



Riverdale News & Events

Borough of Riverdale, Post Office Box 6, Riverdale, NJ 07457

Pre-sort Standard
U.S. POSTAGE
PAID
Riverdale, NJ
Permit No. 12

7th Annual Book Sale

Last Weekend in March

Friday, March 27 from 4:00 to 8:00 PM

Saturday, March 28 from 10:00 AM to 4:00 PM

Sunday, March 29 from 12 Noon to 3:00 PM

Riverdale Senior Community Center, 57 Loy Avenue

Upcoming School Dates

March 19	Parent Teacher Conferences
March 26	Science Fair
April 1	Public Hearing on Budget

- NO Overnight Parking beginning Dec. 1 - March 31 from Midnight to 6 AM
- NO parking when snowing or streets are snow covered.
- NO throwing snow or leaves into the streets.
- Snow must be removed from sidewalks within 24 hours after snowfall ends.

We also offer
'FREE STORAGE'



We ♥
Best Price Best Quality

Best Price Best Quality

Riverdale Cleaners

43 Hamburg Turnpike, Riverdale, NJ 07457
Tel. 973-835-9090

Hours: Mon-Fri. 7AM ~ 7PM
SAT. 8AM ~ 4PM SUNDAY CLOSED

Dry Clean
30% OFF

CLEAN TODAY SAVE TODAY

Not valid with any other offer.
Valid 03/01/09 ~ 03/31/09

Dry Clean
30% OFF

CLEAN TODAY SAVE TODAY

Not valid with any other offer.
Valid 03/01/09 ~ 03/31/09

Coupons must be presented at drop off. One coupon per customer.

Clear Out Clutter!

Need Help De-Cluttering Your Home or Office?

- ✓ Have you missed another deadline?
- ✓ Had a late bill and incurred another late charge?
- ✓ Missed an important family function?
- ✓ Are paper piles overtaking your home & office?
- ✓ Embarrassed & stressed by the mess?

Let me be your Catalyst to Conquer Clutter!

Make 2009 the year you get Organized!

I can help you set up a personalized system so you can have important papers at your fingertips within 2 minutes!

Call Linda Anders at 973-838-8298

email-COC.Enterprises@yahoo.com

*Free Consultation

*Always Confidential

Before

After



The Goodness of Riverdale

"We would like to thank our wonderful community for all your support and prayers for us during this difficult time. When we moved to this community six years ago we always felt a sense of home, but never did we realize that an entire community can feel like family. We can never express enough our gratitude to the Riverdale Fire and Police Departments for their quick response, and saving two of our beloved family members, *Judge* and *Chaos*. We would like to thank Mayor Budesheim and June Carelli for all their help in keeping the Senior Center open and available for all the wonderful donations to be dropped off. We also want to say to our dear friends, Pam Sylvestri and Judy Grecco, we can never thank you for all you have done for our family and we truly have no idea how we would be getting through this without you. Due to the overwhelming outpouring of donations to our family, there are too many people to list individually, so we would like to **Thank all of you from the bottom of our hearts!** Even though we have a very long road ahead of us we know we will make it with the support of this community. Forever grateful. *Fab, Symone, Sal, Nico, Frankie, Bella, Judge & Chaos Negri*

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March 2009

First Aid Annual Installation Dinner

The Pompton Lakes/Riverdale First Aid Squad held its annual installation dinner on January 30. Officers are Chief **Mark Sonne**, Asst. Chief **Walter Gosson**, Capt. **Dan Cottrell**, Lt. **Frank Marshall**, Treas. **Carol Brautigam**, Corresponding Sec'y **Pam Keegan**, Recording Sec'y **Nikki Leet**, Training Officer **Millie Stires**. Giving the oath was NJ State First Aid Council President **Sue Van Orden**. Members recognized for their exceptional service were **Jerry McMinn** for most calls taken, **Andy Stringfield** for most duty hours. In 2008 the squad responded to 1300 calls. **Dawn Gosson & Sharon Sonne** organized the event. *Thanks to the Squad for always being there when needed!*



Sonne, Gosson, Cottrell, Marshall, Brautigam, Keegan, Leet, Stires, Van Orden



Fireman **Mike VanRy** battles a brush fire in the Hartung neighborhood on February 14.

New Jersey Devils former player, **Grant Marshall**, visited Riverdale School students recently, presenting a character education program. Pictured are **Joey Aungst**, **Joey Dellapi** & **Matt Wesolowski**.



Riverdale Borough made of the best people on earth.



Some of the donations received within a couple of hours after the fire.

A Noteworthy Mention - One of Riverdale's Bravest. Fireman **Mike Davis**, when traveling home on I-287, saw smoke coming from a Riverdale neighborhood. He approached the house, seeing that it

was filled with smoke, broke down the front door. Determining that no one was in the house, he called in the alarm and returned to the fire house to arrive with a fire truck. Mike's heads up and training would have prevented a certain tragedy. Thank you, Mike!

Daylight Savings Time - Sunday, March 8 - Turn Your Clocks Ahead

You must put your clock AHEAD one hour. Starting in 2007, daylight savings time begins in the U.S. on the second Sunday in March and ends on the first Sunday in November. On the second Sunday in March, clocks are set ahead one hour at 2:00 a.m. local standard time, which becomes 3:00 a.m. local daylight time. Daylight savings time first came into existence in 1918, but was repealed in 1919. It became a local matter. It was re-established nationally early in World War II, and was continuously observed from February 9, 1942 to September 30, 1945. After the war its use varied among states and localities. The Uniform Time Act of 1966 provided standardization in the dates of beginning and end of daylight time. The dates fluctuated during the "energy crisis" years in the 1970's. Hawaii and most of Arizona do not use Daylight Savings Time. See: http://aa.usno.navy.mil/faq/docs/daylight_time.php



If you would like to sponsor an issue of this Newsletter, please contact Carol Talerico at 973-835-4060.

Announcements



Happy 1st Birthday, **John Carelli** on March 22. Love, Paul, June, Michael, Tommy & Samantha.

Happy 11th Birthday, **Kevin Miller**, on March 11. We love you very much. All our love, Mom, Ron, RJ, Matthew & Kevin T.

Congratulations, **RJ Miller**. He was accepted to the Morris County School of Technology. He will be attending the School of Culinary Arts in the Fall '09.

Happy 25th Birthday to **Annemarie Budesheim** on March 4.

Happy 13th Birthday, **Craig Appel**, on March 22. Love Mom, Dad, Kevin, Christopher & Ralph.

Happy 13th Birthday, **Nicole Lotterman**, which was on February 12. Lots of love from Mom, Dad, Kaylee, Cody (woof!), Grandma Helen & rest of the "family"!

Happy Birthday **Eleanor Napoli** (Nauni) on March 29. Love Carelli Families from Riverdale!

Happy 13th Birthday, **Craig Appel**, on March 22. Love Mom, Dad, Kevin, Christopher & Ralph.

Happy 21st Birthday to **Dennis Budesheim** on March 20.

Happy 10th Birthday, **Sophie Gagliardi**, on March 19. We love you, Mom, Dad, Laina, Nani, Papa, the Aunts & Abbie.

Happy Birthday, **Paul Carelli**, on March 25. Love, June, Michael, Tommy & Samantha.

Happy March Police Birthdays to **Officer Pat Harden** (6th), **Captain Rich Roemmele** (20th), **Officer Anthony Famularo** (20th), **Officer Eric Hollenstein** (29th). Happy Belated Birthday to **Police Dispatcher Millie Stires** on February 2nd.

Congratulations to the Riverdale youths who participated in the PLRYO Wrestling League, and in the Twin County Districts Wrestling Tournament on February 22. Well done and good luck to those who have qualified for Regionals in Hackensack on March 1.

Sal Negrini (First Place); **Nico Negrini** (2nd Place); **Chris Grecco** (2nd Place); **Leo Slevestri** (4th Place)



Alfalfa: Its Benefits

One of the most mineral-rich foods known, Alfalfa has roots that grow as much as 130 feet into the earth. Alfalfa is available in liquid extract form and is good to use while fasting because of its chlorophyll and nutrient content. It contains calcium, magnesium, phosphorus, potassium, much virtually all known vitamins. The minerals are in a balanced form, which promotes absorption. These minerals are alkaline, but have a neutralizing effect on the intestinal tract.

If you need a mineral supplement, alfalfa is a good choice. It has helped many arthritis sufferers. Alfalfa, wheatgrass, barley and spirulina, all of which contain chlorophyll, have been found to aid in the healing of intestinal ulcers, gastritis, liver disorders, eczema, hemorrhoids, asthma, high blood pressure, anemia, constipation, body and breath odor, bleeding gums, infections, burns, athlete's foot and cancer.

Taken from *Prescription for Nutritional Healing* by Phyllis Balch, CNC & James Balch, MD

Computer Equipment Drive. Bring all computer, electronic, telephones, etc. to the Municipal Building for recycling. These items are donated to a non-profit, *Urban Renewal Corp.* for retraining and rehabilitation of the many homeless and war veterans. DO NOT bring: TVs, loose batteries, vacuum cleaners, microwaves, refrigerators, hazardous materials or trash. See website for complete list. www.RiverdaleNJ.gov.

Recreation

RECREATION DEPARTMENT PROGRAMS: 973-706-6471-Office
Call to Register or for Questions on Activities listed:

Spring Learn to Skate Program. Skylands Ice World, Stockholm
 Age 3 years thru Adult ♦ Start: Thursday-March 5 or Saturday-March 7
 Thursday Class: 6:50pm-7:20pm or Saturday Class: 12:20pm-12:50pm
 Cost: \$125 (8 sessions) Includes Class Instruction & 3 Free Admissions to public skate

St. Patrick's Day Family Skate Skylands Ice World, Stockholm
 Saturday-March 14, 1:00pm-2:30pm
 \$12.00 per person * Cost includes Admission, Skate Rental & 12 Arcade Tokens
 Add \$5.00 per person for Slice Pizza, Fries & Large Soda

Teen Ice Jam Nights. Skylands Ice World, Stockholm
 Every Friday Night, 8:10pm-10:40pm, Cost \$15 (Rentals not included)
DJ Music & Lights plus...Live Bands perform on the ice!...Call for schedule of bands.
 Call Recreation Department if a large group, or just show up @ Ice World if individuals.

NJ Nets vs. Milwaukee Bucks at IZOD Center
 Monday Night, March 30, 7:30pm Game time
 \$43/Ticket (includes Second Level Center Court Seating and NJ Nets Jersey)
 Transportation NOT included. Deadline to reserve your seats: Friday-March 13

Town Easter Egg Hunt, Community Center Backyard
 Open to Riverdale children ages 2 thru 12 ♦ **Saturday, April 11, 10:00am SHARP**
 Please bring your own Easter Basket for collecting eggs. meet the Easter Bunny, look for the Golden Egg and win a Grand Prize, participate in the Jelly Bean Count contest to win a prize, plus treats found in every egg and each child will go home with a special Easter treat!

Spring Sports Play Group. Community Center
 Ages 3 thru 5 years ♦ Start: Saturday, April 18 (6 week program), 10:30am-11:30am
 Registration Day: Wednesday-March 11 @ 11am-12pm & Wednesday-March 18 @ 7pm-8pm
 3 TUMBLE BUS VISITS (Kids receive a Tumble Bus Participation Medal!)
 Plus...Basketball, Parachute, Crafts & More...

Summer Recreation Program - NOW HIRING
 Summer Recreation Director & Counselor Positions now available
 Director must be minimum 21 years old. Counselors must be minimum 16 years old.
 Please apply at Riverdale Borough Hall (Camp Begins Monday, June 29 thru Friday, July 31)

♦♦♦ COMMUNITY CENTER PROGRAMS ♦♦♦
Call to Register or for questions on Programs: 973-706-6471

"NEW" Beach Body Camp (\$8/class - 12 classes)
 (www.beachbodycamp.com to learn more about the class & instructor)
 Start: Monday-March 9, 4 week program (3 days/week-Mon,Wed,& Fri)
 Time: 5:30am or 6:00pm Classes. MUST call in advance to sign-up.
 Your participation for 12 consecutive classes required to see results.

"New" Story & Art Class (\$5 Class) Pre-K thru Middle School
 Riverdale Library entertainment & 1 Hour Art Class. Mondays, 3:30pm-5:00pm
 Art Class offers painting, sketching, collages & much more...

"New" Adult Pencil Drawing Class (\$5 Class-8 weeks)
 No artistic experience needed to do this. Step by step drawing class.
 You'll end this class with a beautiful completed picture done by you!
 Excellent class for Seniors! Tuesday (Start-March 24), 10:30am-12:00pm

"New" Senior Chair Aerobics (\$3/class)
 Enjoy light exercise with friendly faces & enjoyable music. Every Thursday, 1:00pm

"New" Childrens Cheerleading Clinic (\$7/Class)
 Learn stretching, arm motion, jumps & dance routine ♦ Mondays, 5:00pm (Grades 2 thru 5th)

Teen Movie "Fright" Night (FREE) ♦ FREE Popcorn & Refreshments served!
 6th Grade thru High School Students Invited. ♦ Friday-March 13, 7:00pm
 Movie not yet selected but will be rated appropriately for children's attendance.

Yoga Class (\$8 Class) ♦ Monday: 6:30pm-7:30pm / Thursday Night Class: 7:00pm-8:00pm
Hips on Fire Exercise Class (\$8 Class) ♦ Thursday: 7:30pm-8:30pm
Tot's Childrens Music Program (\$8 Class) Friday: 11:00am
Children's Tap Ballet & Jazz Dance Class (\$7 Class) **Wednesday or Friday: 4:00pm**

Copy deadline is the 4th Monday of each month. The publishing date will be the 1st Wednesday of the following month. Pictures, stories, weddings, births, scholastic, armed services, etc. are all welcome. We reserve the right to edit articles for space. Photos should be emailed in a JPEG format, actual photos can be scanned. Please send all information any time during the month to mayor@RiverdaleNJ.gov & RiverdaleMayor@gmail.com

Events Worthy of Note

Memo from Dr. Betty Ann Wyks, School Superintendent

District Website Debuts! Although still under construction our new website www.rpsnj.org is up and running! Watch for new additions as the site continues to develop.

Pre-School Openings for 2009-2010. Riverdale School is pleased to announce plans to continue its preschool program for the upcoming school year. Only two tuition openings exist in each of the morning session (3 year olds) and afternoon session (4 year olds). For more information, please contact the school at 973-839-1300 x7. All students must be at least 3 years old by Oct. 1, 2009.

Kindergarten Registration. If your youngster will be five years of age by October 1, 2009, he or she is eligible to attend Riverdale's full day kindergarten program. Call or stop by the school office for further information.

PTA - Congratulations to Carola Flynn this year's recipient of the Riverdale PTA's Founder's Day award.



"Sky Lab"
 Riverdale students were "transported" via Sky Lab into galactic excursion, where they learned about astronomy. The PTA sponsored the activity as part of its cultural arts program.

Pompton Lakes High School Music Department

Eat at Wendy's in Pompton Lakes on **Tuesday, March 3rd from 4 PM to 8 PM**
 A percentage of sales will help finance our Spring 2009 Festival/Competition Trip to Williamsburg, Virginia



Jack Pezzuti
 placed First in the 2009 Passaic County JV Wrestling Tournament held at Hawthorn High School on Saturday, February 8, in the 119lb weight class. He is a Junior at Pompton Lakes High School.

Riverdale Food Pantry

Our neighbors still need our help. Please do not forget to continue your support for the Riverdale Food Pantry. Please go to website for more information. Anyone in need of assistance, please call Linda Roetman at 973-835-4060 x6. Calls are **extremely confidential**.



NEW HOURS. For the convenience of our residents some of our offices will be open for town business on Thursdays till 7:00 PM. You can meet with the **Tax Collector, Court Administrator, Building and the Sewer & Water Billing Depts.** Those offices will be closing on Friday afternoons at 1:00 PM. All other offices follow the regular hours.



Join the tradition. Our Fire Department, over 100 years old, has openings in all Companies: Engine, Ladder & Rescue. Training included. Call 973-831-1584 ext. 1

Library News

For more information, call 973-835-5044 or www.RiverdaleLibrary.org

CHILDREN'S PROGRAMS [Please register for all children's programs in person, by phone or by email at riverdalelibrarykids@nac.net]
Baby Time - Infants - 2 years with a caregiver.
 Mondays through March 16 @ 11:00 - 11:30 am
It's baby time at the library. Designed especially for infants and active toddlers, it is a half hour of rhyme, song, movement and shared reading.

Totally Twos - A new program! - Two year olds with a caregiver.
 Mondays through March 16 @ 10:15 - 10:45 am
Designed especially with 2 year olds in mind, this half-hour program has plenty of finger plays, rhymes, songs and stories to keep them engaged.

Pre-School Story Time - Ages 3 - 5
 Wednesdays through March 18 @ 10:15-11:00am or 1:30-2:15pm
Gather with us at the library for stories of the season, rhyme, song and crafts.

Saint Paddy's Day Fun - Grades K - 5
 Thursday, March 12 @ 4:00 - 4:45 pm
With St. Patrick's Day around the corner, we'll hear some wonderful Irish folk tales, do a St. Patrick's Day craft and eat a totally green snack.

ADULT PROGRAMS
New Photography Group Monday, March 23 @ 7:00-8:00 pm.
 Come join others who enjoy taking pictures. Together-on the 4th Monday each month-we will share tips on both film and digital photography. For more information or to share ideas please contact Linda Anders at Lpico@verizon.net or call the library at 973-835-5044.

Book Discussion Group - Monday, March 30 @ 6:30 - 8:00 pm. Will be discussing *The Son Also Rises* by Ernest Hemingway. Refreshments

The Gypsy Knitters meet every Thursday from 4 - 8 PM. It's a great chance to work on your projects with other knitters.

Garden Lovers. Tuesday, March 24 from 7:00 to 8:00 PM. There will be a demonstration on how to pollinate African violets and get seeds. Condo dwellers welcome! Please contact Linda Anders at Lpico@verizon.net or call library.

Friends of the Library are getting ready for the 7th Annual Book Sale. Donations of books and movies are being accepted at the library until March 20th. We appreciate books in good condition. No text books or encyclopedias please. The book sale will be held the last weekend in March on the 27, 28, 29. For more information call Library.

Grace Peine Memorial Scholarship applications are available online at www.RiverdaleNJ.gov. The link under the Message Board will bring you to the information and application page.

Get ready for the **10th Annual Spaghetti Dinner** on Saturday, April 18 at the Firehouse between 4:30 pm and 7:30 pm. Tickets are still Adults \$7, Seniors \$6 and Children \$5. Takeout available. More next month.

IMPORTANT NOTICE! Our Fire Department is concerned about their inability to get the fire trucks onto certain streets because of illegal parking. Under state law **NO PARKING** is permitted 1. Within an intersection 2. On a crosswalk 3. In front of a driveway 4. On a sidewalk 5. **Within 50' of a stop sign** 6. **Within 25' of an intersection** 7. Within 10' of a fire hydrant. Our Police will be enforcing these state laws to ensure that public safety is maintained, especially the accessibility of our fire trucks to the streets in our residential neighborhoods.



Did You Know?

- More women are millionaires than men in the U.S.
- It takes about four pounds of potatoes to make a pound of potato chips.
- A pigeon's feathers weigh more than its bones.
- Botanically speaking, the onion is a lily.