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**Reorganization Meeting
of the Mayor and
Council on Monday,
January 7 at 7:00 PM.
All are invited.**

**Postal Patron Local
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Riverdale, NJ 07457**

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www.RiverdaleNJ.gov

The Latest Edition of

Riverdale News & Events

Published by the Riverdale Mayor and Council

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If you would like to sponsor an issue of this Newsletter, please contact Carol Talerico 973-835-4060

Riverdale News & Events

Vol. 3, No. 4

A Monthly published by the Riverdale Mayor and Council

www.RiverdaleNJ.gov

January 2008

Christmas Home Decorating Contest Winners



**1st Place
Walt & Lynn Krowska
4 Ryerson Avenue**



**2nd Place
Glen & Lydia Hartford
61 Loy Avenue**

**3rd Place
Ron & Kristin Appel
23 Stratford Place**



Photos of all events are posted on
our website. www.RiverdaleNJ.gov

Santa Visits Riverdale Children at Christmas Gathering



Santa Claus "Steve Revis" arrives with Ron Appel.
Thanks, Steve, for being such a gracious Santa!



Riverdale Recreation Committee put together a
most enjoyable Christmas Gathering.
Thank you!



Shannon & Maeve
McCarthy

ANNOUNCEMENTS

Engagements, Weddings, Birthdays, Graduations, Births, Anniversaries, etc.

January 25 - Happy 20th Birthday **Fred Taylor** - From Anne, Dave and Reilly.

Happy Birthday to my Dad, **Scott Leaver**. I love you very much. You are the best Daddy in the whole world. Love Felicia.

Happy Belated 14th Birthday **Michael Carelli** on December 22. Love you. Mom, Dad, Tommy, Samantha, Grandma Plescia, Grandpa & Grandma Carelli & Nauni.

Happy Birthday on January 25 to **Dave Desai**. Love, Anne & Reilly.

Happy Birthday **Mary Wolbach** on January 9. Love Kristin & Judy.

Happy 12th Birthday on January 17 **Tommy Carelli**. Love you. Mom, Dad, Tommy, Samantha, Grandma Plescia, Grandpa & Grnadma Carelli & Nauni.

Happy Birthday **Pam Sylvestri** on January 15. Love, Ron, Kristin & the Boys.

Happy 10th Birthday on January 22 **Nicole Schrock**. Love, Mom, Dad, Michael, Grandma & Pina.

Happy Birthday **JoEllen Schrock** on January 26. Love, Rob, Nicole & Michael.

Happy Birthday **Owen Wolbach** on January 24th. Love Mom, Dad and Sean.

No Overnight Parking or When Roads are Snow Covered.

Beginning December 1 through March 31
NO PARKING on borough roads
between the hours of 12:00 AM to 6:00 AM

School News by Dr. Betty Ann Wyks

First Marking Period Honor Rolls

Superintendent's List
Brittany Simon
Jacqueline Dubrovich
Richa Patel
David Zwoboda
Chase Turner
Claudia Jablonski
Lorian Gish
Christopher Senyk
Samantha Poli
Kristen Rosenboom
Meghean Dougherty
Jennifer Pezzuti
Kristen Sautner
Sophia Spiridakis
Peter Campbell
Shauna McSpirit
Haley Osborne
Gabrielle Revis
Karlee Eggenberger
Catherine Fierro
Owen Wolbach

Honors List
Danielle Santangelo
Alexa Neuschwanter
Jessica DeGroot
Alyssa Alheidt
Katrina Cocilovo
Nicholas Malanga
Nichole Papadopoulos
Cheyenne Richardson
Zachary Stewart
Tyler Swanson
Kacey York
Jackson Brizell
Jacob Faulkner
James Huber
Caroline King
Ashley Mackoull
John Moran
Stephen Moran
Richard Osborne
Taylor Rodgers
Brett Stires
Kristi Ur
Lauren Allan
Carly Graf
Frank Magyar
Hannah Nicklas

Chelsea Phillip
Tyler Soto
Jordan Testino
David Knapp
Ethan Vogel
Samantha Galletta
Craig Appel
Shannon Stewart
Christopher Norton
Nicole Lotterman
Meghan Polhemus
Joshua Allen
Samantha Brooks
Yash Gandhi
Sarah Redfearn
Hilal Ozdemir
Scott Simon
Caitlyn Takacs
Brandon Torres
Dane Torres
Samantha Flynn
Ramon Fantauzzi
Matthew Garcia
Gerardo Almazan
Raymond Miller
Samantha Schmidt
Christina Ilacqua

Riverdale Business Association - RBA meets every 3rd Thursday, 7:00PM at Berta's Chateau, Wanaque. You may RSVP by calling 973-839-1716. www.rbanj.org

Recreation

June Carelli, Director 973-616-0288

Winter 2008 Children & Toddler Bowling - Reminder

Starts: Sunday, January 6, 2:00 - 3:30 PM (10 weeks)
Holiday Bowl, Oakland.
Please Do Not Be Late! T-shirts distributed first day.

Interval Training by Sandy

Interval Training: A combo of aerobics and weights alternating in a specific time ratio like 3 minutes of aerobics followed by 1 minute of weights/toning. Advanced Sign-up Required.

Starts: Tuesday, January 8 @ 6:00 PM for one hour
10 Week Session at the Riverdale Community Center
\$5 per class. The entire \$50 needed at registration.
Floor Mat & Hand Weights Needed. Call 973-706-6471.

Men's Adult Basketball

Monday Night Pick Up Games beginning January 7th
7:00 PM till 10:00 PM at the School Gym
Enter through gymnasium doors located in back of school
Free to Play! Age 18 and older. No Sign-up Req'd.
Questions: June Carelli 973-706-6471

Let's Go Skating - **NEW** Winter Program

Toddlers & Children Learn to Skate Program - Tots to 8th Grade
Beginning Saturday, January 12

Three Class Times Available:
10:30 - 11:00 AM * 11:00 - 11:30 AM * 11:30 - 12:00 PM
Ice Vault, 10 Nevins Road, Wayne

Toddlers: Age 3 - 4
Children: Age 5 - 14

Arrive 30 minutes before class check-in. Free Skating Time after Class.
Nine Week Program - \$15.55 per Class
Payment in full for 9 weeks - \$140 - Required at Sign-up
Advance and IMMEDIATE Sign-up Required.
Sign-up & Questions: 973-706-6471

Nets Basketball Game - Saturday, February 23

Nets vs. Indiana Pacers Game starts: 7:30 PM
\$30 per ticket (includes seat & youth NJ Nets jersey)
Transportation to the Meadowlands NOT included.
Advanced Sign-up Required: 973-706-6471

Additional Exercise Classes are being planned for February.

If interested in learning more about types of

Copy deadline is the 4th Monday of each month. The publishing date will be the 1st Wednesday of the following month. Pictures, stories, weddings, births, scholastic, armed services, etc. are all welcome. We reserve the right to edit articles for space. Photos should be e-mailed or on disc in a JPEG format. Please send all information any time during the month to majord@riverdaleNJ.com

FIRE DEPARTMENT

As we enter the winter season, please keep these fire safety tips in mind.

*If you use a space heater, follow all manufacturer safety recommendations.

*Make sure you have Carbon Monoxide Detectors on each level of your home and test them monthly.

*After a snow storm, please clear the snow from the fire hydrants by your house so that fire emergency response is not delayed.

*If a fire hydrant is missing the white reflective marker, please call the fire house so that we can have it replaced. 973-835-1584. Thank you and have a safe winter.



A Letter from Fire Chief Pat Cleary

After 10 years as Chief and 4 as Assistant Chief, Pat Cleary is stepping down. Here is his final letter to us.

I'd like to thank my wife, Barb, and my family for allowing me to serve the residents of Riverdale for the last 14 years as a Chief officer of the Fire Department. My responsibilities often took me from family events, and I appreciate her support and understanding. I believe I have met my objective to use your tax dollars wisely, while ensuring that the volunteer firefighters had the tools they need to safely provide the residents with high quality fire and emergency services. Our new Chief officers have a good foundation to build on, and they are ready to lead the fire department into its second "Century of Service."

Helpful Health Hints - An Alternative View

Bilberry. The herb bilberry, a European relative of the American blueberry, contains natural antioxidants that keep capillary walls strong and flexible. They also help to maintain the flexibility of the walls of red blood cells and allow them to pass through the capillaries better. Bilberry contains anthocyanidins, phytochemicals that help to lower blood pressure, inhibit clot formation, and enhance blood supply to the nervous system. Studies indicate that anthocyanidins can provide up to fifty times the antioxidant protection of Vitamin E and ten times the protection of Vitamin C. In addition, this herb protects the eyes and may enhance vision; supports and strengthens collagen structures; inhibits the growth of bacteria; acts as an anti-inflammatory; and has anti-aging and anti-carcinogenic effects. Tests have shown that the compound glucoquinone, found in bilberry leaves, helps to lower blood sugar levels.

Prescription for Natural Healing by James Balch, M.D.

Dog and Cat Licenses Due by 2/29/08

To avoid a \$5.00 Late Fee, license must be renewed before March 1, 2008.

A Rabies Certificate is required and must be valid through November 1, 2008.

Dog License Fee is \$8.20 if neutered. If not, \$3.00 charge to be added.

Cat License Fee is \$3.00 if neutered. If not, add \$2.00. Any questions, call Linda Roetman at 973-835-4060 X6.

Library News

For more information, call (973) 835-5044 www.riverdalelibrary.org

CHILDREN'S PROGRAMS

Baby Time Infants - 2 years
Fridays, January 11, 18 & 25 @ 11-11:30 AM
It's baby time at the library. Designed especially for infants and active toddlers, it is a half hour of rhyme, song, movement, and shared reading.

Snowflake Stories

Ages 2 - 5
Wednesday, January 23 & 30

10:15-11:00 am **or** 1:30-2:15 pm

Cozy up this winter to some wonderful winter tales.

Stories, rhyme & crafts are included in the fun.

Bedtime Stories

Thursday, January 17 - 7:00 to 7:45 PM

Get cozy this winter at the library with bedtime stories,

cookies and milk. Younger patrons may want to wear pajamas and bring a teddy.



ADULT PROGRAMS

Computer Workshops - workshops start in January. Introductions to the PC, eBay, e-mail, Internet use and more. Call the Library at 973-835-5044 to reserve your spot. Ask for Phil.

Book Discussion Group Monday, January 28, 6:30 - 8:00 PM

"The Great Gatsby" by F. Scott Fitzgerald. Copies of the book in both print and audio are available at the library. All are welcome.

Knitters Group - Second & Fourth Thursday of the Month @ 4:00 PM

Open to all beginner, intermediate and advanced knitters who wish to come our and "learn, teach, assist or just relax" with other knitters.

New!! Auto Repair Reference Center is a new online service available through the library. Check the recalls on your car, wiring diagrams, repair instructions, estimate labor costs and much more! Go the Riverdale Library's website to gain access to this service from your own home!

GOOD NEWS! Thanks to your feedback from the recent survey, the Library will extend its Saturday hours. Beginning Saturday, January 5 the Library will be open from 10:00 AM to 4:00 PM through the end of the school year.

For more information call: 973-835-5044 or www.riverdalelibrary.org

JOIN THE FRIENDS OF THE RIVERDALE PUBLIC LIBRARY!

Join the Friends at our next meeting on Thursday, January 17 at 7:00 PM at the Library. We are beginning to plan the **2008 Book Sale**, which is scheduled for March 19-23. We will be accepting book donations for the annual sale at the end of January. Look for the sign out front.



As of December 28, the Riverdale Volunteer Fire Department had responded to 148 alarms. That is 3% more than in all of 2006 and the most responses in the 100 year history of the Department!
Thanks to all the members. May God protect you!



- Spiders have transparent blood.
- An electric eel will short-circuit itself if it is put into salt water.
- C.W.Post introduced coupons in 1895 when he offered "one cent off" to kick off sales for new cereal, *Grape Nuts*.