress rehearsal on December 10 with our students, please contact Mrs. Kammen in the school office for additional information, 973-839-1300.

Thank you to all of the parents who visited their child's class in action during our recent school visitation day. We are proud of the work of our staff and students and were pleased to provide the opportunity for so many parents to witness our programs in action. Thank you to the PTA for assisting and signing in our visitors. Approximately 100 parents joined throughout the day.

Annually, our school district establishes two formalized objectives that are subsequently approved by the Board. Please be advised that the school level objectives for school year are:

1. Students and parents will have increased access to information, via the district website, in order to support the home-school connection and promote student success. Specifically, the teaching staff will utilize the teacher and web pages to promote skill practice (K-8), keep parents informed of student progress (6-8) and highlight classroom activities and initiatives (PreK-8).
2. By June 2011, there will be an increase of at least 15% in the total number of students in grades 4-6, who will score in the proficient (200-249) or advanced proficient (250+) as measured by the Language Arts section of NJASK.

Upcoming Dates

- December 7 Holiday Tree Lighting 6:30 PM
- December 10 Winter Concert-Afternoon Performance 1:15 PM
- December 14 Winter Concert-Evening Performance 7:30 PM
- December 20 Chorus and Brass Ensemble will perform for Riverdale's Senior Citizens at the Community Center
- December 21 Progress Reports Distributed - 2nd Marking Period

The Essence of Italy

Dipping Underground at a Tuscan Spa

submitted by Carolyn Masone

Spaaaaah. Just saying the word makes your shoulders relax, doesn't it? Now try "Itaaaaalian Spaaaah". Say it soft and it's almost like praying….So I went to the temple of my choice, *Grotto Giusti Terme*, in the little town of Montesummano Terme, not far from Florence, Tuscany (www.grottagiustispa.com).

In a country brimming with unique experiences, this one stands out. Its story begins over a century ago, when the Giusti family was getting rich in the mining industry. One day digging workers discovered a cavity in the earth, complete with stalactites and natural lakes. After realizing the water was thermal, the Giusti Family said, "Addio", to mining and "Ciao, Bella" to a hotel and spa. And I'm glad they did.

The underground cavity creates increasingly warmer temperatures and humidity as you progress along its different levels. The temperature at each level, however, remains constant. The levels are identified in Dante's journey-through-the-afterlife fashion: *Paradiso Purgatorio,* and *naturalmente*, Inferno. Even Limbo is represented by a lake that keeps constant, pleasant temperatures. The cavities are well lit and there are pathways to walk rimmed with railings. Chairs and chaise lounges are set up at certain points along the way, inviting you to settle in where the temperature suits you best.

As I walked through the cavities, I was wearing the white terry robe and disposable slippers issued by the spa to all of their guests. I could have wrapped my hair in a towel, but I decided to brave the elements. And of course, I had my bottle of water. The first level was *Paradiso*, with *Limbo* off to the right. As I walked down the pathway into *Purgatorio*, I could feel the heat and humidity mildly increasing. Some people stop here, but I had to see what *Hell* was like. I can tell you it has very little to do with Dante's version. Here, it was very hot with very high humidity. However, despite all our perspiring, the breathing was easy. Somehow, the air is circulating down there.

Anyway, that's where I got comfortable in a lounge chair and closed my eyes. It was quiet and other-worldly. There was a sense of being closer to the core of the Earth than ever before. I considered becoming a Hobbit. After a while though, the heat got a little heavy. I slowly got up and made my way to *Purgatorio*, where I transitioned to cooler air in another lounge chair. After that it was on to *Paradiso*, but not without a stop beside *Limbo's* natural reflecting pool. Oddly, it did make me feel suspended in time.

Once I slowly emerged from *Paradiso* to the hallway of the spa, it was time for a full body massage, followed by an aromatherapy facial. Although I've had such treatments before at other spas, having them after a sojourn in the underground left me more relaxed and receptive to the benefits of the treatments. I was also very hungry. I had a leisurely lunch at an outside table of the spa restaurant. Because the spa is located in the middle of a park, it's quiet, relaxing and full of trees, grass, birds and sky.

A luxury hotel is attached to the spa for those who wish to prolong the ecstasy. Rumor has it that Michael

Douglas has been among their guests. The treatment menu and programs are extensive and varied, from traditional Italian approaches to Ayurveda.

All in all, you'll love it, whichever ring of Dante's *Inferno* you happen to be on.

Visit Carolyn Masone's website for a photographic tour of Italy. **www.essenceofitaly.net**

Riverdale Baptist Church

Everyone is welcome. Sunday services:
9:30 Sunday School for all ages;
10:45 Worship and 6:00 PM Service.

Join us in December for a special Christmas sermon series:
Back to Bethlehem - The Simplicity of Christmas
December 5, 12 & 19 at 10:45 AM

RECREATION DEPARTMENT PROGRAMS
June Carelli (jcarelli@riverdaleborough.com)
(973) 706-6471-Office
Call or e-mail to Register or for Questions on Activities

Recreation Programs

Holiday Home Decorating Contest

The Recreation Department will be traveling your streets this month to find the …

Most Festive Home for 2010

Winner will be contacted the week of Dec 13th!
Winner will receive a "Winner" Lawn Sign and Pictures in the January, 2011 Newsletter!

Swim Lessons at New York Sports CLub

Winter Session Begins January 10 (until March 6)
Classes available for all ages from Toddler to Students!
Contact New York Sports Club for a full list of the Classes, Days & Times.
Cost: $144 (8 week session)
Sign-Up: Call NYSC directly (973) 838-1140.
Ask for William & mention Riverdale Recreation

Holiday Gathering

Tuesday, Dec 7th
Riverdale Community Center

6:30pm -Riverdale School Front Lawn Tree Lighting
7:00pm—Community Center

After the Tree Lighting, join us at the for a Visit from Santa and each child receives a small gift, Bring your Cameras so you can take a picture of Santa and your child, Enjoy our Dessert Table & Hot Chocolate, Listen to Festive Holiday Music

Children's Winter Bowling

Begins Sunday, January 9, 2011
(until Sunday, March 13) /Time: 2:00pm
Location: Holiday Bowl, Oakland

Cost: $39.00/child (Ages 3 thru Kindergarten Students)
Cost Includes 1 Bowling Game, T-Shirt, Award & Pizza Party on Last Day

$69.00/child (1st Grade thru 8th Grade Students)
Cost Includes 2 Bowling Games, T-Shirt, Award & Pizza Party on Last Day

DEADLINE TO REGISTER: By December 12th / Contact Rec Member to Sign-Up: Anne Gould (973) 248-9663

Community Center Programs

Senior Art Classes

Art Classes have finished for 2010.
Classes will resume in March, 2011
Thursday, March 10 (1st Spring-2011 Session)
10:00am – 12:00pm
Riverdale Senior Community Center
No sign-up required.
Everyone welcome!
Attend an enjoyable & creative morning.
Painting, collages, drawing plus all supplies included.

Biggest Loser coming to Riverdale!!!

January, 2011 will be introducing our own Riverdale Version of a fully comprehensive Weight Loss Contest! It will include a full list of Exercise Programs, Nutritional Guidance, & Weight Lose Monitoring plus there are always prizes in a contest!

MORE INFORMATION TO COME …

St. Mary's High School CYO Basketball

Open to all boys in grades 9-12 - Fun / Non-competitive / Teams are created based on ability
Games played Thursday evenings from 6:30-9:30 PM / Starts Thursday, December 3, 2010
A parental permission form must be signed and handed in to play.
Registration is $50 per player. Stop by to register or call John Darcey at 973-835-5594 x-117

Community Center Programs

COMMUNITY CENTER PROGRAMS
June Carelli (jcarelli@riverdaleborough.com)
(973) 706-6471-Office
Call or e-mail to Register or for Questions on Activities

Children

TOT'S MUSIC CLASS
Every Friday / Class Time: 11:00am
Location: Riverdale Community Center (Lower Level)
Cost: $8.00 Class
Instructor: Miss Ildiko
No Sign-Up Required. All Riverdale Tot's Welcome!
Bring your tot's in to participate in a comprehensive preschool music program.

OUTRAGEOUS ART
Let's Make a Snowman & Polar Bears!
Starts Tuesday-January 11
3 week workshop (Jan. 11, 18 & 25)
Class Time: 4:15pm – 5:30pm
Location: Riverdale Community Center
Cost: $8.00/Class Plus $10.00 Materials Fee
(2nd & 3rd child in same family, $7.00/Class)
Open to all Elementary School Students
Instructor: Pam (Certified NJ Art Teacher)
Call to Sign-Up: (973) 706-6471
Community Center Office

Creative & Hands-On Winter Sculpture Projects are ready for students to sign-up for! Each project is selected for the childs age.

Classes are already filling up.
Call now to reserve your spot.

Kid's Dance Classes
Instructor: Miss Livia

Winter Classes: Wednesday, Jan 12 (or Friday's, Jan 14)
(Miss Livia will accommodate either day of the week or both days as long as enough students sign-up to have a full class. Please inform your preference when calling in to sign-up.)

Cost: $8.00 Student
(10 week session/Payment due 1st day of class-Cash or Check)
Location: Riverdale Community Center

Tap, Ballet & Jazz (Ages 3, 4 & 5)
4:00pm

Hip Hop Dance (Ages 6 thru Middle School Students)
5:00pm

Call now to reserve: (973) 706-6471
Community Center Office

Exercise

EXERCISE CLASSES

All Classes $6.00
Call to sign-up or just come in!
Everyone welcome!

BOOTCAMP
Every Monday & Wednesday, 7:45pm
Instructor: Cary Stone

FITNESS FUSED PILATES
Every Thursday, 6:00pm
Instructor: Karen Vizueta

YOGA
Every Thursday, 7:30pm
Instructor: Kathy DeJesus

COMING SOON
Zumba Evening Class

ZUMBA GOLD
Every Tuesday
11:00am, Community Center / Cost: $6.00 Class
Advance Sign-Up preferred but Walk-In's are always welcome! (973) 706-6471
Instructor: Mindy Gansley
This is a dance/fitness workout that everyone is talking about!
Designed for the active older adult, beginner or other special populations who require a modified workout.
Zumba Gold improves balance, strength & flexibility.
Zumba Gold was recently featured on WNBC-TV!
Go to www.youtube.com and search Zumba Gold with Mindy!

ZUMBA GOLD

Child Missing School?

Ear, nose, and throat infections, tonsilitis, bronchitis, asthma, flu. Tired of round after round of antibiotics?

In 25 years of practice, I have helped many children have fewer missed days of school. Naturally. No drugs. Just better immunity.

STEWART FAMILY CHIROPRACTIC
Gary C. Stewart, D.C.
43 Newark Pompton Tpke
Riverdale, NJ 07457

Call NOW!!
973-835-5773

For more information and a special offer, visit
www.stewartfamilychiro.com

Did You Know?

- A Christmas club, a savings account in which a person deposits a fixed amount of money regularly to be used at Christmas for shopping, came about around 1905.
- America's official national Christmas tree is located in King's Canyon National Park in California. The tree, a giant sequoia called the "General Grant Tree," is over 300 feet (90 meters) high. It was made the official Christmas tree in 1925
- Christmas trees are edible. Many parts of pines, spruces, and firs can be eaten. The needles are a good source of vitamin C. Pine nuts, or pine cones, are also a good source of nutrition.
- In 1947, Toys for Tots started making the holidays a little happier for children by organizing its first Christmas toy drive for needy youngsters.

Overnight Parking Rules in Effect December 1st

No Parking from December 1 thru March 31Midnight to 6:00 AM

Code 160-26A: Whenever snow has fallen and the accumulation is such that it covers the street or highway, no vehicle shall be parked on either side of any of the streets or highways in the Borough. This prohibition shall not apply to state and county roads.

160-26B: The above parking prohibitions shall remain in effect after the snow has ceased until the streets have been plowed sufficiently and to the extent that parking will not interfere with the normal flow of traffic.

Sidewalk Snow Removal Code 147-22: The owners and occupants of premises abutting and bordering upon any street, avenue or highway in this Borough shall remove all ice and snow from the sidewalks of any such street, avenue or highway abutting or bordering their premises within 24 hours after the same shall have fallen or be formed thereon.

Code 147-29: No person shall throw, place or deposit any snow, ice or yard waste into or upon any street, sidewalk or municipal right of way in the Borough, it being the intent and purpose of this provision to prohibit all persons from throwing, casting, placing or depositing snow, ice or yard waste, which accumulated within the private property belonging to such person, upon the streets, sidewalks or municipal rights-of-way of the Borough.

RIVERDALE Public Library

93 Newark Pompton Turnpike • Riverdale, New Jersey 07457
Phone: 973-835-5044 • Fax: 973: 835-2175
www.riverdalelibrary.org

Registration is required for all programs.
Call 973-835-5044 or e-mail
riverdalelibrary@nac.net

INFANT & PRE-SCHOOL PROGRAMS

Fall infant and pre-school programs will end the week of Dec 6 and begin again the week of Jan 10.

Baby Time — For infants up to 2 years old with a caregiver. On Mondays, 11:00–11:30 am

Totally Twos — For two-year-olds with a caregiver. On Mondays, 10:15–10:45 am

Story Time — For ages 3 through 5. Wednesdays, 10:15–11:00 am or 1:30–2:15 pm

CHILDREN'S PROGRAMS

Gingerbread House Decorating — Children in grades K – 5 can celebrate the holidays by decorating a Gingerbread House with their friends and family on Sat, Dec 4 from 12:30–1:30 pm or 2:30–3:30 pm Gingerbread creations will be on display Dec 10—31.

Game Night — Children in grades K–5 are invited to join us on Thurs, Dec 16 from 4:00–5:00 pm to hang out with friends and play board games.

Lego® Lab — Children in grades K–5 listen to a story and build creations out of Legos. Dec 28 (4th Tues of each month) from 4:00–5:00 pm

Please note that there will be no Puppy Pals Reading Club in December. It will resume on January 11.

TEEN PROGRAMS Grades 6 and up

Teen Advisory Board (TAB) — Thurs, Dec 2, 5:00–6:00 pm hang out with friends, enjoy a snack, and tell Ms. Rosie how you want *your* library to be.

Teen Gingerbread House Decorating — Teens can celebrate the holidays with their friends during this fun program Thurs, Dec 9, 5:00–6:00 pm

Teen Book Discussion Group — Join us Tues, Dec 21, 6:00–7:00 pm for pizza as we discuss *Fakie* by Tony Varrato. We will also be Skyping with the author! Pick up your free

FAMILY MOVIE MATINEE

On Fri, Dec 17, at 2 pm get out of the cold and join us for a family movie! This month we will be watching ***A Christmas Carol*** (PG).

HOURS

Monday	10-8	Thursday	10-8
Tuesday	10-8	Friday	10-5
Wednesday	10-5	Saturday	10-4

ADULT BOOK DISCUSSION GROUP

Join us for a discussion the last Monday of every month from 6:30–8:00 pm! Everyone is always welcome! Even if you haven't had a chance to finish the book, the discussion is great!

December 27 - Letter to My Daughter by Maya Angelou

JOB HUNTER'S WORKSHOP SERIES

We are hosting a Job Hunter's Workshop Series to help those seeking employment.

Learn How to Interview Like a Pro Webinar

Wednesday, December 1 at 3:00 pm. Led by career expert Barbara Safani, participants will learn how to effectively interview. This is hosted by Tutor.com and will be set up for viewing and discussion at the library.

FREE COMPUTER CLASSES @ THE LIBRARY

Computer classes are back at the library. Our classes are small for maximum attention, and they are filling up quickly! Call 973-835-5044 for more information and to register today! All classes run for one and a half hours.

Getting to Know the Library's Webpage - Wed, Dec 1, 10:30 am

Social Networking: Twitter - Thurs, Dec 2, 10:30 am

Microsoft Word Part II - Mon, Dec 6, 3:30 pm

gOOgle tOO - Tue, Dec 7, 3:30 pm

Successful Searching on the Net - Thurs, Dec 9, 10:30 am

Introduction to the Internet - Fri, Dec 10, 3:30 pm

ACOUSTIC BLENDER

Join us, Thurs, Dec 9, 7:00–8:00 pm, for a musical event you will not soon forget, sponsored by the *Friends of the Riverdale Public Library*. **Acoustic Blender** is an alternative folk music group. All the members of **Acoustic Blender** sing, and their vocal harmonies and arrangements are the centerpiece of the group. The concert will be held at the Senior Community Center, 57 Loy Avenue.

OCTOBER & NOVEMBER HIGHLIGHTS

Children practice reading to Jean-Luc during Puppy Pals.

Riverdale teens showed off their talent in the Teen Scary Story and Art Contest.

MONTHLY

Photography Club Mon, Dec 27, 7:00 - 8:00 pm. All photographers welcome! Learn! Share!

Gypsy Knitters Thursdays, 4:00 - 8:00 pm. For experienced knitters. Bring a project and join in!

IMPORTANT INFORMATION FOR RESIDENTS

(RECYCLING INFORMATION FOR BUSINESSES WILL BE SENT IN ANOTHER MAILING)

This letter is to advise you of your recycling responsibilities for 2011. Items to be recycled are listed below, and the following pages will inform you of the proper methods of disposal.

The cooperation of all residents is needed to make our recycling program effective. Be advised that random inspections will be made to determine compliance with our recycling ordinance. Any household found to be in violation will be subject to enforcement actions.

The following is a list of items that must be source separated and recycled in Morris County:

Newspaper, Corrugated Cardboard	**Metal Appliances**
Mixed Paper	**Used Motor Oil & Oil-Contaminated Soil**
Aluminum Cans, Steel (Tin) Cans	**Natural Wood Waste**
Plastic (Coded 1 and 2) & Glass Bottles & Jars	**Televisions, Computers, Monitors,**
Leaves, Grass Clippings & Brush	**Portable/Laptop Computers**
Lead-Acid and Hazardous Dry Cell Batteries	**Tires**

Newspaper must be tied with string in bundles no higher than 18 inches. Papers will not be picked up if they are contained in plastic bags. Newspapers will be picked up on **Fridays** according to the enclosed schedule.

Commingled materials include: aluminum cans, steel (tin) cans, glass bottles of all colors and plastic bottles coded #1 and #2. They will be picked up curbside on **Fridays** according to the enclosed schedule. Note: **Plastic bags, plastic toys, etc. are not acceptable for recycling by our vendor.**

Thank you for your cooperation with this program and any questions may be directed to the DPW office at (973) 835-6077. Sincerely, Walter R. Mahon, DPW Supt./Certified Public Works Manager

FRIDAY SCHEDULE OF PICKUPS FOR 2011

MONTH	COMMINGLED (Cans & Bottles)	Newspapers, Magazines, Cardboard & Junk Mail
January	14th & 28th	7th & 21st
February	11th & 25th	4th & 18th
March	11th & 25th	4th & 18th
April	8th & 22nd	1st, 15th & 29th
May	6th & 20th	13th & 27th
June	3rd & 17th	10th & 24th
July	1st, 15th & 29th	8th & 22nd
August	12th & 26th	5th & 19th
September	9th & 23rd	2nd, 16th & 30th
October	7th & 21st	14th & 28th
November	4th & 18th	11th & 25th
December	2nd, 16th & 30th	9th & 23rd

You may bring the following items to the DPW Garage, Dalton Drive, for disposal: Computers, Laptops, Keyboards, Mice, Modems, External Drives, Scanners, Printers, Copy Machines, Cables, VCR's, DVD Players, Stereos, Radios, Phones, Fax Machines, Camcorders, Electric Typewriters, Telephones, Cell Phones and most Media (Floppies, CD's, and DVD's)

Items Not Accepted: TV's, Loose Batteries, Vacuum Cleaners, Microwaves, Refrigerators or Hazardous Materials.

TELEVISIONS, COMPUTERS, MONITORS and PORTABLE/LAPTOP COMPUTERS ARE PROHIBITED FROM BEING PLACED IN REGULAR TRASH.

Continued on other side.

Passenger Tires may be disposed of at the Borough Garage, Dalton Drive, after paying a $2.00 per tire fee at the Municipal Building. Tires may be on or off the rims.

Branches and Twigs will be picked up on **Wednesdays**. They must be tied in bundles no longer than four feet in length. **Christmas Trees will be picked up on the same day as branches and twigs.** They must be free of ornaments, tinsel, etc. and they must NOT be bagged.
Leaves will also be picked up on **Wednesdays. They must be in brown 30 gallon biodegradable paper yard waste bags available from hardware and home centers**.

Corrugated Cardboard will be picked up on **Fridays** according to the enclosed schedule. All cardboard must be folded flat and tied in bundles.

Magazines, Junk Mail & Mixed Paper will be picked up on **Fridays** according to the enclosed schedule. These items must be tied in bundles no higher than 12 inches. Do NOT enclose them in plastic bags.

Metal Appliances and Scrap Metal pick up will be on the **first Friday** of each month. (Doors must be removed from refrigerators and freezers before being placed out at the curb.)

Grass Clippings will NOT be picked up by the DPW or the garbage hauler. We recommend mulching the clippings on your lawn or composting them.

Used Motor Oil must be recycled. It may be brought to Malanga's Automotive for disposal. The cost is $1.00 per gallon. It is unlawful to dispose of waste oil in your regular garbage. The oil must be free of contaminants, such as gasoline or antifreeze.

Natural Wood Waste and Oil-Contaminated Soil must be recycled. Contact the DPW for information on vendors who handle these items.

Battery Recycling (see enclosed informational sheet). **Vehicular batteries are accepted at Malanga's Automotive, 39 Hamburg Turnpike, at no charge.**

Garbage Collection is on every Tuesday.
One Bulk Item may be put out on collection day. This could be a couch, chair, mattress, box spring, etc. One roll of carpet (4 feet wide) and no heavier than 50 pounds will be picked up as a bulk item on each collection day. It is suggested you make arrangements with your carpet installer to haul away used carpet and padding.
Any Metal Items or Appliances should be put out for scrap metal collection on the first Friday of each month.
Absolutely NO Construction Materials will be picked up. Construction materials would include such items as sheetrock, tile, framing lumber, windows, doors, etc.

Walt R. Mahon
Department of Public Works Superintendent
Certified Public Works Manager

Clip and Save Both Side of this 2011 Recycling Schedule for future reference.

Appalachian Trail Update: Jarred Bush's "Trek on the Trail"

At last report, Jarred, Louis and company were heading south from Big Meadows, Virginia along the Trail in Shenandoah National Park. Their goal was to reach Waynesboro, Virginia by mid-October, and be 852.5 miles from the end of the trail at Springer Mountain, Georgia. We heard from Jarred on October 20, when they were through Waynesboro and on their way to covering the 134 miles that would take them to the next supply stop in Daleville, Virginia. There Jarred would pick up new boots, boot liners and warmer socks. After six days of hiking, Daleville was another day or two away.

Stopping for a lunch break, Louis began preparing an avocado. His knife slipped off the pit, and stabbed through his palm, severing tendons on its way. They were at least 15 miles from a trail town, and had to get medical attention as soon as possible. Fortunately, the hikers were prepared with good maps, and located an emergency service trail that crossed the main AT. The service trail came upon a road within two miles, where Jarred and Louis were picked up by a local gentleman who took them to his family doctor. The wound could not be stitched, since the extent of internal damage could not be accurately determined without surgery. The doctor suggested Louis contact home and either arrange for treatment at Roanoke Hospital or fly home for treatment by professionals in his home state. After a call home, a flight was booked for early the next morning. Jarred and Louis were referred to a family known a "Trail Angels" who took them in for the night, offered them food, warm showers, laundry facilities, beds and all the comforts of their home! They had been thru-hikers once, and were well aware of the challenges and hardships hikers can face. The next morning they drove Louis to the airport to be sure he was safely on his way back to New Jersey. Louis has had hand surgery, and is in therapy to regain use of his fingers and hand strength. Unfortunately, his dream of thru-hiking the AT is on hold for the time being.

Jarred has continued on, and is hiking with the companions he met along the trail. They have completed Virginia, passing though some beautiful places and hiking in snow at the higher elevations. He is sleeping with his boots in his sleeping bag to keep them from freezing solid by morning! Check out McAfee Knob, Virginia on line for a taste of the where he has traveled. On November 15, Jarred picked up his supply package in Damascus, Virginia, which is four miles from the Tennessee border. Damascus is known as "the friendliest town on the Trail". Jarred said it is one place he definitely will visit again. The AT is now following segments of mountain ranges in the Cherokee National Forest and the Pisgah National Forest. They are spending tonight (November 18th) at the Kincora Hostel, Dennis Cove Road, Hampton, Tenn. Their present goal is to hike 141 miles to Hot Springs, North Carolina by Wednesday, November 24rd. There they will be picked up by hiker John's family, who is spending their Thanksgiving in Ashville, North Carolina. They have graciously offered to adopt the hikers into their family for a holiday feast. I'm sure it will be much appreciated by Jarred, and as his mom, I am comforted that he will not be having ramen noodles for dinner on Thanksgiving!

From Hot Spring, NC they will have 271.8 miles to the summit of Springer Mountain. The AT will take them through the Great Smokey Mountain National Park in North Carolina, then cross into Georgia at Bly Gap for the last 76 miles. Their projected date of arrival at Springer Mountain is December 12th. Jarred will be home for the holidays after completing the 2,178.3 miles known as the Appalachian Trail!

Written by Donna Bush (Jarred's mom).

Food Pantry Shopping List

Share Your Christmas™

All who wish to donate to the Riverdale Food Pantry are asked to bring their donations to the Municipal Building or the Senior Community Center on Loy Ave by December 10 to allow time for sorting and preparation for distribution before Christmas. Holiday hams and turkeys are welcomed as is regular basic food donations, detergents and paper products. Thank you for your continued support.

Please drop donations off no later than December 10, either at the Borough Hall or the Senior Community Center.

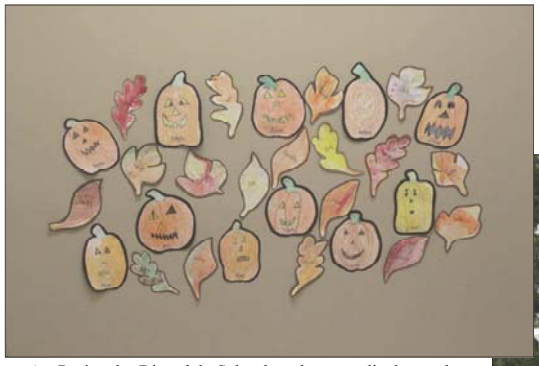
Lets make this Christmas a special and bountiful day for our neighbors. Please be generous!

To request confidential food pantry assistance, please call Linda Roetman at the Borough Hall 973-835-4060 x6.

RIVERDALE

A recent Senior Club luncheon

Rabies Clinic at the Borough Garage on November 13



Art Project by Riverdale School students on display at the Senior Community Center.

Trick or Treaters making the rounds this past Halloween.

DAILY NEWS

Final sewer work being done at the Glenburn Estate connecting the barn facilities.

Lori Rosenboom fulfills her civic duty by voting this past Election Day on November 2.

District One Poll workers spend a long day assisting voters on Election Day. Their day starts at around 5 AM and goes all the way to around 9 PM. Thanks to all who work at the polls.

The Library

Instructor Russ Hatzel watches as Gloria Carelli recoils from firing a Glock during the CERT training course.

CERT member Linda Roetman gets ready to lock and load.

December 5 Deadline

To get cards and packages to our troops overseas.

Merry Christmas to our Armed Forces

If anyone would like to donate cookies and Christmas cards to the troops for Christmas, they will be needed by **December 5.** Donations can be dropped off at the Circle Auto Parts or the Municipal Building, and we will gladly pick them up. We are trying to collect as many Christmas cards as possible. All you need to do is sign the card - do not address to an individual. The Chaplains will make sure they are given out. Do not seal the cards since they are inspected when they get overseas, before they are distributed.

It is getting cold in Afghanistan; they desperately need hand and foot warmers. Also needed are soups, beef-aroni, raviolis, or any other similar items. The men overseas have asked us to thank all of you for the generous donations and they get very excited when they get a package. Money is also always needed, since it now costs $12.50 to ship a box. We are sending about 20 boxes each month, so it can get costly. Dropping off any loose change would be greatly appreciated (a jar is available at the Municipal Building). If you have any questions please email Pam at HelpOurTroops@optonline.net.

Thank you and a very Merry Christmas to all.

Riverdale Women, You Are Invited!

Join the Women's Club at their Holiday Brunch
Ruppert's Restaurant on Sunday, December 5 at 10:30 AM.

Please join us for a delicious brunch and learn what our club is all about. Please call Kathy at 973-839-3109 ASAP if you plan to attend. The cost is $20.

Vacamas Programs for Youth

is pleased to announce the launching of Vacamas Day Camp for the summer of 2011. Daily camp activities will include instructional and recreational swim, boating, fishing, hiking, arts & crafts, drama and sports. With 87 years of experience in running camp programs, Vacamas will undoubtedly provide local youngsters with an incredible summer experience.

The Vacamas Day Camp will be available for children entering grades Kindergarten through eight. Regular camp hours will be 9:00 AM to 4:30 PM with early care and after-care options available. Vacamas offers flexible and versatile scheduling with options of 3-day or 5-day weeks. Camp tuition is moderately priced and competitive with other local providers. Early bird and sibling discounts are available.

Vacamas Day Camp will begin on June 22 and will run for eight weeks. Sessions ranging from 4 to 8 weeks are being offered.

The 230 acre Camp Vacamas facility features a 50 acre sping-fed lake, basketball courts, a working farm, a large dining hall, and outdoor high and low ropes challenge courses. Surrounded by the Norvin Green State Forest, Camp Vacamas also offers a myriad of hiking trails. Vacamas has an extensive array of indoor buildings - including an indoor gym, stage and nature center - so that activities will continue in inclement weather.

For more information, please contact our Vacamas Day Camp Director at daycamp@vacamas.org or call 973-838-0942.

CERT Team Completes Home Firearm Safety Course

Members of the Riverdale CERT as well as several interested residents have completed a Home Firearm Safety course sponsored by the National Rifle Association. The course is intended to prepare the CERT team to serve as a resource if their neighbors unexpectedly discover a gun in or around their home. The team and the others attending have received completion certificates for the course which taught proper handling and unloading of these firearms, as well as safety guidelines for those who may have registered firearms in their own homes.

Following the two classroom sessions, the participants experienced hands-on handling and firing of several types of pistols, shotguns and rifles in the Riverdale Pistol range. The course was taught by Ted Guis, a NRA instructor; he was assisted in the course by Russ Hatzel, also of Riverdale, and several NRA instructors.

Residents are encouraged to call upon the Riverdale Police or a neighboring CERT team member immediately upon finding a firearm. Importantly, avoid handling the gun unless you are trained in inspecting it for live ammunition and familiar with how to unload the weapon. An adult should stand watch over the gun until authorities arrive to take possession.

The Riverdale CERT Team will be scheduling several courses throughout 2011 that will enable the group to effectively serve in borough-wide emergency situations and as a safety resource in their homes and neighborhoods. *Submitted by OEM Public Information Officer Joan Garcia.*

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A Haunting in Riverdale

Written by Elaine Peacock, this story originally appeared in the October 2010 issue of *Weird NJ*

Since New Jersey is called the "Crossroads of the Revolution" it's only natural that Morris County would contain lovely historical homes. One of these is located in Riverdale. As a child I would pass this house everyday on my way to Riverdale Grammar School. In those days it was known as "Mr. Newbury's House." After Mr. Newbury's death the house was put for sale, and it was at that time I finally got the chance to see the interior of the house. The realtor was a friend of mine and gave me the grand tour.

The home was actually built in two stages, the original house in the 1700s and the addition in the 1800s. When I saw the home, the original slate sink was in the kitchen and the beautiful old broad-board floors echoed my footsteps as I toured the house.

The house was originally a farm house and used as a tenant farm. Renovations were made in 1820 and further renovations were made in 1878 when the Garden Room was added. The extra thick walls were also a surprise, they were found to be hollow. It seems they were used to store an "extra crop" that was being produced for corn whiskey.

When I asked the realtor what they planned to do with the house, she told me that a builder felt the property was far more valuable and wanted to tear the house down and build new homes. Obviously the house had other ideas. The builder's bid was rejected and my friend Paula Wooten and her family bought the house in 1981 and moved in the autumn of 1982.

After speaking with Paula and hearing stories about the house, I'm sure of one thing - the house picked Paula and vice-versa. Paula loves the old house and did only minor necessary restoration/repair changes. She chose to honor the house's history. She also felt major changes would only damage the value of the house as a historical property.

Paula also found out there is more than one extra "occupant" in the house. One presence loves her friend Joyce and kisses her on the cheek every time she visits the house. There is a blood spot on the floor in the upstairs hallway. Paula tells me they have tried repeatedly to clean it, but the spot just returns. In late August the stain grows darker. That is when Paula says arguments and the sound of heavy boots moving across the floor are heard. There is also an occupant who lives in one of the beds. The family affectionately calls him "Whitey" and they believe he is the protector of the house.

Children can also be heard running and laughing, but there are no small children in the house.

It's not just the house that contains history; the barn that is on the property has graffiti scrawled on the wall from Hessian or Revolutionary soldiers. There is also a grave on the property and Paula tells me that it's the grave of a woman that lived in the house that once stood on the back part of the property. She lived there with her two sisters. The women were thought to be witches. It seems their presence is still felt. At the time of the full moon in June the grave glows and they have seen green smoke rise from it. Artifacts and a foundation where the house once stood have been found.

I must mention two more "occupants" of the house. Every year in the spring an overwhelming smell of fresh flowers fills the front parlor. Paula is not sure if a wake or a wedding was once held in that room, but she does know a spirit of a young woman roams the front area of the house looking out the windows as if she is searching for someone. Piano music is also heard. Paula believes it is one of the daughters searching for her love which never returned. The rustling of her long dress can be heard as she moves around. Paula thinks the spirit may be from the Civil War era.

The spirit that has made the most impact on Paula is the Indian that lives in the basement. Years before the house was ever built Indians lived in the area. Newark Pompton Turnpike was an old Lenni Lenape trail before it actually became an actual road. It seems a farmer's son was taunting three Indian braves as they were coming down the trail. The Indians told him they would "switch" him (pull off a small branch from a tree and slap the disobedient child on the rump). As the Indians were chasing the boy the farmers came to his aid and confronted the Indians. One Indian was knocked down, hit his head and died. They buried him on the property and years later the house was built over him. In September of 1982 Paula and her family were getting ready to move into the house. Paula said she was in the kitchen when she heard this loud banging coming from the basement. The basement door was vibrating and glassware was falling from the nearby shelves. The banging was very loud. Knowing the history of the house, Paula contacted the local Lenni Lenape Tribe. They told her to perform an Indian burial ceremony over the basement floor. After the ceremony was performed the banging stopped. Paula feels that the Indian's spirit had finally found peace.

Paula loves Halloween and each year she opens her home on the last full weekend before Halloween for a three night Haunted House. With the help of volunteers she creates a wonderful Halloween treat for all that come through the house. Paula has many great Halloween "props" she has acquired over the years. Some she has found in Greenwich Village, some in New Orleans and others have been given to her. Her Mother's Day present one year was a witch's cauldron from her two daughters. As one of the volunteers I get to see her new prop acquisitions, as well as old favorites from prior years. Paula's house is affectionately known as the "Halloween House." Paula tells me the "occupants" thoroughly enjoy the Halloween festivities and feel that it is being done for them.

Thank you, Paula, for preserving a piece of New Jersey's revolutionary past. Also thank you for generously sharing it with others at Halloween and other times of the year.

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Please Support Our Sponsors! They make this Monthly Newsletter Possible!

Please help restock the Riverdale Food Pantry. Drop off your donations at the Municipal Building.

Push to Walk will be wrapping purchases at Borders on Route 23 in Riverdale. Join us on
Wednesday, December 15 from 4:00 to 10:00 PM
Friday, December 24 from 10:00 AM to 6:00 PM
We will be wrapping your packages for free.
Donations are welcome. Volunteers are welcome to help wrap.

Visit Gourmet Café, 136 Baldwin Road, Parsippany for lunch or dinner on Monday, December 13.
10% of sales will go to Push to Walk

THE RAC

Give the Gift of Art to your loved ones this holiday season. Please visit us at The RAC Gallery for the "Big Ideas -- Small Packages" Show. Reasonably-priced holiday gifts. Show runs until December 12th. RAC Gallery, 2 Newark-Pompton Turnpike, Riverdale, is open Thursdays, Fridays & Saturdays from 12 to 6 PM and Sundays from 12 to 4 PM.

How to Address Potential Christmas Home Health and Safety Issues

1 Put short table cloths on the table on which you will be serving diner. Young children just learning to walk and stand may accidently grab long cloths and could fall or pull hot food items or dishes onto themselves.

2 Remove all bones, gristle and hard-to-chew pieces of meat, especially from turkey or other poultry, before feeding the meat to children under the age of 6.

3 Before adding nuts or hard-to-chew diced fruit, like apples, to any salad or deserts, set aside a portion of the food items large enough to give to children under seven years of age.

4 Make sure there are no artificial (or real) grapes, nuts, holly berries or other small items in holiday centerpieces as they pose a choking hazard for young children who may think the centerpieces are real.

5 Keep candy dishes on top of fireplace mantles, grandfather clocks, china cabinets or other very tall pieces of furniture and out of the reach of young children.

6 Place electrical cords for strings of Christmas lights at the back of the tree so that they cannot be easily reached by young children. Unplug the cords when you retire for the night. When you put lights around a window, try to position a big easy chair, couch, recliner or other piece of furniture with a back, so that you can keep the cord behind the furniture.

7 Water real Christmas trees daily and completely fill the tree stand to keep the tree needles from drying out before the holiday is over. A dry tree is a fire hazard. Wrap a sheet or holiday tree holder cover around the bottom of the tree so that young children will not be tempted to play in the water and pull the tree down.

8 Hang plastic ornaments on the lower branches of the tree if there will be any young children in the home. Try to purchase shapes other than round ornaments as young children may think the ornaments are balls to be played with.

9 When cutting paper and wrapping packages, make sure that you don't leave scissors, pieces of ribbon, knives or sharp -edged paper cutters out where young children could get to them. Place tools used for cutting and wrapping in a locked cabinet or on top of the highest cupboard.

10 Do not place candles on trees or on tables that are low enough for young children to get to them, as candles start fires each year and children could burned on hot wax. When leaving home or going to bed, double check to make sure that any candles or tapers have been put out and placed well out of reach of the children. Do the same with lighters, matches or other implements used for lighting them.

11 When leaving home for several hours, unplug your indoor holiday lights, including those for the tree to avoid the potential for creating a fire hazard. Do not leave your porch light on when you leave for an extended period time because that indicates to thieves, who are very active during the holidays, that you are not home. Leave one or two lights on in your house, but not the bathroom light.

12 If you put your tree in an alcove or other area that can be blocked off, you can put a baby gate up to keep young children away from the tree.

13 Candles placed on the tips of tree branches and used in centerpieces, on mantles, and the dried out needles or branches of Christmas trees are a major cause of home fires during the holidays.

Taken from www.ehow.com

Healthy Holiday Eating

- Eat smaller portions of food. This is especially important at a buffet, where you may want to try everything. Choose the items you want to try the most, and eat a small portion of each.
- Eat slowly. Many times, people eat so fast that their stomachs don't have enough time to register that they are full. Savor each bite and enjoy the taste of the food-chances are you will eat less.
- After a meal, go for a walk with your family to see holiday displays in your neighborhood.
- Offer to bring a low-calorie dish to holiday parties. Your host might appreciate it, and you'll know that at least one healthy item will be on hand.
- Don't park yourself in front of the buffet at a party. Mingle! If you stand by the buffet, you'll eat more than you would if it was across the room.
- Avoid fast food. The holiday season can keep you on the go with little time to prepare meals. Fast food may be handy, but often is high in fat. Prepare and freeze quick, healthy meals ahead of time to stay out of the fast food trap.
- Be realistic. Don't try to diet during the holidays; just aim to maintain your present weight.

Food and holiday gatherings go hand in hand. So join in and help yourself to some tasty treats. If you've been exercising, keep it up during the holiday season. If you aren't getting enough exercise, it's a great time to start. With a dash of discipline and a pinch of planning, you'll have a great recipe for holiday fun without the regret that many of us feel the next time we step on a scale.

Article taken from: http://family.samhsa.gov/be/holidayeat.aspx

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GAS PIPELINE EXPLODES

Fumes Cover Wide Area After Blast Near Riverdale, N. J.

Special to The New York Times.

RIVERDALE, N. J., Oct. 28 —A natural gas pipeline exploded here tonight with a roar that was heard ten miles away and that sent fumes over the area. There were no records of casualties.

The explosion occurred at 6:30 o'clock in a wooded area at the end of Greenwich Street in the rear of the Pompton Crushed Stone Company quarry. The pipeline is owned by the Algonquin Gas Transmission Company of Boston.

Police and firemen from Riverdale and Pompton Lakes rushed to the scene. The community is about twenty miles south of the New York State line.

Crewmen from the pipeline company stopped the flow of gas later tonight.

The New York Times
Published: October 29, 1957
Copyright © The New York Times

When Riverdale native, Cal Deal, who now lives in Florida, heard about the gas main break on Riverdale Road on Thursday, November 18, it reminded him of a much bigger natural gas incident we had years ago. This is a *New York Times*(!) article covering the event, appearing in the October 29, 1957 issue.

In Cal's email he recounted one of his memories from his childhood. He and his family lived on Post Lane. In the words of Cal Deal:

I remember when I used to help Maurice Williams prepare the "Thanksgiving" turkeys in what was left of his farm at 66 Post Lane. He would select birds to order in his rows of coops, hang them by their feet and slit their throats. When they were dead, he would dunk them in a garbage can full of boiling water to soften the feathers, then I would pluck them, and he would gut them. Sometimes he would pull the gizzard out of the pile of guts and take a bite out of it like it was a bar of chocolate. I declined his offer of a taste.

Looking at Google Earth, all of that happened in the back yards of the fourth and fifth houses north of Post Lane on the west side of Mead Avenue — the killing field! :)

The incredible thing about the gas main break was the loud roar that just went on and on and on as the gas rushed from the huge pipe. In a town as quiet as Riverdale, it was frightening ... especially to a little kid.

Thanks for the vivid memories, Cal.