Riverdale News & Events

Borough of Riverdale, Post Office Box 6, Riverdale, NJ 07457

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Farmer's Market

Tuesdays: 2:30 till Dark
Glenburn Estate, Hamburg Turnpike
Last Day: October 20

Postal Patron Local
ECR WSS
Riverdale, NJ 07457

Piano Instruction

Ruth Pasquariello
43 Hillside Avenue
Riverdale, NJ 07457
973-616-0733

Member ~ PVMTA ~ NJMTA ~ MTNA ~ MEA

Essence of Self

Ayurveda Wellness Center, 6G Haycock Ave, Riverdale, NJ 07457
Nancy A. Smith, N.C.T.M.B.
201-788-6322

Honor Your Health *- Ayurvedic Massage and Health Consultations*
Services Are By Appointment Only- No Tip Policy- Sales Tax Included-
Special Pricing Is Available For Multiple Sessions
Email: Nancy@ EssenceofSelf.com www.EssenceofSelf.com

Credit Cards Accepted

$15 Off Coupon
First time customers only

Nancy Smith is an Ayurvedic Massage Specialist offering health specific treatments using clays, oils and herbs combined with hot stones, hot towels and a steam tent. Nancy's specializes in back, sinus, joint and inflammation discomforts with education in daily home care.

Riverdale Convenience Store

41 Hamburg Turnpike
Riverdale, NJ 07457
973-835-7718

If you would like to sponsor an issue of this Newsletter, please contact Carol Talerico at 973-835-4060.

Riverdale News & Events

A Monthly published by the Riverdale Mayor and Council

Vol. 4, No. 1 **www.RiverdaleNJ.gov** *October 2008*

Two Huge Riverdale Successes!

Kids Day America

Organized by **Stewart Family Chiropractic**, Kids Day America drew over 400 participants.

The end of a day full of clowns, fingerprinting, snacks and much more.

New School Playground Ribbon Cutting

Students at Riverdale School are keeping fit by playing on their new playground. Our backyard continues to be transformed in a manner that benefits the school as well as the larger community. The Borough cleared and graded the property, installed a new fence and prepared the site for the new playground. Soon to be installed will be basketball and bocce courts. This was all made possible through the foresight of our mayor and council, donations of time, equipment and goods from the community and grants. The new playground complements the one so generously provided by the PTA. Both structures serve as a testament to our cooperative spirit of community.

Riverdale Borough made of the best people on earth.

Street Fair

Thousands showed up for our 3rd Annual Street Fair.

National Fire Prevention Week is October 5 - 11. The Fire Department will host its annual Fire Prevention Open House on Saturday, Oct. 11 from 5 PM to 7 PM. Stop by and see the latest in firefighting equipment, including our new rescue boat obtained through federal grants. We will also be demonstrating our new bailout system that allows a firefighter to escape from an upper floor window. Also, see the latest Vehicle Crash Rescue software. Enter your vehicle's make & model and see a diagram of your vehicle's airbag, fuel and electrical systems. Hot Dogs and refreshments will be served.

The Fire Company's Annual Drive is in progress. Please use return envelope to mail in your donation or drop in mailbox at firehouse. With your donations we were able to purchase the Bailout System.

Fright Night Festival!

Saturday, October 25 beginning at 3:00 PM to 7:00 PM
***New* Location - Backyard of Riverdale School**
Costume Parade will start the event beginning at RIVERDALE LIBRARY. Games, Neighborhood Hay Rides, *New* Haunted Hallways attraction, DJ, Balloon Clowns, Pumpkin Patch, Rides, and an all new Pumpkin Slingshot Competition between the Police, Fire and First Aid Squad. Vendors selling Refreshments.

Teens Recognized at Mayor and Council Meeting for their Service to the Library this past Summer.

Sixteen teens volunteered two hours each week at the Riverdale Library during their summer vacation. They did many jobs, from assisting with story programs and craft projects to covering books, running the copier and other tasks.

Mercedes Swanson celebrated a special birthday. Seen here with Abby Saner, Director of the Library

Therese McClachrie, Children's Librarian, with her family. Mrs. M is now working in the Ringwood Library. We will miss her.

Announcements

Ayden Frederick Adams was born on June 6. He weighed in at 8 lbs. 13 oz. and was 21 inches long. He is welcomed by his parents Joseph and Katherine and his proud big brother, Joseph. Congratulations!

Happy Birthday, **Barbara Livingstone**, on October 14. To my wife, Barbara, best friend and partner and love of my life. Love, Bill. *Best Mom and Grandma.* Love, Barbara, Drew, Bill & Barbara, Shannon, Corey, Danny and Jessica.

Happy 2nd Birthday to a beautiful princess, **Brianna Bogert** on October 23. We love you very much! Love, Ron, MaryBeth, RJ, Kevin, Matthew and Kevin.

Happy 15th Birthday to **Chelsea Sylvestri** on October 10. Love, Mom, Dad, Dylan and Leo.

Happy Ocotber Police Birthdays: 1st - **Sgt. Kevin Smith**; 4th **Disp. Tracy Stroe**; 15th **Sgt. Jim MacIntosh**.

Happy 6th Birthday to **Arleny Crum** on November 11. Love Mom and Dad.

Happy 6th Birthday to **Samantha Carelli** on October 23. Love you! Mommy, Daddy, Michael, Tommy, Grandma Plescia, Grandma & Grandpa Carelli and Nauni.

Megan Knox and **Jason Paradiso** announced their engagement at a party with family and friends on Sept. 7, 2008. Megan, a high school graduate, is working towards a degree at the University of Phoenix. She is working full time at Saturn. Jason, a high school graduate, is working towards a career as a barber at Avenue Haircutters. A spring 2010 wedding is planned. Congratulations and good luck.

Halloween Home Decoration Contest

Your friendly Rec Department Ladies will be traveling the streets of Riverdale in the evening during the week of October 20 to begin judging.
Categories are:
Most Scary ~ Most Festive ~ Most Creative
Announcement of winners during the Fright Night Festival on October 25. Winners receive a lawn sign and a picture in the nest Newsletter. Good luck to all!

Natural Health — Flu Shots: Effective?

Flu shots for the elderly are far less effective than doctors and governments like to tell us. In fact, they are incapable of preventing up to half of all deaths from influenza and pneumonia in the elderly, new data suggests. As it is, government health bodies present the annual flu vaccine as something that every elderly person should have - and yet there is virtually no evidence to support this stridently optimistic approach.

The Cochrane Vaccines Field group first alerted doctors to the ineffectiveness of the standard flu jab when it discovered that it failed to prevent deaths from flu or pneumonia. Despite this, governments have continued to spend millions of dollars on an ineffective vaccine, and have misled the public.

The only way of resolving the issue once and for all is to carry out proper trials among the elderly - and that's something nobody will be prepared to do, the researchers fear. *The Lancet, 2007;370: 1199-1200*

Riverdale Business Association - RBA - meets every 3rd Thursday, 7 PM at Berta's Chateau, Wanaque. You may RSVP by calling **973-839-1716.** **www.rbanj.org**

Recreation

June Carelli, Director **973-706-64714**

Recreation Committee Members *Needed*
To assist with creating and coordinating upcoming events and activities. If interested, please contact the Recreation Office at 973-706-6471

Disney on Ice presents Worlds of Fantasy
Wednesday, November 26 Showtime: 3:00 PM. IZOD Center (Meadowlands)
$17.50 per ticket (transportation not included) Purchase Deadline: Fri.10/31
Call for tickets: 973-706-6471 or Anne Gould 973-248-9663

Children's Karate Program

All-Star Tae Kwon Do & Fitness - 38-B Hamburg Turnpike, Riverdale
Beginning Saturday, November 1 (8 week program)
Registration: Wednesday, Oct. 15 @ 7:30-8:30 PM, Community Center
Ages 3 - 4 * Saturdays 12 - 12:30 pm or Tuesdays 5:00 - 5:30 pm
Fee: $40.00
Ages 5 - 8 * Mondays 5:30 - 6:30 pm or Thursdays 5:30 - 6:30 pm or Saturdays 1:00 - 2:00 pm **Fee: $50.00**
Ages 9 - 14 * Tuesdays 5:30 - 6:30 pm or Wednesdays 5:30 - 6:30 pm or Fridays 5:30 - 6:30 pm **Fee: $50.00**
Call: Anne Gould 973-248-9663 or Rec Office 973-706-6471

Ski Club - Ski Mountain Creek, Vernon, NJ
Registration: Tues. Oct. 21, 7:00-8:00 PM Community Center or any day until November 20 at the Center between 11:00 AM to 2:00 PM
All Access Pass: $199 (up to 18 years old) $65 savings. Adults: $265.
The slopes are reserved for Season Pass Holders on Saturdays & Sundays: 8 - 9 AM plus free ski and board check 7 days/week! All passes include 6 learn to ski/board Group Lessons each Friday evening beginning January 9, 2009
OTHER PASSES available: Info call 973-406-6471 or Diane Pezzuti 973-831-8870.

COMMUNITY CENTER PROGRAMS

Yoga - Adults by Instructor Kathy DeJesus
Mondays @ 6:30 PM and Wednesdays @ 7:00 PM
$7.00 per class. Bring your own yoga mat.

Hips on Fire Exercise for Adults by Instructor Livia Deak
Thursdays @ 7:30 PM - $7.00 per class

New for Kids! Excellent Training for both BOYS & GIRLS!

Beginner Tap & Ballet Classes - Fridays thru Dec. 5
4:00 - 5:00 pm. $7.00 per class Tap and Ballet classes for ages 4, 5 & 6.
Children will receive excellent instruction for tap & ballet dance.

Children's Hip Hop Dance Class - Wednesdays or Fridays thru Dec. 5
5:00 - 6:00 pm. $7.00/class - 2nd Grade Children & above.
Learn Hip Hop Dancing, Cool Dance Moves & Funk Dance Routines.
Both classes taught by *Miss Livia*, a licensed dance instructor
Call to Register: 973-706-6471

"New" Children's Music Program

Come in for a fun-filled educational music class. A fun way to introduce kids to the world of music. They will learn song melodies, hand & Body movements by participation in games, playing instruments and much more..
Come to a Free Trial Class, Friday, October 10 @ 10:00 AM
Six week program begins the following Friday
Mommy & Me (6 months to 18 mos.) begins Friday, 10/17 @ 10-10:45AM
Toddler (2 to 4 years old) begins Friday, 10/17 @ 11:00 - 11:45 AM
$7.00/class (payment in full for 6 week program) Register: 973-706-6471

Copy deadline is the 4th Monday of each month. The publishing date will be the 1st Wednesday of the following month. Pictures, stories, weddings, births, scholastic, armed services, etc. are all welcome. We reserve the right to edit articles for space. Photos should be emailed in a JPEG format, actual photos can be scanned. Please send all information any time during the month to mayor@RiverdaleNJ.gov & RiverdaleMayor@gmail.com

Dr. Betty Ann Wyks Reports:

The school year has brought us new staff members. We welcome **Dr. Catherine Dunn** as interim principal, **Mrs. Helene Magno** as Learning Disabilities Teacher Consultant, **Mrs. Eleanore McCann** as Math Teacher, **Mrs. Kathy Ferragina** as supplemental instructor and **Mrs. Diane Tomkins** as technology teacher. **Mrs. Majowicz** & **Mrs. Swanson** return from childcare leaves.

We welcome 41 Kindergartners as they already have begun to grow as learners, while bringing a sense of excitement to the learning process. Our middle school initiative continues to be implemented, affording our 6, 7 and 8 graders a double period of language arts daily. All students receive instruction in the arts. Our students continue to participate in the state testing program, which has recently "raised the bar" for performance. A parent seminar regarding state testing is scheduled for October 20 at 7 pm in the school library. All are invited.

As a reminder to parents, please see to it that your "profile" is updated for the instant alert emergency contact system. The website is https://instantalert.honeywell.com.

Kids Stuff Discount Coupon Books will be available on Nov. 1. These great savings books will be sent home in the "Back Pack Express" for purchase. Great way to start your Christmas shopping! Proceeds will benefit the 2009 Eight Grade graduating class trip to Washington, D.C. Books may also be purchased by contacting Mary Wolbach 973-831-1383.

The Date and Time Have Been Set!
Saturday, October 11 @ 11:00 am - 2:00 pm
The First Annual Pizza Fest Cook-off
Sponsored by the Riverdale Fire Department Auxiliary
Riverdale Fire House, Post Lane

2008 Flu Clinics - $15 Fee per Vaccination
Vaccination is FREE with Primary Medicare Part B only (No HMO)

Kinnelon	Thursday, October 2	4-7 pm	Court Room
Bloomingdale	Thursday, October 9	4-7 pm	Fireman's Hall
Little Falls	Thursday, October 16	3-6 pm	Municipal Building
Riverdale	**Monday, October 20**	**4-7 pm**	**Senior Center**
Pequannock	Wednesday, November 5	4-7 pm	H.S. Cafeteria

Recycling - think Green - think Dollars

Most residents are aware of our recycling pickups for paper and commingled bottles and cans on alternate Fridays. First Friday of each month is for metals: pipes, gym equipment, shelving, patio furniture, grills and other types of metal.

By conscientiously recycling we can save tax dollars. We pay $84 a ton for all trash picked up. All items supposed to be recycled but instead put in the trash increases the weight and the cost of disposal. If each household could pull out 100 lbs. of recyclables from the trash we will save over $5000 in tax money.

Simple acts, such as dumping the dirt out of flower pots before disposing, put your batteries aside and drop them off every couple of months. Hold on to old computer equipment and printers until our next collection day. We are sure you can expand upon these suggestions. Anything you can add to this program to save tax money, please email your ideas to us.

Thanks for the reminder from Ted Guis

NEW HOURS. For the convenience of our residents some of our offices will be open for town business on Thursdays till 7:00 PM. You can meet with the Tax Collector, Court Administrator, Building and the Sewer & Water Billing Depts. Those offices will be closing on Friday afternoons at 1:00 PM. All other offices follow the regular hours.

Join the tradition. Our Fire Department, over 100 years old, has openings in all Companies: Engine, Ladder & Rescue. Training included. Call 973-831-1584 ext. 1

Library News

For more information, call 973-835-5044 or www.RiverdaleLibrary.org

CHILDREN'S PROGRAMS

Baby Time - Infants - 2 years ***Library Closed Monday October 13***
Mondays, October 6, 20 & 27 @ 11:15 - 11:45 am
It's baby time at the library. Designed especially for infants and active toddlers, it is a half hour of rhyme, song, movement and shared reading.

Golden Stories - Ages 2 - 5 ***Library Closed Monday October 13***
Mondays, Oct. 6, 20 & 27@10:15-11:00am or 1:30-2:15pm
There are falling leaves, pumpkins in the fields and a chill in the air. Gather with us at the library for stories of the season, rhyme, song and crafts.

ADULT PROGRAMS

Teeter and His Telescopes - Tuesday, October 7 @ 7:00-8:00 PM
Rob Teeter will make a return visit with his telescope to view objects in the sky. The first quarter moon will be visible on that date, which, says Rob, "makes for an awesome sight since you can see the craters and the ancient lava flows." This program is weather dependent. Registration is recommended. Call 973-835-5044.

Ghostbusters at the Library!-Thursday, Oct. 16 @ 7:00-8:00 PM
Adult program-must be age12 and over. *Local resident, Mike Sorgi, and the Paranormal Investigators from the Garden State Paranormal Society are our invited guests to display their ghost-hunting equipment and discuss some of their many cases (many of them local!).*

Linda's Luscious Chocolates-Tuesday, October 21 @ 7:00-8PM
Join Linda Vogel as she presents a special program demonstrating how to make delicious homemade chocolate, including (everything chocolate) lollipops, pretzels, peanuts and raisins. Free samples for everyone to enjoy! To register please call 973-835-5044.

Computer Workshops - Contact Phil to register at 973-835-5044.
Wednesday, October 1 Google: The Basics 11:00 AM
Thursday, October 9 Searching the Library Resources 1:00 PM
Wednesday, October 15 Meet the Computer 11:00 AM
Tuesday, October 21 Introduction to the Internet 1:00 PM
Wednesday, October 29 Email: The Basics 11:00 AM
Tuesday, November 4 Sending Pictures in Email 1:00 PM

Book Discussion Group - Monday, Oct. 27 @ 6:30 - 8:00 pm
Will discuss *The Dante Club* by Matthew Pearl.

Nina Flynn Art Display. Continuing through October Nina exhibits an eclectic mix of water color, pastel and acrylic paintings in the gallery. She will host an Open House on Saturday, Oct. 11 from 1:00 - 3:00 PM. Refreshments will be served.

IMPORTANT NOTICE! Our Fire Department is concerned about their inability to get the fire trucks onto certain streets because of illegal parking. Under state law NO PARKING is permitted 1. Within an intersection 2. On a crosswalk 3. In front of a driveway 4. On a sidewalk 5. **Within 50' of a stop sign** 6. **Within 25' of an intersection** 7. Within 10' of a fire hydrant. There are other provisions in the law (NJSA 39:4-138) you may want to read. Our Police Department will be enforcing these state laws to ensure that public safety is maintained, especially the accessibility of our fire trucks to the streets in our residential neighborhoods.

Did You Know?

- The official state sport of Maryland is jousting.
- The size of a polo field is 12.4 acres, the biggest playing field in sports.
- A bee uses 22 muscles to sting someone.