



RECREATION SPORTS

For Riverdale & Pompton Lakes

Soccer: www.plrsa.org

Pompton Lakes Riverdale Soccer Association

The Pompton Lakes Riverdale Soccer Association sponsors a fall in-town recreation league, winter indoor league, as well as a summer camp program. It also provides fall and spring traveling leagues for more advanced players sponsored through Morris County and is sanctioned under New Jersey Youth Soccer rules and regulations.

Baseball: www.plrll.com

Pompton Lakes Riverdale Little League

Pompton Lakes-Riverdale Little League offers softball, baseball, or t-ball. Please visit their website to find more information.

Football/Cheerleading/Lacrosse/Field

Hockey/Basketball/Wrestling: www.plryo.org

Pompton Lakes Riverdale Youth Organization

PLRYO offers Football, Cheerleading, Lacrosse, Wrestling, Basketball & Field Hockey Programs. Please visit their website to find more information.