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Instructors Needed
Looking for Exercise and Dance (any style) Instructors.
Class Location at Riverdale Senior Community Center on Week nights.

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The Latest Edition of

Riverdale News & Events

Published by the Riverdale Mayor and Council

This issue of *Riverdale News & Events* was paid for by **Gold's Gym in Riverdale** Thank you for supporting them!

Under New Management

92 Route 23 Riverdale 973-839-8606

AWESOME New Cardio Classes
EXCITING NEW Training Programs
NEW Equipment from FREEMOTION
FREE Child Care
Tanning & Sauna
Pre-Teen Sports Challenge
(9-12 year old. Next session in February. Call for details.)
And Much More to Come...

If you would like to sponsor an issue of this Newsletter, please contact Carol Talerico 973-835-4060

Riverdale News & Events

Vol. 3, No. 5 *A Monthly published by the Riverdale Mayor and Council* *February 2008*
www.RiverdaleNJ.gov

Two New Fire Chiefs Two New Police Captains

At the Reorganization Meeting of the Mayor and Council on January 7, all the new appointees to the various committees and boards were sworn into office.

Sworn into office are new Fire Chief **Mike Norton** & Assistant Chief **Danny Sturm** shown with Chaplain **Howard Ball.**

Newly appointed Police Captains **John Peine** & **Richard Roemmele** took their oaths of office.

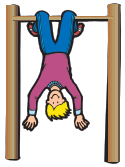
Riverdale going in the Green direction in 2008

We've all heard about "going green" to save the planet. That sounds like a big job to me and I think that is why so many people feel they can't really make a difference, the challenge is too great! In trying to simplify things and feel like we are making an effort, I am going to give a helpful hint each month that all of us can do. If every resident in Riverdale does this, we are making a difference and we are doing our part to save the planet. Let's put our community spirit to good use this year and go green together. If you have any ideas or suggestions, please feel free to let me know. Councilwoman Elaine Wetzel.

Green Tip: When picking up the kids or friends, **Don't Idle the Engine!** Idling 10 minutes less per day can keep 500 pounds of carbon dioxide out of the air each year. www.enginesoff.org

Riverdale PTA Tricky Tray

To benefit the new playground at Riverdale School.



Thursday, March 20
Regency House
Pompton Plains
Doors Open at 6:00 PM
$35 per ticket
Includes dinner and a sheet of small prize tickets. Must be 18 years old to attend event.

There will be four levels of prizes including a Grand Prize of Free Catering from Chili's Restaurant!
Tickets available by calling Debbie's cell 973-723-0945.
Only 250 tickets will be sold.

If any resident wishes to donate a prize, please contact Jayne at 973-835-0950. We are looking for prizes for 4 levels; $25-50; $51-100; $101-200; and Grand Prizes over $200.

If any resident has baskets to donate (new or used in good condition), please contact Jayne 973-835-0950.

Stacey Dakake 20 Years Service to First Aid Squad

In Stacey's Own Words: I joined the squad twenty years ago. Marc Sonne asked me to join and he and I have been friends ever since. Mario Solla was my first crew chief and he taught me a lot of the basics of EMS. Sharon Sonne is my rock, she always has my back and has been my friend since she joined. Walter Gossen was a Driver when I met him and now he is the Chief, a true leader. Dawn Gossen makes me laugh on any call, she is compassionate and funny. I got Cyndy Readon to join and she is a Past President and a wonderful EMT. Millie Stires has to be the most improved EMT I ever met. Jerry McMinn has listened to all of us and is like a father figure. Mike Palacia has always been a great driver and a goof ball. Ed Crowley drove me to Valley Hospital in about 10 minutes when a was having my second child

.Katie and Rob Cole are great EMTs and Katie is going to be a great Mayor, she already is a wonderful nurse. Liz was a nurses aide when I met her , she joined the squad and now she is a Nurse Practitioner .

My husband Dennis has been next to me the entire time. My children Amanda and Samantha tell everyone that mommy helps people.

To the younger members, Nicky, Dan, Kimmy, Joe and everyone else. Keep taking calls and looking at the future. This is one crazy family and I love them all. Never go to bed angry at each other.

ANNOUNCEMENTS

Engagements, Weddings, Birthdays, Graduations, Births, Anniversaries, etc.

Happy 2nd Birthday to **James Regling** on February 28. We love you so much! Mommy, Daddy & your whole family!!!

Happy 2nd Birthday to **Julia Regling** on February 28. We love you so much! Mommy, Daddy & your whole family!!!

Happy Birthday, **Grandpa Rich Tell** on Feb. 3. GO GIANTS! Love Carrie, Louie, Angelina & Reilly

Happy Birthday, **Annmarie Nadiroglu** on Feb. 3. Love Reilly

Augustin Pegan became a grandfather for the 2nd time. On Dec. 11 his granddaughter, **Dani Mia**, was born. She joins her older brother, **Ryan August**, who turned 2 on Jan. 1. They are the children of Christopher & Robbie Pegan.

Nicole Lotterman will celebrate her 12th birthday on Feb. 112. Happy Birthday with lots of love from Mom, Dad, Kaylee, Grandma Helen, Grandma Ruthie & of course Cody & rest of the families.

Happy Birthday, **Lori Clinton**, on Feb. 4. Love Reilly.

Congratulations to **Tommy Carelli** for winning the Riverdale School Geography Bee on Jan. 10! We are very proud of you. Love, Mom+Dad

Nicholas James Budesheim was born on Jan. 20 to Matthew & Sylvana. His grandparents are Bill & Marian and Silvio & Myrna Gavilanes.

Police Birthdays, **Bill Budesheim,** Jan. 5, **Charlie Quant, Sr.** & **Terri Pellegrini** on Jan. 16. **Charles Quant, Jr.** on Feb. 3, **Glenn Danzo** on Feb. 10, **Chief Tom Soules** on Feb.19.

Adam Budesheim celebrates his birthday on Feb. 5.

CONGRATULATIONS to all the members of the Re/Max Experience-Sally Mazzella team for winning the PLRSA Middle Division CUP CHAMPS trophy for the Fall, 2007 season. Awards were given on January 5, 2008 to the following Riverdale residents: **Nicole Lotterman, David Knapp, Ashley Mackoul, Carly Graf and Elizabeth Boyle**.

RIVERDALE SETS KINDERGARTEN REGISTRATION

The registration of children who will be attending Kindergarten at Riverdale School in September 2008 has been scheduled for Tuesday, February 5 and Thursday, February 7, 2008. Children whose last names begin with A-M will be registered between the hours of 9-12 noon on Tuesday, February 5th and N-Z from 9-12 noon on Thursday, February 7th.

To be eligible to attend school next September, a child must be five years of age on or before October 1, 2008. Parents must present an original birth certificate and medical records indicating the child has received four DPT Inoculations; the fourth inoculation must be given after the fourth birthday, five or more doses meet the requirement four doses of polio vaccine, two doses of mumps and rubella vaccine, varicella vaccine, and three doses Hepatitis B vaccine series.

Parent/guardian must present at least four (4) of the following documents as proof of residency at registration; utility bill, voting record, house deed, telephone bill, current department store or credit card bill, rent lease or contract.

Riverdale Business Association - RBA meets every 3rd Thursday, 7:00PM at Berta's Chateau, Wanaque. You may RSVP by calling 973-839-1716. www.rbanj.org

Recreation

June Carelli, Director 973-616-0288

Men's Adult Basketball
Monday Night Pick Up Games beginning January 7th
7:00 PM till 10:00 PM at the School Gym
Enter through gymnasium doors located in back of school
Free to Play! Age 18 and older. No Sign-up Req'd.
Questions: June Carelli 973-706-6471

NJ Nets Basketball Game vs. Indiana Pacers
Saturday, Feb. 23. Game time: 7:30 PM
$30 per ticket (includes youth size Nets Jersey)
Transportation to the IZOD Center NOT included.
Advance Sign-up Required: 973-706-6471

Children's Karate Program
Promotes social interaction, self-confidence, discipline, exercise, self-defense.
All Star Taekwondo & Fitness, 38B Hamburg Tpk, Riverdale

Toddlers (3 & 4 years old)
Saturdays: March 1 - April 26 @ 11:00 - 11:30 AM
Fee: $40 includes uniform, patches & rubber nunchuks.

5 - 9 Years Old
Mondays: March 3 - April 21 @ 4:30 - 5:30 PM
10 - 14 Years Old
Mondays: March 3 - April 21 @ 5:30 - 6:30 PM
Fee: $50 includes uniform, patches & rubber nunchuks.

Registration: Wednesday, February 20
7:30 - 8:30 PM at the Community Center
Registration Deadline is February 28.
Anne Gould 973-248-9663

Spring NYC Broadway Musical
Nominated for 7 Tony Awards in 2007, Legally Blonde is one of the great law movies of all times. It has now been turned into a delightful Broadway musical.

Legally Blonde

Sunday, April 13th 2:00P Showtime
Bus departs: 12:00 noon - Riverdale Community Center.
Allow time prior to departure for a deli lunch to be served at Center.
Palace Theatre, NYC
$97.00/Ticket
Includes mezzanine seating, luxury bus transportation, deli lunch prior to departure, & fun bus trip activities.
Advance sign up required.
Deadline to purchase: Wednesday-Feb. 13th
To reserve & questions:
(973) 706-6471 Recreation Dept.

Copy deadline is the 4th Monday of each month. The publishing date will be the 1st Wednesday of the following month. Pictures, stories, weddings, births, scholastic, armed services, etc. are all welcome. We reserve the right to edit articles for space. Photos should be e-mailed or on disc in a JPEG format. Please send all information any time during the month to **mayor@riverdaleNJ.com**

The Circus is coming to Town!
Here's a great activity for Spring Break!

Ringling Bros. Barnum & Bailey Circus
Thursday, April 10th 7:30p Showtime
IZOD Center (previously Continental Arena)
$17.50 per ticket
Ticket does NOT include transportation
TICKET PURCHASE DEADLINE: FEB. 13TH
(Please do not wait! We anticipate this show selling out very quickly!)
Call Recreation to reserve: (973) 706-6471

Paper Mill Playhouse Children's Play
(Millburn, NJ)
HANSEL & GRETEL
and
GOLDILOCKS & THE THREE BEARS
Recommended for ages 5-10
Based on the classic stories, come watch colorful costumes, lively music and dance bring the beloved characters to life before your very eyes, complete with witch, dancing bears and resourceful children. By watching Hansel and his sister stick together and keep their cool we learn about thinking our way out of bad situations. And by watching Goldilocks, we learn to think twice before judging others. We begin to see that, even the fiercest looking creatures may be loving, peaceful and funny, if we respect them and get to know them.

Saturday, May 17th Show Time: 10:00 a.m.
$17.50/ticket (Transportation not included)
TICKET PURCHASE DEADLINE: February 29
(Please do not wait! We anticipate this show selling out very quickly!)
Call Recreation to Reserve: (973) 706-6471

Helpful Health Hints - An Alternative View

Ginkgo Biloba is an herb with powerful antioxidant effects in the brain, retina and cardiovascular system. It is well known for its ability to enhance circulation, and a study reported in the *Journal of the American Medical Association* showed that it has a measurable effect on dementia in people with Alzheimer's disease and people recovering from strokes. Other studies indicate that it can improve both long- and short-term memory, and enhance concentration. Ginkgo Biloba has also been used to treat hearing problems, macular degeneration and may relieve leg cramps by improving circulation. Beneficial for asthma, depression, eczema, headaches, ringing in the ears, and heart and kidney disorders.

Anyone who takes prescription anitcoagulant (blood thinning) medication or who use over-the-counter pain killers should consult with a health care provider before using.

Prescription for Natural Healing by James Balch, M.D.

Dog and Cat Licenses Due by 2/29/08

To avoid a $5.00 Late Fee, license must be renewed before March 1, 2008.
A Rabies Certificate is required and must be valid through November 1, 2008.
Dog License Fee is $8.20 if neutered. If not, $3.00 charge to be added.
Cat License Fee is $3.00 if neutered. If not, add $2.00.
Any questions, call Linda Roetman at 973-835-4060 X6.

Library News

For more information, call (973) 835-5044 www. riverdalelibrary.org

CHILDREN'S PROGRAMS

Baby Time Infants - 2 years
Fridays, February 1, 8, 15, 22, 29 @ 11-11:30
Saturday, February 16 @ 10:30 - 11:00 AM
It's baby time at the library. Designed especially for infants and active toddlers, it is a half hour of rhyme, song, movement, and shared reading.

Snowflake Stories Ages 2 - 5
Wednesdays, February 6, 13, 20 & 27
10:15-11:00 am **or** 1:30-2:15 pm
Saturday, February 16 @ 11:15 AM to 12:00
Cozy up this winter to some wonderful winter tales. Stories, rhyme & crafts are included in the fun.

Bedtime Stories
Thursday, February 21 - 7:00 to 7:45 PM
Get cozy this winter at the library with bedtime stories, cookies and milk. Younger patrons may want to wear pajamas and bring a teddy.

ADULT PROGRAMS

Computer Workshops - workshops continue in February. Introductions to the PC, eBay, e-mail, Internet use and more. Call Phil at the Library.

How You Too Can Be a Backyard Astronomer
Tuesday, February 5 @ 7:00 PM THIS TUESDAY!! DON'T MISS IT!
Follow Rob Teeter's journey to becoming a prize-winning amateur astronomer and learn how you can discover the wonders of the night sky.

Book Discussion Group Monday, February 25, 6:30 - 8:00 PM
"Cage of Stars" by Jacquelyn Mitchard. All are welcome.

Knitters Group - Second & Fourth Thursday of the Month @ 4:00 PM
Open to all beginner, intermediate and advanced knitters who wish to come our and "learn, teach, assist or just relax" with other knitters.

What's Cooking at the Library? FOOD ON FRIDAYS!
Fridays, 3:00 - 4:00 PM for Students in K - 5th Grade
We'll share some great stories about food (like magic yams, stone soup & enormous turnips!) and cook up a healthy snack.
FEB. 1 - That's a Wrap. Cheese & vegetable wraps & stories about the movies.
FEB. 8 - Celebrate Chinese New Year with Egg Drop Soup.
FEB. 15 - Extend the love with crispy cereal cut-out hearts & endearing stories.
FEB. 22 - Make a cherry blast in honor of Washington's Cherry Tree.
FEB..29 - It's Leap Year! Make Sun-in-a-Cloud pudding desert for this solar-based date. Sunny stories will lift our spirits too.

Vacation Program
Tuesday, February 19 @ 1:00 - 2:00 PM for Students in K - 5th Grade
What do snowmen do at night? We'll find out at our cool party. Snow stories, snowman snacks and cold cocoa will provide some frosty fun.

JOIN THE FRIENDS OF THE RIVERDALE PUBLIC LIBRARY!
We are beginning to plan the **2008 Book Sale,** which is scheduled for March 19-23 at the Senior Community Center.
We are accepting book donations for the annual sale. Books, movies, CDs in good condition. NO magazines or text books, please.

Did You Know?

- New Jersey has more race horses than Kentucky.
- The first drive-in movie theater was opened in Camden and has the tallest water tower in the world in Union.
- The first brewery in America was opened in Hoboken in 1642.