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Riverdale News & Events

Published by the Riverdale Mayor and Council

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Riverdale News & Events

Vol. 3, No. 6 — *A Monthly published by the Riverdale Mayor and Council* — *March 2008*

www.RiverdaleNJ.gov

Page Six: Neighborhood News

Private First Class **Bryan Ball**, son of Russell Ball, Hartung Avenue, is currently serving in Baghdad, Iraq with the U.S. Army's 10th Mountain Division as an ammunition specialist. He was deployed in November and is serving a 15 month tour of duty. God bless him and his family and pray for his safe return.

Welcome to Riverdale, **Erin Jane Struble**. Born on January 9, she weighed in at 8lbs, 11oz. and measured 20 inches long. She is the younger daughter of Sarah & Vinnie Struble of Halsey Ave. Her older sister is 18 month old Emma Marie. Paternal grandparents are Garry & Bonnie Struble; maternal grandparents are Mike & Pam Meeker - all of Greenwich Street! Welcome, Erin Jane!

Congratulations to **Leo Sylvestri** for qualifying for the second year in a row in the Bantam Heavy Weight Wrestling Division for the New Jersey Scholastic State Wrestling Championships. Good luck on March 16 in Elizabeth! Love Mom, Dad, Dylan and Chelsea.

Let's not forget another active duty soldier, **Chris Scilingo** of Mathews Ave. Currently he is in Japan & will be going to Korea soon to help train the South Korean Marines. After 2 months he should return to Japan. Hopefully he will be returning to Camp Lejeune in North Carolina in May. Chris returned from Iraq last November.

Fire Dept. has 3 new full-time members. Congrats! to our new Firefighters 1 Graduates. Pictured, l-r, are **Jordan Pellegrini, Karen Spiridakis, Nicholas Grecco** A great addition to our great Fire Department. Anyone interested in becoming a member of the department stop in the fire house on Monday evenings at 7PM.

A star amongst us? **Rue Debona** lives in the Grande. She won the title of Miss Junior America & Miss Junior America Talent, as well as being a female vocalist winner on *Star Search*. At the age of 13 she landed a record deal with the pop group *Boy Krazy* and her hit single "That's What Love Can Do" reached #1! She can be seen in the hit film *Inside Man* starring Denzel Washington and her first lead role in a feature film came out in the fall playing Gina in *They're Just My Friends*. Rue had appearances on *Law and Order, The Sopranos, Spin City* and more. She appears regularly on cable TV on such shows as *Pup Culture* and *Firebrand* and hosts the Italian American Network. Her website is www.ruedebona.net

Steve Schotanus led the DPW in clearing snow off our roads during the latest storm.

Josh Mathews is another celebrity living in town. With over 4000 people he auditioned for MTV's & WWE's Tough Enough in 2000. He was selected with 12 others to live in a house and be taped 24/7 while WWE trained them to be pro wrestlers. Each week someone was eliminated and Josh made it to the finals. After that he wrestled every weekend all around the country for a year, after which he became an announcer for WWE. He was the backstage interviewer for the *Smackdown* television show. He hosts a show on WWE.Com called the *Weekly Top 5* and he writes, hosts and produces a daily news show for WWE Mobile, a new venture with AT&T Wireless. In addition to all that he is married to the lovely Rue Debona.

Last day to drop off books for Book Sale is March 21.

ANNOUNCEMENTS

Engagements, Weddings, Birthdays, Graduations, Births, Anniversaries, etc.
Tell us about your family!

Happy 11th Birthday to sweetest girl around, **Hannah Nicklas**. We love you, Mom and Dad.

Happy 12th Birthday to **Craig Appel** on March 22. Love Mom, Dad, Chris and Kevin.

Happy Birthday to **Judy Grecco** on March 23. Love Kristin and Pam.

Happy Birthday to **Roland Wilson** on March 20. Love Reilly, Carrie & Louie.

O know, Double Digits! Happy 10th Birthday to **Kevin Miller** on March 11. We love you very much. Love Mom, Ron, RJ, Matthew & Kevin T.

Happy Birthday on March 4 to **Annemarie Budesheim.** Love from the whole family!

Happy Birthday to **Jennifer Pezzuti** on March 17. Love Mom, Dad and Jack.

Happy Birthday to **Paul Carelli** on March 25. Love June, Michael, Tommy and Samantha.

Happy 80th Birthday to **Eleanor (Nauni) Napoli** on March 29. Love, the entire Carelli Family from Riverdale!

Happy Birthday **Grandpa John Carelli** on March 22. Love Paul, June, Michael, Tommy & Samantha.

Happy 3rd Birthday to **Sophia Lewis** on March 10. Love, Mommy, Daddy and Christopher.

Happy Birthday on March 20 to **Dennis Budesheim.** Love from All.

Happy Police Department Birthdays for March to the following: on the 6th, Detective **Pat Harden**, on the 20th we have two, **Captain Richard Roemmele** and **Officer Anthony Famularo**, on the 29th **Officer Eric Hollenstein**!

Congrats to the wrestling winners in the Twin County Districts III Championships on February 24. **Niko Negrini** 1st Place Gold Medal; **Leo Sylvestri** & **Sal Negrini** both won 2nd Place Silver Medals; **Chris Grecco** & **Frank Negrini** both won 3rd Place Bronze Medals. Good luck Leo, Sal & Niko at the Regional Tournament on March 2 at Hackensack H.S.

Helpful Health Hints - An Alternative View

Olive Leaf Extract is an herbal supplement that has been shown to be effective against virtually all the viruses and bacteria on which it has been tested. Laboratory studies suggest that olive leaf extract interferes with viral infection becoming established and/or spreading, either by rendering viruses incapable of infecting cells or by preventing them from reproducing. It has been shown to help protect against infection by such viruses as HIV, herpes viruses, and influenza viruses. It is useful for such disorders as pneumonia, sore throat, sinusitis, and skin diseases such as chronic infections and rashes, as well as for fungal and bacterial infections.

Of the many natural sources of essential fatty acids, **Grape Seed Oil** is among the highest in linoleic acid and among the lowest in saturated fats. It contains no cholesterol and no sodium. It has a light, nutty taste that brings out the flavor in many foods. Unlike most other oils, it can be heated to temperatures as high as 485°F without producing dangerous and possibly carcinogenic free radicals. These features make it good for use in cooking. Buy only grape seed oil that is cold-pressed and contains no preservatives.

Prescription for Natural Healing by James Balch, M.D.

Riverdale Business Association - RBA meets every 3rd Thursday, 7:00PM at Berta's Chateau, Wanaque. You may RSVP by calling 973-839-1716. www.rbanj.org

Recreation

June Carelli, Director 973-616-0288

Men's Adult Basketball

Monday Night Pick Up Games
7:00 PM till 10:00 PM at the School Gym
Enter through gymnasium doors located in back of school
Free to Play! Age 18 and older. No Sign-up Req'd.
Questions: June Carelli 973-706-6471

Adult Self-Defense

This is a useful & fun class to take! It will teach you self-defense skills enhanced with martial art techniques. Inst.: Chris Miller 4° Black Belt
Begins Tuesday, April 15 @ 6:30 - 7:30 PM (a 5 week Program)
$40 per person
(includes the 5 classes plus you may train at the instructor's facility in Kinnelon anytime during the program.) Wear Comfortable Clothing.
Advance Sign-up Requested: 973-706-6471

Exercise Class - It's not too late to join!

Interval Training-Combination of aerobics and weights. Instructor: Sandy
4 Weeks Remaining! Come join now. $5 per class!
Tuesdays: March 4, 11, 18, 25 @ 6:30 PM
Riverdale Community Center. Bring your own floor mat and hand weights. Come in or call to register 973-706-6471

Easter Egg Hunt!

Saturday, March 22 @ 11:00 AM Sharp
Open to Riverdale Children ages 2 - 12
Riverdale Senior Community Center.
Located in back of center, rain or shine.
Please bring your own Easter Basket for collecting eggs! Meet the Easter Bunny! Enjoy treats found in every egg. All children go home with Goodie Bag, lucky Golden Egg winners receive a Grand Prize Easter Basket. Jelly Bean Count Contest, too!

Bike Safety Class - Saturday April 26

Hosted by the Riverdale Police Department and Recreation Department
Learn about bicycle safety! This is a great class for beginner cyclists.
Recommended for 3 - 6 year olds
Riverdale Senior Community Center Parking Lot.
Please bring your child's bike and helmet. More details to follow in next month's Newsletter. Save the date!
Call to register: Anne Gould 973-248-9663.

Copy deadline is the 4th Monday of each month. The publishing date will be the 1st Wednesday of the following month. Pictures, stories, weddings, births, scholastic, armed services, etc. are all welcome. We reserve the right to edit articles for space. Photos should be e-mailed or on disc in a JPEG format. Please send all information any time during the month to **mayor@riverdaleNJ.com**

Toddler Spring Sports Clinic

Basketball, Kick Ball, Track & Field, Parachute Play & more.
Begins Saturday, May 3 thru June 7 @ 11:00 - 12:00
Riverdale School Back Field
$40 per child Ages: 2 thru 5
(includes sports instruction, t-shirt, medal & ball)
Registration Night: Wednesday, April 2 @ 7:00 - 8:00
Riverdale Senior Community Center
Deadline to Register: April 11 Call: Anne Gould 973-248-9663

Spring NYC Broadway Musical

Nominated for 7 Tony Awards in 2007, Legally Blonde is one of the great law movies of all times. It has now been turned into a delightful Broadway musical.

Legally Blonde

Sunday, April 13th 2:00P Showtime
Bus departs: 12:00 noon - Riverdale Borough Hall.
Allow time prior to departure for a deli lunch to be served at Borough Hall.
Palace Theatre, NYC
$97.00/Ticket
Incl's mezzanine seating, luxury bus transportation, deli lunch prior to departure, & fun bus trip activities.
Advance sign up required.
Deadline to purchase: Wednesday-March 5th
To reserve & questions:
(973) 706-6471 Recreation Dept.

Fall 2008 New York City Broadway Musical

This fantasy-filled musical was the winner of the three 2004 Tony Awards, including Best Costume Design and Best Scenic Design. From real flying monkeys to a trip to the Emerald City and a powerful, modern score by Stephen Schwartz, *Wicked* is a true Broadway spectacle.

Wicked

Tuesday, Ocotber 7th
Show Time: 7:00 PM at the Gershwin Theatre
$117.00/ticket
(includes Orchestra Seating, Luxury Bus & Fun Bus Trip Activities)
TICKET PURCHASE DEADLINE: Friday March 28
(Please do not wait! This show is sold out for months in advance. In order to secure seating for this trip, the need for early ticket sales is required.)
Call Recreation to Reserve: (973) 706-6471

Riverdale PTA Tricky Tray

To benefit the new playground at Riverdale School.

Thursday, March 20 - Doors Open at 6:00 PM
Regency House, Pompton Plains
$35 per ticket
Includes dinner and a sheet of small prize tickets.

There will be four levels of prizes including a Grand Prize of Free Catering from Chili's Restaurant!
Tickets available by calling Debbie's cell 973-723-0945. Only 250 tickets will be sold.
If any resident wishes to donate a prize, please contact Jayne at 973-835-0950. We are looking for prizes for 4 levels; $25-50; $51-100; $101-200; and Grand Prizes over $200.
If any resident has baskets to donate (new or used in good condition), please contact Jayne 973-835-0950.

Library News

For more information, call (973) 835-5044 www. riverdalelibrary.org

CHILDREN'S PROGRAMS

Baby Time Infants - 2 years
Fridays, March 7 & 14 @ 11:00 - 11:30
It's baby time at the library. Designed especially for infants and active toddlers, it is a half hour of rhyme, song, movement, and shared reading.

Snowflake Stories Ages 2 - 5
Wednesdays, March 5, 12, 19, & 26
10:15-11:00 am **or** 1:30-2:15 pm
Cozy up this winter to some wonderful winter tales. Stories, rhyme & crafts are included in the fun.

After School Program - Grades K - 5
Irish Folk Tales Friday, March 14 @ 3:00 PM
Stories, crafts and snack.

ADULT PROGRAMS

Fine Dining at the Library - Tuesday, March 4 @ 7:00 PM
Local authors, John and Laurie Bakie will talk about their latest books while a master chef demonstrates how it's done. Space is limited so please register by calling the Library 973-835-5044.

Book Discussion Group Monday, March 31 @ 6:30 - 8:00 PM.

6th Annual Book Sale - Last Weekend of March

Sponsored by the Friends of the Riverdale Library at the Senior Community Center. We have over 8,000 available for sale. Book donations will continue to be accepted up to March 21 only.

Book Sale Hours
Friday, 3/ 28: 4 - 8 PM; Saturday, 3/29: 10 AM to 4 PM**; Sun.3/30: 12:00 to 3 PM.**

For more information call: 973-835-5044 or www.riverdalelibrary.org

What's Happening at Riverdale School? Pleased to announce plans to continue its preschool program for 2008-09. Applications are being accepted for the AM session - geared towards 3 year olds (approx. 6 openings). They will be filled by a lottery held at the April 16 Board of Education meeting. Afternoon session is already filled. Questions call 973-839-1300.

Kindergarten Registration is now taking place. If your child will be 5 years old by October 1, 2008, he or she is eligible to attend the full day program. Call or stop by the school office for further information.

National Junior Honor Society recently held a fundraiser. To date, the eleven students and under the direction of teachers Meghan Ammerman & Kristen Fagan have raised $756. The group has chosen to donate the proceeds to the PTA Playground Development Fund and Make a Wish Foundation.

PTA - Congratulations to **Rosemary Kramer** this year's recipient of the Riverdale PTA's Founders' Day Award.

- Your left hand does 56 percent of the typing.
- One cord of wood can make seven and one-half million toothpicks.
- The tip of a whip makes a cracking noise because it moves faster than the speed of sound.