



Riverdale News & Events

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Concerts in the Park



Enjoy the music. Enjoy the night.

*Bruce Springsteen Tribute
Eagles Tribute*

*Beth Anne Clayton Country Band
Neil Diamond Tribute
American Bandstand Revue*

Wednesdays at Freedom Park
July 15 thru August 12 at 7:30 PM

50/50 Raffle * \$20,000 Grand Prize * Boro Hall

100 Prizes * Up to \$40,000 in prizes * 1 in 40 Chance to Win *
Support the Concerts * Only 4000 tickets to be sold

Curly's Ice Cream

Curly's Ice Cream & Frozen Yogurt
30 Route 23 North, Riverdale

Serving you for three generations since 1958!



Save \$2.00 off any Ice Cream Cake!

Curly's Ice Cream, 30 Route 23 North, Riverdale

973-839-0198

Not valid with any other offer. One coupon per customer. Expires 9/1/2009

- Homemade Ice Cream
- Frozen Yogurt
- No Fat, No Sugar Ice Cream
- Italian Ice
- Full Menu of Frozen Desserts
- Wholesale & Catering Available
- Custom Cakes our Specialty

If you would like to sponsor an issue of this Newsletter, please contact Carol Talerico at 973-835-4060.

Class of 2009

Riverdale School



The Graduates

Gerardo Almazan	Sarah Redfearn
Peter Campbell	Christian Restrepo
Karlee Eggenberger	Gabrielle Revis
Ramon Fantauzzi	John Revis
Catherine Fierro	Erik Richardson
Samantha Flynn	Beth Ann Roccisano
Caitlyn Takacs	Samantha Schmidt
Yash Gandhi	Scott Simon II
Matthew Garcia	Kimberly Tambuscio
Jason Grecco	Brandon Torres
Christina Ilacqua	Dane Torres
Lyndon Laxina	Chase Turner
Brittany Mickens	Alyssa Walker
R.J. Miller	Shauna McSpirit
Haley Osborne	Matt Wesolowski
Hilal Ozdemir	Owen Wolbach

Student Awards

Art	Alyssa Walker
Physical Ed. - Boy	Dane Torres
Physical Ed. - Girl	Gabrielle Revis
World Language	Gabrielle Revis
Technology	Yash Gandhi
Instrumental Music	Peter Campbell Sarah Redfearn
Vocal Music	Gabrielle Revis
Holocaust	Catherine Fierro
All Around Student	Caitlyn Takacs
Rotary Volunteerism	Samantha Flynn
Third Ranked Student	Karlee Eggenberger
Second Ranked	Gabrielle Revis
First Ranked	Peter Campbell

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July 2009

Have a Glorious Fourth

We hope you and your families have a safe and wonderful holiday this Fourth of July, celebrating our freedom and the breaking of political ties with England by adopting the Declaration of Independence. A document espousing the spirit of our country, the Declaration should be read by all on this special day, acknowledging and thanking our Creator for all His blessings.



The Glenburn Estate



Restoration on the house and barn have begun. The borough just got word of being awarded another \$90,000 grant for more work. Loehmann's Dept. Store did an advertising photo shoot at the site for a circular coming out in August. Photos of both events are on our website. www.RiverdaleNJ.gov

Riverdale Borough made of the best people on earth.

Summer Concerts July 15 - August 12

The full schedule of artists is online at RiverdaleNJ.gov.
Five Wednesdays at 7:30 PM at Independence Park, Dalton Drive.



Riverdale Resident, Jason Cullen, announced his independent bid for Governor of New Jersey.

Jason, currently President of the Riverdale Board of Health, collected enough signatures to be placed on the November ballot. Wouldn't it be great to have a Riverdale Resident occupying Drumthwacket! Jason is pictured here with his lovely bride, Julia. Good luck, Jason!!!

FARMERS MARKET

Every Tuesday 2:30-7:00 PM
at the Glenburn Estate, Hamburg Turnpike



Announcements

Congratulations to our granddaughter, **Gabrielle Revis**, on your 8th Grade Graduation. We are so proud of you. Best wishes to the Class of 2009. Love Grandma and Grandpa.

Happy 3rd Birthday, **Emma Struble**, on July 12. We Love You, Munchkin. Mom, Dad and Erin.

At the Pompton Lakes High School Senior Awards Ceremony held on June 3, **Emily Stratton** and **Kelly Stanton** received Outstanding Art Student and Photography Student awards. Congratulations to both and best wishes for the future!

 **Sprouts** submitted by *Sandra Izzo*

In the spring season, seeds flaunt their vitality and energy by sprouting. Sprouts of all varieties contain the building blocks of life in the form of vitamins, enzymes, amino acids and simple sugars. In their early growth state, sprouts are very easy to digest, allowing our bodies to access many wonderful nutrients. Recent research by the American Cancer Society has backed what holistic nutrition has known for years—that sprouts contain anti-cancer properties, high levels of active antioxidants, concentrated amounts of phytochemicals and significant amounts of vitamins A, C and D.

In their raw form, sprouts have a cooling effect on the body, and therefore are best consumed in warm weather or by robust, warm body types. Those who tend to feel cool can try steaming sprouts or adding them to warm dishes such as stir fries and soups. This reduces their cooling effect. There is a wide variety of edible and delicious sprouts, each with a different texture and flavor: alfalfa, mung bean, lentil, radish, clover, sunflower, broccoli, garbanzo and adzuki.

Here are some great ways to serve up sprouts: add to salads; combine with other vegetables in wraps, roll-ups or stir-fries; use as garnish on top of soups, stews, omelets or scrambled eggs; add to rice or whole grain dishes; use in sandwiches instead of lettuce. Eat sprouts and feel alive!

PLEASE put account numbers on checks when paying water & sewer bills. Thank you.

Happy 3rd Birthday, **Kevin Budesheim**, on July 2. His proud parents are Matthew and Sylvia. Grandparents are Bill and Marian and Sylvio and Myrna Gavilanes.

Congratulations, **Ron Thomas** of Parkway, who was recently promoted to lieutenant in the Pompton Lakes Police Dept.

Happy 2nd Birthday, **Jack Budesheim**, on July 8. His proud parents are Greg and Lisa. Grandparents are Bill and Diane D'Imperio.

Happy July Police Birthdays to **Travis Roemmele** (5th), **John Barone** (10th), **Anthony LoPorto** (19th).

Recreation

RECREATION DEPARTMENT PROGRAMS: 973-706-6471-Office

Recreation Department Volunteers NEEDED

Come join a fun group of people. Bring new ideas or simply enjoy spending creative time with others. Call to become a member. 973-706-6471 Rec Office

Summer Recreation Program

Schedule: Monday-June 29 thru Friday-July 31. Hours: 9:00 am - 2:30 pm
Riverdale Community Center; For children entering 1st Grade thru 8th Grade in Sept. 09'
Summer Recreation Information Packets Available at RIVERDALE BOROUGH HALL.

Men's Summer Outdoor Basketball Games

Every Wednesday Night -7:00 pm
Riverdale Community Center Basketball Court (Must be 18 years and older to participate)
Please call for more details: (973) 706-6471 Recreation Dept Office

COMMUNITY CENTER PROGRAMS 973-706-6471

Call to Register or for questions on Programs listed:

Beach Body Boot Camp (\$10/class - 12 classes)
(www.jerseybootcamp.com to learn more about the class & instructor)

Come join the **THIRD** consecutive Boot Camp!! The previous sessions

have a lot of success stories (inches & weight loss).

Tuesday, June 2nd / 4 week program (3 days/week-Tues, Thurs. & Fri) Time: 5:30 AM

Your participation for 12 consecutive classes required to see results.

MUST call in advance to sign-up. (973) 706-6471

"New Time" Kick Boxing Exercise Class (\$8 Class-Continual Class)

Enjoy a fat-blasting aerobic kickboxing class. Easy to follow. Jabs, Punches & Kicks plus strengthen your heart, boost metabolism, increase energy & tone up.
Tuesday Nights - Time: 7:00 pm (1 hr) Call to sign-up: (973) 706-6471

"NEW DAY/TIME" Senior Chair Aerobics (\$3/class-Continual Classes)

Enjoy light exercise with friendly faces & enjoyable music. Walk-Ins Welcome

THURSDAY'S, 10:00 AM (previously Tuesday/12:00 pm)

Yoga Class (\$8 Class-Continual Classes)

Monday: 7:00 pm and Thursday's Once a Month 2-Hour Session - June 25th 7:00 pm

(Thursday Night Double Class \$15/class)

Hips on Fire Exercise Class (\$8 Class-Continual Classes) Wednesday 7:30p-8:30p

Tot's Children's Music Program Walk-Ins Welcome

(\$8 Class-Continual Classes) Friday: 11:00 am

Riverdale Pistol Team Jr. Program



Antonio Apostolidis (left) became the first Junior Distinguished Expert out of our Riverdale Program since its inception in 2001. **Zack Wenzel** (right), nephew of Capt. John Peine, achieved Sharpshooter status since beginning this past autumn.



If interested in the adult programs or the junior programs at the Riverdale Police Pistol Team, please visit the website www.RiverdalePistol.org.

Fireworks are Dangerous and Illegal.

The law states that the sale or possession of fireworks, with intent to sell, is a crime of the fourth degree. Any person found guilty of possessing fireworks with the intention of selling them, can be fined up to \$7,500 and/or imprisoned up to 18 months. Any person found using fireworks illegally can be fined up to \$500 and/or imprisoned up to 30 days.

Copy deadline is the 4th Monday of each month. The publishing date will be the 1st Wednesday of the following month. Pictures, stories, weddings, births, scholastic, armed services, etc. are all welcome. We reserve the right to edit articles for space. Photos should be emailed in a JPEG format, actual photos can be scanned. Please send all information any time during the month to major@RiverdaleNJ.gov & RiverdaleMayor@gmail.com

Events Worthy of Note

Memo from Dr. Betty Ann Wyks, School Superintendent

The school district has approved Passaic County Educational Services as provider of aftercare services to Riverdale students, beginning in September. Watch for details to be posted on the district website www.rpsnj.org or contact Irene LeFebvre, Director of Education for Ed. Services directly at 973-614-8585 for additional information.

Fire Department The Riverdale Fire Department is looking for members to join its Junior Fire Department. High School students, ages 16 and 17, can join; they earn valuable credit for community service and based on their level of participation, can be eligible for up to \$200 annual clothing allowance, \$1,400 tax deferred LOSAP benefit and annual tuition credits at county college. If you join now, we could enroll you in this year's Junior Firefighter training class this summer. There are 2 classes **July 8 - 30** or **August 8 - 28**. The classes are Mon - Fri, 8:00 AM - 4:00 PM. This class gives all the training needed to be a certified firefighter in NJ. You will receive your certification when you turn 18. Contact Chief Mike Norton at 973-831-1584.



Come one! July 6 - 10. Come all!

Children ages 4 - 12 are invited to join us each evening from 6 to 8 PM for the time of their lives. This is going to be our best year ever. Each night we will be giving away prizes, great games, crafts, snacks and a giant inflatable. Plus, we will be teaching exciting Bible lessons each night on honesty, obedience and integrity. All right here at the Riverdale Bible Church. Call to register 973-835-3275 or just show up Monday night!

Girl Scouts of Northern New Jersey (GSNNJ) held its Adult Recognition Program on May 20. The event honored outstanding volunteers who donate their time and leadership to deliver the Girl Scout program to more than 35,000 girls in northern New Jersey.



"Without volunteers, we couldn't deliver the Girl Scout program," said Helen Wronski, president & CEO of GSNNJ. "More than ever, girls need mentors and positive role models. The Girl Scout Leadership Experience inspires and enriches girls through countless hours of dedication by our volunteers."

The Outstanding Volunteer award was given to Karen Bogert of Butler and Lori Clinton of Riverdale.

Girls Scouts is the premier leadership development program for girls ages 5-17. In Girl Scouts, girls *discover* themselves, *connect* with others and *take action* to create positive change in their own communities. For more information call 973-248-8200.

Riverdale Food Pantry is Bare!

Our neighbors still need our help. Please do not forget to continue your support for the Riverdale Food Pantry. Please go to website for more information. Anyone in need of assistance, please call Linda Roetman at 973-835-4060 x6. Calls are extremely confidential. Drop off at Borough Hall.

We desperately need the following items:

- * Cheerios/Rice Krispies
- * Pasta & pasta sauce
- * Canned corn, peas
- * Macaroni & Cheese
- * Pork & beans
- * Canola or vegetable oil
- * Boxed potatoes & rice
- * Juice packs for kid
- * Pancake mix and syrup
- * Peanut butter and jelly
- * Canned tuna & meats
- * Laundry/Dish detergents
- * Coffee & tea
- * Toilet tissue, paper towels/napkins

Join the tradition. Our Fire Department, over 100 years old, has openings in all Companies: Engine, Ladder & Rescue. Training included. Call 973-831-1584 ext. 1

Library News

Information, call 973-835-5044
www.RiverdaleLibrary.org

THE SUMMER STORY TIME SESSION RUNS FROM THROUGH AUGUST 5.

CHILDREN'S PROGRAMS

[Please register for all children's programs in person, by phone or by email at riverdalelibrarykids@nac.net]

Baby Time - Infants - 2 years with a caregiver.

Mondays @ 11:00 - 11:30 am

It's baby time at the library. Designed especially for infants and active toddlers, it is a half hour of rhyme, song, movement and shared reading.

Totally Twos - 2 year olds with a caregiver. Mon. @ 10:15-10:45 am
Designed especially with 2 year olds in mind, this half-hour program has plenty of finger plays, rhymes, songs and stories to keep them engaged.

Story Time - Ages 3 - 5

Every Wednesday, @ 10:15-11:00am or 1:30-2:15pm

Gather with us at the library for stories of the season, rhyme, song and crafts.

Stories Under the Stars - Tuesday, July 7, 21 @ 6:30 - 7:00 PM
Come to the gazebo in front of the library for stories and songs for the whole family. Program is cancelled in the event of rain. Call library to confirm.

Puppy Pals Reading Club - Kindergarten through 5th Grade.
The 2nd Tuesday of month thru December 14 from 4:00 to 5:00 PM.
Children love reading to these patient four-legged "teachers" who neither correct nor hurry them. Registration is required.

Summer Reading Program - Grades 1-5 register for the reading club **Be Creative @ Your Library**. The program runs through August 8. Young adults entering Grades 6 - 8 register for the Teen Summer Reading Program **Express Yourself @ Your Library**.

ADULT PROGRAMS

- Thurs. July 2, 6:00-7:00 PM Grades 6-8 *Wit Play and Pizza*
- Tues. July 7, 6:45-7:45 PM Grades 1-5 *Recycled Art*
- Tues. July 14, 6:45-7:45 PM Grades 4-8 *Jewelry Making*
- Tues. July 21, 6:45-7:45 PM Grades 1-4 *Fun Felt*
- Tues. July 21 & 28, 6:45-7:45 PM Grades 5-8 *Drama Workshop*
- Tues. July 28, 6:45-7:45 PM Grades 1-5 *Game Night*
- Tues. Aug. 4, 6:45-7:45 PM Grades 6-8 Teen Book Discussion and Pizza: *Life as We Knew It* by Susan Pfeffer.
- Sat. Aug. 8, 1:00-2:30 PM *Summer Reading Club Finale*
- Grades 1-8 *Talent Show and Ice Cream Party*.

Photography Club - Monday, July 27 @ 7:00 - 8:00 PM. The Photo Club will host an OPEN HOUSE on Saturday, July 25 from 12 - 2 PM to view their fabulous photos. Refreshments served.

Book Discussion Group - Monday, July 27 @ 6:30 - 8:00 PM. Discuss *Astrid and Veronika* by Linda Olsson.

The Gypsy Knitters meet every Thursday from 4 - 8 PM. It's a great chance to work on your projects with other knitters.

Garden Lovers. Tuesday, July 28 from 7:00 to 8:00 PM. Condo dwellers welcome! Please contact Linda Anders at lpico@verizon.net.

Scholarship Winners

The Riverdale Police Pistol Team gave \$5000 and the Riverdale PBA presented \$2000 to assist the students in their college pursuits.

Front: *Andrea DiMarco, Kelly Stanton, Emily Stratton, Katie Stanton, Jordan Pellegrini*. Back: *Ted Gius, Officer Joe McDermott, Dan Pellegrini, Dennis Budesheim, Amelia Frast*. Not pictured: *Samantha Gius*.



Did You Know?

- Comedian Albert Brooks' real name is Albert Einstein.
- If all the oceans evaporated, Hawaii would be the tallest mountain in the world.
- A banana tree is not a tree. It is an herb.