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A Word from Fire Chief Dan Sturm

- Smoke alarms should be installed on every level of the home (including the basement), outside each sleeping area, and inside each bedroom. Larger homes may need additional smoke alarms. Never remove or disable smoke alarms.
- Interconnection of smoke alarms is highly recommended; when one smoke alarm sounds, they all do. (This is particularly important in larger or multi-story homes, where the sound from distant smoke alarms may be reduced to the point that it may not be loud enough to provide proper warning, especially for sleeping individuals.) A licensed electrician can install either hard -wired multiple-station alarms. Wireless alarms, which manufacturers have more recently begun producing, can be installed by the homeowner.
- There are two types of smoke alarm technologies – ionization and photoelectric. An ionization smoke alarm is generally more responsive to flaming fires – like a pan fire or the smoke from cooking. A photoelectric alarm is generally more responsive to smoldering fires – like a cigarette, overheated wiring or something hot like a space heater. Install both types of alarms in your home or combination ionization and photoelectric alarms that take advantage of both technologies.
- Test smoke alarms at least monthly by pushing the test button. If an alarm "chirps," warning the battery is low, replace the battery right away.

All smoke alarms, including alarms that use 10-year batteries and those that are hard-wired alarms, should be replaced when they're 10 years old (or sooner) if they do not respond properly when tested.

Fundraiser for the Troops

Please come and show your support for our local HEROS. We are hosting a Craft/Art/Vendor Show in support the troops to cover shipping costs.

Finish that Christmas Shopping or just shop for yourself!

Mini Tricky Tray & 50/50

December 11, 2011
10:00 AM to 5:00 PM
Riverdale Community Center
57 Loy Avenue

Photos with Santa Claus from 2 to 4 PM

Lia Sophia Jewelry, CBM Crafts, IDA Creations, Wreathmic Creations, KatsKrafts, Joi Pickles, Silpada Jewelry, purses, wallets, scarves, troop support, oils, cupcakes, Tastefully Simple, Willow House, wood carvings, Soldiers Angels, Avon, handmade crafts, Knit & Crochet Doll Clothes, Pampered Chef, Pretty Dogs (knitted flip flops & scarves) and so much more!

To see the photos of many of the events taking place around town, go the Borough's Website at www.RiverdaleNJ.gov and click on Mayor's Photo Albums on the left hand side of the home page. There are nearly 120 albums on line. Also, every issue of the Riverdale News and Events are online going back to the initial issue in October 2005. On the homepage's left column click on "Newsletter, Etc.".

School News

From the Desk of Dr. Betty Ann Wyks, Superintendent

School is well underway with an enrollment of approximately 345 students at Riverdale School in addition to 120 high school students. We ask that parents consult the district website (www.rpsnj.org) and teacher webpages frequently, to keep current with information pertaining to our school. In keeping with the recent legislation regarding *Harassment, Intimidation and Bullying* the district policy has been updated, information has been posted on the district website, procedures for reporting have been established and staff members have completed their mandatory training on the subject. The first week in October has been designated as a Week of Respect. Our students will be focusing on the theme throughout the week, with a variety of student led initiatives and classroom discussions.

Additional upcoming school events include:

- **October 4** - Back to School Night Grades Pre K-5 (Physical Education, Art, Library, Nurse, School Psychologist and LDTC will also be available) **6:30 PM**
- **October 6** - Back to School Night Grades 6 - 8 (Music, Spanish, Technology, School Social Worker will also be available) **6:30 PM**
- **October 10** - District Closed - Columbus Day
- **October 13** - Title I Parent Meeting **1:15 PM**
- **October 17** National Junior Honor Society Induction Ceremony **7:00 PM**
- **October 19** - School Planning Team meets 2:45 PM
- **October 20** - Special Education Parent Advisory Group meets 2:45 PM
- **October 28** - Student Council Halloween Dance

Parent Teacher conferences are scheduled for **November 8 & 9**. Sign-up sheets will be available at Back to School Night.

We look forward to a successful school year, partnering with parents and community members to ensure the success of each child.

Piano Instruction

Ruth Pasquariello

43 Hillside Ave.
Riverdale, NJ 07457

973-616-0733

MTNA - NJMTA - MEA - PVMTA

Peace Out Girl Scouts!

A huge thank you to all the Pompton Lakes and Riverdale Girl Scouts who have been helping out our community and those affected by the tremendous flooding! With so much work to be done, the girls heard the call and jumped into action. Girl Scouts of all ages – Daisys, Brownies, Juniors, Cadettes, and Seniors – met on Labor Day morning at the Command Center and helped distribute flyers alongside the Pompton Lakes CERT team to advise residets of parking restrictions relating to garbage pick-up. During the next several weeks over 30 girls volunteered at the Pompton Reformed Church helping to sort and organize the overwhelming amount of donations (clothing, bedding, toys, and kitchen items and small appliances) that were generously given to help residence in need. "The Girl Scouts of Pompton Lakes and Riverdale continue to give of themselves. Some of the older girls have spent time with folks receiving the donations by walking them from table to table or sitting with the kids in the toy room. Every night I try to remind them that their service builds a strong community and how grateful we all are for Girl Scouts," said Rev. Debbie Rundecker, Pompton Reformed Church.

GIRL SCOUTS

And on the tenth anniversary of the tragedy of September 11, 2001, the Girl Scouts came out in full force to help assemble, distribute and light the Riverdale "Lights of Freedom." In addition, the girls played an important role in both the Riverdale and Pompton Lakes 9/11 Ceremonies and along with the Boy Scouts lead the people gathered in the Pledge of Allegiance. Although most of them were not even born in 2001, they showed their patriotism for their country and their support for their community at each event.

And in the spirit of community, this holiday season the Girl Scouts will be selling LUMINARIES to "Light Up Riverdale and Pompton Lakes." The beautiful sight of luminaries lit up in front of each house on Christmas Eve will be an incredible sight to see and a moment of pride for everyone. Watch for more information and order forms in next month's newsletter.

Lastly, a special THANK YOU to the Lakedale Service Unit Volunteers of the Month, **Debbie King** of Riverdale and **Nicole Colello** of Pompton Lakes. Both women have been adult volunteers with Girl Scouts for years and now serve as Registrar and Troop Organizer, respectively, for Lakedale. Between them they have had a very busy summer and fall making sure that over 300 girls and adult volunteers have been properly registered and placed in troops. Without all their hard work we would not be off to such a great start!

Submitted by Jill Tiger

The Spider-Man is Coming to Riverdale

Did you know that each type of spider spins its own distinctive web? Join the Riverdale Woman's Club on **Wednesday, October 12** for an interesting and informative program with Emil Rocky Fiore, aka the "Spider Web Hunter". We will see how Mr. Fiore preserves these lovely "Nature's Works of Art". We will learn how to tell one spider's web from another and see the intricate and beautiful patterns they make. Our meeting will start at 7:00 PM and the program will start at 8:00 PM at the Riverdale Community Center. Refreshments will be served.

The Riverdale Art Center will present "Events, Experiences, Explorations, Quilts", an exhibition of original contemporary art featuring the work of 3 artist-members of the Riverdale Artists' Cooperative: **Elaine Vinopal, Prabha Sahasrabudhe and Nalla Wollen**. The opening reception was held on October 1 at the RAC Gallery. "Events, Experiences, Explorations, Quilts" will run through October 23.

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Help Needed!

We have a senior resident in town who, for medical reasons, can only eat Ensure. That is his only means of nourishment. The Pequannock Rotary has been helping him out to the extent that it is able. If anyone is interested in helping our fellow resident, please drop off cans of Ensure at the Municipal Building and we will get them to him. Thank you for your generosity!

Fundraiser for the Troops.

Mary Kay, Avon, At Home America, Tastefully Simple or anything that you make or sell that is in good taste. The cost is $20 a table and a canned food donation or snacks would be appreciated. Please send an email to Pam at helpourtroops@optonline.net first come, first serve. There will be no duplication of vendors. The date of the show is Sunday, December 11 from 11:00 to 5:00 at the Community Center.

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Natural Health

The belief that the body is fully capable of ridding itself of any and all disease. Practitioners and followers of Alternative health apply this belief by increasing the health of the body. *And God said, Behold I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat.* Genesis 1:29

MILK THISTLE In 1597, a prominent herbalist named Gerard, wrote that Milk Thistle was the best remedy that grows against all melancholy disease. The word melancholy is taken from the Greek, "black bile," and in Gerard's day referred to any liver or biliary derangement. Milk Thistle was used by Greek herbalists to cure the poison of snakebites. It has been used for the elimination of obstructions in the liver and spleen

It has been observed in practice that, when Milk Thistle extract has been given, an exciting reversal in symptoms of both acute and chronic liver problems, ranging from viral hepatitis to cirrhosis, has occurred. There is significant antioxidant and free radical scavenger action properties in Milk Thistle. This is due to its rich bioflavonoid content which acts in the body to increase membrane strength and reduce membrane permeability.

Milk Thistle is very beneficial for the liver, both protecting and rejuvenating it. It has also been shown to protect the kidneys, brain and other tissues from chemical toxins. It can help in rejuvenating the liver when overcoming alcohol toxicity, especially cirrhosis. Milk Thistle is a detoxifying, rebuilding herb for the liver and is specific for the gall bladder, with significant anti-oxidant properties to prevent free radical oxidation. It has been helpful in alcohol-induced fatty liver disorders, chronic hepatitis, chemically induced fatty liver disorders, cholangitis (inflammation of the bile ducts resulting in decreased flow of bile), cholestasis (suppression of bile flow), cirrhosis or hardening of the liver and hepatic organ damage and psoriasis.

The active ingredient in Milk Thistle is silymarin, which increases protein synthesis in liver cells by increasing the activity of ribosomal RNA. Silymarin also induces an alteration of liver cellular membranes to stop absorption of many toxins. Milk Thistle is known to stop the toxicity of Amanita mushroom poisoning and common dry-cleaning fluid (carbon tetrachloride) poisoning.

- Milk Thistle accelerates protein synthesis by the liver cells. It stimulates the liver to produce SOD, a potent free radical scavenger. It prevents depletion of glutathione (takes part in oxidation-reduction processes) in the liver.
- The liver is your toxic waste disposal plant.
- Milk Thistle contains some of the most potent life-giver protecting substances known.
- Milk Thistle also protects kidneys and is beneficial to those with psorias.
- As an anti-oxidant, it has been discovered that Milk Thistle will act to inhibit free radical scavengers.
- Milk Thistle has been found to maintain the basic function of the liver, thereby keeping the blood vascular system clean which has an overall effect of maintaining health and well-being to the entire body.
- It blocks allergic and inflammatory reactions.
- It is mucilaginous in nature and increases immune response, eradicates infection and soothes inflamed tissues.
- Milk Thistle aids immune response by increasing the production of T-lymphocytes and soluble proteins (interferon).

Taken from The Little Herb Encyclopedia *by Jack Ritchason, N.D.*

The most High hath created medicines out of the earth, and a wise man will not abhor them…. The virtue of these things is come to the knowledge of men, and the most High hath given knowledge to men, that he may be honored in his wonders. By these he shall cure and shall allay their pains, and of these the apothecary shall make sweet confections, and shall make up ointments of health, and of his works there shall be no end. (Ecclus 38:5-7).

Riverdale Photography Club

Meets on the 4th Monday each month at the Library from 7:00 to 8:00 PM

Club will be hosting a photography contest in the Library's Gallery during the month of November. All entries are due by October 25.

Visit our new website: www.RiverdalePhotoClub.weebly.com

New director of the club is **Cassi Claire**, a professional photographer.

Visit her website www.veritybrand.com

Club open to all, residents and non-residents.

Leftover Snickers Bars from Halloween make a delicious dessert. Simply chop them up with the food chopper. Peel, core and slice a few apples. Place them in a baking dish and sprinkle the chopped candy bars over the apples. Bake at 350° for 15 minutes. Serve alone or with vanilla ice cream.

Wisdom of our Fathers

Words of Wisdom given us by our Founding Fathers. Words our government should follow today. Enjoy. Ponder.

"Resistance to tyrants is obedience to God." *Thomas Jefferson*

"It is not only his right, but his duty...to find the verdict according to his own best understanding, judgment and conscience, though in direct opposition to the direction of the court." *John Adams*

"I believe that banking institutions are more dangerous to our liberties than standing armies. Already they have raised up a moneyed aristocracy that has set the government at defiance. This issuing power should be taken from the banks and restored to the people, to whom it properly belongs." *Thomas Jefferson*

If Congress can employ indefinitely to the general welfare...they may appoint teachers in every state...The powers of Congress would subvert the very foundation, the very nature of the limited government established by the people of America. *James Madison*

"The Tenth Amendment is the foundation of the Constitution." *Thomas Jefferson*

Why We Say...

Long in the Tooth (to be getting old) - The age of a horse can be roughly determined by examining its teeth, since a horse's gums recede as they age. The longer the teeth of a horse appear to be, the older the horse.

Once in a Blue Moon (happens on rare occasions) - Two full moons in the same month are extremely rare, though they do happen. A second full moon has come to be called a blue moon. This apparently because the Maine Farmers Almanac used to list the date of first moon in red text, and the second moon in blue.

Face the Music (to accept the truth) - Comes from British military. When someone was court marshaled, there would be a military drum squad playing, hence face the music. The term "drummed out of the military" came from this practice.

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CARECYCLE is a respected family owned company that has been in the recycled clothing business for over 40 years. We are fully insured, and our pledge of pride guarantees your satisfaction with our programs.

Textile and clothing recycling provides numerous environmental and economic benefits for our planet. Not only does it prevent post-consumer textile waste from entering the waste stream (the total flow of solid waste from homes, businesses, institutions, and manufacturing plants that are recycled, burned, or disposed of in landfills, or segments thereof such as the "residential waste stream" or the "recyclable waste stream"), recycling efforts do not create any new hazardous waste or harmful by-products. Clothing recycling is one of the most efficient recycling industries. Nearly 100% of used textiles are recyclable.

The collection containers are next to the Municipal Building.

We accept clean, gently worn clothing, used clean clothing, including shoes and sneakers to support sustainable living and support the environment. We do not accept any household items.

CARECYCLE is Proud to Have Raised Hundreds of Thousands of Dollars for Various Organizations!

8 Week Karate Program

Offered by Riverdale Recreation
Open to Riverdale Residents Only.
Classes held at All-Star Taekwondo & Fitness,
39-B Hamburg Turnpike, Riverdale

Classes are as Follows:

- 3 - 4 year olds
Saturday 11-11:30 AM **OR**
Monday or Thursday 5-5:30 PM
Fee - $40.00

- 5 - 8 year olds
Monday or Wednesday or
Thursday 5:30-6:30 PM **OR**
Tuesday or Thursday 4-5 PM **OR**
Saturday 10:30-11:30 AM or
12:30-1:30 PM
Fee - $50.00

- 9 - 14 year olds
Monday or Wednesday 4-5 PM
OR Tuesday or Thursday 7-8 PM
OR Friday 5:30-6:30 PM **OR**
Saturday 1:30-2:30 PM
Fee - $50.00

Please Note: Uniforms will be issued to new students, and, if needed, to returning students needing a size change.

Classes start Saturday November 5 and will go for 8 weeks in a row unless otherwise noted by All-Star Taekwondo and Fitness.

Registration: Wednesday, October 19, 7:30 - 8:30 PM at the Community Center. **Registration Deadline is November 1.**

Questions:
Anne Gould 973-248-9663

Flu Clinics for All Residents 6 Months and Older

Riverdale Residents are invited to attend any of the clinics listed below

Kinnelon	Wed. October 5	4:30 - 7:30 PM	Kiel School
Bloomingdale	Tues. October 11	4:00 - 7:00 PM	Fireman's Hall
Riverdale	**Mon. October 17**	**4:00 - 7:00 PM**	**Senior Center**
Florham Park	Tues. October 25	4:00 - 7:00 PM	Recreation Center
Pequannock	Wed. November 2	4:30 - 7:30 PM	High School Cafeteria

$15.00 Fee per Flu Shot

Vaccination is Free with Primary Medicare Part B ONLY (NO HMO Insurance

Riverdale 8th Grade Fundraiser

Please support the Riverdale 8th Grade Washington Trip Fundraiser for the Class of 2013!

Purchase a handmade ornament for $19.95 or all five in the series for $99.75!

1. **Riverdale School**
2. **Riverdale Community Center** ***see left***
3. **Riverdale Firehouse**
4. **Riverdale Public Library**
5. **Glenburn Estate** - ***the 2011 edition***

To Order
Please Call Cindy Gancher
973-835-7631
Order by 10/31/2011

Finally A Girl Scout Fund Raiser where YOU Make $!!!

Hello, everyone. Our Girl Scout Troop is doing a gold sale fundraiser.

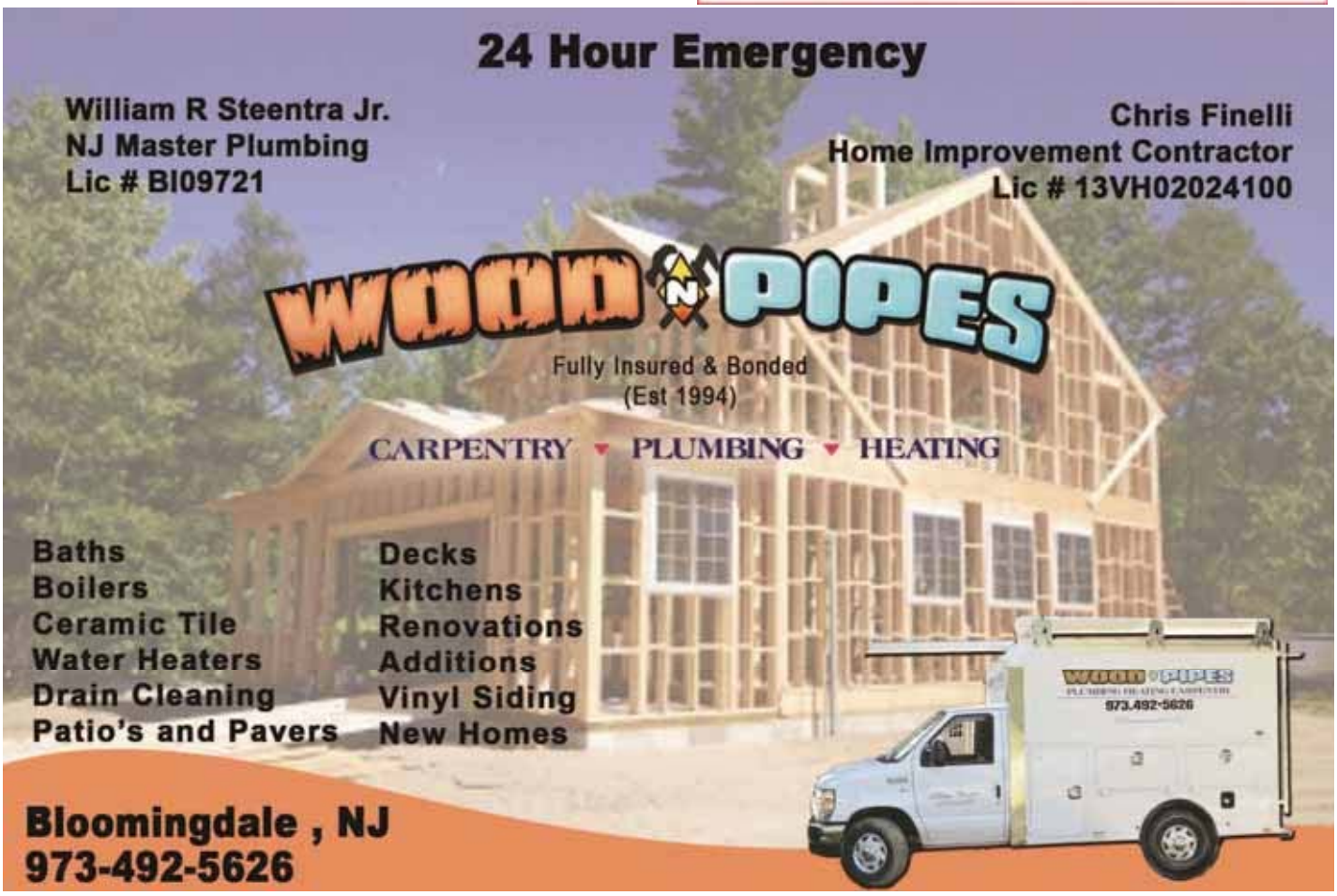
If you have any old gold or jewelry you're not using, turn it into CASH! We will buy it from you at Top Dollar!

- ✓ Put your old jewelry (gold, silver, diamonds, etc.) along with your name and phone number on a piece of paper in a zip lock bag.
- ✓ Drop off your bag to Jill Tiger, 236 Schuyler Avenue, Pompton Lakes - 862-703-0885, jill@crosscountryinstall.com
- ✓ On the 1st and 15th of each month from September through December, Sanna Jewelers in Madison, NJ (owned by Riverdale resident and Troop 323 mom, Donna Schuck) will convert your jewelry into cash.
- ✓ You can pick up your cash the following week (will call you when ready).

Donna will donate her proceeds to GS Troop 323 for their upcoming trips to:

- ✓ Liberty State Park—Two day Girl Scout festival celebrating the 100th anniversary of Girl Scouts in USA - June 2012
- ✓ Washington DC (100th Anniversary of Girl Scouts) June 2012
- ✓ Europe (to visit two Girl Scout World Centers) summer 2014

Call Jill Tiger with any questions, 862-703-0885



Those who subscribed to McUrgent were kept informed of all the street closings during the latest disaster, Hurricane Irene. Text on your cell phone 40404 then type: "Follow mcurgent". Repeat and type "Follow Riverdale oem".

MCURGENT Riverdale has joined with Morris County in developing a shared emergency information network that will be used by the county and the borough to quickly disseminate information to the public in the event of an emergency. The network is called MCUrgent, which will get the word out through Twitter and Facebook and Text Messaging on your cell phone. While Facebook requires an account, Twitter is a social network that provides free access. For those who prefer text messages, Twitter's new "Fast Follow" sends tweets directly to a phone without requiring a subscription. Check out the borough's website, www.RiverdaleNJ.gov and on *Facebook* at Riverdale NJ Government.

Riverdale PHOTOGRAPHY CLUB

- Photos will be on display in the Riverdale Library gallery during the month of November
- Photos must be submitted by October 25, 2011
- After the contest, photos must be picked up November 1st - 5th
- Photos will be judged by the viewing public
- First, second and third place ribbons will be awarded
- Photos can be from the following categories: people, nature, landscape, animals, travel, macro or abstract
- Only three (3) entries per person
- Each entry must have a completed entry form (forms can be picked up at the library)
- All photos must be at least 8" x 10" in size
- All photos must be matted and framed
- No vulgar, offensive or nude photos allowed
- Photos must be the submitter's original work
- All entrants must have a library card
- Entrants do not need to be a member of the photo club, but are encouraged to join!

Questions? Contact the Club Coordinator, Cassi Claire
cassiclaire@mail.com

93 Newark Pompton Turnpike | Riverdale, NJ 07457 | 973-835-5044 | www.riverdalephotoclub.weebly.org

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Offer expires 9/30/2011. R. Lovett NJ Lic# D3520 and E. Mutz NJ Lic# 3050

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DAILY NEWS

WTC Luninaries & Ceremony

Violet Colacios and her father, Ray, at Tots' Music Class

RIVERDALE

Riverdale's Pride

PFC Joseph Leeman, USMC graduated on August 5, 2011 from the Marine Air Training Support Group at the Naval Air Station, Pensacola, FL. Joseph is a licensed Air Traffic Controller. He is currently statione at the Marine Corps Air Station, Yuma, AZ. We miss you! Love Mom and Dad.

John (Jack) Pezzuti graduated on August 5 from the Great Lakes Naval Training Command. He is currently attending "A" School in Gulfport, MS, to become a Builder with the US Navy Seabees. Congratulations, Jack!

Rainbow over Riverdale

Girl Scouts Serving the Community

Lakedale Girl Scouts at the Pompton Lakes 9/11 Ceremony preparing to lead the Pledge of Allegiance.

Troop 323 Girls Scouts (l-r) Kayla Stygar, Paige Pirolo and Taylor Gosson sorting shoes at the Pompton Reformed Church.

Tots' Music Class

Summer Youth Volunteers at the Library were recognized at a recent Council Meeting for their service to the Library and the community. From l-r are Library Director Carol Heinz Jordan Seiarra, Brianne Remy, Neelav Patel, Michael Gunta, Kristen Rosenboom, Amanda Ekkers, Cassidy Tibbetts. Thank you for your dedication!

Riverdale Native Carl Richards paints at the Glenburn Estate for the Art of Food Festival on September 13.

When it is time to
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Your Riverdale
Real Estate Agent
&
Riverdale Resident
Tina Cali

$389,000

$299,000

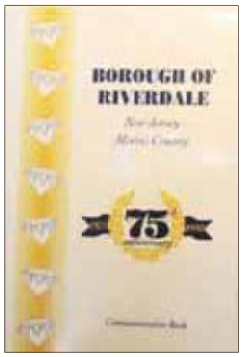
$339,900

$887,700

Helpful HINTS

KITCHEN SINKS. Stainless-steel sinks should never be cleaned with abrasive cleaners, which will scratch the surface; you'll never be able to get the sink to look good again. If you feel you must use a powdered cleanser, be sure to rub WITH the grain of the stainless steel rather than in circles or in the opposite direction. To clean stainless steel sinks, use baking soda; even some liquid cleansers may scratch the surfaces. ALWAYS read those labels! Just sprinkle some baking soda in the sink and scrub with a damp cloth. Vinegar is great for removing water spots and attacking gunk buildup. **WASHING DISHES.** Dip washed dishes in a vinegar water bath to rinse them clean. To protect your fine crystal, line the sink with a thick dish towel or washcloth. Be sure to wear rubber gloves, because you can rinse glasses with hotter water that way, which means they dry faster. Soak dishes and pans with dried egg or milk in cold water. Hot water actually cooks these foods onto their containers and makes cleaning more work. To get maximum dishwater efficiency, start by choosing the right detergent. Shake the box of powdered detergent; if you can't hear the granules rattling inside, don't buy it. Lumpy dishwater detergent won't dissolve well enough to do its job. Find a better place to store detergent than under the kitchen sink, where its moist and warm - it is the worst place to store powdered dishwater detergent. Taken from *All-New hints from Heloise A Household Guide for the 90's*, Heloise, Perigee Books 1989.

FRIENDS



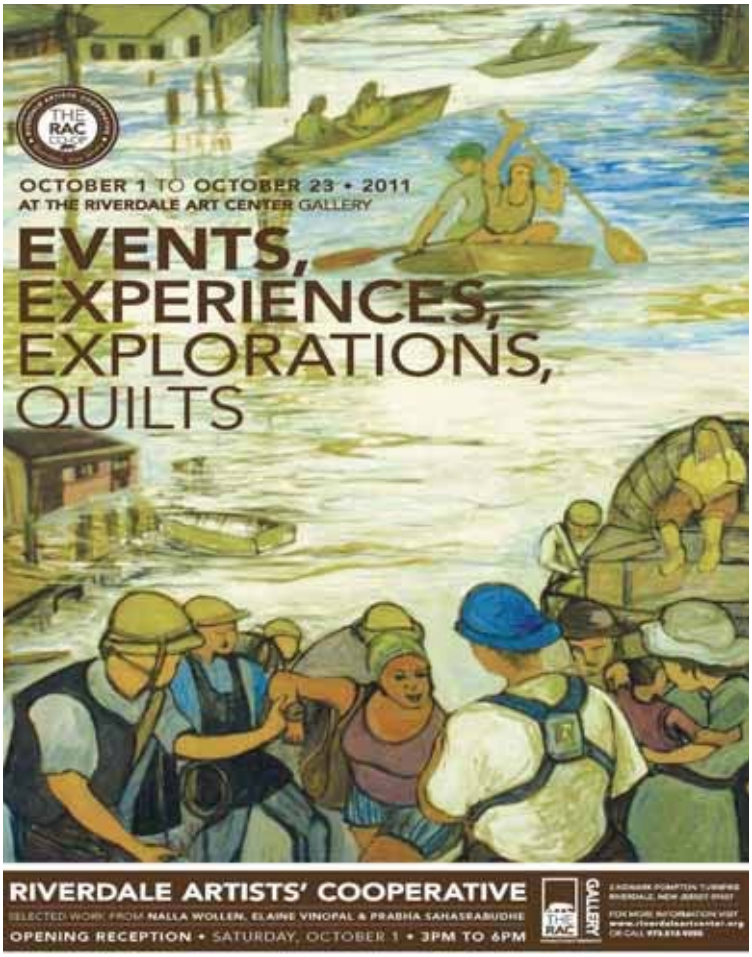
Riverdale 75th Anniversary Books

Available for purchase at the Riverdale Library

$1

All proceeds go to The Friends of the Riverdale Library

Published during our anniversary year, 1998, this Commemorative Book is filled with many old photos from years gone by, along with the early history of our great community.



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CREATORS WORKSHOP
Academy of fine art & gallery
Fine art instruction for children & adults

Classes begin Sept. 6th

Children & adult classes in:

Painting, Drawing & Cartooning

You're cordially invited to our

GRAND OPENING RECEPTION

Saturday, Oct. 1st, 2 pm-7 pm

Ribbon cutting ceremony 2 pm
Historical painting dedication ceremony: 2:15 pm

Artist Mike Malzone has created a painting depicting the french troops & General Rochambeau's historic march through Pompton to Yorktown in 1781. The painting will hang in the town hall.

Visit us online at:
Creatorsworkshop.com
593 Newark Pompton Tpk.
Pompton Plains, NJ 07444
Call us at: 973-720-0001

Health Department News *Fall 2011*

- ✓ **Zostavax Vaccine:** Now available through the Health Department. Recommended for persons age 60 and older to prevent shingles. $200 per vaccine.
- ✓ **SMAC Blood Test:** A convenient method to get baseline formula regarding your health. Monday, October 24 from 7:00 AM to 10:00 AM, Fireman's Hall, Bloomingdale. $20 per test. Appointment required.
- ✓ **Child Health Conference:** Immunizations and wellness physicals are available to uninsured/under insured children. Clinics are scheduled bi-monthly. $10 per visit. Appointments are required.

Child Health

- ✓ **Flu Vaccine:** Monday, October 17 at the Community Center from 4:00 - 7:00 PM. $15 per vaccine.

For further information or to make appointments regarding the above programs or other services offered by the Health Department, please call 973-835-5700 x127

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Look What's Coming to Riverdale

THE NORTH JERSEY MINERALOGICAL SOCIETY

Celebrate National Earth Science Week
by joining us at our

1st Annual *Old Fashioned* Rock Swap

Saturday & Sunday, October 8 & 9

at The Glenburn Estate, 211 Hamburg Turnpike, Riverdale

This will be a fun event where you can buy, sell or trade everything geological! Rocks, Minerals, Fossils, Gemstones, Lapidary, Jewelry and much more will be featured at this fun outdoor event!

F Admission
R Parking
E Mineral Specimens for all kids
E Door Prize Drawing on Sunday

Refreshments and Food will be sold.
Picnic Tables available in pavilion.

Be sure to visit our Club Table, where you can enter our door prize drawing, enroll in club membership, and see what other fun and educational things we do. If you love earth sciences and geology, this event is definitely worth a visit!

Gates Open
9:00 AM thru 5:00 PM.

Visit our website for more details at www.nojms.webs.com.

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Treat yourself to natural good health with chiropractic.

At our regular fees, an initial visit (including exam, computerized sEMG and thermal scans, and x-rays, if necessary) is at least $125. Get in by October 31, 2011, and you will not pay more than $31 for your initial visit.

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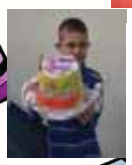
For more information on how chiropractic care can help boost your immune system so germs won't scare you, visit www.stewartfamilychiro.com

Did You Know?

- A flea can jump more than a foot—comparable to a human leaping over the Washington Monument with plenty to spare.
- President Zachary Taylor never voted in a presidential election - not even his own.
- The literal translation of *hors d'oeuvere* is *outside the work.*
- That sound you hear in the seashell when you hold it up to your ear is not from the seashell. It's the echo of the blood pulsing in your ear.
- Northern General Ulysses S. Grant and his wife, Julia, owned slaves who were not freed until after the Civil War had ended.
- After Wyatt Earp retired as marshal of Tombstone, Arizona, he moved to San Francisco and became a boxing referee.

September Highlights!

Children practice reading to Jean-Luc during the Puppy Pals program at the Library!



Children show off their "Farmer's Hat which they made after discussing "Babe, The Gallant Pig" at Breakfast Book Club.

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The Essence of Italy

Ghiott - An Enduring Tuscan Tradition *submitted by Carolyn Masone*

The Ghiott Company is made up of Florentine confectioners with a rich history. Their creations accompany coffee, vin santo and conversation throughout Italy and beyond. You can find them in the picturesque Chianti region of Tuscany, near the famous Passignano Abbey. Located on a branch of the road known locally as the Strada Senese del Sambuco, it was the Florentines' preferred way to Siena until at least 1200, after which better routes were found.

The Ghiott Company was founded in Florence in 1953 by Enzo Salaorni. Salaorni, like generations of his ancestors, was a master Tuscan confectioner. This gave him access to recipes dating as far back as the Renaissance. Salaorni took one of the *cantuccini* recipes, changed it a bit, and created Ghiottini. (*Cantuccini* are what we think of as *biscotti*, but in Italy, all cookies are biscotti. *Cantuccini* are the oblong, twice baked creations that are perfect for dunking). This almond-based delicacy became so popular that today it is Ghiott's most famous product.

Ghiottini are BVQI certified, which is an international standard ensuring both the quantity and quality of ingredients that are both traceable and typical of the region without artificial coloring or preservatives. In this case, it means whole, skinned, Mediterranean almonds, 'A' class egg yokes and sweet Millefiori honey.

Ghiott's other beloved products include Brutti e Buoni (the ultimate Tuscan cookie, crunchy with a soft, sweet center), Amaretti (soft cookies made with stone- ground rice flour, sweet and bitter almonds, sugar and whipped egg whites), Panforte Morbido (soft, round cake filled with candied fruit and almonds) and Ricciarelli (soft, oval pastry with almond paste that are considered good luck. They also make a chocolate version).

Although Ghiott has modernized its production technology to keep up with international demand, the Salaorni family retains its focus on manual processing methods and simple, high quality ingredients.

You can find Ghiott products in most Italian specialty food stores, including Eataly in New York City.
To learn more, visit ghiott.com.

The Incredible Riverdale Farmer's Market

Now in its 4th Amazing Season!

Tuesdays 2:30 - 7:00 PM

The Glenburn Estate parking lot

Sponsored by and for the benefit of the Riverdale Land Conservancy.

FINAL MARKET DAY - TUESDAY, OCTOBER 18

Don't Forget - Your Help is Still Needed

The Food Pantry, after the latest storm, is in need of all food and supplies.

The Armed Forces Pantry is also in great need of supplies as well as donations for the postage ($13 per box).

To request confidential Pantry Assistance or to help in this worthy cause, please call Linda Roetman at the Municipal Building

973-835-4060 x 6

Community Center

ADULT ACTIVITIES

Bob Ross Wet-on-Wet Technique Oil Painting Class on Thursday, October 20 at 5:30 PM (Please arrive no later than 6:00 PM). Cost $35 per person (due night of class). Cost includes instruction, paint, brushes, canvas, easel, etc. Scene: Fall Foliage Hillside with Stream. Instructor: Robert DiBenedetto. **Must sign up in advance-**Call or E-mail NOW to sign up. Class size is full at 10 students. Length of class based on amount of time needed for you to complete your painting. Instructor will stay with you until you are fully completed. Welcome to the joy of painting! All you need is the desire to make beautiful things happen on canvas. With the fantastic Bob Ross Wet-on-Wet Technique and our class instruction, everyone goes home with a beautiful oil painting. What you dreamed will flow from your brush!

Quilting, Embroidery n' More… Call or E-mail to confirm your attendance. Cost $10 per person (*payment due the day of class & ALL supplies included.)*
***Hand Quilting** Wednesday, Oct. 5, 9:00 AM—11:00 AM Each person will receive squares for completion of a 9" patch, to be continued to any size quilt.
***Embroidering** Wednesday, Oct. 12, 9:00 AM-11:00 AM. Design your own pattern & embroider the edge of a pillowcase.
***Jewelry Making** Wednesday, Oct. 19, 9:00 AM-11:00 AM. Using jewelry making tools, you will learn how to craft unique earrings, bracelets, necklaces & more!
***Cross Stitch** Wednesday, Oct. 26, 9:00 AM-11:00 AM. Learn the art of basic cross stitching on a basic tea towel.

Senior Art Class
Thursdays, *Beginning* October 6, 10:00 AM - 12:00 PM. Free class (*additional supplies will be informed if a project requires them*). Instructor—Pam Bagot. Class will include working from still-life, photographs and independent ideas that will be introduced to drawing fundamentals and techniques including elements of line, composition, proportion, perspective, volume, light and shadow, value and texture.

Pumpkin Craft Night
Monday Night, October 17, 7:00 PM—8:30 PM. $10.00-ALL Supplies included. Instructor Vivian Burns from So You Sewing & Design. Call or E-Mail to Sign-up: (973) 706-6471 or jcarelli@riverdaleborough.com.

Turkey Craft Night
Thursday Night, November 17, 7:00 PM - 8:30 PM. $10.00-ALL supplies included. Instructor Vivian Burns for So You Sewing & Design. Call or E-Mail to Sign-up: (973) 706-6471 or jcarelli@riverdaleborough.com. Make this fun fabric stuffed turkey (picture of turkey that will be made shown). No experience necessary! All participants will learn to sew while making this keepsake holiday decoration!

CHILDREN ACTIVITIES

Tot's Music Fridays, 10:00 AM. Cost $9.00 per child. Instructor-Miss Ildiko. Weekly Tot's Music Classes are 50-60 minutes and include a fun selection of songs, nursery rhymes, instrumental jam sessions, finger plays & movement activities. The combination and types of activities support children's developing competence in tonality and rhythm. In addition, activities evolve from the child's world and include vocal play, animal sounds, rhythm play, language play, and a good bit of genuine, silly fun!

123 TumbleBus in Riverdale! Fridays, 11:00 AM (additional class at 11:30 AM will be available if attendance increases). 30 minute session. Parent/Guardian required to be present. Cost - $11 per child (Payment due on day of class). **Appreciated to sign up in advance!** Instruction by www.123tumblebus.com (Owner Robin Meola) 123 Tumblebus is a full sized school bus converted into a safe & fun gymnasium. This mobile mini-gym is heated is heated and air conditioned, fully padded and filled with state of the art equipment specifically designed for students ages 2 - 10 years old. The 123 Tumblebus has bars, beams, vault, ropes, rings, trampoline, a rock-wall climber, and much more!

Dance Class
Tap & Ballet Wednesdays, 4:00 PM (1 hour class/only 2 Classes into a 10 week Session so not to late to Sign-Up!) Instructor: Miss Livia. $9 Class (Bring your own Tap & Ballet Shoes)

Shake it Up Dance with NEW Rappin' Tappin' Techniques! Wednesdays 5:00 PM (1 hour class/Only 2 Classes into a 10 week Session so not to late to Sign-Up!) Instructor: Miss Livia. $9 Class (Bring your own Tap Shoes but not mandatory to participate)

Kids Fencing Wednesdays 6:00 PM - 7:00 PM (till Oct. 26) Cost: $78 for 6 week Program. Cost includes ALL Supply. Recommended for 3rd thru 8th Grade Students. National Fencing Alliance-LLC. Instruction & NFA Club Fencing Equipment. Students are introduced to Saber, Boys & Girls Learn Fencing Footwork, Drills & Bouting.

Youth Sewing Workshop Thursdays, *Beginnig* Oct. 13, 4:00 PM—6:00 PM (3 Sessions/Oct 13, Oct 20 & Oct 27) $15-includes ALL Supplies. Recommended for 3rd Grade and Above. Call or E-Mail to sign-up: (973) 706-6471 or jcarelli@riverdaleborough.com. Learn to sew while creating your very own shoulder tote bag (picture of tote you will be making shown here)! This workshop is for beginning sewers and in just three classes you will have created your own fashion bag to carry your books, lunch or stuff! Choose your colors and create your own bag...you will love this class!

Rec Dept Activities

Halloween Home Decoration Contest Get busy decorating your home for the Fall & Halloween Season! The friendly Rec Dept Ladies will be judging the Week of Oct 17!. (Judging will be done during Evening Hours so please have your Front Yards/Porches active for the Rec Dept to enjoy!) 3 Categories: Most Festive, Most Scary & Most Creative. Announcement of the Winners will be during the Fright Night Festival - Thursday, October 27, 6:00 PM - 8:00 PM. Each winner will receive a "Winner" Lawn Sign and a Picture in the November Newsletter. No Registration Required and all Riverdale Residents Eligible!

Fright Night Festival 2011 Thursday, October 27 6:00 PM - 8:00 PM Riverdale Community Center. Start Halloween Weekend with fun activities for all! DJ Entertainment, Balloon Clown, Inflatable Amusement, Pumpkin Patch, Kids Pumpkin Decorating Station, Mummy-Wrap Game, Donut Eating Contests, Kids I.D. Station, "New" Haunted Attractions, Hayrides, "New" Pie Throwing Contests, Hot Chocolate, Hot Food, Baked Goods, Popcorn & Cotton Candy For Sale, Child Costume Pictures taken at a "New" Halloween Portrait Stand, and A LOT more fun activities for ALL!

Annual Pie Contest Bring your Homemade Pie to enter the Pie Contest. Rules: Pie Must be Homemade, Any Selection of Pie accepted, Bring to Pie Station during the Fright Night Festival. Judges: Riverdale Borough Members. The winner will be announced during the Fright Night Festival. Winner will be awarded the 2011Winner Ribbon & pictures will be taken during the Festival to be placed in the next issue of the Riverdale Town Newsletter. (If the winner agrees, we would like to include your Recipe in the Town Newsletter for all to enjoy. This is optional to the Winner.)

Mountain Creek Season Passes for Students and Adults are available for purchase. Students All Access Pass $229.99 or Adult All Access Pass $299.99. Meal Vouchers $7.95 each. Six lessons included, date to be announced when they will begin. Purchase on the Web at www.mountaincreek.com/membersignup. Logon ID is rivrecski2011. Password 5WGK70053. Credit or Debit purchase. **Purchase by 11/25/11** (allow 10 days prior to first use). Email Rec Member Dian Pezzuti: Pezzuti@optonline.net. Or call Diane with any questions 973-296-4747.

SEND IN YOUR E-MAIL ADDRESS TO GET OUR "ALL NEW" E-MAIL BLAST FOR PROGRAMS & EVENTS! Send in your e-mail address to the Community Center. We are designing a quicker way for you to get the latest information. You will receive a message to confirm we rec'd your email. Please send to jcarelli@riverdaleborough.com

Copy submitted by June Carelli

RIVERDALE Public Library

93 Newark Pompton Turnpike • Riverdale, New Jersey 07457
Phone: 973-835-5044 • Fax: 973-835-2175
www.riverdalelibrary.org

Registration is required for all programs. Call 973-835-5044 or e-mail riverdalelibrary@nac.net for adult programs and riverdalelibrarykids@nac.net for children's programs. You can also register online at www.riverdalelibrary.org!

INFANT & PRE-SCHOOL PROGRAMS

Fall infant and pre-school programs start the week of September 12 and run through the week of December 5.

Baby Time — Up to 2 yrs w/ caregiver. Mon, 11:00–11:30 am
Totally Twos — 2 yr olds w/ caregiver. Mon, 10:15–10:45 am
Story Time — Ages 3-5. Tue, 10:15–11:00 am or 1:30–2:15 pm

CHILDREN'S PROGRAMS

Mad Science Presents: The Evil Witch of Eggsylvania — Children Grades K-5 can join Count Eggbert and the Mad Scientist as we all join forces to defeat the Evil Witch of Eggsylvania! Wed, October 19th 4:00–5:00pm

Puppy Pals Reading Club — Trained dogs will be at the library to listen to children entering grades K-5 read. Join us on Wed, October 12th (2nd Wed of each month) from 4:00–5:00 pm

Lego® Lab — Children in grades K-5 listen to a story and build creations out of Legos. Wed, October 26th (4th Wed. of each month) 4:00–5:00pm

TEEN PROGRAMS Grades 6 and up

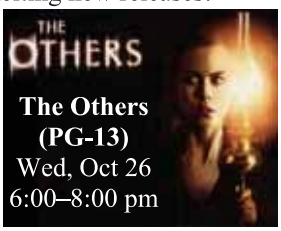
Teen Advisory Board (TAB) — Thursday, October 6th (1st Thursday of every month) from 5:00–6:00pm, Hang out with friends and tell us how you want your library to be.

Teen Book Discussion Group — Join us Wed, October 19th from 6:00–7:00pm for pizza as we discuss *The Graveyard Book* by Neil Gaiman.

MOVIES AT THE LIBRARY

Join us for coffee, donuts, and exciting new releases!

Mars Needs Moms (PG)
Monday Oct 10,
2:00–3:30 pm



The Others (PG-13)
Wed, Oct 26
6:00–8:00 pm

NO HOLDS IN OCTOBER!

All Morris County libraries will be switching to a new system in late October. To prepare for this switch, patrons and staff will be unable to place holds from **MONDAY, OCTOBER 3RD** through the end of the month. Please bear with us during this transition period.

HOURS

Monday	10-8	Thursday	10-8
Tuesday	10-5	Friday	10-5
Wednesday	10-8	Saturday	10-4

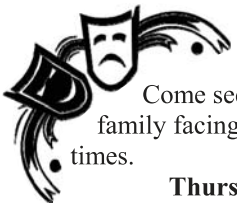
HOW TO BORROW EBOOKS LESSON

Monday, October 3, 6:30-8:00 pm
Learn how to browse the ebook collection from the library's website. Learn how to "check-out" an ebook with your library card and get it onto your ereader.

FREE COMPUTER CLASSES @ THE LIBRARY

Computer classes are back at the library. Our classes are small for maximum attention, and they are filling up quickly! Call 973-835-5044 for more information and to register today! All classes run for one and a half hours.

Introduction to the Internet – Thurs, Oct 6, 11:00 am
Excel – Wed, Oct 12, 3:00 pm **&** Sat, Oct 22, 11:00 am
Facebook – Sat, Oct 15, 11:00 am
Microsoft Word Part II – Thurs, Oct 20, 6:30 pm
Generations Online – Fri, Oct 28, 11:00 am
Email Basics – Thurs, Nov 3, 6:30 pm
Internet Challenge – Sat, Nov 5, 11:00 am



THE MENTAL HEALTH PLAYERS

Come see a play, by these skilled actors, about a family facing unemployment in these hard economic times.

Thursday, October 6, 6:30–7:30pm

ADULT BOOK DISCUSSION

Join us for a discussion the last Monday of every month from 6:30 – 8:00 pm. Everyone is always welcome! Even if you haven't had a chance to finish the book, the discussion is great! ****October's meeting has been moved up a week in respect to Halloween****

October 24 — The Girl With the Dragon Tattoo
by *Stieg Larsson*

JOB HUNTERS WORKSHOP

NEW MONTHLY PROGRAM

Starting **October 14**, the library will be holding informational, interactive, and instructional workshops to help ***YOU*** join the workforce of today. Join us, the second Friday of every month from **3:00-4:00 pm.**

WELCOME MISS KATE!

Kate Dinneny, our new Children's Librarian, has a Masters in Library and Information Science from Rutgers University. She is eager to work with Riverdale children, teens, and parents. Please give her a warm welcome.

MONTHLY

NEW TIME!

Photography Club — October 24th
6:30-7:45 p.m. All Photographers welcome! Learn! Share!

Gypsy Knitters — Every Thursday, 4:00-8:00 p.m.
For experienced knitters. Bring a project and join in!

Announcements

John & Josephine Spenillo are thrilled to announce the engagement of their daughter, **Gina Spenillo** to **Ysusf Williams**. The couple will be wed in October 2012.

Happy 9th Birthday to **Samantha Carelli** on October 23. Love ya lots, Mom, Dad, Michael, Tommy, Grandpa & Grandma Carelli & Nauni!

Happy Sweet 16th Birthday, **Veronica Gancher**, on October 6. We love you! Mom, Dad, Matt, Aunt Joanne and Jenny.

Happy 3rd Birthday, **Kyle Lappe**, on October 29. Love always, Mom & Dad xo

Happy Birthday, **Linda Roetman**, on October 6. Love from all the family!

Happy Birthday, **Councilman Ted Guis**, on October 13. Wishing you the best.

Happy Birthday, Daddy! **Chris Hanna** celebrates his birthday on October 6. We love you bunches and bunches. Love Wendy, Madison and Morgan.

Happy October Police Birthdays to **Chief Kevin Smith** (1st), **Dispatcher Tracy Delgado** (4th) and **Sgt. Jim MacIntosh** (15th).

Riverdale Seniors

The first meeting of the month was held on September 6. the meeting was opened and conducted by **President Irene Moehring. Chaplain Grace Chiesa** read an inspirational message. **Marion Davis** led the group in singing "Let There Be Peace on Earth". There were 39 members in attendance. **Vice President Loretta Lippens** acknowledged the September birthday celebrants and they were given a Happy Birthday song by the group. * **Lorraine Moody** announced that the group will be having their Christmas party at the Regency House in December. * **Gerry Mahler** announced that computer classes for beginners would be held at the Library, also "Introduction to the Internet" will be held on Oct. 6. Call ahead, these classes do fill up. * **Joan** and **Sam Adornetto** celebrated their 62nd Wedding Anniversary on September 10, and **Bill** and **Dorothy Bowersox** celebrated their 49th Wedding Anniversary on Sept. 15 and **Marion** and **Gordon Davis** celebrated their 62nd Wedding Anniversary on Sept. 17. Congratulations to all these special occasions. * **Bill** and **Ann Daley** visited us and he was our speaker. He was a stroke victim treated at the Comprehensive Stroke Center and he has come a long way. * We have several new members join recently. Welcome! Hope to see all you members and any new members at our next meeting.

The second meeting of the month was held on Sept. 19. President Moehring conducted the meeting. Chaplain Chiesa gave an inspirational reading. The group was led in a song. * One of our members was honored on her 90th birthday and given a sparkly crown to wear, and treated to a beautiful birthday cake. Congratulations to **Rose** Claudio, our star of the day. * Get your final payments in to the trip committee for our final trip to

Hunterdon Hills Playhouse. * The flu shots will be given on Oct. 17 at the Community Center. * We had a speaker from Prudential who spoke on annuities. Until next time, Happy Leaf Raking!

Presented by Marion Davis

FRIENDS Of The Riverdale Public Library
93 Newark-Pompton Tpke
Riverdale, NJ 07457-1426
973 835-5044

The Friends of the Riverdale Library have resumed their monthly meetings. Please join us on the third Thursday of each month.

This month we are meeting on Thursday, October 20 @ 7:00 PM Riverdale Library.

The Borough of Riverdale is again able to accept computer monitors and televisions as part of our recycling program. Drop off your computers, monitors and televisions at the Municipal Building.

October 2011

Riverdale News & Events

Vol. 7 No. 1 *A Monthly published by the Riverdale Mayor and Council* www.RiverdaleNJ.gov

WTC Artifact Arrives

Sgt. Robert Dollaway, Riverdale National Guard lays the wreath at the Dedication Ceremony

The Artifact presented to the Borough of Riverdale, through the efforts of Councilwoman Elaine Wetzel, was dedicated at a special ceremony at the Municipal Building on Sunday, September 11, 2011, the Tenth Anniversary of the World Trade Center Attacks.

WHAT'S INSIDE:

Announcements	Page 2
Senior Citizens	Page 2
Library News	Page 3
Recreation	Page 4
Health	Page 19
Woman's Club	Page 21
School News	Page 22
Fire Dept. News	Page 23

HALLOWEEN FRIGHT NIGHT

Thursday
October 27
6:00 to 8:00 PM
Community Center

Further information on Page 4